



THE PASSION

THE ROTARY CLUB OF KAMPALA CENTRAL



The Rotary Club of Kampala Central has donated Medical Equipment and Drugs to Freda Carr Ngora Hospital worth UGX 73,604,741. This is a COVID -19 intervention intended to help the Hospital in managing any COVID-19 cases and eventualities that may arise from the outbreak and also help them to maintain the Standard Operating Procedures (SOPs) as guided by the Ministry of Health.

The Object of Rotary

THE OBJECT of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster.

FIRST The development and acquaintance as an opportunity for service.

SECOND High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarians occupations as an opportunity to serve society.

THIRD The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The 4 -way Test

OF THE THINGS we think, say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all the concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

The Grace

For what we have received and are about to receive, may the good Lord make us truly thankful and ever mindful of the needs of others. Amen.

Message from the RI President, 2020/ 2021

September 2020

Holger Knaack
President, Rotary International,
2020/2021



Rotary youth exchange — one of the many programs for youths and young adults that we celebrate this month — was my path into true engagement in Rotary. My wife, Susanne, and I began hosting exchange students soon after I joined, and the experience helped me go from simply being a member of my Rotary club to being a true Rotarian. Now Rotary Youth Exchange is a family tradition, and a strong one: Over the past 24 years, we have hosted 43 students!

From the start, we loved it so much that, in addition to hosting students in our home, we became involved with the program by helping to organize student summer camps. During one such camp, I met Christine Lichtin, who was a German high school student at the time and whose father is a past president of my Rotary club. To try something new during this year of embracing change, I am turning this space, normally reserved for the president of Rotary, over to Christine so she can share her story.

My first contact with Rotaract was about 13 years ago, when I was with Susanne and Holger at a barbecue for the summer youth camp. Holger turned to me and said: "Why don't you visit a Rotaract club? You'll meet a lot of great young people who come together to have fun and to make a difference."

A few years later, when I was at Trier University, his words came back to me and I decided to give it a try. That was more than eight years ago, and I'm still at it. Once you are in Rotaract, you just don't want to get out. Rotaract has accompanied me everywhere, starting with the Trier club and then on to a club in Bologna, Italy, during the year I studied there. When I was in Kiel for my master's degree, I got

involved with Rotaract there before landing at the Rotaract Club of Hamburg-Alstertal as I began my career. Each of those clubs has its own identity and focus, but all have the same intrinsic motivation.

I am now taking on a senior advisory role in my Rotaract club, which I really enjoy. I carry Rotaract in my heart, and it shapes my values, even as my interests evolve. One day, as if she had sensed this evolution, Susanne knocked on my door, wanting to introduce me to a young, modern Rotary club located between Hamburg and Mölln, my hometown. The E-Club of Hamburg-Connect, which Susanne helped charter, holds e-meetings, all of them very relaxed and personal. With members of different ages, everything just seemed to fit, so I thought, why not try it out? After all, time is precious and should be filled with fun whenever possible; the rest happens by itself.

Now I am in both worlds — a proud member of Rotaract and a Rotarian. And my small personal goal is to build a bridge between these two parallel worlds. All of us have very similar reasons for being part of the Rotary family.

It took some persistence to persuade Christine to become a member of Rotary, but it was well worth the effort. It is our duty to put in this kind of effort with youth program participants and Rotaractors so we can keep them in the family of Rotary. I hope you were inspired by her story. It's up to each of us to ensure that more young people like Christine can experience the many ways Rotary Opens Opportunities for us and for the people we serve.

Message from the District Governor, 9211

September 2020

Rosetti Nabbumba Nayenga
District Governor, 2020/2021



My family of Rotary,

Paul Harris said: "If Rotary is to realise its proper destiny, it must be evolutionary at all times, revolutionary on occasion." And how so right!! Just a few days ago – we had an incredibly successful virtual run - the first in the history of the Rotary Cancer Run. Who would have guessed that at a moment like this, the Cancer Run would evolve into a global event? Congratulations to the Cancer Run 2020 team for a job well done.

Thank you for showing the world that in Rotary service, even a pandemic is not the limit! Talking of evolution, September is the month Rotary has designated for Basic Education and Literacy, precisely because of its transformative nature. As Rotarians we envision a world where all children have access to education, the opportunity to realise their full potential, and to pursue their dreams. And I am so proud of the contributions that Rotarians have made over the years through the construction of classrooms, provision of scholastic materials, scholarships and mentorship programmes i.e. Rotary Youth Leadership Awards (RYLA), and Youth Exchange.

Despite the progress we have registered, the disruption and lock down of schools for the last six months has exposed the inadequacy of our traditional education system. Many of the children in this part of the world remain locked out of both the physical and virtual classrooms; and many are ROSETTI NABBUMBA

NAYENGA in danger of dropping out of school completely. And we know that without education, these children will be at great disadvantage for the rest of their lives. Therefore, as part of our "evolutionary approach" – what should we in Rotary do differently? The COVID-19 pandemic has given us an opportunity to rethink how education should look like for Generation Z and Alpha who are growing up in a world where technology rules.

The challenge and the task before us is obvious i.e. to provide an education that prepares our young learners for what the future might hold. And this may entail supporting our communities and schools to incrementally 'leap' into the digital space. However, as we also know, education should not be limited to the classroom or reduced to the ability to read and write.

The world is changing and so are the skill sets required. A World Economic Forum report published recently, argued that 65% of primary-school children today will be working in job types that do not exist yet. What we know though is that the successful youth will be those with the ability to connect effectively, interpret, and discern the complexities of the world in which we live. Our support to basic education and literacy should expand to include those "soft skills" (communication, collaboration, creativity,

resilience and adaptability) that employers are looking for; and that our youth will require to navigate the ever changing environment. And in this regard, I would like to commend the team behind the recently launched Rotary Roses programme, which will among other things, focus on the mentorship of young women leaders.

So as we go through the month of September, let us challenge ourselves and share best practices that will enhance the relevance and impact of our interventions in basic education and literacy.

I continue to appeal you to stay home if possible, wash your hands regularly, wear a face mask in public, practice social distancing as per the COVID-19 guidelines, exercise regularly and eat healthy foods. Stay safe and let's grow Rotary.

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Message from the Club President 2020/ 2021

Sheila Naturinda
President, RC Kampala Central,
2020/2021



GRATITUDE- Our Cup Runneth Over.

Dear Rotarians and Friends, the month of August has ended. And for this month, Our cup overflows with gratitude. It has been a Membership & Extension Month. While as a club we didn't open doors to new members, we retained our membership at 53 and increased the percentage of participation in meetings and activities- I am grateful.

Some of our former members have indicated their willingness to return and this would be an honour to grow to 60. Do we remember the target we set when we came to office? We promised to grow the club from the 49 members to 60. This we still have hope it will be done, so please continue inviting as many friends and acquaintances as possible for eventual membership.

The Month has been so involving. All things have been organised well and implemented successfully and this also adds on to our cup of gratitude and grace to you all members and also specific members who took on the activities with cheer and joy.

While we are still struggling to come to terms with the Covid19 pandemic, and as a people of action, the hand of love that has been extended to Freda Car Ngora Hospital of donating medical equipment worth 73M (part of the GG funds) was refreshing.

The kind words from the hospital admin, from the district leaders, and the best wishes from all those women and children in the wards are what shall keep us going.

I want to pay tribute to the team that has successfully led the Mission green inaugural tree planting at St Josephs Seminary Nyenga (details of it in the magazine). The blessings received from the

Rev Fathers is immeasurable. Kudos to Rotarians Marion Muyobo, Barbara Mbabazi and Francis Wangyi. Those who participated; Rotarians Emmy Kwesiga, Julian Kaganzi, Susan Katono, Olivia Nanyonjo, Dr Betty Nsangi, Dr Simon Otim, John Tumusiime, and Stephen Kateregga plus our ROCK members, you make being a president of this club a walk over. Even after the successful planting, our Euro4Euro Support to the Environment drive is still ongoing, so let us not celebrate soon for our target is to raise 5,000 trees this year, each tree costing 5000 Uganda shillings.

In this spirit we celebrate the fire brand behind the drive, our Board Advisor, Rotarian Christine Nantongo, we celebrate all of us who have contributed in one way or the other and in particular celebrate Total Foundation for their seed contribution, NDA for their addition, Emburara Safaris for more. We still want to pop champagne, so let us have all agencies that support the environment on board. Tell them to us, we shall reach them.

Welcome back from the virtual cancer run. You will say it wasn't as exciting because you didn't occupy the streets of Kampala. But the cause remains the same, and this we celebrate. Those who didn't participate, it isn't late for you can still contribute to the cause. The African Region was Certified Wild Polio-Free and for the invaluable role and hard work by all of you to eliminate it, Bless you I now welcome you to September, The Education and Literacy Month.

Remember:
Thou shall not Covid Thy Neighbour
#Wear Your Mask.

Statement from the President on the Ngora Hospital Covid-19 response.



While our home is at Hotel Africana in the center of Kampala, and you are located 248kms away in the Eastern part of this country, we, the Rotarians of Kampala Central have you at heart. We have been here before and we know your challenges as a medical facility struggling to endeavor everyone is served.

When we first visited, almost 4 years ago, we knew you were struggling. You had enormous challenges especially in the area of maternal and child health. We offered to be your friends and came established ourselves here.

Maternal and Child Health is one of the 7 areas of focus where Rotary helps to protect and promote the health of a mother and the new born child. In Uganda, even though high-impact interventions are available, they are not reaching all of the women and newborns who need them especially those in rural districts.

After our intervention, this is now different for the mothers and babies in

Ngora District. The project intervention by the Rotary Club of Kampala Central was **worth One Hundred and Ninety-Two Thousand United States Dollars (USD192,000).**

The Rotary Global grant involved the Refurbishment of the dilapidated structures that housed the Maternity Ward and Operating Theatre at the Hospital, provision of a 15,000-liter water tank to supply water to the Maternity Ward and Operating Theatre and reconstruction of the walkway between the Operating Theatre and Maternity Ward.

<https://portal.clubrunner.ca/5572/PhotoAlbums/commissioning-the-freda-carr-ngora-hospital> (see link of commissioning in pictures)

It also included provision of the following equipment to the facilities:

Delivery Beds, Examination Coaches, Oxygen Concentrators, Baby Incubators, Autoclaves, Operating Theatre Table (hydraulically adjusted), Operating Lamp Ceiling Type,

Mobile Operating Lamp with Rechargeable Batteries (for emergency cases in case there is no power). Dressing Trolley, Pulse oximeter hand held, vacuum extractor, Sterilizer drums, Stretcher portable and a Manual vacuum aspiration set.

We have since noted that the project has already registered outcomes, with the facility finally attracting 4 new staff; a gynecologist, a midwife and two medical officers, all attracted by the facelift of the facility because they see hope in the facility.

The project also had a component of emergency obstetric and neonatal training for the local nurses and midwives and a Vocational Training Team (VTT) from the United Kingdom was scheduled to visit six times over a period of three years. Out of the six times, three visits were accomplished, in October 2017, October 2018 and November 2019, and over 300 nurses and midwives trained.

However, as fate would have it, the COVID-19 pandemic struck in January 2020 and everything came to a standstill. The VTTs could not travel as airlines were grounded and travel restrictions imposed by countries all over the world.

The Rotary club of Kampala Central and their international partners then thought it wise that instead of the VTTs, they convert the funds and make a COVID-19 intervention by providing medical equipment and drugs to help Ngora Freda Carr Hospital in managing any cases and eventualities that may arise from the outbreak and also helping them to ensure that they maintain the Standard Operating Procedures (SOPs) as instructed by the Ministry of Health as they provide health services to the community.

To this effect, the club is responding to this COVID-19 pandemic by donating equipment and drugs worth **UGX 73,604,741 (Uganda shillings seventy**

three millions six hundred and four thousand seven hundred forty one) to the hospital.

As a club, we hope this will go a long way to help the hospital in managing the conditions that have arisen out of this pandemic and keep the people of Ngora especially the mothers and children safe from COVID-19. The club has designed another grant and with your prayers when its approved, we shall return and rehabilitate the remaining part of the hospital, and also reconstruct 2 staff houses, provision of water and electricity among other interventions.

We wish you well. Remember to stay safe, keep your mask on whenever in public, wash your hands with water and soap at all times and God bless you.

About Ngora:

A rural Private Not for Profit Hospital, Ngora Freda Carr Hospital was founded in 1922 as a small medical mission with a donation from a one Mr. Ernest Carr in memory of his daughter Freda who had died in East Africa. Today, 97 years later, Freda Carr Ngora Hospital provides care to a population of more than 150,000 people directly and up to 250,000 people indirectly annually.



HANDOVER OF EQUIPMENT TO FREDA CARR NGORA HOSPITAL BY RC KAMPALA CENTRAL



THE EURO4EURO TREE GROWING DRIVE INAUGURAL PLANTING SUCCESSFULLY CONDUCTED

The Euro for Euro campaign is a Rotary Club of Kampala Central drive to raise resources to fulfill Rotary's 7th Area of Focus. After the club received 3000 Euros from the Total Foundation, the club intentionally organized to create immense visibility on the Mission green activities by matching the Euro4Euro. The drive, a fundraiser has a target to raise 5000 trees and each of the tree costing 5000 Uganda shillings.

Because of existing partnerships with the Nyenga Seminary Community, and coupled with the mobilization by the Nyenga Subcounty Kingdom officials, the club managed to plant on half of an acre, close to 260 fruit trees and medicinal trees. The trees planted were; mangoes, citrus, starfruit, prunus Africana, moringa, gravella and giant lira trees.

To manage sustainability, a community-based approach was adopted whereby the community was first sensitized, ownership attained then the tree planting undertaken. The club has had trees planted in St Joseph's Seminary Nyenga from way back in time, and the club during the inaugural planting, also visited the previously planted trees to access the growth rate. The monitoring was evident that there had been an 80% As part of its corporate social responsibility, the Total Foundation encompasses citizenship initiatives carried out every day around the world at Total sites, affiliates and corporate foundations. In keeping with Total's history, businesses and values, it is based on the following four priority areas:

Road Safety, Forests and Climate, Youth Inclusion and Education, Cultural Dialogue and Heritage. Through its employee initiative You Act We Help (YAWH) run by the Foundation an employee in Uganda who is a member of the club was able to submit a proposal to the Foundation and get funding for the club's tree planting initiatives.



Rotary
Kampala Central



Rotary Opens
Opportunities

ROTARY CLUB OF KAMPALA CENTRAL

THE EURO4EURO SAVE THE ENVIRONMENT DRIVE

1. What is the Euro4Euro save the environment drive about?

Rotary International has approved Supporting the Environment as its 7th Area of Focus. The Rotary Club of Kampala- also called the Green Club has decided to make it intentional and take lead in giving visibility to this focus area, raising the profile of the Mission Green contributions and securing support and partnerships from inside and outside of Rotary. The other Areas of Focus are; Peace and conflict prevention/resolution, Disease prevention and treatment, Water and sanitation, Maternal and child health, Basic education and literacy and Economic and community development.

TOTAL FOUNDATION has supported the Club with 3000 Euros towards the planned Mission Green activities (tree planting). The club is grateful to this seed contribution and therefore has planned to match it hence a Euro 4 Euro campaign. The club targets to raise 5000 trees and each tree costing Uganda Shillings 5000.

3. How do we contribute to the environment drive?

The club is receiving all collections through our club treasurer's mobile money lines MTN- 0782010631 and Airtel- 0700110235, both in the name of **Aaron Ssemakula**. The club also accepts substantial contributions of cash deposits and cheques from anyone around the world, and that they should be paid into the club accounts; USD- **3718000003 Centenary Bank & UgX – 3715600002 Centenary Bank** registered as The Rotary Club of Kampala Central.

4. What type of trees do you plant?

There are a variety of species that will be planted and these include fruits such as Mango, Guava, Jack Fruit, and indigenous trees such as Mvule, and some other species that include Eucalyptus, Gravella, Prunus Africana, Mituba, Giant Lira Tree.

5. Who will ensure that they grow given a lot of tree planting going on but the seedlings die?

A community-based approach has been adopted whereby the community is first sensitized, ownership attained then the tree planting is undertaken. The club will then work closely with the community and other partners to make sure that the trees grow by supporting weeding, watering, pest control etc. In order to do this, the club would like to raise funds to support its goal to increase the number of trees it wants to grow.

6. Will you be able to match the 3000 Euro by asking people to match?

We are asking every Rotarian wherever they are not only in this club to give a minimum of a Euro. The campaign has put a Euro at Uganda Shs,5000. In addition, we have friends of rotary including corporate institutions to whom we are appealing to support us with this noble cause that will remain for generations and support to do our part to save the environment.

About Rotary Club of Kampala Central

Rotary Club of Kampala Central was chartered on 13th July, 1993 with 39 charter members. The club currently has 52 active and one honorary member and the club meets at Hotel Africana Every Wednesday 6pm- 7pm. All information about the club is available on (<https://www.clubrunner.ca/kampalacentral/>) (<https://www.facebook.com/RotaryKampalaCentral/>) (Twitter: @CentralRotary)

About Total Foundation

The Total Foundation program encompasses citizenship initiatives carried out every day by our sites, affiliates and corporate foundation. In keeping with our history, our businesses and our values, it is based on the following four priority areas: Road Safety, Forests and Climate, Youth Inclusion and Education, Cultural Dialogue and Heritage.

Partners



WHEN LIFE GIVES YOU LEMONS MAKE LEMONADE

19-year-old AnnPearl

DENMARK

On 6th of March 2020, I set off from Uganda with many expectations and imaginations of what kind of experience I shall have in the great kingdom of Denmark. I arrived on the 7th of March in Aalborg which was the city I was to live in, with a beautiful couple Rtn. Poul and Birgit who welcomed me into their lovely home. The very first shocking thing for me when I arrived was that the temperature was close to the freezing point of water, it was 4 degrees that day and such a temperature was one that I had only read in the pages of my science books in primary school. Although it was quite frightening to think of how I would breathe cold air for three months I brushed it off and decided to get used to it and utilize the warm hugs that came round every morning. The next Monday I was admitted into Hasseris Gymnasium School where I was to learn and explore the education systems and learning arrangements of the school.

All was well until on my third day of school when the Prime Minister of Denmark declared the lockdown of the country along with restrictive and protective measures to be followed by the entire population. This was really a shock for me because for starters, I had never been in such a crisis, much less so far away from home. But I wasn't alone and my circumstances and upcoming challenges were not unheard of since

there were many other exchange students who were in various countries also in the same situation. Many phone calls from worried and frightened parents were received by Rotarian Poul who is the Rotary Youth Exchange Chairperson. This lockdown of closure of business centres, working spaces, malls, recreational centres and borders worldwide led to cancellation of the programme and agenda that was prepared for me and other students worldwide as well. This really made me think **what next.**



I lived with Poul and Birgit for one and half months and during that time, despite the uncontrollable circumstances of the lockdown they equipped me with little walks with dogs, movie nights, and I also got the chance to meet their families and see the lifestyle of a traditional Danish family. I also had some Danish lessons with Birgit and today I cannot exactly speak but I can say I have a good listening ear for the language.

In mid April, I was moved to another lovely family of four who let me stay until I was able to return to Uganda, eventually.



The lockdown was eased at the beginning of May and this allowed me to start on a few adventures and little road trips which were organized by Rotarian Hans and Rikke, my host parents. Together we made a little schedule of all the places I had to see in Denmark before I left. Although some of them were closed by that time and I was supposed to return home on the 1st of June, we still had hope that the country would fully open up and luckily I stayed for an extra six weeks which was quite sad but I was glad that I was given some more time to see all I had to see and experience because the lockdown was lifted by the end of May and everything started to run smoothly again. We visited many museums, restaurants, beaches, forest parks and other cities, and I have to say I was absolutely satisfied by all I had seen and experienced in Denmark! Surely, I would love to re-live many of those lovely days and moments I shared with my two host families and other people who I met during my exchange programme. I also got the chance to attend two Rotary meetings which were not virtual but physical at the Rotary club of Aalborg where I also exchanged the club banners from the Rotary Club of Kampala Central and received the Aalborg banner.



My social and cultural experience was an amazing one that was characterized by beautiful people, amazing food, lots of happy days regardless of the whole corona virus pandemic.

For this reason I would like to appreciate everyone who took part in making this dream a reality for me and most importantly the Lord almighty for getting me through everyday and bringing me back home safely and in perfect condition.

This youth exchange programme taught me a lot during my stay from March to July and my take back home is that **when life gives you lemons make lemonade add some sugar put a colourful little umbrella and drink.**

First ever Virtual Rotary Cancer Run

Rotary held its first ever virtual cancer run on 30th August 2020 due to COVID-19 social distancing guidelines. Speaker of Parliament, Rt. Hon Rebecca Alitwala Kadaga, Buganda Kingdom Katikiro Owek. Charles Peter Mayiga and kick boxer Moses Golola were some of the high profile personalities who graced this run. Hon. Kadaga commended the Rotarians for their efforts in fighting cancer.

"The Rotary Cancer Run is one of those initiatives that very effectively demonstrate what can be achieved when the Public and the Private sector get together to address the challenges we have in our country. Cancer is not selective. Every man, woman and child has a risk factor, a risk we have to manage through our lifestyle choices and through the opportunity to test early. We are told that there are over 30,000 patients in Uganda that need cancer treatment and care and thousands more that we may not know about," Hon Kadaga noted.

She thanked Members of the 10th Parliament, Centenary Bank, Lyca Mobile, the media and all the other partners for supporting the fight against cancer. The event, which was kick started by aerobics in the morning, had the participants run from the comfort of their homes and communities while watching the proceedings on the Uganda Rotary Cancer program website, the Rotary Cancer Run and Centenary Bank online pages. It was also telecast live on BBS Terefayina.

Katikiro Charles Peter Mayiga was one of the special runners who participated from Butikiro, his residence. He urged Ugandans to continue supporting Rotary efforts in the fight against cancer.

Speaking during a post-run virtual participant engagement in Muyenga, the Past District Governor Stephen Mwanje expressed Rotary's gratitude for the awe-inspiring support from Ugandans and people from all over the world over for running virtually. He said, "Unlike other years, this year has seen us get overwhelming support from not only Uganda, but world over. We have recorded much more support from the diaspora compared to last year, attracting some of the world's greatest commendations for this Virtual Rotary Cancer Run 2020."

This year's Rotary Cancer Run attracted global endorsements from renowned athletes like Tyson Gay, Bryan Habana, and Yohan Blake whose messages emphasized the importance of exercising, staying fit and eating healthy in the fight against cancer. Among other endorsements were those from people in Canada, Egypt, Djibouti, Kenya, and Ethiopia.

"The collections being made this year are directed towards the construction of two bankers at

Nsambya Hospital that will be housing the 2 cancer testing and treatment machines Rotary hopes to import in the near future," Mwanje emphasized, adding that, "Given the impact of Cancer on our countrymen and the region, the bigger picture for Rotary is that, upon completion of the setup of the cancer testing and treatment center in Kampala, Rotary will then move to four upcountry locations where 4 other state of the art Centers would be established."

In his remarks at the post-run engagement, Fabian Kasi, the Managing Director Centenary Bank said, "Centenary Bank has been part of the Rotary Cancer Run for now nine years, contributing close to Ushs700m in the period. In spite of the limiting circumstances, as a bank, we have contributed Ushs, 100 million this year, on top of availing digital channels through which contributions were remitted this time around," he observed.

Kasi added that, in as much as this year's run has come to an end, various stakeholders and Rotarians are encouraged to continue in the spirit of contributing and offering support to the construction of the bankers. "We must acknowledge that the fight against cancer is not over, and very many people still require help to fight this disease. I therefore appeal to everyone here not to grow weary in this fight against cancer, but to keep hope and soldier on. Let us encourage all our friends, colleagues and families to keep participating and contributing toward this good cause."

Since its initiation, the Rotary Cancer Run has attracted over 50,000 participants annually from Uganda, and the diaspora who have supported either through direct donations, charity drives, or by attending the run to raise funds to set up facilities for Cancer treatment in Uganda. The 9th edition of the annual Rotary Cancer Run was sponsored by the Parliament of Uganda, Centenary Bank, LycaMobile, Uganda Breweries, the Ministry of Foreign Affairs, and supported by BBS Terefayina, Radio One, New Vision, Rwenzori Bottling Company, and Radio Simba among others.

About Rotary Cancer Run:

The Rotary Cancer Run (RCR) started in 2012 as one of the major fundraising vehicles of the Uganda Rotary Cancer Programme. The first run was organized at Shoprite/Game Lugogo Mall. Subsequently, it moved to a more spacious venue at Kololo Ceremonial Grounds. Today, over 50 major towns in Uganda and five major cities (Mombasa, Kigali, Pretoria, Berlin, and Moscow) participate in the run on the same day and at the same time. ***The Rotary Cancer Run attracts on average 50,000 participants and many major companies.***



August Babies

Birthdays & Anniversaries

Name of Rotarian	Birthday	Wedding Anniversary
Rtn. Mubiru Brian	3 rd Aug	
Rtn. Winnie and her Andy		6 th Aug
Rtn. Ben Waira	7 th Aug	
- Rtn. Leila - Sarah Luyiga S/O Rtn. Kibombo Sandra	8 th Aug	
Denis S/O Rtn. Suuza	10 th Aug	
Manuel Muyobo S/O Rtn. Marion Muyobo	12 th Aug	
Rtn. Kabumbuli Winnie	17 th Aug	
Moris S/O Rtn. Suuza	19 th Aug	
Ian Mutenda S/O Rtn. Mutenda John	20 th Aug	
Rtn. Marion Muyobo and her Andy		21 st Aug
S Vignesh S/O Rtn. Suresh	23 rd Aug	
Malcolm S/O Rtn. Marion Muyobo	24 th Aug	
Martin Kisembo S/O Rotarian Charles Lwanga Kiiza	29 th Aug	

FEEL
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IN
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For Orders Contact: 0772 86 89 46

Rotary

Club of Kampala - Central



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Rotary Opens Opportunities