

## New Member Inducted

Dick Van Leeuwen's latest recruit Mike Kelleher was inducted into the Club. Mike and his wife Sandi have recently moved to Drouin and is looking forward to his time working with our club.

We have to congratulate Dick for his recruitment skills. The table tennis group is becoming a rich source of talent for our club.

Space reserved for a picture of Mike being inducted to Rotary. The Editor was not concentrating and forgot to immortalise this moment in mega pixels. He apologises profusely

## This Week's Program

Our presenter was Dr Kylie King - Senior Research Fellow

Turner Institute for Brain and Mental Health

Kylie was introduced by Ian Brooks.

Kylie presented us with some alarming facts and talked about programs she works on to redress this problem.

Men in Australia and many other countries account for three-quarters of suicide deaths. Suicide prevention programs are needed that consider the unique contexts of boys' and men's lives. For example, the masculine social norms of self-reliance and stoicism have been associated with suicide risk for men. Programs delivered to boys in schools are increasingly common and show promise to tackle the issue of male suicide by fostering protective factors and reducing the impact of harmful factors, such as social norms.

Kylie described how the facilitators of these programs with young men are excellent at setting the scene and reducing inhibition of participants to enable them to confidently contribute to the sessions.

Two of the activities Kylie described really interested me as a trainer who has run workshops with young people.

- One was getting the boys to line up one the side of a line if they had cried in the last year; then in the last 6 months and then in the last 2 weeks.
- The next activity was getting the boys to apply nail polish and wear it for week or so.





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Both these activities could ONLY be done with a group of adolescent boys after a high level of trust and comfort was developed by the presenters.

However, there is a need to know more about which approaches work best. The Tomorrow Man workshops are delivered to boys in year 10, 11, and 12 throughout Australia (<https://www.tomorrowman.com.au/>). The workshops challenge and transform boy's thoughts and behaviours, increase their social connection, and hopefully lead to reduced suicide risk.

The research at Monash University is funded by Australian Rotary Health and aims to determine the impact of these workshops.

Picture: Dr. Kylie King being presented with a Banner and Rotary Pen by Ian Brooks.

## Program Groups

### November & May

#### Group 5

John Tricarico  
Ian Brooks  
Ian Bennett  
Keith Pretty  
Gary Surman

### December & June

#### Group 6

Colin Gardner  
Max Scott  
Jo McKechnie  
David Veal  
Paul Davine

## Upcoming Programs:

Date	Description
15 Nov	District Governor's visit
29 Nov	Twilight Bowls at Longwarry Bowling Club – organiser Ian Bennett more details to follow.
13 Dec	Rotary Christmas Break Up at the Hong Kong Inn

Yes, it's that time of year again.

This year Jane and Judy are organising the

**Christmas dinner at Hong Kong Inn** on the **13th of December**.

Members and partners are invited There will be all the usual decorations and food suitable for Christmas along with a lucky draw prize.

Jane & Judy would like to know numbers for catering purposes and to ensure that we have enough room to seat everyone.

Please let Roger know by 20th November if you will be coming or not.



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## Annual General Meeting

After the Speaker and the Induction of Mike Kelleher we had the Annual General Meeting. In a surprise to all present the following Nominees were all Elected Unopposed.

PRESIDENT ELECT for 2023/24: <b>Pauline Maunder</b>	<u>Moved</u> : R. Howe	<u>Seconded</u> : D. Proposch
SECRETARY for 2023/24: <b>Tim Wills</b>	<u>Moved</u> : R. Howe	<u>Seconded</u> : D. Proposch
TREASURER for 2023/24: <b>Ian Haughton</b>	<u>Moved</u> : P. Maunder	<u>Seconded</u> : T. Wills
DIRECTOR for 2023/24/25: <b>Judy Alexander</b>	<u>Moved</u> : R. Playdon	<u>Seconded</u> : R. Howe
DIRECTOR for 2023/24/25: <b>Robert Coustley</b>	<u>Moved</u> : K. Roberts	<u>Seconded</u> : D. Proposch
DIRECTOR for 2023/24/25: <b>Russell Ford</b>	<u>Moved</u> : K. Roberts	<u>Seconded</u> : R. Playdon

However, we do have 2 spaces to fill

DIRECTOR for 2023/24/25: **Vacant**

PRESIDENT-NOMINEE for 2024/25: Vacant

The financial statement was accepted

And the Rules for corporate Membership were endorsed.

## Roger's Quote for the week:

“Success is finding satisfaction in giving a little more than you take.”  
Christopher Reeves (Superman)

## Board Meeting:

Library Community Room - Drouin on Wednesday 16<sup>th</sup> November 2022 at 6.00 pm  
Live at the Park:

The Rotary Club will be running a Bar B Que at this event.

Sat 26<sup>th</sup> Nov

It is also State Election Day.

<https://www.liveatthepark.com.au/>



<https://www.bawbawshire.vic.gov.au/Events-Calendar/Live-at-the-Park>



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### Australia Day Planning

Rex Greenland has been volunteered to coordinate the Australia Function for 2023. A group of volunteers met with Rex after the Meeting to continue the planning.

Watch this space

### Swap Meet 2023

Gary Scanlon met with the main organisers of Swap Meet (David Proposch had been spoken with outside the meeting) to discuss the future of the Swap Meet.

A report is being prepared for the coroner.

The group has decided to do contact Rotary Club of Kooweerup Lang Lang to see whether we can assist and piggy back on their very successful and well supported Show'n Shine.

We will also speak to John Pilla who is now the organiser of the Lardner Park Motorfest to see where we might be able to assist there in a capacity similar to our work at Farmworld.

Watch this space too

### Reminder about our upcoming

#### Christmas Hamper Raffle

Bob would also like people to help sell Tickets personally and at the tables set up in Drouin Central.



#### Last reminder

Donations for the Hampers need to be to Bob by next Tuesday 15th Nov.

If you wish I can pick up, or you

can drop off at:

13 Jackson Drive, Drouin. 0447 277 073

We plan to have the Hampers packed, wrapped and ready to sell at our next Market on the 19th Nov.

Thank you all very much. Bob V.

