



VOLUME 80 ISSUE 18 OCTOBER 31, 2023

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise...

"Service above Self"

Board of Directors Officers

Jim Epstein, President Bob Tello, President Elect Irv Johnson, Past President Chris White, Pres Elect Nom Jon Kindschy, Club Secretary Julie Marko, Board Secretary Kathryn Vilha, Financial Secretary Jim Whitenight, Treasurer Steve Lemanski, Editarian Dixie Schmatz, Committee Coordination and Engagement

Directors

Diane Lapierre	(2024)
John Moore	(2024)
Mary Camp	(2025)
Matt Barber	(2025)
David Carmichael	(2026)
Hayden Lowry	(2026)

District Governor

Steve Sehnert (Steamboat Springs Rotary) ADG: Kathi Wright (Thompson Valley Rotary)

RI President

Gordon R. McInally (Scotland)



THIS WEEK'S PROGRAM

Oct 31 - "Loveland Fire Rescue Authority Update" by Rotarian and LFRA Chief Tim Sendelbach

Inspiration: Bob Eatman

CALENDAR

Oct 31 - Halloween NOVEMBER - Rotary Int'l Foundation Month Nov II - Veterans Day

UPCOMING PROGRAM

Nov 7 - Special Veterans Day Program THANK YOU. VETERANS

HAPPY

HALLOWEE





Birthdays • Oct 31 - Jerry Westbrook • Nov 5 -Mary Gullikson | Anniversaries • Nov 3 - Holly & Chad Walker

Rotary Club of Loveland

Tues 12 PM | Mountain View Presbyterian Church Website www.LovelandRotary.org Events Calendar https://portal.clubrunner.ca/5257/Events

Rotary Satellite Club of Loveland First Wednesdays at 6:30-8:00 PM

LC Real Estate, 1712 Topaz Dr. Loveland Details: www.facebook.com/ RotarySatelliteGroupofLoveland Email: stephensongwen1@gmail.com

Rotary Satellite Club of Berthoud 2nd Wednesdays, 7:00 AM - Cornerstone Cafe

4th Wednesdays, 5:30 PM - Adams Bank & Trust Details: www.facebook.com/BerthoudSatellite Email: BerthoudRotaryClub@gmail.com

> P.O. Box 1144, Loveland, CO 80538 District 5440, Club 1113 Chartered in 1920 as Club 685

Oct 24, 2023

Presiding, Pledge of Allegiance (Open), & Four Way Test (Close) President Jim Epstein

Sing-Along Songs Gary Camp (lead vocalist) "God Bless America"

Inspiration Doug Mannering

WORLD POLIO DAY 24 OCTOBER

Who Wins Big Next?



- As We Support Community Kitchen
- 51 cards left in deck
- \$50 in new jackpot

Don't Miss Our Thanksgiving Mtg!



You're invited to our Thanksgiving Luncheon Meeting to be held on Tue, Nov 14, 11:15 AM - 1:00 PM. Many guests are expected, so please RSVP (though you regularly attend) via Dixie's Oct 25 email invite by Tue, Nov 7.



ANNOUNCEMENTS

Jim Epstein (Board Updates): • Nominating Committee has selected the following officers for an election to be held on Dec 5: Katie Guthrie and Rick Parker (new board members for 2025-2027), Diane Lapierre (new Co-President Elect with Bob Tello for 2024-2025), and Julie Marko (new President Elect Nominee for 2026-2027). • The Board (last meeting) also selected Matt Barber to replace Larry Stewart, who resigned from the club. • The Board approved 6 new grants from Loveland Rotary Foundation totaling approximately \$25,000, to be announced soon by our Grants Committee. • Finally, Cherri Houle was approved as primary member with our new businessorganizational member House of Neighborly Service! Bob Tello (World Polio Month): In recognition of World Polio Month, please donate to Rotary's Polio-Plus at myrotary.org. Our funds are still being matched 2:1 by Bill and Melinda Gates Foundation! Dick Bradsby (KidsPak): KidsPak will be delivering about 640 bagged meals on Oct 25. Safeway is changing the name of their holiday meal gift cards to "Nourishing Neighbors" and KidsPak once again will be delivering these on behalf of Safeway's patrons. This program runs from Oct 25 to Dec 31. On one day only - Fri, Oct 27 - Dutch Bros. Coffee is donating \$1 to KidsPak for every cup of coffee sold.

Gary Camp (4-Way Test Program): The next Middle School 4-Way Test is scheduled for Nov 29; training for the 25 volunteers needed will be Nov 7 (at MVPC).

LAST WEEK'S PROGRAM

Dr. Bob Tello, who's cared for hundreds of seniors suffering from Dementia, gave us a great talk on the topic. Highlights included these: • Dementia is one of 2 memory loss conditions, the other one being Cognitive Deficit Disorder. • As we age, our concentration of *neurotransmitters* (and *receptors*) in our brains diminishes, causing memory issues. • Three common drugs (Aricept, Excelon, & Razadyne) act to inhibit an enzyme which destroys neurotransmitters. • Cognitive Deficit affects our ability to understand things (our cognition).
• Dementia impairs not only memory but our behavior.

