



# The Spoke

## Rotary Club of Estes Park's Newsletter

### The Rwanda Project



*Dr. Maria Kidner*

Maria Kidner is a doctor of nursing (DNP) and a board certified family nurse practitioner who has specialized over 16 years in cardiology and accumulated over 30 years of nursing practice. She has a passion for international adventures having spent six months in Guyana South America working at St. Joseph Mercy Hospital teaching nursing students. She then spent a year in Rwanda, Africa, again teaching nurses and physicians. From those experiences she developed a leadership program called The LEAP Process. She has a Rwandan team conducting LEAP education. Combining her passion for cardiology and Rwanda, she became the director of the first ever cardiac nursing education program bringing together Team Heart Inc. and the University of Rwanda school of nursing. She joined Rotary International in the Lander club fall of 2021. Upon reading the Rotary International magazine, she was curious to see if she could develop a project to decrease rheumatic heart disease and save lives in Rwanda through nursing education. In addition to her passion of international nursing, Dr. Kidner sits on the Board of Directors for the American Association of Nurse Practitioners and the International Council of Nursing Nurse Practitioner research subgroup. She is a peer reviewer for the Rwanda Medical Journal, speaks nationally and internationally, a 2018 Leadership Wyoming graduate, and remains active in her professional organizations. She is just published her first book entitled, Successful Advanced Practice Nurse Role Transition that is published by Springer. Maria joins us today to talk about rheumatic heart disease and her project in Rwanda.

Our program this week will be held in person, but a Zoom link will be provided. Click on the link below to be admitted.

Meeting link: <https://us02web.zoom.us/j/7985707369>

#### **Rotary Weekly Luncheon**

**Place:** American Legion

**Time:** Lunch served from 11:30 - 12:00

**Cost:** \$20

**Parking:** American Legion and the church only

### **January 12 Duty Roster**

**Invocation:** Jim Jonell

**Song & Pledge:** Gellhaus/Casey

**Guest Intro:** Members to introduce

**Scribe:** Madison Casey

**Greeter:** Jim Austin

**Program Intro:** Karen Thompson

**Meeting Set-up:** Mark Lee

### **January 19 Duty Roster**

**Invocation:** Laurence Trifiletti

**Song & Pledge:** Gellhaus/Casey

**Guest Intro:** Member to Introduce

**Scribe:** Pete Sumej

**Greeter:** Scott Robbins

**Program Intro:** Karen Thompson

**Meeting Set-up:** Lee Lasson

### **Speakers**

Jan 12, 2023

[Maria Kidner](#)

Rwanda Project

Jan 19, 2023

[Marsha Weaver and Students](#)

Students Fundraising Efforts

[View entire list](#)

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## Update by President Dennis Gellhaus

My spouse, Robbie, has introduced me to the concept of Hygge; pronounced "hoo-ga". It is a Danish word that can't be defined in one word. It is rather a sense of contentment, solace, peacefulness. A warmth of spirit like a warm fire, a good book, or a warm space that is comfortable.

During these long winter days, it is important to embrace your own "Hygge" in order to prepare for Spring and new life that is around the corner. This serves to regenerate us for service and gives meaning to everything we do. Find your Hygge!

Thanks for listening.  
Dennis

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## January 5, 2023 Meeting Notes

President Dennis Gellhaus rang the bell at 12:00 PM.  
Madison Casey gave the Invocation.  
President Dennis led the Pledge of Allegiance.  
Madison led us in singing Auld Lang Syne.

### Announcements:

A Duck Race committee meeting will be held on January 19 at 5:00 in the Wasson Room at the library.  
Karen Thompson will be selling Rotary Friendship Cards after the meeting.  
Annie Slack has renumbered the badges in the badge box.

### Duty Roster:

Pete Sumey is Scribe  
Jim Whiteneck is Greeter today.

### Visitors:

Rotarian Joe Bommess is visiting from Naples, Florida.  
Carol Whiteneck and Joannie Jonell are also in attendance.

### Scott Thompson delivered his Joke of the Day.

### Happy Money:

- Joannie Jonell was happy that Damar Hamlin is awake and able to communicate.
- Carl Robicheaux is celebrating the birth of his fourth grandchild on January 2nd.
- President Dennis is happy for his first grandchild, a boy, celebrating his first Christmas.
- Bill Smith is happy to be celebrating 36 years as a Rotarian.
- Beth is grateful to the Thompsons for helping her with her furnace problems while she was out of town.
- Gregg Jurgens is celebrating the birth of his first granddaughter on January 1st
- Mel Rueppel was happy to spend Christmas in Turkey, or Truckee (we are not sure which) and not flying on Southwest.
- Karol Rinehart is happy to see Brad Rosenbaum at the meeting.

## Birthdays, Anniversaries

### Member Birthdays

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**Barry Hannigan**  
January 11

**Bill Smith**  
February 1

**Sarah Walsh**  
February 3

**Mike Connolly**  
February 5

**Pete Sumey**  
February 7

**Longley Parker**  
February 18

### Anniversaries

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**Wayne Andersen**  
**Judy**  
February 6

**Carl Robicheaux**  
**Aime**  
February 14

**Gregg Jurgens**  
**Suzanne**  
February 14

**Larry Williams**  
**Linda**  
February 14

**Jay Harroff**  
**Jane**  
February 17

### Join Date

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**Dave Boon**  
January 3, 2003  
20 years

**Bill Smith**  
January 8, 1987  
36 years

**Wayne Newsom**  
January 10, 1980  
43 years

**Program:**

Jim Whiteneck introduced speaker Rotarian, Dr. Jim Jonell, who spoke of his education and time in Uppsala, Sweden.



**Dr. Jim Jonell**

**Adjournment**

President Dennis closed the club meeting with the 4 way test.

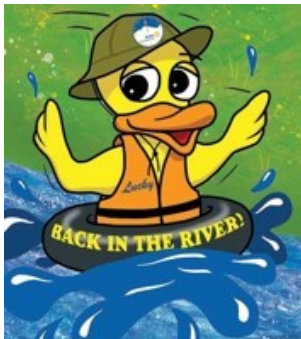
*Pete Sumey, scribe*




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**Duck Race Committee Meeting  
January 19, 2023  
5:00 PM**

**upstairs in the Wasson Room at the Library**



**Lucky Duck**

Contact Scott Robbins, Little Duck, for more information.

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**If You are Interested  
Here is the Link to Sign Up to Assist with the  
Sound System Set Up**

<https://docs.google.com/spreadsheets/d/1Crh2ZJj8SF6l-7vUKy2eQz6du2YnnYf3W9z1Dxk51mw/edit?usp=sharing>

Mark has volunteers but he can always use more help!

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**2023 Friendship Cards Available!**

**Pete Sumey**

January 14, 2004  
19 years

**Sarah Walsh**

February 2, 2012  
11 years

**Barry Hannigan**

February 17, 2022  
1 year

**Dennis Gellhaus**

February 22, 2018  
5 years

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Big Duck

[Bill Solms](#)

Youth/New Generation Services  
Director

[Jim Jonell](#)



***Karen Thompson & Lee Upham***

Be sure to get your new Friendship Card soon so you have access to the many discounts available. They also make a great gift!

### **Give to our Foundation while you shop!**

Do you find that you are placing Amazon orders more frequently these days? Don't forget to help your Rotary Club of Estes Park Foundation with every order. As a recipient of funds in the [smile.amazon.com](https://www.smile.amazon.com), our foundation will receive a portion of the sale. All you need to do is sign up to get the funds flowing. And SHOP!

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[Anne Slack](#)

*(If you have any comments or questions, please contact the editor)*

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**2021-22 R.I. Theme**



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