



# Rotary Club of Cheyenne eBulletin



Mon Jun 10, 2013

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## Speakers

Jun 12, 2013  
**Anne Miller, Ann Nelson, Don Day**  
 Directors' Reports

Jun 19, 2013  
 Community Rotoract  
 5 Year Anniversary

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## Club Events

**E-RIDE-icate POLio**  
 Jun 15, 2013

*Editor Mary Schwem*  
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## Stories

**Member Accomplishment**  
 Posted by Mary Schwem on Jun 10, 2013

Congratulations to Brittany Ashby who completed Rotary Leadership Institute.

**We Care Announcement**  
 Posted by Mary Schwem on Jun 10, 2013

Speedy Recovery wishes go to Chris Church and Mike McGee.

**Volunteer Affidavits Now Due**  
 Posted by Mary Schwem on Jun 10, 2013

It is time to complete the Volunteer Affidavits for 2013-14 Rotary Year. It is a District Requirement if you work with youth or deliver for Meals on Wheels. Please try and accomplish this by the last meeting in June. The Club pays the fee. It will go up on 1 July.

**Thank You Rotary Readers**  
 Posted by Mary Schwem on Jun 10, 2013

The Read to Me program has ended for the year. The schools find several unique ways to recognize Rotary Readers.

This was from Wendy Jacoby's second grade class to thank Mary Guthrie, Brent Kunz and Katherine Wilkerson.

The Read to Me program starts up again in August or September, depending on the School. It is a fun program. If don't have time to read each week, but would like to be a part of the program, why not start looking for a few club members who might be able to form a team for the next school year?



#### 2013 Four-Way Test Essay - Miranda Oliverius

Posted by Eric M. Todd on Jun 05, 2013

The Four-Way Test asks whether what you say or do is the truth, fair, building goodwill and better friendships and whether it will be beneficial. These four ethical traits are really important to the cultivation of successful, well reputed people and organizations. One leadership position I have had the opportunity to fulfill was being a section leader in band. Band was the only activity I felt even slightly comfortable in joining my freshman year, and even the idea of going to band camp terrified me. However, by the time I reached the end of band camp, I realized that band wasn't so scary and that band would make me grow as a musician, and as a person. A year and a half later, when I had the opportunity to try out for a section leader position, I jumped at the chance, thinking, "Oh, I can totally do this- I know how to play flute and I am totally comfortable being a leader now." However, when the first day of summer marching came around, I addressed my section as their leader and quickly realized that I might've been a good flautist, but I was really un knowledgeable about how to run music rehearsals or how to find a happy medium between "fun-loving peer" and "strictly business section-leader". Being a section leader brought a lot of challenges, but in overcoming them, I maintained good ethics. My personal experience as the flute section leader in band for the past two years has been one example of my use of the Four-Way Test in my life.

As a leader, you're supposed to be someone to look up to; someone with integrity who tells the truth. Parents tell their children to always tell the truth, saying this as if it's the easiest task in the world. However, life quickly proves that telling the truth can be difficult. One example of this during my time as a section leader, where telling the truth was difficult was when a fellow section leader came to practice drunk. This situation would be sticky in any case, but it was especially difficult because this person had been a friend of mine since elementary school. However, a couple of other section leaders and I reported the issue to the directors because we knew that it would be dishonest and that it would set a bad example for the band if we let it go. Telling the truth, while not easy, does have rewards. In this incident, reporting the incident instead of covering it up meant that I eased my conscience, earned more respect and credibility in the director's eyes and gave my friend a nudge in the correct direction. Because the truth is an important factor in many aspects of band, including reporting absences or any incidents like the one with my friend, it means that we have increased respect for each other and that we have maintained a good reputation with other schools.

While band is often touted by directors as a true team sport- one where no one has to sit on the bench- it definitely has winners and losers. However, in my role as a section leader, I've worked hard to maintain fairness in the flute section. One example of this occurred this past summer when I was assigning parts to the flutes. There are generally two parts for flute, and traditionally we've given the first part to the best players and second to the less talented members. However, when I was picking parts this summer, I assigned them by randomly drawing names instead of requiring any audition or choosing the people I thought were "good". By making the division of parts more fair, our section achieved some really good

results for us as a section: elements of competitiveness were diminished and some players who had been looked down on were given a chance to shine as firsts. Later in the summer, my ability to apply fairness was tested when a director came in and started naming all the girls that she felt weren't good enough to be on first, or were too skilled to be "limited" to the second part. The director wasn't doing anything that was unjustified, she was just enforcing tradition. However, I chose to stand up to her and explain my reasoning. At the end of this episode, our section stayed on the parts I'd assigned and we came out a stronger team because of it.

Being a section leader has really helped me build goodwill and better friendships both in band and outside of music. One of the things that I felt was a really important objective for me as a section leader was being a positive, encouraging force within my section and the band. Even after three hours of marching and playing, I made a point to compliment band members and to not complain so that a positive attitude would spread through the band. This built goodwill in the band because when we stopped complaining, we found that the common goal of the whole band was to have fun and be skillful musicians that would perform a great show at the end of the season. When I was first given the flute section leader position, I was afraid that it might cause tension between my fellow flutes and myself since I'd be in a position of authority. In the end, being a section leader actually helped me build better friendships. This role in the section made it easier for me to reach out to players I hadn't talked to before. With both old and new players, I now was able to introduce myself, get to know them and make new impressions. I brought back an old flute tradition that we had abandoned mid-way through my freshman year- daily questions. This activity meant asking a random, fun, ice-breaking question at the beginning of each rehearsal and having every girl share an answer. Not only did I learn new things about people, I also built better friendships because people started turning to me for help or comfort when they had a bad day or a problem. Being given a leadership position helped me build goodwill through the influence I had on the rest of the band and it helped me build better friendships with people.

My role as a flute section leader was beneficial for myself, my section and the band. Being put in a position of leadership benefitted me because it helped me become a better role model and cultivated traits of open-mindedness and diplomacy. Being a leader made me more conscious of my punctuality, attitude and personal carriage. Being on time to band became a bigger priority for me, I left cynicism and pessimism at home and started walking with posture, confidence and held my flute at the correct angle 100% of the time instead of 95%. My leadership was helpful to my section because I enforced a positive attitude and a team-oriented mindset instead of self-interest. I became a person they could rely on as a fellow flute and as a friend. Within the entire band, section leaders are beneficial in aiding the road to a successful performance at football games and competitions. The band directors devote their lives to the ensemble, but they're only human and there is always work to be done. Section leaders take care of a lot of the organizational tasks for band: taking attendance, running rehearsals, teaching music and marching skills and alerting their sections of all rehearsals and events. All of these little contributions are significant parts of being a better band.

Being a section leader was an opportunity that I'm really glad that I had. From the feedback I've received from members of the flute section, I've learned that my largest contribution to the section was teaching my section different tricks to playing the flute that no one had told them before. People told me that I'd taught them a lot about marching and playing flute. However, I did it without causing them stress about learning new things. In turn, being a section leader taught me that I had existing leadership skills, but that I hadn't known how to utilize them. I found out that my confident nature isn't a bad thing because it increases people's confidence in themselves and the organization. I also learned that I am more caring than I thought; the rest of the band members became as important as my own family. This tight-knit family has given me some of my most significant memories, and they've helped me apply truth, fairness, goodwill and beneficial actions to my life the past two years. I've been truthful even when it was difficult, fair to all of the members in my section, I've contributed to goodwill in the band and I believe that my actions as a section leader were beneficial. Good ethics are at the core of successful organizations like band. When you are acting morally and for the betterment of everyone involved, you'll feel enthusiastic about being a member at the end of the day.

#### [Last Chance for 2013-14 Directory Photographs](#)

Posted by Lawrence Finnegan on Jun 03, 2013

Mary Guthrie will be available to take photographs at the Wednesday, June 5th meeting. If you are a new member and haven't already done so, please have Mary take your picture at this meeting. You may also have a new picture if you would like one replaced in the directory.

You may also e-mail her a picture to [mbguthrie@msn.com](mailto:mbguthrie@msn.com).

#### [Chipping for a Cause](#)

Posted by Mary Schwem on May 20, 2013

The Sunrise Rotary Club is excited to get our annual tournament plans underway!

This year we have selected to financially support the Foster Grandparents Program, Foster Kid Christmas Party, Rotary Foundation and the Sunrise Rotary Scholarship Program at Laramie County Community College. All of these organizations/programs help provide change in our community. The Foster Grandparents Program allows seniors in our community to reach out to children and youth by helping in classrooms, after school programs and safe houses. The Foster Kids Christmas Party provides hope to foster children by providing them with a full holiday meal, a visit with Santa and a gift bag which these children would not normally be able to enjoy. The Rotary Foundation provides support to many local, state and international projects. The Sunrise Scholarship Program at LCCC provides a scholarship to a male and female student at the local college, we are helping defray the cost of their education and financially assisting their pursuit of an education and dream.

The Sunrise Rotary Club asks for your support of the tournament. Enjoy some sun, play some golf and give back to Cheyenne by joining us on June 28<sup>th</sup>, 2013. Lunch will also be provided before the tournament begins.

Register early to secure your spot in the tournament, simply fill out the registration form and return it along with payment to the Rotary Foundation at 2916 Thomas Road, Cheyenne, WY 82009.

If you have any questions regarding golfing in the tournament or sponsorship opportunities, please contact Brenda Laird, [Blair@lccc.wy.edu](mailto:Blair@lccc.wy.edu).

#### [Changing your On-Line Directory Information](#)

Posted by Mary Schwem on May 13, 2013

Go to [cheyennerotary.org](http://cheyennerotary.org). And hit the login button on the right hand side of the website.

Once you have logged in, your screen should look like the one highlighted below.

Go down to the Directory Link and go to your name under the appropriate first letter of your last name. Click on your name and then the edit button. When you made your corrections click on

Save button.

If you wish to add your picture use the link after the directory link and download your picture following the directions provided.

Please contact Mary Schwem, [Mary.Schwem@erau.edu](mailto:Mary.Schwem@erau.edu) if you are having problems logging in.

#### [E-Ride-icate Polio](#)

Posted by Lawrence Finnegan on Apr 24, 2013

The Polio Plus Committee of the Rotary Club of Cheyenne is planning a fundraiser in the form of a motorcycle poker run scheduled for Saturday, June 15th. It's called "The e-RIDE-icate Polio Poker Run".

For those unfamiliar with a poker run, participants register, pay their entry fee, and sign a liability waiver at the starting point\*; then ride to four or five different, designated locations\*, picking up a poker card at each stop\*; and the best poker hand at the last stop\* wins the poker run. This event will start at High Country Motor Sports, and end at Am-Vets (both located on East Lincolnway).

The Committee's goals are:

- to introduce new people to Rotary,
- to make people aware of Rotary International's efforts to end polio, worldwide, and to expand our fundraising beyond the scope of our Club members.

The Committee is looking for sponsorships and volunteers (at each location - that's what the "" is for - volunteers needed). Although we say that we're looking for support outside the Club, we certainly wouldn't turn a Club member down if they wanted to be a sponsor and/or a volunteer.

Remember, we're "this close" -- -- and gettin' closer.

Please contact a Committee member if you're interested: Mick Finnegean, Janet Lewis, Reed Shafer, Erin Begeman, Lin Davenport, Donna Beaman, Desiree Hannabach, Norma VanMatre, and Judy Weickum.

#### [I Want Electronic Notices](#)

Posted by Kim Withers

Hello Rotarians,

Over 40 Rotarians have already signed up for Electronic Dues Notice for this quarter's bill. If you would like to receive the dues notice electronically and you didn't sign up for electronic statement notices, and would like to receive them from the next quarter on, you can call Kim and leave a message at 633-6414 or email her, [president@meridiantrustcu.org](mailto:president@meridiantrustcu.org), with a subject line "I want electronic notices."

Note: Electronic notices will be sent to email address on file with Club Runner.

Kim Withers  
Rotary Club of Cheyenne

#### [Sign up now for June 19, 2014 Home Hospitality](#)

Posted by Dana B. Metzke on Mar 11, 2013

Be a big part of hosting out-of-town Rotarians during the 2014 Rotary Conference to be held in Cheyenne.

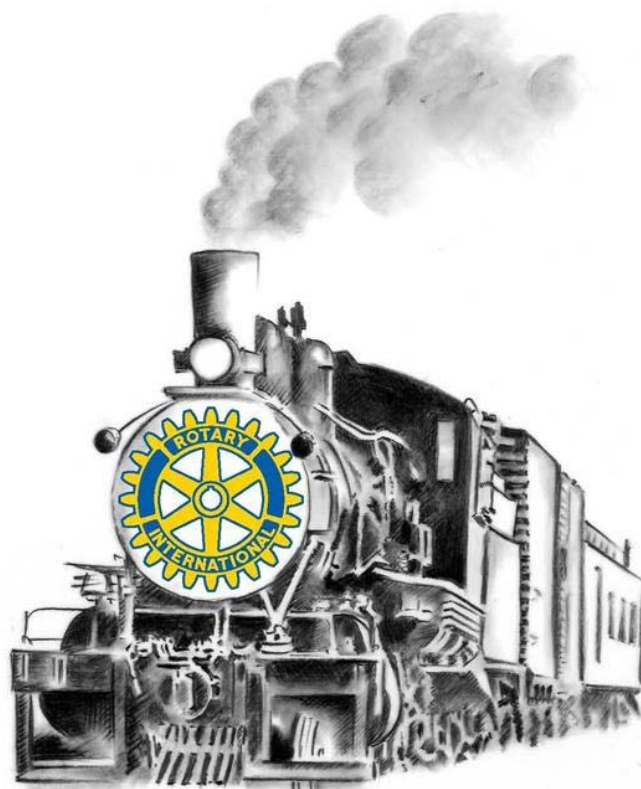
Home Hospitality is a fun way to meet Rotarians from around the district by personally hosting them to dinner in your home.

Under the Home Hospitality program, Rotarians from the Cheyenne noon and Sunrise Clubs volunteer to host four to six visiting Rotarians to dinner the first evening of the Conference. In your beautiful home, you are free to create the menu and atmosphere; be it a patio barbecue, indoors under the chandelier or a catered affair.

Should you believe your personal culinary skills to be unsavory, fret not; you may host fellow Rotarians to one of Cheyenne's local eateries.

By evening's end you will have learned insights into other Clubs' doings, received a lot of compliments and to top it off, gained new friendships.

Yet another plus: By signing up now for Home Hospitality, you have more than a year to plan. Contact Dana Metzke, 634-8045 or [chipgato@aol.com](mailto:chipgato@aol.com).



## ALL TRACKS LEAD TO CHEYENNE

### [Have You Considered a Recurring Gift to the Rotary Foundation?](#)

Posted by Mary Schwem on Nov 12, 2012

One of the ways we can give to the Rotary Foundation is through recurring giving. Registration is easy. You choose the amount and it can be automatically charged to your credit card monthly or quarterly however you prefer. Follow the instructions through the link: <http://www.rotary.org/contribute>. You'll be glad you did.

### [Please Report Make-Up Meetings on the Back of the Attendance Card](#)

Posted by Teresa S. Moore on Aug 06, 2012

If you attend another Club's meeting, a committee meeting or participate in any club sponsored activity, please be sure to note it on the back of the attendance card. You just need the activity, your name and the date. By doing so, you will be given credit for attendance.

### [2012-13 Club Directors and Committee Chairs](#)

Posted by Mary Schwem on Jan 23, 2013

Club Service/Meetings - Sabrina Lane

Club Service/Public Relations - Kim Withers

<p><b>Programs</b> - Brittany Ashby  <b>Inspiration</b> - Janet Lewis  <b>Music</b>- Sylvia Hackl  <b>Valentine's Day Lunch</b> - Donna Beaman  <b>Historian</b> - Dave Foreman  <b>Banners</b> - Jeannie Martinez  <b>By-Laws</b> - Scott Meier</p>	<p><b>National Honor Society Insert</b> - Darcee Snider  <b>Media/Photographer</b> - Katharine Kunz-Wilkinson  <b>Website</b> - Mary Schwem  <b>COG</b> - Mary Schwem  <b>Club Directory</b> - Tim Ellis, Mick Finnegan, Ed Wallace  <b>We Care</b> - Mary Carroll  <b>Facebook</b> - Brittany Ashby  <b>Radio &amp; Print PSA's</b> - David Bush  <b>Television PSA's</b> - Lee Wagner</p>
<p><b>Club Service/Activities</b> - Randy Ford</p> <p><b>Cranium Cup</b> - Lee Wagner  <b>New Projects</b> - Bob Womack  <b>Polio Plus</b> - Mick Finnegan  <b>Rotarian Spotlight</b> - Harry LaBonde  <b>Peaches</b> - Derek Baker</p>	<p><b>New Generations/RYLA</b> - Chris Church</p> <p><b>Highway Cleanup</b> - Wayne Johnson  <b>RYLA</b> - Lori Schoene  <b>Young RYLA</b> - Kelly Wright  <b>LCCC Rotaract</b> - Jerri Griego  <b>Community Rotaract</b> - George McIlvaine / Darcee Snider  <b>Interact</b> - <i>Lori Millin - Central</i>  <i>Sylvia Hackl - East</i>  <i>Chad Craig - South</i></p>
<p><b>Membership/Vocational Service</b> - Lori Millin</p> <p><b>Rotary 101 Orientation</b> - Bill Gentle ( Chair ), Lucie Osborn  <b>New Member</b> - James Bowers  <b>Career Day</b> - Katharine Wilkinson  <b>Rotary Party</b> - Lori Millin  <b>Teacher of the Month</b> - Jamie Markus</p>	<p><b>Community Service</b> - Derek Baker</p> <p><b>St. Patrick's Day Lunch</b> - Chris McRady  <b>Rural Appreciation</b> - Phil Rosenlund  <b>Discretionary Giving</b> - Dave Cook  <b>VA Santa Visit</b> - Billie Addleman  <b>Meals on Wheels</b> - Rod Hartshorn</p>
<p><b>International Service</b> - Ann Nelson</p> <p><b>World Community Service</b> - Brent Lathrop  <b>Rotary International Foundation</b> - Roger Schreiner  <b>World Peace Fellow/Amb. Scholarship</b> - Lucie Osborn  <b>Picnic</b> - Chris McRady</p>	<p><b>Community Service/Education</b> - Don Day</p> <p><b>Student of the Month</b> – Robyn Sims  <b>National Honor Society</b> - Donna Beaman  <b>Read to Me</b> - Jamie Markus  <b>Dictionaries</b> - Brittany Ashby</p>
<p><b>New Generations/Youth</b> - Anne Miller</p> <p><b>Christmas Party</b> - James Bowers  <b>Four Way Test Scholarship</b> - Eric Todd  <b>Youth Exchange</b> - Beth Van De Wege  <b>Summer Youth Exchange</b> - Beth Van De Wege  <b>Children's Christmas Party</b> - Jarad Black</p>	<p><b>Nominating Committee</b></p> <p><b>Co-Chairs:</b> <b>Jim Applegate, Fred Baggs</b></p>

#### Attention Committee Members

Posted by Mary Schwem on Jun 18, 2012

If you are a committee chair beginning in July and I have not created your user name, please contact me, [Mary.Schwem@erau.edu](mailto:Mary.Schwem@erau.edu) or call me at 307-640-5699.

We have added a Committee Management Component to the member side of our website. With these changes you will be able to add committee members, communicate with your members, save your minutes and other documents, set up subcommittees. We will be demonstrating how to use the component at the July 11th meeting.