

The Spoke

Rotary Club of Estes Park's Newsletter

Welcome to our Club!

We meet Thursdays at 12:00 PM Nicky's Steakhouse 1350 Fall River Rd. Estes Park, CO 80517 United States of America

District Site

Posted by Guy Van der Werf

Financial wellness: What it means for J1 international students

Venue Map

Jennifer Comstock, a Financial Wellness Consultant at Key Bank and a member of our club, will be speaking on Thursday, Oct. 17, at our regular noon meeting. Her program will focus on financial wellness, in particular how it relates to the J1 visa international students who work in our local Estes Park businesses each summer.



Jennifer Comstock

Joining Comstock will be Hristina Zhabievska, a former J1 student from Macedonia and now, likewise, a Financial Wellness Consultant at Key Bank. Zhabievska will share her experience with the J1 program in Estes Park and her path to U.S. citizenship.

After completing her bachelors degree at the University of Texas at Austin, Comstock worked in client services in multiple industries, including advertising, marketing, real estate, and now banking. She moved to Estes Park from Texas a year ago with her husband, spending as much time as possible enjoying all the beauty Estes has to offer.

Posted by Dale Bonza

Oct. 10 meeting notes

Acting President Bill Solms welcomed everyone to today's meeting. Kevin Mullin gave the invocation. Madison Casey led us in song, followed by the Pledge to the Flag. Pete Sinnott welcomed guests. There were no visiting Rotarians. Guests today were Bill Solms' wife Mary Ann and his granddaughters Betty and Rhett Marsh. Anne Slack was Greeter today.

October 17 Duty

Invocation: Karen

Song & Pledge: Ma

Guest Intro: Ron G

Scribe: Pete Sumey

Photographer: Rita

Greeter: Longley Pa

Program Intro: Ric

October 24 Duty

Invocation: Pete Su

Song & Pledge: Ma

- - -

Guest Intro: Bruce

Scribe: Dana Fritz

Photographer: Jon

Greeter: Carl Robic

Program Intro: Do

Speakers

Oct 17, 2019 Jennifer Comstock Financial Wellness

Oct 24, 2019 Doug Mann Club Assembly

Oct 31, 2019



Celebration

Members who celebrate birthdays and anniversaries in October were acknowledged with applause and enthusiastic singing of "Happy Birthday".

Joke

Bill Solms' 8-year-old granddaughter Rhett was joke teller for the day; her repertoire included a peanut butter and jelly joke and another about a pony who fell and couldn't 'giddyup'. Her grandpa then added a groaner about Beethoven's favorite fruit 'Ba-na-na-nah'.

<u>Fifth Thursday</u>

No Meeting

<u>View entire list</u>

Upcoming Event

Duck Race Committe Nicky's Oct 17, 2019 5:00 PM – 6:00 PM

Pumpkin Distributio Elementary School Oct 18, 2019 8:30 AM – 9:30 AM

World Polio Day Oct 24, 2019



Director Pin

Trudy Collar was recognized for her leadership of the Membership Committee this year and she was presented with her pin.



Announcements

- Happy Money this month is being collected for the fight against Polio. All are encouraged to be generous.
- The Nominating Committee is taking names for positions for next year. Please see Doug Mann or Bill Solms to volunteer or for more information.
- The next Duck Race Committee meeting for the May 2020 race, will be held Thursday, Oct. 17, at 5 p.m. at Nicky's.
- Friendship cards sales continue. They cost \$10, and are valid through Dec. 31.
- A photo contest is being held to select a great photo for the front of next year's Friendship card. Deadline is Nov.1 to email your high-resolution JPG format pictures to <u>epfriendshipcard@gmail.com</u> do not use a commercial editing program.
- Pumpkin distribution at the elementary school will be Friday, Oct 18. It is a great event. Participants handing out pumpkins should be at the school by 8:30 a.m.
- Our local Rotary Foundation is taking applications for the matching donations program. We will match selected donations of up to \$200 to benefit local charitable organizations.
- Karen Hall, President of Sunrise Rotary, has invited our club members to join them for a social event at Avant Garde Brewery on Oct. 16 from 5 6:30 p.m.



Happy Money

- Bill Solms is happy to have his family at today's meeting. He is enjoying his granddaughters' visit. They are excited to be here during our snow event.
- Jim Austin is happy the summer has come to a close. He reports that the Farmers' Market was a busy and popular spot this year,
- Bill Smith is happy that the Beatles tee shirt is still being worn some 50 years later by Bill Solms' granddaughter.
- Madison Casey Is excited to be traveling to California next week. He will miss the next two meetings.
- Ron Gordon is glad Kevin Mullin and Bill Whiteneck have joined his International committee.
- Scott Thompson is happy Bruce Brown has recovered from surgery and is here for today's meeting.
- Bill Whiteneck is celebrating the fact that his mom will turn 90 next week.
- Anne went to the Rotary District Assembly meeting last week and enjoyed meeting people and learning about Rotary activities. She joined Rotary 17 years ago this week.
- Dave Evans is thrilled that his eldest granddaughter is engaged. He is happy to have such support from Karen for his activities.

<u>Club Board Meeting</u> Wasson Room, Libra Nov 05, 2019 5:00 PM – 6:00 PM

Duck Race Commit Nicky's Nov 21, 2019 5:00 PM – 6:00 PM

View entire list

Get the New Fr Support Clu



\$10 for a year of

https://www.facebook.co

Birthdays, Anniv

Member Birthdays

Rick Taylor October 7

Jon Thompson October 12

Carl Robicheaux October 15

Jack Overly October 16

Dennis Gellhaus October 20

Kevin Mullin November 4

Kathy Groesbeck November 7

Peter Sinnott November 8

Madison Casey November 17

Thor Homme November 21



Program

Rick Taylor introduced our own Kevin Mullin who explained the work the Hospital Foundation is doing here in Estes Park. A major effort is underway to procure a 3D mammogram machine to help save lives through better imaging.



Doug Mann November 30

Anniversaries

Tom Maher Marilyn October 8

Lee Lasson Sandy October 15

Virgil Yarbrough Carol November 6 The meeting was adjourned with the 4-Way Test.

Dale Bonza, scribe, and Jon Thompson, photographer





From Kevin Mullin: Estes Park Health's Strategic Priorities

If you attended last week's meeting, you may recall that Kevin Mullin talked about the Estes Park Health Foundation. He asked us to share the complete list of the hospital's strategic priorities. So, here they are:

- 1. Access to Primary Care
- 2. Urgent Care
- 3. Prospect Park Living Center
- 4. Home Health & Hospice
- 5. General Surgery
- 6. General Medicine, Inpatient Care
- 7. Orthopedics
- 8. Cardiology
- 9. Health & Wellness
- 10. Master Facility Plan
- 11. Medical Staff Engagement
- 12. Medical Staff, Administration, and Governance

Inviting photographers to submit their best work

The Friendship Card launched on Duck Race Day and has been a great success. For a modest investment of \$10, Friendship Card holders access an incredible selection of local discounts.

Now it's time to plan for the 2020 Friendship Card campaign. Karen Thompson, Fund Development Director for the club, is seeking photo submissions that will grace the 2020 Friendship Card. Contact Karen for details.



Posted by Jack Boatman

Double your donation to your favorite local charity!

The Rotary Club of Estes Park Foundation is conducting a matching charitable donation program this fall to supplement donations to local nonprofits.



Jennifer Comstoc Matt Comstock November 13

Rob Cohen Sheila November 27

Trudy Collar Curt Collar November 27

Join Date

Tom Anderson October 1, 1981 38 years

Dana Fritz October 2, 1997 22 years

Brad Rosenbaum October 6, 2011 8 years

Anne Slack October 10, 2002 17 years

Tim McLemore October 10, 2017 2 years

Kathy Groesbeck October 16, 2014 5 years

Karen Thompson October 22, 2015 4 years

Sue Fereday October 25, 2012 7 years

Jay Harroff October 29, 1998 21 years

Virgil Holtgrewe November 1, 1969 50 years

Bob Benight November 3, 1994



The maximum matching donation amount is **\$200** per member and the minimum donation amount is \$50. Rotary Club of Estes Park members will be able to apply for matching donations from the Foundation between October 10 and December 12, 2019. The Foundation will be providing matching donations to qualified 501(c)(3) organizations serving Estes Valley residents and in good standing with the Colorado Secretary of State.

The application form which provides detailed instructions is available on the club website and will be available at the weekly club meetings.

If you have any questions, please contact or email Jack Boatman (email: jack.boatman7@gmail.com / Telephone: 832-623-5647) - Grants Manager.

Nominating Committee looking for leaders

Would you like to be a part of the RCEP leadership team? President-elect Bill Solms is convening the Nominating Committee that will publish a slate of proposed officers and directors who will begin 1-3 terms on July 1, 2020. Contact Bill Solms or Doug Mann if you have an interest in serving as an officer or director of the Club or Foundation.

25 years

Chip Sproul November 3, 2005 14 years

Jack Overly November 4, 1979 40 years

Longley Parker November 8, 2001 18 years

Tom Gardner November 13, 2003 16 years

Marsha Yelick November 15, 2007

12 years

Don Widrig November 16, 2000 19 years

Executives & Dir

President <u>Doug Mann</u>

President Elect <u>Bill Solms</u>

Treasurer Longley Parker

Secretary <u>Rita DuChateau</u>

Sergeant-at-Arms <u>Dennis Gellhaus</u>

Past President <u>Dave Evans</u>

Club Administration Karol Rinehart

Community Service <u>Peter Sinnott</u>

Community Service Jack Overly

Fund Development Karen Thompson

International Servic Ron Gordon

Membership Trudy Collar

Youth/New Generat <u>Sue Fereday</u>

Program Committee <u>Rick Taylor</u>

Foundation Offic

President

Madison Casey

Do you have a Friendship Card? A local reminder of Rotary's ideals

Click on the image below to see the MANY local merchants that welcome your Friendship Card. Buy one at Nicky' today!

	AND DRINK FOOD AN	D DRINK FOOD AND DR	INK FOOD AND DRINH
Beef Jerky Outlet	10% discount	Nicky's Steak & Seafood House	5% discount on breakfast menu
Big Horn Restaurant	10% discount. One discount per card. Not valid on specials.	Old Fashion Candy Store	10% discount
Caramel Corn	10% discount	Other Side Restaurant	15% discount. Not good with other discounts.
Coffee on the Rocks	10% off all purchases	Penelope's	15% discount
Country Market	10% discount on purchases of \$30 or more	Pepper's Mexican Grill	15% discount. Not good with other discounts including punch card
El Mex-Kal Family Mexican Restaurant	10% discount on full entree	Rocky Mountain SereniTea	10% discount
Estes Park Brewery	50 cents off a 6-pack or \$1 off a case	Smokin' Dave's BBQ & Tap House Main location	15% discount. Dine-in only. Not vali on alcohol or catering. Not valid wit other discounts.
Flavor of the Rockies	10% discount on ice cream	Smokin' Dave's BBQ & Tap House @ The Hanger	15% discount. Dine-in only. Not vali on alcohol or catering. Not valid wit other discounts.
Fresh Burger Stop	15% discount, excluding specials	The Barrel	10% discount
Grubsteak Restaurant	10% discount	The Taffy Shop	Free extra handful with any box purchase. One use per card, per day
La Cabaña Mexican Bar & Grill	15% discount. Not good with other discounts.	Trailhead Restaurant	15% discount, excluding alcohol, tax, & gratuity
Lonigan's Famous Grill Pub	10% discount on food	Wild Rose Restaurant	10% discount on food
Molly B Restaurant	10% discount on food	You Need Pie	10% discount on Dine In meals
Munchin House	10% discount		
		AINMENT ENTERTAINM	IENT ENTERTAINMEN
Creativity Cabin		Open Air Adventure Park	
	Buy 1 studio fee, get 1 half-price	Open Air Adventure Park	\$5 per person discount
Estes Park ATV Rentals	\$15 off per machine		
RVICE SERVICE SI	ERVICE SERVICE SEI	RVICE SERVICE SERV	ICE SERVICE SER
Big O Tires	\$10 off synthetic oil change, \$25 off brake service, 10% off any service (up to \$100 off), Free Rotate and Balance with purchase of alignment	Glow Spa Aveda	10% discount
Classic Hair Designs	(\$45 value) Free deep conditioning service with any color service	Jazzercize	50% discount on Joining Fee (\$14 value)
Enchanted Florist	10% discount	Real West Old Time Portraits	10% discount
HOPPING SHOPPING	SHOPPING SHOPPI	NG SHOPPING SHO	PPING SHOPPING
A la Carte Kitchen Store	10% discount on purchases over \$15	MacDonald Book Shop	10% discount
Bear's Den (Moraine Ave location)	10% discount including sale items	Mad Moose	10% off all purchases \$50 or more
Bear's Den (Park Lane location)	10% discount including sale items	Mystic Mountain Gallery/	
Betsy's Bijoux			\$5 off any purchase \$25 or more
	20% discount on regular priced items	Dianka Designs Outdoor World	\$5 off any purchase \$25 or more
(inside Highland Music & Gifts)	20% discount on regular priced items	Outdoor World Patterson Glassworks Studio &	5% discount
(inside Highland Music & Gifts) Blake Trading	10% discount	Outdoor World Patterson Glassworks Studio & Gallery	5% discount 15% discount on items made in hou
(inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park	10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits	5% discount 15% discount on items made in hou 10% discount
(inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store	10% discount 10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop	5% discount 15% discount on items made in hou 10% discount 10% off all purchases
(inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store	10% discount 10% discount 10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits	5% discount 15% discount on items made in hou 10% discount
(Inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store Colorado Homestead	10% discount 10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 10% discount
(Inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store Colorado Homestead Country Market Dakotah Jewelry	10% discount 10% discount 10% discount 10% discount 10% discount 0% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection	5% discount 15% discount on items made in hou 10% discount 10% off all purchases 5% discount
(Inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store Colorado Homestead Country Market Dakotah Jewelry	10% discount 10% discount 10% discount 10% discount 10% discount on purchases of \$30 or more	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop	5% discount 15% discount on items made in hou 10% discount 10% off all purchases 5% discount 10% discount 20% discount on all generic
(Inside Highland Music & Gifts) Blake Trading Cabin Fever of Estes Park Cabin Store Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist	10% discount 10% discount 10% discount 10% discount 10% discount 0% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 10% discount 20% discount on all generic over-the-counter products
(Inside Highland Music & Gifts) Blake Trading Cabin Fore Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist Estes Ark	10% discount 10% discount 10% discount 10% discount 10% discount 10% discount on purchases of \$30 or more 10% discount 10% discount 10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy Rocky Mountain Tops	5% discount 15% discount 10% discount 10% discount 10% discount 20% discount 20% discount 20% discount all generic over-the-counter products 10% discount
(Inside Highland Music & Gifts) Blake Trading Cabin Fore Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery	10% discount 10% discount 10% discount 10% discount 10% discount on purchases of \$30 or more 10% discount 10% discount 10% discount 10% discount on purchases \$50 or more on toys & plush 50 cents off a 6-pack or \$1 off a case	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy Rocky Mountain Tops Sgt. Pepper's Music & Video	5% discount 15% discount 10% discount 10% discount 10% discount 20% discount 20% discount 20% discount all generic over-the-counter products 10% discount 10% discount 10% discount
(Inside Highland Music & Gifts) Blake Trading Cabin Fore Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery Farmhouse Market - Catherine Moon	10% discount 10% discount 10% discount 10% discount 10% discount on purchases of \$30 or more 10% discount 10% discount 10% discount 10% discount on purchases \$50 or more on toys & plush 50 cents off a 6-pack or \$1 off a case	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy Rocky Mountain Tops Sgt. Pepper's Music & Video Sterling Pony	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 20% discount on all generic over-the-counter products 10% discount 10% discount storewide 10% discount 10% discount Free ring check and cleaning 20% discount on purchases of \$100
Desy's bijoux Desy's bijoux Blake Trading Cabin Fever of Estes Park Cabin Store Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery Farmhouse Market - Catherine Moon For Barefeet Shops Grey House	10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount on purchases \$50 or more on toys & plush 50 cents off a 6-pack or \$1 off a case 15% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Tops Sgt. Pepper's Music & Video Sterling Pony Village Goldsmith, Inc.	5% discount 15% discount 10% discount 10% discount 10% discount 10% discount 20% discount 20% discount 10%
(Inside Highland Music & Gifts) Blake Trading Cabin Fover of Estes Park Cabin Store Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery Farmhouse Market - Catherine Moon For Barefeet Shops Grey House Highland Music & Gifts	10% discount 10% discount 10% discount 10% discount 10% discount on purchases of 330 or more 10% discount 10% discount 10% discount on purchases \$50 or more on toys & plush 50 cents off a 6-pack or \$1 off a case 15% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy Rocky Mountain Tops Sgt. Pepper's Music & Video Sterling Pony Village Goldsmith, Inc. Village Store of Estes Park	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 20% discount 20% discount on all generic over-the-counter products 10% discount 10% discount 10% discount 10% discount 20% discount opurchases of \$100 or more - Village Store only
(Inside Highland Music & Gifts) Blake Trading Cabin Fover of Estes Park Cabin Store Colorado Homestead Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery Farmhouse Market - Catherine Moon For Barefeet Shops Grey House Highland Music & Gifts (Upper Stanley Village)	10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 10% discount 50 cents off a 6-pack or \$1 off a case 15% discount 10% discount 10% discount 10% discount	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Connection Rocky Mountain Gateway Gift Shop Rocky Mountain Tops Sgt. Pepper's Music & Video Sterling Pony Village Goldsmith, Inc. Village Store of Estes Park Wildflower Mercantile Wynbrier Home	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 20% discount 20% discount on all generic over-the-counter products 10% discount storewide 10% discount 10% discount 10% discount on purchases of \$100 or more - Village Store only 5% off total purchase including sale items 10% discount excluding antiques
(Inside Highland Music & Gifts) Blake Trading Cabin Fover of Estes Park Cabin Store Country Market Dakotah Jewelry Enchanted Florist Estes Ark Estes Park Brewery Farmhouse Market - Catherine Moon For Barefeet Shops Grey House Highland Music & Gifts	10% discount 10% discount 10% discount 10% discount 10% discount on purchases of 330 or more 10% discount on 10% discount 1 10% discount 1 10% discount 1 50 cents off a 6-pack or \$1 off a case 15% discount 10% discount 10% discount 1 10% discount 1 10% discount on regular priced items 10% discount on regular priced items	Outdoor World Patterson Glassworks Studio & Gallery Real West Old Time Portraits Red Rose Rock Shop Rocky Mountain Ganeetion Rocky Mountain Gateway Gift Shop Rocky Mountain Pharmacy Rocky Mountain Tops Sgt. Pepper's Music & Video Sterling Pony Village Goldsmith, Inc. Village Store of Estes Park Wildflower Mercantile	5% discount 15% discount on items made in hou 10% discount 10% discount 10% discount 20% discount on all generic over-the-counter products 10% discount 10% discount 5% discount 10% discount 5% discount 10% discount 5% discount 5% discount 5% discount 5% discount 5% discount 10% discount 10% discount 10% discount 10% discount 5% discount 10%

Congratulations, 2019 scholars







Give to our Foundation while you shop!

The Rotary Club of Estes Park Foundation is a recipient of funds in the <u>smile.amazon.com</u>. Each order you place will send a portion of the sale to our Foundation. All you need to do its sign up to get the funds flowing. And SHOP!

- Go to: <u>smile.amazon.com</u>.
- Choose the charitable organization by typing in Estes Park Rotary Foundation. Our club and the Longs Peak club will come up in the search. Click on Estes Park Rotary Foundation.
- Create a bookmark so every time you shop Amazon, you will participating in the smile.amazon.com program.



Vice President

Harriette Woodard

Treasurer

Dennis Gellhaus

Secretary

Dave Evans

Rotary Link

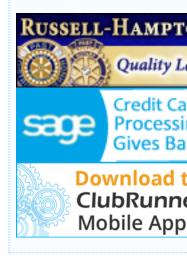
Rotary International RI President Home Rotary Global Rewa Joining Rotary Rotary History Rotary Foundation For New Members

Bulletin Editor

<u>Rita DuChateau</u> (*If you have any comments or questions, please contact the editor*)

Subscribe to Bulletin

Subscribe to our eBulletin and stay up to date on the latest news and events. <u>Click here to sign up!</u>



Rotary Club of Estes Park Welcomes You!

Learn more at: www.clubrunner.ca/estespark Like us on Facebook: www.facebook.com/estesparkrotary

