Find shared values. We all want similar things — healthy families, thriving communities, and a sense of control over our health. Demonizing vaccine-hesitant individuals only creates further division and exacerbates an "us vs. them" mentality. Try explaining why you choose vaccinations. Is it to protect the most vulnerable members of your community? To shield your children from preventable disease? Relatable motivations like these can help forge a human connection and get to the emotional heart of the issue.

Seek to understand. Just as there are many reasons to be vaccinated, there are many reasons a person might feel dubious. A prevalent one is misinformation, which is more contagious than ever in our digital age. Others are more complicated and riddled with an ugly history. Marginalized communities have spent centuries being mistreated by the medical establishment. Expecting these communities to immediately trust the same institution to have their best interest at heart is unfair and dismissive of historic trauma.

Know your "C's." The World Health Organization (WHO) has outlined three "C's" that contribute to vaccinate hesitancy: complacency, convenience, and confidence. We could also add a fourth: culture. Rates of vaccine hesitancy, as well as contributing factors, vary widely based on a person's location, background, and community. Being cognizant of these differences can prevent us from making incorrect assumptions. If someone is skipping recommended vaccines due to religious beliefs, opening a conversation with safety statistics may not be helpful or relevant to them.

Lead with facts. Mythbusting can be tempting, but did you know that repeating misinformation can actually give it more weight? Instead of focusing on why that meme or blog post is incorrect, stick to simple statements of fact. For example: "large-scale scientific studies find no link between the HPV vaccine and auto-immune symptoms."

Be the voice of the majority. Social norms are an incredibly powerful force, but the key is to keep it positive. If you try to convince someone that not enough people are receiving vaccines, they may feel that their hesitancy has been validated by others. A more effective approach is to focus on how many people are choosing to vaccinate and why. Remind them that large-scale inoculation is a group effort and we want them on the team.

Identify the problem and the solution. If you've ever stood at the edge of a diving board, unable to move, you know that fear can be paralyzing. Fear of severe illness can have similar effects. When we talk about vaccine-preventable disease, simply scaring someone is likely to backfire. Instead, it's important to acknowledge two facts simultaneously: these diseases are serious and being vaccinated is a simple and effective countermeasure. Help put power back into their hands by identifying an action they can take — being vaccinated!

Vaccines bring us closer to a world where everyone thrives, but it's a team effort. By having conversations, you can bring your friends and family along on our global health journey.

THE EARLY RISER





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ROTARY PRAYER

Oh Lord, and giver of all good, we thank Thee for our daily food.

May Rotary friends and Rotary ways, help to serve Thee all of our days

THE ROTARY CLUB OF WICHITA FALLS NORTH



2020-21 R.I. Officers ~ D5790

President of Rotary International: Holger Knaack District Governor: Roger Paschal

OFFICERS AND BOARD OF DIRECTORS – 2020-21

President: Clint Wood ~ President Elect: Secretary: Tom Sheriff ~ Treasurer: Ann Lucas

Executive Secretary: Jeani Secord ~ Sgt. at Arms: Larry Gunnell
Directors: Clint Wood – Phil Waggoner ~ Gary Southard ~ Mike Crocker
Tom Cale ~Tom Sheriff & Troy Secord (PDG Ex-Officios)

Website: www.wichitafallsnorthrotaryclub.org

FUTURE PROGRAM ASSIGNMENTS

April 30	David Collins
May 7	Larry Gunnell
May 14	Ajay Kumar
May 21 Kris Gossom ~ From Inter	faith Outreach Services ~ Ann Lucas
May 28	Bill Neale
June 4	Rob Noble
June 11	Backdoor Theater ~ Tom Ostovich
June 18	Jeani Secord
June 25	Troy Secord
July 2	Tom Sheriff
July 9	Gary Southard
July 16	Phil Waggoner
July 23	Tom Cale
July 30	David Collins

NEWS FROM OUR LAST LIVE & "VIRTUAL" MEETING:

Clint presented the Rotary Prayer and Tom O. presented the Pledges.

Jack Brown was our special guest from the Southwest Rotary Club.

The brag bucket was well fed by Jack Brown (2) and Troy.

Announcements from the board meeting held on 4/21/2021:

The club is donating \$500.00 to Base Camp Lindsey.

There will be a flag work day on either May 8th or May 15th.

Mike presented Melvin Joyner from the Wichita County Sheriff's Office. Melvin gave a very good presentation over the new Wichita County Law Enforcement Center. He told us about the need for the center and about the center.

The raffle raised \$23.00. Melvin Joyner was the winner and drew the 4 of diamonds for a \$5.00 prize. If this week's winner draws the ace of spades they will win $$149.00 + \frac{1}{2}$$ of what is raised today.



4/23/2021: Mike talked to Joe Clements at Scotland Park Elementary School and Joe reported that the school needed more "student snacks" Mike purchased the snacks and Tom S., Mike and Gary met at SPES and delivered the snacks. Afterwards we had a very nice visit with Joe in his office. Joe is retiring in less than a month. He is a great candidate as a new member! He has the heart of a true Rotarian.

NEWS FROM ROTARY INTERNATIONAL:

HOW TO TALK TO SOMEONE WHO IS VACCINE HESITANT. by Elizabeth Schroeder

As COVID-19 vaccinations are administered around the globe, you've probably seen your social media feeds fill up with joyful vaccine selfies and excited appointment updates. Chances are, you also have someone in your life who's skeptical. Most of us do — and that has public health officials concerned.

Vaccine hesitancy is often fuel for heated public debate, but conversations about vaccines don't have to be contentious. In fact, being willing to have them is one of the most impactful ways we can influence global health. As with many emotionally-charged topics, knowing how to start the conversation can be the hardest part. These tips may help you open up a dialogue and get your loved ones thinking differently about being vaccinated.