



# Rotary Club of EOC

## "The Weekly Wheel"



August 16, 2012

Rotary Club of EOC, PO Box 223, Harrah, OK 73045  
<http://www.clubrunner.ca/Portal/Home.aspx?accountid=5501>  
find us at EOC Rotary Club on Facebook

President: Douglas Moore; President Elect: Donna Groves;  
Vice President: Sammie Turek; Treasurer: Dwaine Penner;  
Secretary: Norma Howard; Sargent-at-Arms: Jim Galambos



Meets at Old Germany at  
6:30 p.m. on Thursdays

*Service Above Self..... They Profit Most Who Serve Best*

### Upcoming Programs:

August 23, 2012  
DG Will Beckman  
August 30, 2012  
Pat Downes  
"Riverfront Development"  
September 6, 2012  
No meeting due to Oktoberfest  
September 13, 2012  
Dr. Jim McCharen  
"Update on CNP Schools"

### Upcoming Events:

August 31, 2012  
2012-12 GSE India D3090 Team  
Leader Applications Due  
September 7-9, 2012  
Zone 21b-27 Institute/GETS  
Sheraton Overland Park Hotel  
October 15, 2012  
District Simplified Grant  
applications due

### This Week's Program:

Ken Surritte  
"WATERisLIFE update"

*Introduced by Sammie Turek*



Mike Harlow—8/16

### Did you know? Facts about Water

- Roughly 70 percent of an adult's body is made up of water.
- At birth, water accounts for approximately 80 percent of an infant's body weight.
- A healthy person can drink about three gallons (48 cups) of water per day.
- Drinking too much water too quickly can lead to water intoxication.
- Somewhere between 70 and 75 percent of the earth's surface is covered with water.
- Much more fresh water is stored under the ground in aquifers than on the earth's surface.
- The total amount of water on the earth is about 326 million cubic miles of water.
- Of all the water on the earth, humans can use only about three tenths of a percent of this water.
- The United States uses about 346,000 million gallons of fresh water every day.
- The average person in the United States uses anywhere from 80-100 gallons of water per day. Flushing the toilet actually takes up the largest amount of this water.
- The weight a person loses directly after intense physical activity is weight from water, not fat.

## Last Week's Program—Hospice Quality Care, Inc.



*Hospice Quality Care Inpatient Center may be an option when:*

- The progression of a home hospice patient's illness and symptoms may be more than a caregiver can handle in the home setting. The Inpatient stay may be used to stabilize the symptoms so the patient may return home.
- There is a need for close monitoring of medication or dosage changes by skilled nurses.
- Transition from the hospital to home to stabilize symptoms and/or teach the caregiver how to care for the patient in the home setting.
- To provide respite for home hospice patients when the caregiver needs a break from 24 hour care giving or has family business or emergencies that prevent the family from providing care. This respite care is available for up to five (5) days.

Hospice Quality Care Inpatient Center is a short term stay facility with stays usually averaging 5-7 days. Planning and assistance will be provided to the patient and family when care in the Inpatient Center is no longer appropriate. Continued hospice care can be provided in the patient's home or long term care facility.

## Perfect Attendance Awards 2011-2012

**One Year:**

Pam Duggan  
Jim Galambos

**Two Years:**

Sammie Turek

**Three Years:**

Art Bode  
Mike Harlow

**Five Years:**

Donna Groves

**Six Years:**

Joe Groves

**Nine Years:**

Mike Turek



## Rotary News from Around the Globe—see what other clubs are doing for the good of Rotary

Rotary clubs around the globe have many things in common, including a commitment to service. All year long, clubs are taking action to make a difference in their communities. Here's a roundup of recent club activities worldwide:

**Canada:** The 87th annual International Goodwill Meeting was held in Winnipeg, Man., in February, commemorating the founding of the Rotary Club of Winnipeg, the first club outside the United States. The event drew 125 Canadian and U.S. Rotarians, who celebrated the international connections within Rotary. Seven Winnipeg-area clubs hosted the gathering.

**Czech Republic:** To raise funds for playground renovations at a speech-therapy kindergarten, the Rotaract Club of Ostrava hosted a rock music marathon in November. Club members worked with one of the city's most popular music venues, Fabric Club, and four local bands to organize the event for 200 people, who paid US\$14-18 for tickets. The Rotaractors also volunteered to work on the playground, which is designed to help the children develop their motor and cognitive skills.

**Guatemala:** Members of the Rotary clubs of Stratford, Woodstock, and Woodstock-Oxford, Ont., Canada, set up eight temporary clinics in mountain communities around the city of Quetzaltenango, providing care to 1,200 people over two weeks in November. In addition to medical and dental treatment, 23 health care professionals – including two doctors, a dentist, a pharmacist, a physiotherapist, and several nurses – provided lessons on personal health and hygiene and distributed reading glasses, toothbrushes, and toothpaste. Some of the nurses were volunteers from CarePartners, an Ontario-based nursing services provider. The Stratford club purchased medications, and Medical Equipment and Supplies Abroad, a project of District 6600 (Ohio, USA), donated dental and medical equipment.

**Lebanon:** The Rotary Club of Beirut-Cedars created its own online daily paper last year through Paper.li, a publishing service. The publication pulls news from the Web and the club's Twitter and Facebook feeds, focusing on subjects related to Rotary, peace, polio, and other humanitarian topics. Links to the paper and top stories are posted on Twitter to increase publicity for the club; go to <http://twitter.com/rcbeirutcedars>.

**Mongolia:** A 100-acre orchard planted in 2006 has grown to more than 1,200 acres and is now Mongolia's largest. Korean and Mongolian Rotarians planted five windbreak forests, one of which included the orchard, to help avert damage from Gobi sandstorms, which can affect Korea and other distant areas. The initiative, called Keep Mongolia Green, has received funding from Rotarians, Rotary Foundation Matching Grants, and the Mongolian government. The government also subsidizes a nearby juice factory to process the fruit from the orchard, and an agricultural cooperative provides jobs for local people.

**New Zealand:** The Rotary Club of Ashburton Plains harvested a record amount of gourmet potatoes last year for its annual Christmas fundraiser. The 2,884 bags, each weighing nearly 9 pounds, sold for NZ\$10 each, and the effort netted over \$27,000. The money supports club projects and scholarships, Rotary Youth Leadership Awards events, and the Ashburton Rowing Club, which works with the Rotarians to dig up the spuds. For the 2011 holiday season, the club also donated 164 bags to local food banks.

**Rwanda:** Women and children in the village of Binunga once had to hike down a mountain for water, then haul it back up by hand. Because of a Rotary Foundation Matching Grant project sponsored by the Rotary clubs of Forest Hills, Pa., USA, and Kigali-Virunga, solar-powered pumps now send 8,800 gallons of water to the village from a spring-fed reservoir every day. The project also benefits the Urukundo Home for Children, a school and orphanage in the village that houses 46 young people.

**USA:** To celebrate 100 years of Rotary in Florida, the state's first club, the Rotary Club of Jacksonville, and District 6970 raised funds for a mobile health bus that will visit schools, churches, community centers, and shopping areas to provide screenings, inoculations, and basic care to local children and families. Kalyan Banerjee, 2011-12 RI president, and his wife, Binota, were on hand to dedicate the bus in February.

# Rotary International News and Activities

## Rotarian Action Group expands maternal health project in Nigeria

In Nigeria, one out of every 18 women dies as a result of childbirth. The country has the second-highest maternal mortality rate in the world.

That's why the [Rotarian Action Group for Population Growth and Sustainable Development](#) targeted the northern Nigerian states of Kaduna and Kano with a pilot program aimed at reducing maternal mortality by preventing and treating obstetric fistula, a serious birth injury. From 2005 until 2010, the project, partly supported by a grant from The Rotary Foundation, reduced maternal death by 60 percent in participating hospitals, reached 1 million women of childbearing age, and repaired obstetric fistulas for 1,500 Nigerian women.

"We have to empower women, and women cannot be empowered if they can't make their own choices in antenatal care and child spacing," says Dr. Robert Zinser, CEO of the Rotarian Action Group for Population Growth and Sustainable Development and member of the Rotary Club of Ludwigshafen-Rheinschanze, Germany.

Zinser has been to Nigeria nearly 20 times to work on maternal and child health projects, including the northern Nigeria pilot focused on the prevention and treatment of fistulas. An obstetric fistula is a birth injury that can cause stillbirth and, in the mother, chronic incontinence, infection, nerve damage, or death. The primary cause is labor that goes on for too long, often for days. Because 70 percent of Nigerian women deliver at home, often without access to proper medical care, long labors that would be prevented in the developed world are more common.

According to the World Health Organization, "prevention is the key," Zinser says. "We insisted on a comprehensive approach of better antenatal care" that includes training, equipment, quality, hygiene, and benchmarking.

The project also included surgery to repair damage from fistula. Many women with the injury don't know it can be repaired, so Rotarians created a series of radio programs that explained the condition, its causes, and the available treatment.

"People listened, and village women found out their fistulas could be repaired at the Rotary center. We repaired 1,500 fistulas, 500 more than our goal," Zinser says.

The action group is now preparing to replicate the project in the states of Abuja and Onoda, with plans to eventually establish the model in other central and southern Nigeria states.

Zinser is adamant that the project can be implemented in other areas with high maternal mortality. "We must save the mothers so that the mothers can save the world," he says.

The action group has a team of medical experts available to help clubs propose and implement projects in the area of maternal health. To learn more about this or how to start a project like the Nigeria pilot, visit [maternal-health.org](http://maternal-health.org). Watch "[The Edge of Joy](#)," a documentary that follows doctors, midwives, and families inside a maternity ward in Kano. Read about other maternal health projects on the [Rotary Voices](#) blog.

[Watch "Doing Good: Intro,"](#) a video about how your contributions to The Rotary Foundation support programs like these.



## Growing Membership in our District



There is no question that clubs must focus on membership. Without new members, Rotary dies. However, many clubs simply focus on the *number* of members, and not the *quality* of members they recruit. As Rotarians have been told for many years, there is a big difference between a **MEMBER** of a Rotary Club and being a **ROTARIAN**! As was pointed out in the recent District Membership Seminar, Rotary education is a key factor in retaining members and growing our clubs. If individuals know what is expected of them before they join, they are more likely to stay in the club and participate. If current members know better ways to recruit members and know about the amazing things Rotarians in the world are doing, they are more likely to want to share Rotary with their friends and business associates. Most clubs participating in the Membership Seminar did not have a prospective member education program. Sadly, most also did not have a new member education or a continuing member education program, such as a Rotary minute. Such programs are crucial to the growth and success of your club.

There are many resources available through the Rotary website to provide you and your club with continuing education. One of the simplest ways to share some Rotary knowledge is with *The ABCs of Rotary* [SKU 363]. It is a book written by Past RI President Cliff Dochterman full of short “factoids” about Rotary and its history. Your club can use this book and assign a member to weekly read one of these factoids as your club’s “Rotary Minute.” There are many other resources available. I, for one, like to try and make the education fun! So, I have developed Rotary baseball, which is a fun game involving Rotary trivia and rules that are repeated often throughout the game, thus instilling the education. A shortened version of Rotary baseball can be part of a club meeting or a complete game can be a fun evening social event. I’m even willing to come to you and present it!

It has been my experience that the key to a successful club membership program can best be summed up by the letters E-I-E-I-O (Just think of *Old MacDonald had a Farm!*). The first “E” is “Educate.” When you invite someone to come to Rotary with you, you have to tell them about Rotary. Each of us should have a short, one or two minute “blurb” explaining what Rotary is about. The first “I” is “Impress.” This takes a club effort. A prospective member needs to be impressed by your club! That includes the meeting place, the meeting food and drink, the program and your activities. If they are not impressed, why would they join? The second “E” is to “Explain.” Explain to the prospective member what will be expected of him or her. This explanation needs to include the financial obligations, attendance requirements, and service participation. If they can’t meet those expectations, then they shouldn’t join. The next “I” is to “Induct.” Make the new member’s induction ceremony something to remember! Finally, the “O” is to “Orient” your new member. Get them involved in an area of the club where they can do the most good. If they are a landscape contractor, don’t make them the club’s bulletin editor! If they are quiet and shy, don’t put them in front of the group the first week! Of course, the only way you might know these things about the person is by getting to know that prospective member. That is why I encourage all clubs to require prospective members to (a) visit your club meeting at least three times; (b) participate in a club service project before joining; and (c) attend a club social function. If you will do this, your new member will better understand Rotary, and you will be better acquainted with that new member.

Rotary has focused on RECRUITMENT for quite some time. However, if we can do a better job with RETENTION of members, we won’t need to do as much recruitment and, if continue our great job of recruiting, we will grow our clubs.

Let’s make membership count this year.

PDG Marty “Marty” Postic, Jr.

2012-13 District 5750 Membership Chair

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You can read more of Marty’s membership ideas in his blog at [www.rotarymembershiprevival.wordpress.com](http://www.rotarymembershiprevival.wordpress.com)

## Rotary JEOPARDY—*test your knowledge about Rotary*

This Rotary President first was a newspaper Reporter in Denver. Who was...?

1. Frank J. Devlyn?
2. Wilfrid J. Wilkinson?
3. Glenn E. Estess, Sr.?
4. Paul P. Harris?

Answer: 4

February 23, 1905. What was...?

1. The Charter Night Dinner for Rotary Club of Chicago?
2. Paul Harris' Birthday?
3. The Night four men decided to start an organization in Chicago?
4. The First Regular meeting of Rotary Club in Chicago?

Answer: 3

A 1900 walk after dinner by Paul Harris. What was...?

1. The day Paul Harris' grandfather died?
2. The inspiration for Rotary?
3. Paul's cure for irregularity?
4. A desperate attempt to find legal work?

Answer: 2

Cowboy, Desk Clerk, Marble Salesman, Actor, Merchant Seaman, Fruit Picker. What were...?

1. The fifth through the tenth members of the first Rotary Club?
2. Classifications not included until after the convention of 1922?
3. Paul Harris' jobs between 1891 and 1896?
4. Occupations not thought to be good material for Rotary members?

Answer: 3

This famous Rotarian was expelled from a university. Who was...?

1. Paul Harris?
2. Chesley R. Perry?
3. Arch Klumph?
4. Herb Taylor?

Answer: 1

Ann Brunier and Ann Gundaker. Who were the first...?

1. Women members of Rotary International?
2. Women Presidents of Rotary Clubs?
3. "Rotaryanns"?
4. Woman District Governors?

Answer: 3

## Just to make you laugh...

What do Eskimos get from sitting on the ice too long? *Poloroid's*

What kind of music do chiropractors listen to? *HIP-POP*

Why did the cookie cry? *Because his mother was a wafer so long!*

Did you hear about the fire at the circus? *It was IN TENTS!*

Why didn't the melons get married? *Because they cantaloupe!*

What do you call a man with no arms and no legs in a pool? *Bob.*

What did the cobbler say when a cat wandered into his shop? *Shoe!*

What did the big bucket say to the little bucket? *You look a little pail!*

What happens to Pastors who eat chili dogs? *They sit in their own pew*

What do calendars eat? *Dates*

What did the monkey say when he caught his tail in the revolving door? *It won't be long now*

What do you call a bear with no teeth? *A gummy bear.*

Why did the elephants get kicked out of the public pool? *THEY KEPT DROPPING THEIR TRUNKS!*

Why shouldn't you write with a broken pencil? *BECAUSE IT'S POINTLESS!*

