

Spokesman TODAY

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ROTARY'S VISION

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."

Board of Directors

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Steve Sehnert (Steamboat Springs Rotary) ADG: Kathi Wright (Thompson Valley Rotary)

RI President

Gordon R. McInally (Scotland)



THIS WEEK'S PROGRAM

Mar 19 - "Travel Story: Southern Italy" by Rotarian

Rick Parker

Inspiration: Hayden Lowry

CALENDAR

MARCH - Water & Sanitation Month

Mar 31 - Easter Day

Apr 13 - District 5440 Spring

Assembly (Virtual - on Zoom)

May 16-18 - Rotary District 5440

Conference, Steamboat Springs

UPCOMING PROGRAM

Mar 26 - "The Needle: All About Tattoos" by Joe Dean & Mike Horman of Red Letter Tattoo

Inspiration: Pat Williams

Birthdays • Mar 19 - Brad Schilling

• Mar 20 - Lynn Hammond

Anniversaries • None this week.

Rotary Club of Loveland

Tues 12 PM | Mountain View Presbyterian Church

Website www.LovelandRotary.org

Events Calendar https://portal.clubrunner.ca/5257/Events

Rotary Satellite Club of Loveland

Ist Wednesdays at 6:00 PM

Earl's Coffee Shop, 1421 N. Denver Ave. Loveland

Details: www.facebook.com/

RotarySatelliteGroupofLoveland

Email: stephensongwen I @gmail.com

Rotary Satellite Club of Berthoud

2nd Wednesdays, 12:00 PM - Cornerstone Cafe 4th Wednesdays, 5:30 PM - Bradfords

Details: www.facebook.com/BerthoudSatellite Email: BerthoudRotaryClub@gmail.com

P.O. Box 1144, Loveland, CO 80539 District 5440, Club 1113 Chartered in 1920 as Club 685









Mar 12, 2024

Presiding & Pledge (Open) & Four Way Test (Close)



President Jim

Sing-Along Songs Gary Camp (Keyboard)

"America the Beautiful" &
"Whole Lotta Shakin"



Inspiration George Stroh



Charity Raffle

Rotarian portion (\$12) won by **Don Wells**



Being Kind to Others is Being Kind to Yourself

I. Gives a natural high



2. Lowers blood pressure

- 3. Slows aging
- 4. Improves relationships
- 5. It's contagious!
- **6.** Supports your immune system
- **7.** Releases "feel good" hormones
- 8. Supports mental health
- 9. Eases anxiety
- 10. Reduces stress

ANNOUNCEMENTS

Don Rangel (Four-Way Test Program): Don shared some poignant comments from Peakview Academy students who participated in our Four-Way Test facilitated sessions: • What I liked best about this was the teamwork and the friends we made. • I liked using the Four-Way Test to problem solve. • I liked solving problems and might think more when I make decisions.

John Turnage (Mexico Trip): The dates for the water filter service project in Tehuacán are April 22 through May I-2. We need a storage room/facility for some of the 2,500 filters we will eventually use (we're only taking I,000 to start with). Please let John know if you can help in this regard. Also, if you think you might still be interested in going on the trip, let John know as there may be some funding for your airline ticket.

Pat Williams (*Did You Know?*): Were you able to guess who this was?

When doing some teaching in Mexico (Yucatan), I got totally lost in the desert and thought I was going to die!





Jordan Clegg (Thumbnail): A new member (organizational member), Jordan treated us to the story of his life. Highlights: • Jordan is originally from western Michigan, where he lived most of his life before moving to Colo.



(which he now really loves). • He started out his adult life as a pastor (with a degree in worship music). • He's started a new career in nonprofit administration, at Habitat for Humanity. • He's grateful to be a multiple sclerosis survivor, while his wife is a non-Hodgkin's lymphoma survivor. Welcome, Jordan!

LAST WEEK'S PROGRAM

Dave Mills delivered a comprehensive talk on the future of electric vehicles (EVs). Rotarians were also able to get a first-hand look at a sample EV - the Ford Mustang Mach-E - courtesy of Loveland Ford. Dave



addressed many new EV buyers' concerns including car price, battery range, battery charge time, battery life, charging station availability, and some environmental and social justice concerns with EV manufacturing.