



Rotary



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Thursday 6th October 2016

Rotary Club of Maffra

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WEB: www.maffrarotary.org

The Rotary Club of Maffra meets on Thursday, 6 pm for 6.30 pm

Duart Receptions, 20 McLean Street, Maffra

(Apologies and visitors to Nathan Smith by 1 pm. Telephone (03) 5147 1985)

TOAST: "To The Privilege of Community Service"



WHO?

Have you asked to join Rotary?



WHO?

Have you asked to join Rotary?

Editorial:

9820 District Conference 2017



Come Join us in Hobart 2017

for the 59th District Conference

MARCH 24th -26th

SPEAKERS

GETTING THERE

REGISTER NOW!

Registration forms are now available, and all information regarding guest speakers, tours, registration etc. is available on the above link. Accommodation is at the Wrest Point Casino, but bookings are up to the individual.

Shane Smallwood
Bulletin Editor
shasma.1@bigpond.com

MEETING SNAPSHOT 06.10.2016

18 members present

Helen Lanigan on District duty

No caravan due to public holiday.

\$95.00 raised for ARH from Hat Day.

Ted Mitchell reported that with the new and improved Bowel Scan kit this year more cases were discovered. 9 in the local area.

Warm acclamation and special mention was made of Ross Neilson who is home and recovering well from his procedures. Ross was the instigator and driving force behind his concept of a Rotary Foundation Scholarship in recognition of those Rotarians who have lost their lives while volunteering in third world countries. A full report on our website. www.maffrarotary.org

Guest Speaker Steve McNulty was a welcome addition to the evening, sharing with us an eye-opening presentation on Mental Health. Steve's background is in psychology and school counselling.

Steve highlighted the fact that alcohol use is most influential in mental disorders in youth, along with the greater expectations placed upon them by modern society.



Every 40 seconds someone somewhere in the world commits suicide. We need to address the stigma associated with mental health so that dignity and understanding is promoted. Symptoms are not a barrier to recovery – attitude is. More information can be accessed at

<http://worlddignityproject.com>.

Good mental health means having a sense of wellbeing, being able to function in everyday life, being able to have strong relationships, being able to meet the challenges that life presents.

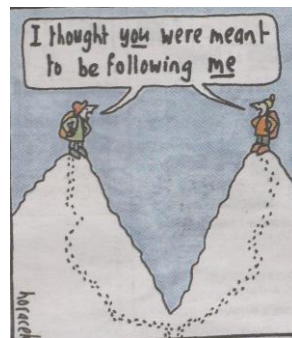
In Australia 45% of the population will experience a mental health condition at some stage in their life. 1 million will suffer from depression and 2 million will suffer from anxiety.

To end the discussion Steve took quite a few questions and finished with a breathing exercise to calm us down.

A full report can be viewed on our website, follow this link: www.maffrarotary.org



Sorry but no report from your foreign correspondent, I am stranded on top of Mont Blanc.
What an incredible experience.



Rotary International Memorial Scholarship



Then President Ross Neilson, on behalf of the Rotary Club of Maffra, put together a proposal at the beginning of his presidential year, 2015-16, and submitted it to The Rotary Foundation to establish a memorial recognition program to honour those Rotary aid workers who have been killed in performing Rotary's Polio Eradication humanitarian programs.

It has taken some time and a number of discussion points between the Rotary Foundation and the Rotary Club of Maffra, but the outcome for the establishment of Rotary International Memorial Scholarships has been approved.

District Governor Lynne Westland said that Ross Neilson, Past President, and the members of the Rotary Club of Maffra are to be congratulated on this wonderful initiative.

From Ross Neilson (past president of Rotary Club of Maffra)

I have just received confirmation from Carol Pandak from the International PolioPlus Committee that Rotary Foundation has approved the establishment of 10 scholarships

17/09/2016

Dear Ross, the Polio Plus Memorial Scholarship was approved. We will begin by selecting up to 10 Nigerian and Pakistani scholars in calendar year 2017 to study at selected universities in their home countries to obtain masters-level degrees in Public Health. While I realize the final concept was not exactly as originally envisioned, I hope that you and your club members are pleased. Have a lovely day. Best regards, Carol

I think this is a fantastic outcome and the Rotary Club of Maffra would like to DG Lynne Westland and the district executive for their assistance.

Best regards
Ross Neilson
President 2015-16
Rotary Club of Maffra

STOP PRESS!!!!



All conference registrants for the 59th annual District 9820 Conference to be held in Hobart from 24th to 26th March 2017 will be eligible to win an all-expenses paid 14 days South Pacific Cruise for two departing Melbourne.



The only condition to winning this fabulous cruise valued at over \$3,000.00 is that you are present in the auditorium at the time it is drawn.

This prize is proudly sponsored by P&O and helloworld Travel at Waverley Gardens.

ROLES AND RESPONSIBILITIES 2016-2017

BOARD MEMBERS

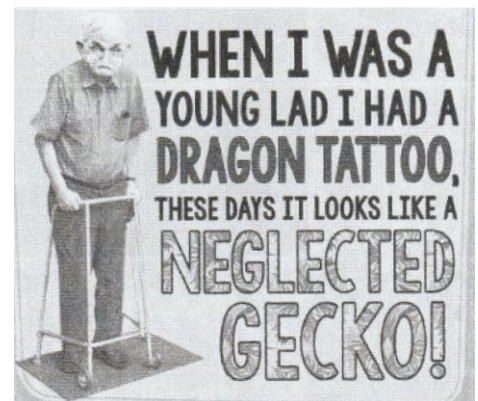
President	Sue Gray
Immediate Past President	Ross Neilson
Secretary	Dianne Honey
Treasurer	Graeme Hemming
Club/Vocational Service Director	
Community Service Director	Pauline Hitchins
Foundation/International Director	Shane Smallwood
Youth Service Director	Sharon Knight

OTHER ROLES

Sergeant at Arms/Fines	Rob Noble /Ted Mitchell
Program Co-ordinator	Brian Gray / Veronica Dwyer
Club Bulletin and Publicity	Shane Smallwood
BBQ Co-ordinators	Hans Van Wees / John Watts
Attendance	Neil Wishart
Arthur's Swindle	Cath Noble / Sandra Houghton
Family of Rotary	Dianne Honey
Club Protection Officer	Sjors Duursema
On to Conference	Ross Neilson
Club Website	Logan Connolly

Rosters - Registrations / Friendship / Property /Caravan / BBQ Shane Smallwood

PLEASE APOLOGISE
if you cannot attend the meeting. If you do not apologise you will be asked to pay for the meal that has been provided for you and for which the club has had to pay.



COMMITTEES

Community Service	International Service/Foundation
Pauline Hitchins (Director) Cath Noble, Rick Dare, Hans Van Wees, Veronica Dwyer, John Watts, Brian Gray, Peter Quennell, Nathan Smith	Shane Smallwood (Director) Rob Noble, Ross Neilson, Iain Stewart, John Osbom, Neil Wishart
Youth Service	Club Service/Vocational Service
Sharon Knight director) Sjors Duursema (Protection Off.), Logan Connolly, Sandra Houghton, Roger Malouf, Ted Mitchell	Sue Gray (Pres), Ross Neilson (IPP) Dianne Honey (Sec), Graeme Hemming (Treas), Helen Lanigan.

Ralph and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Ralph suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there. Edna promptly jumped in to save him. She swam to the bottom and pulled him out. When the Head Nurse Director became aware of Edna's heroic act she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable. When she went to tell Edna the news she said, 'Edna, I have good news and bad news. The good news is you're being discharged, since you were able to rationally respond to a crisis by jumping in and saving the life of the person you love... I have concluded that your act displays sound mindedness. The bad news is, Ralph hung himself in the bathroom with his bathrobe belt right after you saved him. I am so sorry, but he's dead.' Edna replied, 'He didn't hang himself, I put him there to dry.' How soon can I go home?

HOUSEKEEPING PAGE

Please take note of your roster.

When you are rostered on for duty and you are unavailable, please arrange your own swap.

Special instructions for those on the BBQ rosters, please make sure you collect the tear drop flag.

PROGRAMME

Date	Programme	Host
13 th October	Gordon Keddie Healthy Fermenting	Shane Smallwood
20 th October	Committee and Board meetings	Sue Gray

CARAVAN ROSTER

Date	Deliver	Pick Up	Booked by
14 th October	Brian Gray	Rick Dare	St Johns
21 st & 22 nd October	Peter Quennell	Peter Quennell	Maffra Agricultural Society
28 th October			Not required

CLUB DUTIES

DATE	GREETING	REGISTRATION	PROPERTY	MARKET BBQ	WOOLIES BBQ
Oct	Graeme Hemming	Helen Lanigan Sharon Knight	Roger Malouf		8 th : Iain Stewart, Helen Lanigan, Dianne Honey
Nov	Cath Noble	Logan Connolly, Veronica Dwyer	Ted Mitchell	6 th : Hans Van Wees, John Watts, Logan Connolly, Shane Smallwood,	

MILESTONES 14th to 20th October.

NAME	MEMBER'S B/DAY	PARTNER'S B/DAY	WEDDING ANN.	JOINED ROTARY
Sharon Knight				15 th Oct 1998

Seniors Computer Skills Tech support: How may I help you?

Tech support: How may I help you?
Customer: I'm writing my first email.
Tech support: OK, and what seems to be the problem?
Customer: Well, I have the letter 'a' in the address,
but how do I get the little circle around it?