

Crochet Hats for NICU Babies Guide

Need: 50 Hats

Due Date: 12/12/2024

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Thank you for taking time to help with this service project! Please review this first page for instructions, sizing needs, and project completion steps.

You can either crochet or knit the hats, ask someone you know to make them, or purchase from a store, craft fair, etc. **If you purchase your hat, send your receipt to Alex.**

We need sizes for premie, Newborn – 3 months, 3-6 months, 6-12 months.

Project Steps:

- 1: Please complete this form to participate: <https://forms.gle/WTaahyKPp8xs4UN46>
- 2: Alex will reach out to confirm if you need yarn, patterns, etc.
- 3: Once your hats are completed, call/email Alex or drop off at the Suburban Rotary Club Meeting, 12/12/2024 @ Legends, address is **6920 Pacific St, Omaha, Nebraska 68106.**
- 4: Alex will take all the hats to Children's NICU on Friday, 12/13/2024.

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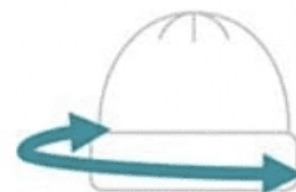
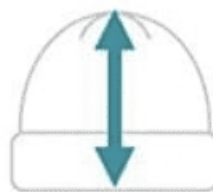
Page 6 – 10: Knit Pattern

Feel free to make your own or find different patterns! You can find free patterns on sites such as:

[Yarnspirations](#)

[Love Crafts](#)

Standard hat sizing



Sizes	Crown Width	Height	Circumference
Preemie	3-3.5"	4"	12-13"
Newborn - 3mths	4-4.5"	5-5.5"	13-14"
3-6 Months	5"	6"	14-15"
6-12 Months	5.25"	6.25"	15.5-16.5"
12-24 Months	5.5-6"	6.5-7"	16-18"
Toddler	6"	7-7.5"	18-19"
Child	6.5"	7.5-8"	19-21"
Teen / Small Adult	6.5-7"	8"	21"
Medium Adult	7-7.25"	8.5"	22"
Large Adult	7.5"	8.5-9"	23"

SeeLoveShare 

PATTERN 1 - Crochet



Pattern Notes:

This pattern is written for a newborn but you can easily modify both the length and the width in the following instructions. Be sure to refer to the sizing chart below to adjust to the exact size you are looking to make.

Measurements:

Newborn – 3 Months: 7in high (with brim folded 5.5in), 13 in circumference (as noted above). Be sure to check your gauge, the following adjustments will only work if you are using similar [yarn](#) weight.

Add 4 sts for every inch in height you want to increase.

Add 4 rows for every inch in circumference you want to increase.

Materials:

- Any 3 Light yarn. I am using Bernat Softee Baby in Pale Blue and accented in White
- 4.0mm Crochet hook
- Tapestry needle

Gauge:

Crochet Gauge: 16 sc and 19 rows with a 4 mm (U.S. G/6) crochet hook

Abbreviations:

Ch: Chain

St: Stitch

SC: Single Crochet

BLO: Back loop only

Pattern:

If you are working up a ribbed version, change colours every 2 rows.

To start, ch 29

Row 1: Sc in 2nd ch from hook to end, ch 1, turn (28)

Row 2: Sc in BLO to end, ch 1, turn

Repeat Row 2 until you have achieved the correct circumference to match the size you are making. For my newborn sizing, that was approx. 52 rows.

Assembly:

Sew the last row of the work to the first, creating a tube. With the tapestry needle, weave along one end of the work, making sure to capture a loop from every row. Pull tight to close on top. This will create a natural pucker and fullness to the beanie. Secure tightly. Attach Pom (see instructions on how to make these below!)

Optional: for additional contrast, sc with contrast colour along the bottom brim of the beanie (as pictured in the full blue beanie).

PATTERN 2 – KNIT

SIZES

To fit head circumference:

Preemie (**Newborn**-**6/12 mos**-**18/24 mos**) **9½"** (**12-16-17½"**) [**24**
(**30.5-40.5-44.5**) cm]

GAUGES

18 sts and 24 rows = 4" [10 cm]
with larger needles in stocking st.





KNIT | SKILL LEVEL: **EASY**

ABBREVIATIONS

Alt = Alternate(ing)

Beg = Begin(ning)

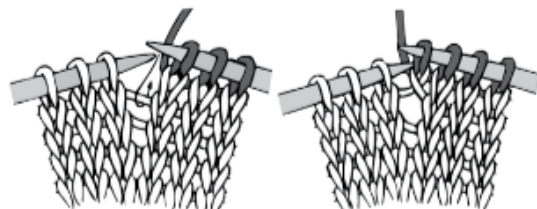
Cont = Continue(ity)

Dec = Decrease(ing)

K = Knit

K2tog = Knit next 2 stitches together

M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop.



P = Purl

PM = Place marker

Rem = Remain(ing)

Rep = Repeat

Rnd(s) = Round(s)

RS = Right side

Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together

St(s) = Stitch(es)

WS = Wrong side

MATERIALS

Red Heart® Super Saver® Ombre™ (10 oz/283 g; 482 yds/440 m)

Sizes **P** **N** **6/12** **18/24** **mos**

Spearmint (3970) **42/38** **62/56** **93/85** **121/110** **yds/m**

Note: 1 ball will make **11** (**7-5-4**) Hats.

Sizes U.S. 6 (4 mm) and U.S. 8 (5 mm) Susan Bates® knitting needles **or size needed to obtain gauge.** Susan Bates® yarn needle.

INSTRUCTIONS

*The instructions are written for smallest size **Preemie**. If changes are necessary for sizes **Newborn**, **6/12** or **18/24 mos** the instructions will be written thus (). When only one number is given, it applies to all sizes.*

With smaller needles, cast on **46** (**58-74-82**) sts.

1st row: K2. *P2. K2. Rep from * to end of row.

2nd row: P2. *K2. P2. Rep from * to end of row.

Rep last 2 rows of (K2. P2) ribbing **4** (**5-6-7**) times more.

Change to larger needles and proceed in stocking st until work from beg measures **3** (**3½-4½-5**)" [**7.5** (**9-11.5-12.5**) cm], ending on a purl row and dec **3** (**3-1-3**) st(s) evenly across last row. **43** (**55-73-79**) sts.

Shape top: 1st rnd: K1. *K2tog. K**5** (**7-10-11**). Rep from * to end of row. **37** (**49-67-73**) sts.

2nd and alt rows: Purl.

3rd row: K1. *K2tog. K**4** (**6-9-10**). Rep from * to end of row. **31** (**43-61-67**) sts.

5th row: K1. *K2tog. K**3** (**5-8-9**). Rep from * to end of row. **25** (**37-55-61**) sts.

7th row: K1. *K2tog. K**2** (**4-7-8**). Rep from * to end of row. **19** (**31-49-55**) sts.

8th row: As 2nd row.

Cont in same manner, dec 6 sts on next and every following alt row until there are 13 sts rem. Break yarn, leaving a long end. Thread end through rem sts and fasten securely. Sew back seam.