



The Spoke

Rotary Club of Estes Park's Newsletter

Welcome to our Club!

We meet Thursdays at 12:00 PM
Nicky's Steakhouse
1350 Fall River Rd.
Estes Park, CO 80517
United States of America

[District Site](#)

[Venue Map](#)

Nicky's or Zoom?

You can come to Nicky's for lunch and our meeting or you can participate remotely by clicking on the Zoom link: <https://us02web.zoom.us/j/7985707369>.

If you plan to be at Nicky's you will need to **R.S.V.P.** to Karol at kj.rinehart@centurylink.net **BEFORE 5 p.m. Tuesday, Nov. 10.** She can answer questions you may have on our meetings at Nicky's.

Nov. 12 program: Director to present on the Urgent Care Center

Our program this week will feature Barb Valente, B.A., B.S.N., R.N., the director of the new Estes Park Health Urgent Care Center. The Urgent Care Center is a new venture for Estes Park Health, and provides an additional care option for Estes Park residents and visitors. Valente joined Estes Park Health in 2016, and accepted her newest role in December 2019.

Click on this link to join the meeting on Zoom: <https://us02web.zoom.us/j/7985707369>



Barb Valente, Urgent Care Center Director

The Urgent Care Center provides treatment for immediate or same-day non-emergency care for fevers, flu, coughs and colds, ear infections, minor broken bones, minor cuts and burns, altitude sickness, etc. It is open seven days a week from 8 a.m. - 8 p.m., and no appointment is needed to be seen for care.

Prior to her current role, Valente functioned as a Triage and Float R.N. for the Estes Park Health Physician's Clinic, doing telephone triage and working with all the providers. Before joining Estes Park Health, she worked as a NICU nurse for Boulder Community Hospital, and North Colorado Medical Center (Banner Health) before that. At Boulder Community, she was Chair of the Unit Based Council for three years, providing education, policy/procedure review, staff competencies and skills assessments based on evidence-based nursing practice.

Nursing is a second career for Valente; she received her Bachelor of Science in Nursing degree from University of Northern Colorado in 2009, where she participated in the Second Degree nursing program, as well as being a full-ride Hansen Nursing Scholarship recipient. She received her Bachelor of Arts degree from Pepperdine University in Liberal Arts with an emphasis in Music. Her first career was as a music teacher, where she had her own private music studio for 10+ years.

Valente's nursing career has been spent ensuring high quality patient care, patient education, providing a safe environment for patients, and furthering the industry in this ever-changing world of healthcare. She and her team are committed to making a positive difference in the health and well-being of all they serve at the Urgent Care Center.

When Barb is not working, she loves spending time with her husband and two teenage children, performing with her band, and doing anything outdoors. She lives just outside of Estes Park, and is excited to be able to offer this new service line of care for her community.

Posted by Pete Sumey

November 5, 2020 Meeting Notes

President Bill Solms rang the bell at 12:00. Karen Thompson gave the Invocation, Bill Solms led the Pledge of Allegiance. Guest Introductions: Visiting Rotarians: None. Guests: John Feeney was introduced by Jim Whiteneck, President Bill introduced wife Marianne, and Ben Vigil.

Announcements

- The Duck Race organization meeting for the 2021 race will be held on November 12.
- The Club International Services committee sent a \$1,000 donation to the Rotary International Foundation in support of Polio Plus.
- Karen Thompson asked for suggestions in choosing a photo for the 2021 Friendship Card.

Program

Rita DuChateau introduced speaker Carol Stark, the District Paul Harris Rep for a program on the ways that members can participate in Paul Harris awards.

Happy Money

There was no Happy Money today.

President Bill adjourned the meeting with the 4-Way Test.

Respectfully submitted by Pete Sumey.

Pete Sumey, scribe



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(If you have any comments or questions, please contact the editor)

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Nov. 12 Duty Roster

Invocation: **TBD**

Song & Pledge: **Bill Solms**

Guest Intro: **Karol Rinehart, Scott Thompson**

Scribe: **Dana Fritz**

Greeter: **Karol Rinehart**

Program Intro: **Kevin Mullin**

Nov. 19 Duty Roster

Invocation: **TBD**

Song & Pledge: **Bill Solms**

Guest Intro: **Karol Rinehart, Scott Thompson**

Scribe: **Rita DuChateau**

Greeter: **Karol Rinehart**

Program Intro: **Kevin Mullin**

Upcoming Events

[Foundation Board Meeting](#)

Zoom

Nov 19, 2020

1:30 PM - 2:30 PM

[View entire list](#)

Speakers

Nov 12, 2020 12:00 PM

[Barb Valente](#)

Estes Park Health Urgent Care Clinic

Nov 19, 2020 12:00 PM

[Dr. John Meyer](#)

When To Call a Chopper

Nov 26, 2020

[No Meeting](#)

Thanksgiving

[View entire list](#)

Birthdays, Anniversaries

Member Birthdays

Kevin Mullin

November 4

Dave Boon

November 5

Kathy Groesbeck

November 7

Peter Sinnott

November 8

Madison Casey

November 17

Thor Homme

November 21

Doug Mann

November 30

Anniversaries

Jennifer Comstock

Matt Comstock

November 13

Rob Cohen

Sheila

November 27

Trudy Collar

Curt Collar

November 27

Join Date

Virgil Holtgrewe

November 1, 1959

61 years

Bob Benight

November 3, 1994

26 years

Jack Overly

November 4, 1979

41 years

Longley Parker

November 8, 2001

19 years

Tom Gardner

November 13, 2003

17 years

Don Widrig

November 16, 2000

20 years

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