



The Spoke

Rotary Club of Estes Park's Newsletter

Welcome to our Club!



We meet Thursdays at 12:00 PM
The Ridgeline Hotel
101 South St. Vrain Ave.
Estes Park, CO 80517
United States of America



[District Site](#)



[Venue Map](#)

Posted by Guy Van der Werf

This week's program: 911 for 911 Nonprofit supports first responders

Karen Mosier Nicholson, mental health consultant, will be speaking to the Rotary Club of Estes Park on Thursday, January 17. She will be presenting on 911 for 911.

The mission of 911 for 911, a non-profit organization, is to address the mental health needs of first responders across Colorado. The goal is to help first responders to continue to serve their communities and thrive in their personal lives, without suffering from the trauma left behind by their compounded work histories.



Karen Mosier Nicholson

911 for 911 is building services to complement the existing comprehensive peer support programs already provided, which will include a first responder-specific residential treatment facility located in northern Colorado.

Nicholson has been a part of the Weld/Larimer/Boulder Crisis Intervention Teams (CIT) since 2004. She is a mental health

Jan. 17 Duty Roster

Invocation: **Guy Van der Werf**

Song & Pledge: **Pete Sumey**

Guest Intro: **Larry Williams**

Scribe: **Rita DuChateau**

Greeter: **Karen McClure**

Program Intro: **Guy Van der Werf**

Jan. 24 Duty Roster

Invocation: **Anne Slack**

Song & Pledge: **Pete Sumey**

Guest Intro: **Ward Nelson**

Scribe: **Dana Fritz**

Greeter: **Karol Rinehart**

Program Intro: **Dave Evans**

Speakers

Jan 17, 2019

[Karen Nicholson](#)

911 for 911, Addressing Mental Health Needs for First Responders

Jan 24, 2019

[President Dave Evans](#)

4th Thursday Committee Groups

[View entire list](#)

Upcoming Events

consultant for the Hostage Negotiations Team of Larimer County Sheriff's Office and responds to calls in Boulder County through the Longs Peak Crisis Negotiators, as well as in Weld County. In addition, Nicholson has instructed Colorado State University law enforcement and lectured at the annual Ranger Excellence School on identifying and de-escalating psychiatric crisis.

Furthermore, Nicholson is a Licensed Professional Counselor, Fellow in the American College of Healthcare Executives, and Fellow in the American College of Medical Practice Executives. She has over 20 years of experience as a clinician and in hospital administration.

Will YOU be at Rotary on Jan. 24?

If you plan to attend the **Thursday, Jan. 24** meeting, you need to **contact Club Administrator Karol Rinehart by 10 a.m. Friday, Jan. 18** to let her know the following:

- You plan to attend and have lunch.
- You plan to attend and have beverage service only.
- You will be bringing a guest(s).



kj.rinehart@centurylink.net

Posted by Jack Boatman

New program!

Double your gift to a local charity

Our club will not be conducting a community grant program during 2019. In recent years the funds available for distribution via the community grant program have been decreasing and the number of worthy applicants have been increasing. In lieu of the community grant program the Rotary Club of Estes Park Foundation will be implementing a matching charitable donation program to supplement donations to local non-profits from club members.

The maximum matching donation amount for 2019 is \$100 per member. The Rotary Club of Estes Park members will be able to apply for matching donations from the Foundation between January 1 and March 31, 2019. The Foundation will be providing matching donations to qualified 501(c)(3) organizations serving Estes Valley residents and in good standing with the Colorado Secretary of State. The Foundation has designated approximately \$6,000 for the matching charitable donation program for 2019.

The application form which provides detailed instructions is available on the club website and will be available at the weekly club meetings.

If you have any questions, please contact or email Jack Boatman (email: jack.boatman7@gmail.com / Telephone: 832-623-5647) - Grants Manager

Foundation Board Meeting

Quality Inn

Jan 17, 2019

1:15 PM – 2:00 PM

Duck Race Committee Meeting

Nicky's Steakhouse

Jan 17, 2019 5:00 PM

Committee Meetings-4th

Thursday

Jan 24, 2019

No Meeting -5th Thursday

Jan 31, 2019

Rotary staffs Community Cafe

Shepherd of the Mountains

Feb 01, 2019

4:00 PM – 7:00 PM

Club Board Meeting

Estes Valley Public Library

Feb 05, 2019

5:00 PM – 6:30 PM

Duck Race Committee Meeting

Nicky's Steakhouse

Feb 21, 2019 5:00 PM

Duck Race Distribution Night

Ridgeline Hotel

Feb 28, 2019 6:00 PM

Birthdays, Anniversaries

Member Birthdays

Bill Smith

February 1

Jeff Liddle

February 1

Rita DuChateau

February 1

Gordon Ulrickson

February 3

Sarah Walsh

February 3

Ward Nelson

February 4



Posted by Dale Bonza

Jan 10 meeting highlights

President David Evans welcomed members and guests and thanked everyone for coming. Doug Mann gave the invocation, reminding Rotarians that each January brings a new slate on which to record our friendships and successes. Dave Evans directed us in singing "God Bless America", accompanied by Madison Casey, then led us in the Pledge of Allegiance.

Guest Introductions

Bill Smith introduced our now-familiar visiting Rotarian David Boon from Fort Collins, who will have dual membership in that club and in ours.



We were delighted to have several visitors:

- Bob Brunson introduced Milt Garrett, who used to be a member of our club;
- David Tavel was pleased to bring his wife, Marcia;
- Phil Moenning introduced Dr. John Cooper, previously a long-time member and officer of our club, and his wife Dona;
- Marsha Yellick brought her neighbor and Premier Credit Union Manager Barb Bibler for a second visit;
- Pete Sinnot was happy to have Stephanie with him today.

Mike Connolly
February 5

Pete Sumey
February 7

Longley Parker
February 18

Claudine Perrault
February 20

Bob Benight
February 26

Anniversaries

Rita DuChateau
Phil
February 3

Wayne Andersen
Judy
February 6

Gregg Jurgens
Suzanne
February 14

Larry Williams
Linda
February 14

Jay Harroff
Jane
February 17

Join Date

Ward Nelson
January 7, 2010
9 years

Bill Smith
January 8, 1987
32 years

Bruce Brown
January 8, 2004
15 years

Wayne Newsom
January 10, 1980
39 years

Pete Sumey
January 14, 2004

Joke: Scott Thompson told a medical joke, fitting to the theme of today's meeting and to our altitude.

Announcements

- Dave Evans is taking on direction of the Community Café volunteer night on Friday, Feb. 1, from 4 – 6:30 pm at Shepherd of the Mountains Lutheran Church. A few volunteers are still needed.
- Roger Thorp is undergoing a new round of chemotherapy.
- Sue Fereday has some tickets from the Fine Arts Guild. One ticket is free, and members are encouraged to bring a paying friend or spouse to a performing arts program on Jan. 25. See Sue for tickets or Madison Casey for more information.

Happy Money

- Karen Thompson is happy to see John and Dona Cooper and David and Marcia Tavel here today;
- Madison Casey is happy to see Dave and Marcia and Milt;
- Bob Brunson is happy to be back at the meeting after an illness;
- Jack Boatman is glad that the Rotary Foundation has a matching charitable donation program this year – information on how to donate is available today;
- Kevin is thrilled to have three new physicians in our community;
- Jack is glad to see Milt;
- Madison is happy to see Dr. Lee here today – he treats Madison and Marty;
- Cathy is thrilled to announce that Delaware North Corporation will once again sponsor the Duck Race in all the ways they did last year, including the trip prize, the use of a room for Duck Central, sponsoring distribution night, etc.;
- Bill Smith is proud that this is his 32nd year as a member of this Rotary club;
- Milt Garrett is happy to reconnect with friends – he reminds us of how lucky we are to live in this beautiful location.



Program

A comprehensive look at new health initiatives in town was given by the Rural Physicians Group and Estes Park Health representatives. Rural Physicians Group representative Cameron

15 years

Gene Oja

January 19, 1989

30 years

Jeff Liddle

January 24, 2013

6 years

Rick Taylor

January 24, 2013

6 years

Sarah Walsh

February 2, 2012

7 years

Jim White

February 18, 1988

31 years

Dennis Gellhaus

February 22, 2018

1 year

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International Service

Byers, P.A., explained the role of their group at the hospital. He introduced Dr. Ken Epstein, Chief Hospitalist, who described the role and duties of physicians who treat patients while they are in the hospital and how care is coordinated with primary care doctors, specialists and large hospitals down the hill. New vocabulary was introduced: "hospitalist" and "surgicalist" specialties and their use in our town, enhanced by block scheduling and continuity of care.

Lisa Taylor, Director of Marketing of Estes Park Health introduced three physicians who are relatively new to Estes Park:

- Dr. Joseph Lee, Internal Medicine
- Dr. Juli Schneider, Internal Medicine
- Dr. Patricia Aldridge, Pediatric Intensivist



We welcomed these new medical practitioners and wish them well in our community.

The meeting was adjourned with the 4-Way Test.

Submitted by Dale Bonza, scribe and Rita DuChateau, photographer



Rotary Quote of the Week

"Leadership is not just for the person at the top. Leaders come in all shapes and sizes and are at every level of an organization. They don't wait to be asked for help. They see the challenges of the organization and step forward to help those who are elected to leadership positions. Leaders know that the success of the organization depends on the contributions of many."

-Chuck Rutenberg, 2018-19 District 5440 Governor

[Ron Gordon](#)

Membership
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Youth/New Generation Services
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Program Committee Chair
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(If you have any comments or questions, please contact the editor)

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