



THE FOUR-WAY TEST

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOOD WILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

Board of Directors Officers

Karl Muriby, Pres.
Dwight Brummet, Pres.-Elect
Brian Nienhaus, Pres.-Elect
Nominee
Jon Kindschy, Secretary
Jim Scudamore, Financial Secy
John Barrow, Treasurer
John Stewart, P-Pres.
Wilynn Formeller, Editorian

Directors

Dave Mills	2019
Nicole Whitenight	2019
Tom Dwyer	2020
Ron Schlattman	2020
Bob Eatman	2021
Irv Johnson	2021

District Governor

Chuck Rutenberg
Fort Collins
ADG: Bob Eatman

RI President

Barry Rassin



PROGRAM

May 21 KidsPak Recognition
Hunger Free CEO
Inspiration: Pastor Ruth Ann Loherty

CALENDAR

May 4-June 2 Governor's
Art Show-Loveland Museum
June 1-5 Rotary International
Convention
June 7-8 Rotary Leadership
Institute



UPCOMING PROGRAMS

May 28 New Paths for Veterans
John McGrath
Inspiration: **Jim Welker**

Anniversaries:

May 25—Nicole & Jim
Whitenight



Rotary Club of Loveland

Tuesday noon; Garden Room, 697 Denver S100

Rotary Satellite Club of Loveland

Various Wednesday Evenings, 6:30—8:00

Details: [https://www.facebook.com/](https://www.facebook.com/RotarySatelliteClubofLoveland)

[RotarySatelliteClubofLoveland](https://www.facebook.com/RotarySatelliteClubofLoveland)

[Rico Devlin rico@lcreatestategroup.com](mailto:Rico.Devlin@lcreatestategroup.com)

www.LovelandRotary.org

P.O. Box 1144, Loveland, CO 80538

District 5440, Club 1113

Chartered in 1920 as Club 685

May 14, 2019

Presiding:

Karl Muriby

Songs:

Gary Camp, Keyboard

Mary McCambridge, Songs

"This Is My Country"

"What a Wonderful World"

Inspiration:

Bob Link

Raffle:

\$26/Lottery: **Gail**

Daugherty

Happy/Enforcer: \$100

Club Guests:

Chris Gebhardt

Joe Gebhardt

Rotarian Guests:

Art Sward

Lynn Matson

Visiting Rotarians:

Bill Emslie

Sudip Koirala

RED BADGERS:

Ed Goodyear

Dick Barton

Will Beyers

David Eads

Heather Ekre

Nanci Garnand

Erika Fennelly

Scott Coman

Guest Editorian:

Bill Eads

ANNOUNCEMENTS: **Karl Muriby** shared a photo of the new Centennial Clock in the Foundry square. A motion was made by **John Stewart** to revise the club constitution to include a Satellite Club in Berthoud and it was unanimously approved. Our club will now have 13 new Rotarians in this satellite club. **John Turnage** is the Program Committee co-chair with **Phil Ashcraft**. They provided information on how the committee works and pointed out that they don't schedule political programs unless both sides are represented. They are also looking for new committee members. **Bill Moniger** led our Fellowship and recognized **Andrew Haines**, who graduated from high school in Tokyo. **Andrew** was also Editorian in our club for several years.

HISTORY: **Judy Chapman** read facts about the club from 1968-1971. July 27, 1968-**Lynn Hammond** was President and the Thumbnail Sketch Program was started by him. October 14, 1969-Superintendent Claude Stansberry and Assistant Superintendent, Robert Turner, gave an expansion report for R2-J Schools and the Loveland Rotary Club hosted a dinner to welcome 73 new teachers in the district. July 31, 1971-Viestenz-Smith Park formerly known as Loveland Municipal Park will be the site of the annual picnic on Aug. 25th.

PROGRAM: **Phil Ashcraft** introduced **Dr. Bob Tello** who talked to the club about marijuana. There are 480 compounds in cannabis, 66 of which are cannabinoids, which occur in the human body and interact with it. Certain strains have high levels of THC and some have higher levels of CBD. Selective pollination can result in higher levels of either of these chemicals and some modern extracts contain as much as 90% THC. Hemp became legal in 2018 if it contains <0.3% THC (higher in CBD). The body has many cannabinoid receptors, CBD has been used to treat insomnia, depression, chronic pain, PTSD, and more. Medical marijuana (higher in THC) is mostly used for pain control and is safer than opiates. THC over-activates parts of brain and can result in altered senses, sense of time, difficulty with problem solving, impaired memory, delusions, psychosis (high doses), and other side effects. THC also affects brain development. There have been increased motor vehicle accidents in states with legalization. There are no national standards or tests for impairment.