



### OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise...

“Service above Self”

### Board of Directors

#### Officers

Irv Johnson, President  
TBD, Pres. Elect  
Bob Tello, Pres. Elect Nom.  
Jon Kindschy, Secretary  
Kathryn Vilha, Financial Sec.  
Jim Whitenight, Treasurer  
Gail Daugherty & Nicole Whitenight, Past Co-Pres.  
Steve Lemanski, Editor

#### Directors

Laura Armstrong (2023)  
Dixie Schmatz (2023)  
Diane Lapierre (2024)  
Jim Epstein (2024)  
Larry Stewart (2025)  
Mary Camp (2025)

### District Governor

Lee Varra-Nelson  
(Fort Collins Breakfast Rotary)  
ADG: Jerry Westbrook

### RI President

Jennifer Jones (Canada)



**IMAGINE  
ROTARY**

### THIS WEEK'S PROGRAM

**Feb 7** - “A Perspective on Russia” by our own **Don Wells**

Inspiration: **Bob Eatman**

### CALENDAR

**February** - Rotary's Peace and Conflict Prevention/Resolution Month

**Feb 14** - Valentine's Day

### UPCOMING PROGRAM

**Feb 14** - Special Valentine's Day Program (2023 Loveland Miss Valentine & Old Time Rock 'n Roll with Gary Camp)

Inspiration: **Lee Asa**

**Birthdays** • Feb 7 - **Kathy Zavela** • Feb 8 - **David Fraser and Dick Wells** • Feb 10 - **Tim Sendelbach** • Feb 11 - **Karl Muriby** • Feb 12 - **Chris Johnston** | **Anniversaries** • Feb 13 - **Bob & Ann Eatman**



### Rotary Club of Loveland

Tues 12 PM | Mountain View Presbyterian Church

### Rotary Satellite Club of Loveland

First Wednesday of Month, 6:30-8:00 PM  
Tilted Barrel Brew Pub, 110 E. 29th St.

Details: [www.facebook.com/RotarySatelliteGroupofLoveland](http://www.facebook.com/RotarySatelliteGroupofLoveland)  
Email: [chris@LCRealEstateGroup.com](mailto:chris@LCRealEstateGroup.com)

### Rotary Satellite Club of Berthoud

2nd & 4th Wednesdays, 5:30 PM (Hybrid meeting)  
Adams Bank & Trust, 1201 Lake Ave., Berthoud

Details: [www.facebook.com/BerthoudSatellite](http://www.facebook.com/BerthoudSatellite)  
Email: [BerthoudRotaryClub@gmail.com](mailto:BerthoudRotaryClub@gmail.com)

[www.LovelandRotary.org](http://www.LovelandRotary.org)

P.O. Box 1144, Loveland, CO 80538

District 5440, Club 1113

Chartered in 1920 as Club 685

Jan 31, 2023

**Presiding & Pledge (Open) & Four Way Test (Close)**



**Irv Johnson**

President  
2022-2023

**Songs**

**Gary Camp** (keyboard)  
"America the Beautiful" &  
"Roll Rotary"


**Inspiration**

**George Stevens**

MORE ITEMS OF INTEREST

**50-50 Raffle Results**

**Dick Barton**

No ace was drawn.   
\$145 in jackpot!

**District Conference**

The District 5440 Conference in Estes Park (Jun 8-10) promises to be a unique and wonderful opportunity to connect as Rotarians. We will be able to:

- Celebrate your successes over the year
- Learn and reinforce skills from the breakout sessions
- Participate together with others in a meaningful service project
- Reconnect with the young future Rotarians
- Network with like-minded Rotarians from around the district
- And have a GREAT TIME!!

Come join us!



**ANNOUNCEMENTS**

**Irv Johnson (RI Foundation):** Rotary International Foundation had a great year in 2022, raising a total of more than \$434 million to fund more than 1,190 global grants, 470 district grants, and 225 disaster response grants - all to help our communities thrive. Hip, hip, hooray!



**Jim Epstein (New Committee):** Last October our club's board approved the creation of an **Environment Committee**. Our mission statement is this: *To implement hands-on projects that help the environment and provide education to people, especially youth, so that they can implement their own environmental projects.* The grocery bag project was just

the start; we have several interesting projects in the works, including the Heart-J Wildlife Guzzler Project to provide "drinking fountains" for all kinds of wildlife in their backwoods environment.



**LAST WEEK'S PROGRAM**



Gail Daugherty introduced all of us to a 2022 TED talk delivered by science journalist Catherine Price, in Vancouver - "Why having fun is the secret to a healthier life." Afterwards, we had time for table discussions in response to the question "What is fun in your life?"



Highlights of this TED talk included the following:

- In reality, fun is not just lighthearted pleasure; it's the secret to feeling alive.
- Playfulness, connection and flow all feel great on their own. But when we experience all three at once, something magical happens. We have fun.
- Fun also unites us; when having fun with people, we connect with them as human beings.
- Prioritize fun - treat it as if it's important. (It is.)