



**THE FOUR WAY TEST**

- 1 Is it the TRUTH?
- 2 Is it FAIR to all concerned?
- 3 Will it build GOOD WILL & BETTER FRIENDSHIPS?
- 4 Will it be BENEFICIAL to all concerned?

**Board of Directors**

**Officers**

Chris White, Co-President  
Rick Parker, Co-President  
Julie Marko, Pres Elect  
John Moore, Pres Elect Nominee  
Bob Tello, Immediate Past Pres  
Jon Kindschy, Treasurer & Club Secretary  
David Carmichael, Board Sec'y  
Kathryn Vilha, Financial Secretary  
Steve Lemanski, Editorian (acting)  
Ashley Kasprzak, Committee Coordination and Engagement

**Directors**

David Carmichael (2026)  
John Melton (2026)  
Moofie Miller (2027)  
Jennifer Cecil (2027)  
Cash Case (2028)  
Doug Rutledge (2028)

**District Governor**

Karen Morgan  
(Fort Collins Foothills Rotary)

**Area Governor**

Jim Epstein (Loveland Rotary)

**RI President**

Francesco Arezzo (ITALY)



**THIS WEEK'S PROGRAM**

**Jan 20** - Martin Luther King, Jr Day Program by Pete Lien, Assoc VP for Enrollment Management, UNC

Inspiration: **Evan Hyatt**

**CALENDAR**

**Jan 20** - Final Leadership Orientation - All Saints Episcopal Church

**Jan 23-24** - Rotary Learning Institute - Laramie County Community College, Cheyenne, WY

**Jan 30** - Four Way Test middle school program, Turner Middle School

**UPCOMING PROGRAM**

**Jan 27** - Fellowship/Table Talk

Inspiration: **Doug Manner**

**MARTIN LUTHER KING JR. DAY**



*Celebration of Life*  
**Birthdays** • Jan 20 - **Cash Case** • Jan 23 - **Steve Farnham and Lyle Jones** | **Anniversaries** • None

**Rotary Club of Loveland**

Luncheon Meetings (weekly Tuesdays)

11:30 AM | Mountain View Presbyterian Church

Evening Meetings (2<sup>nd</sup> & 4<sup>th</sup> Wednesdays)

5:30 PM | Meeting Venues Vary

Details: See Events Calendar

Email: [molly.weiss89@gmail.com](mailto:molly.weiss89@gmail.com)

Website [www.LovelandRotary.org](http://www.LovelandRotary.org)

Events Calendar <https://portal.clubrunner.ca/5257/Events>

**Rotary Satellite Club of Berthoud**

2<sup>nd</sup> Fridays 12:00 Noon - Cornerstone Café

4<sup>th</sup> Wednesdays 5:30 PM (Social) - Benny's Tacos

Details: [www.facebook.com/BerthoudSatellite](http://www.facebook.com/BerthoudSatellite)

Email: [BerthoudRotaryClub@gmail.com](mailto:BerthoudRotaryClub@gmail.com)

P.O. Box 1144, Loveland, CO 80539

District 5440, Club 1113

Chartered in 1920 as Club 685

Jan 13, 2026  
Presiding

Co-President (2025-2026)

**Rick Parker**  
Pledge of  
Allegiance  
(Open) &  
Four Way  
Test (Close)



**Sing-Along Songs**

**Gary Camp** (keyboard)  
"God Bless America"

**Inspiration**  
**Hayden Lowry**

A Nurse Recorded 300 Final  
Breaths — And Found Only 7  
Things That Truly Matter in Life



- ① "I Should Have Loved More - And Differently."
- ② "I Saved My Joy for Later - And Later Never Came."
- ③ "Forgiveness Set Me Free More Than Oxygen Did."
- ④ "The Best Things in Life Were Free - And I Was Too Busy to Notice."
- ⑤ "Regret Is the Heaviest Thing to Carry."
- ⑥ "Presence Is the Greatest Gift You Can Give."
- ⑦ "Peace Comes When You Stop Pretending."

**Latest Applications**

**Tori May**

(Jim Kaylor, sponsor)

**BELIEVE  
THERE IS  
GOOD IN  
THE WORLD**

Rotary PEOPLE-IN-ACTION

**JANUARY**  
**Student of the Month**  
Brooklyn Pogel,  
Loveland High School



**JANUARY**  
**Teacher of the Month**  
Joan Coatman,  
Peakview Academy



## ANNOUNCEMENTS

**Rick Parker** (*Big Honor*):  
**Chloe Odhiambo**, our talented exchange student from Kenya, was honored at the Thompson School District celebration of Martin Luther King Jr. Day on Jan 15. She wrote the winning essay about the legacy of Dr. King. Congratulations Chloe!



"... From the doctors and nurses who help bring us into this world to those who shovel the last scoop of dirt on our final resting places, humans are designed to help and to be helped by one another. ... I am a living example of what is possible when communities far and wide join to make an effort to build friendships and relations that work towards creating a better global community ..."

~ Chloe Odhiambo

(*New Board Members*): Here are some recent changes:  
**John Melton** replaces **Ashley Kasprzak** for her unfinished term (which expires the end of June 2026).

**Jennifer Cecil** replaces **Katie Guthrie** for her unfinished term (which expires the end of June 2027).

**Cash Case** replaces **John Cheever** for his unfinished term (which expires the end of June 2028).

## LAST WEEK'S PROGRAM

Allyson Breyfogle, as a life coach, gets to "explore humanity" in the process of helping people in their life transitions. One challenge is realizing that *change* (simply moving forward in your transitions) is different from *transformation* (needing to be known for something new!). **Four principles** to redesign your life are ① **Knowledge** (know where you are in the process), ② **Purpose** (reimagine your place in the world), ③ **Wisdom** (integrate a lifetime of learning), and ④ **Agency** (make fulfilling decisions and live them fully).

*Transforming  
Transitions:*

*Being redesigners in a  
time of extreme change*

