

14th January to 23rd January 2024

PRESIDENT PAULINE's PONDERINGS

- Welcome everyone I hope you enjoyed a nice break with family and friends.
- Rotary Family: Tim and David V are both undergoing radiation therapy for the next month, and I know you will give them both your support.
- Service activities coming up: (1) We continue helping the Longwarry Lions Food Bank, delivering meals to those in need. Sometimes it is hard not to judge who is in need, but circumstances are not always obvious and recipients are assessed by others; (2) De-badging at the Ambulance Station, 1st Thursday of the month 10:00 -2:00; (3) the Breakfast Club is back in action starting next Tuesday (*Thank you Jane & Roger, John T, Lois & Judy, Pauline & David, Tim and Russell & Brian & I. We will then be rostered on for March, alternating each month with the Drouin Lions. We are keen to have more helpers.*); (4) Continuing our involvement with the Live4Life Program; and, finally (5) Farm World 2024 - March 18th to March 24th - a big commitment for the club as it is one of our major fundraising, we will need lots of Rotarians, partners, friends and family.
- Our club's 70th Anniversary, chartered March 29th 1954. Russell and Don B, with assistance from Keith, have put in an enormous amount of work to record the past 20 years. To mark the occasion, we will have a special dinner .The date we are looking at is Tuesday April 2nd.
- In May we will have the after-event cleanup for 'The Girls Day Out'.

If you have any other ideas for Service that you think we can be involved in - - please let me know.

- Organising Groups for programs in February and March:
 - **February**: David Proposch + Josh Denehy + Peter K + Rex G + Judy Alexander
 - **March**: Ian Haughton + Carol Fenwick + John Franklin + Keith Cook +Dick vL
- Thank you from the West Gippsland Healthcare Group i.e. Warragul hospital.
 - Tim , Carol and I attended a presentation at the hospital to thank us for our donation for the purchase of three new stretcher trolleys for the Emergency Department. The hospital is thrilled to be able to purchase this new equipment as it will be welcomed by both patients and staff.
- *Australia Day Party In The Park -*
 - Congratulations and thank you to the organising committee of Mike Kelleher, Lois Ryan, Bill Petschack, Roger Playdon and Dick van Leeuwen, and the 28 Rotarians and Friends who helped on the day. It was an amazing effort on the BBQ, the set-up of the activities and the clean-up and pack up from the event.
 - *How lucky is the Baw Baw Shire to have the Rotary Club of Drouin to run this event for them and our Community.*

ANNIVERSARIES

Between 23/01 to 20/02: Glynn, Gary #1, Josh and Bob Vogt plus Tessa Baylis and Suzy Candappa celebrate birthdays. Wedding anniversary is celebrated by Gary & Judy Surman and by Kevin & Dianne Roberts. Rob Stewart rejoined the club on 31st January 2006, giving him a total of 33 years in Rotary.

DATES for the DIARY

- TUESDAY 6th February – Dinner Meeting #13 at Hong Kong Inn 6.00 for 6.30 pm
- TUESDAY 20th February – Dinner Meeting #14 at Hong Kong Inn 6.00 for 6.30 pm
- TUESDAY 5th March – Dinner Meeting #15 at Hong Kong Inn 6.00 for 6.30 pm
- MARCH 18th to 24th – 2024 Farm World Fields Days
- TUESDAY 19th March – Dinner Meeting #17 at Hong Kong Inn 6.00 for 6.30 pm
- TUESDAY 2nd April – 70th Anniversary Dinner at Drouin Golf & Country Club Inn



February is Rotary's Peacebuilding and Conflict Prevention Month. It is one of our areas of focus because peace is central to everything we do in Rotary. Even though most of us aren't diplomats at the negotiating table or peacebuilders working on active conflicts, in Rotary's singular way, what we do works to promote peace and prevent conflict somewhere, every day.

Peace is and always has been interwoven into the fabric of Rotary beyond our projects, too. In 1999, when we established the Rotary Peace Centres through a visionary initiative of our Foundation, we reaffirmed this commitment. This month, we are once again renewing that vision, with Bahçeşehir University in Istanbul, our host partner for the newest Rotary Peace Centre, as it takes its first steps to prepare for the initial cohort of students arriving in early 2025.

Every Rotary member should remember that when you support any of the areas of focus of The Rotary Foundation, you are contributing to peace. Foundation grants that address fundamental issues — such as a global grant focused on enhancing basic literacy in a community — will cultivate a better understanding of the world and lead to greater economic stability, laying the groundwork for peace.

An INVITATION from the Warraquul & District Garden Club

Dear President Pauline,

I am writing to inform you of our club's current project in organising a symposium on Monday 4 March 2024.

This event is aimed at improving the awareness of how gardens, and a return to nature, can play a major role in the treatment of mental health issues. This includes the rehabilitation of patients who have suffered trauma, depression, and other stress related problems.

We have been fortunate in securing the lead speaker, Dr Sue Stuart-Smith, an internationally recognised psychiatrist and psychotherapist who, in 2020 published the book "The Well Gardened Mind". This book describes her research into how gardens in general, involvement in horticulture, and a return to nature, can be successfully used to rehabilitate a wide range of mentally based problems.

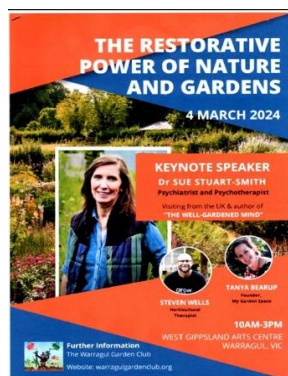
Dr Stuart -Smith will be joined by two Australians with practical knowledge of horticulture therapy, Steven Wells from the Austin Hospital and Tanya Bearup, a member of the national committee of Therapeutic Horticulture Australia.

Attendees to this symposium will leave with firsthand, practical knowledge as to how they can apply this drug free technique to patients, friends or family members under their support and care.

I look forward to your reply.

Yours Sincerely

Joy Vikas



Return-It recycling

Return-It Drouin
42 Weerong Road, Drouin, VIC 3818

Open now

until 5:00pm

Depot

East Zone - Operated by Return-It

[Directions](#)

[More info](#)

Longwarry Supermarket Longwarry

2 Kennedy Street, Longwarry, VIC 3816

Open now

until 8:00pm

Over the Counter (OTC)

East Zone - Operated by Return-It

[Directions](#)

[More info](#)

Return-It Warragul

4/15 Phoenix St, Warragul, VIC 3820

Open now

until 5:00pm

Depot

East Zone - Operated by Return-It

Drouin Rotary is registered to receive the refund you earn by returning glass and plastic bottles to one of the new collection points (listed on the left...the Drouin one is on the corner of Weerong Rd & Darcan Way).

Keep the barcode (right) on your phone or in your wallet, if you want to contribute this way.



Scan this barcode to accept your refund

Donation Partner ID
C2000008974

From the Party in the Park



What do you mean "Tofu burger?"



Waiting in the wings for room at the barbeque



Heads down watching those eggs



B1 and B2



Was that with onion? Did you want a sausage too?

And staying with food preparation...perhaps

Apparently you can reheat pizza by turning your toaster on its side... your welcome



Americans: We walked on the moon

Also Americans:

