

# PASSION

November Edition

District 9213



**Rotary**  
Club of Kampala Central



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in the **WORLD**



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## Editor's Word

Rtn Farouk Mark Mukiibi

Hello Esteemed Rotarians,

Welcome to the captivating pages of the November edition of The Passion Rotary Magazine, where we embark on a journey intricately woven with the threads of service, achievement, and community impact. As the Magazine Editor, I am thrilled to present the compelling stories that illuminate the Rotary Club of Kampala Central's unwavering commitment to positive change.

Our narrative unfolded with the successful replanting of the orange orchard at Nyenga Seminary—a testament to our resilience and

dedication to sustainable projects. The remarkable progress witnessed was not just about trees but a celebration of nurturing roots for lasting impact, symbolized by the flourishing orange groves.

In the spirit of investing in future leaders, our internal fundraising initiatives took center stage. This edition illuminates our dedication to sponsoring Rotaractors to RYLA, fostering the growth of leadership that will shape the future of service.

Amidst these endeavors, we echoed the enthusiasm surrounding the 99th DISCON. The

ongoing encouragement for members to register speaks volumes about our commitment to continuous learning, connection, and the vibrant spirit of Rotary.

More still, a unique initiative also took root as we shared the Rotary Friend of the Year list. Beyond mere gift exchanges, this endeavor aimed to forge meaningful connections among our members, aligning seamlessly with the core principles of Rotary.

The TRF Dinner stood as a proud highlight of this month, where our club's representation earned us several prestigious awards. A moment of triumph as we secured the highest giving club award for End Polio Now to the Rotary Foundation, reinforcing our unwavering dedication to eradicating polio.

Finally, the spotlight turned to the future as our club assembly unveiled the Rotary board for 24/25. This introduction marked a pivotal moment as we welcomed a team poised to lead us toward greater heights of service and impact.

As you immerse yourselves in the pages of this edition, I hope the stories resonate and inspire you. Happy Reading!

Yours In Service

**Rtn Farouk Mark Mukiibi**  
**Editor-in-Chief, Passion Magazine**  
**Rotary Club of Kampala Central**

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## RI President's Message

Gordon R. McNally

Next year, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region when recruitment begins for our newest peace center in partnership with Bahçe ehir University (BAU) in Istanbul.

A series of events in the coming year will recognize the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace

fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped Create Hope in the World and will continue to do so.

For example, Jennifer Montgomery and Goret Komurembe — peace fellows from the program at Makerere University in Uganda — are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing

them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift

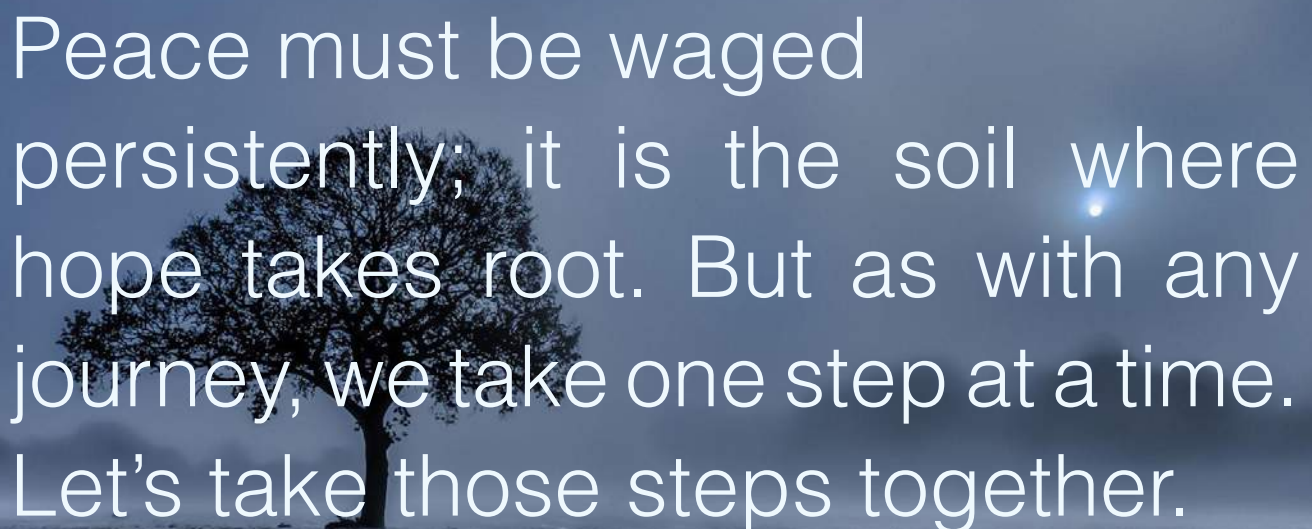
of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.



R. Gordon R. McNally  
President 2023-24



Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.



## DG's Message

Edward Kakembo Nsubuga,  
Governor 2023-24

*Dear Fellow Rotarians,*

Our first quarter is done!! And what a success it has been. Thank you so much people of action for impacting communities working within the 7 Areas of Focus.

As we reflect upon the past quarter, I am filled with immense pride and gratitude for the remarkable accomplishments of our district. Each of you has contributed to the tapestry of success that now graces our Rotary journey. It is with great pleasure that I share the news of our district's outstanding performance at the Rotary Zone Institute in Lusaka, Zambia. Our collective efforts were honoured with numerous awards, a testament to the dedication and hard work of our

Rotarians especially during the year that preceded us.

We therefore pay tribute to our Amazing Governor Hon Dr Mike Kennedy Ssebalu and the whole team, for doing amazing things in amazing ways, that resulted into amazing awards. That our membership growth on the African continent emerged as number 1 and in Foundation giving, we emerged number 3 is no mean feat. Thank you, DG Mike. The awards we garnered at the Institute serve as a beacon of our district's commitment to excellence. They are a testament to the impact we are making in our communities and beyond. These accolades belong to each and every one of you, for it is your unwavering dedication that has propelled our district to new heights. During my visits to various clubs, I have witnessed firsthand the incredible work being done. From life-changing projects to



initiatives that address the most pressing issues of our time, our clubs are beacons of hope and agents of positive change.

Your tireless efforts in areas ranging from environmental conservation, to education and literacy, to community empowerment, the boy child empowerment, are nothing short of inspiring.

This month, our focus on education and literacy has yielded exceptional results. Through mentorship programs, and innovative educational projects, we are sowing the seeds of knowledge and empowerment.

The impact of these endeavours will be felt for generations to come, shaping a brighter future for our communities.

Now, as we step into October, a month dedicated to economic and community empowerment, I am filled with anticipation.

Together, we will harness our collective strength to uplift communities, foster entrepreneurship, and drive sustainable economic growth. Let us continue to be the catalysts for positive change, igniting a fire of progress that burns brightly in the hearts of those we serve. Friends, whenever people do good, they should sit together and toast to the

good- let us do this in April at the common wealth resort Munyonyo during our Discon- I pose the question now; have you registered? The other two celebrations of World Polio Day and the TRF Dinner of 21st November and 25th November respectively, are coming up soon. How I look forward to being with all you, and seeing you all win the great awards the team has put up. In case you have not yet known, the overall contributing club winner shall be taking to its farm a whole cow, second runners up 3 goats and the first runners up 2 goats.

And on the 3rd day of November, we shall also have the Peace Concert, 50% of whose proceeds shall be for the Peace faculty and the other half to the Annual fund; ooh the things that make Rotarians celebrate milestones- Let us meet there.

In closing, I extend my deepest gratitude to each Rotarian for your unwavering dedication and tireless efforts. Together, we are writing a story of hope, compassion, and progress. Let us march forward with purpose, knowing that our collective endeavours will continue to shape a better world for all.

*Yours in Rotary*  
*Edward Kakembo Nsubuga*  
*District Governor 9213*

The impact of these endeavours will be felt for generations to come, shaping a brighter future for our communities.



## President's Message

Francis Wangi,  
President 2023-24

With one month to go before we close the first half of this Rotary year, the Rotary club of Kampala Central and every other club indeed focuses on Disease Prevention and Treatment.

Rotary transforms communities by focusing on the seven areas of focus namely, Peace and Conflict Prevention / Resolution, Disease Prevention and Treatment, Water and Sanitation, Maternal and Child Health, Basic Education and Literacy, Economic and Community Development, as well as the Environment.

More than 2.5 billion people lack access to adequate sanitation facilities. At least 3,000 children die each day from diarrheal diseases caused by unsafe water. Our projects give communities the ability to

develop and maintain sustainable water and sanitation systems and support studies related to water and sanitation.

The Rotary Foundation enables Rotarians to ensure that people have sustainable access to water and sanitation by:

1. Providing equitable community access to safe water, improved sanitation, and hygiene
2. Strengthening the ability of communities to develop, fund and maintain sustainable water and sanitation systems
3. Supporting programs that enhance communities' awareness of the benefits of safe water, sanitation, and

hygiene

4. Supporting studies for career-minded professionals related to water and sanitation

Disease and illness result in pain and injury. Prolonged severe illness may result in loss of employment and income. It affects families. It affects quality of life.

Rotary and Rotarians are committed to

helping people to live healthy lives. Our signature project in this area is Polio Eradication.

But Polio is not the only disease or aspect of healthy living on which Rotarians have expended energies. Other areas deserve our attention as well. This is a time to refocus our efforts and renew our commitment as Rotarians to support our communities to access adequate sanitation facilities and treatment services. Happy new month.



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## Everyone is (quite likely) Pushing an Agenda

### Emmanuel Njuki

Your view will however differ depending on whether you are a journalist or a publicist.

People write for different reasons. Everyone has a different motivation.

Some want to change the world. Some want to grow their craft or career. I mean, you spent years in school studying for this.

Others are making a living. No matter the reason one writes, one will do better to understand the dynamics of the landscape. Media sets an agenda due to what is reported, how it is covered but also what isn't.

On the other side of journalism are sources or people who make the news. In their world too, what is not said is sometimes more important than what is said. In the world of a publicist, stopping a story may sometimes be more

important than getting one out.

But I was new to this world. I did not understand the dynamics. And I only had one view.

It was only later when I joined public relations that I had a full appreciation of media dynamics. Businesses constantly promote their brands and jealously guard their reputation. Some of this effort is through reportage or through advertising. But they will also fight as hard for stories that don't favor them not to run.

Let me explain.

"Journalism is printing what someone else does not want printed, everything else is public relations". George Orwell

When I started contributing to two publications; a magazine and a newspaper, I did not suffer a conflict of interest. They had different editorial policies and writing styles. I also found it quite convenient because my beat was business. And since one was monthly, I could easily cover the same event as source material for my two separate articles. Then write a 500-word article for the daily and a 1,000 article with analysis and additional sources for the magazine. It is only once that this became a problem.

While writing a telco story for the magazine, I called up this CEO for an opinion. He was happy to share his thoughts. In fact, he was so happy I had called he offered me a story tip. He alleged that one of his competitors was doing bad business and stifling his business that he had reported the issue to the regulator. So I called the regulator to verify this information and he stated, that indeed they were scheduled to meet in a few hours to resolve the issue. After the reported meeting, I called the regulator back to get some insights, but he declined asking me instead, "Why don't you call up the parties to the dispute themselves?"

This was the cue I needed to chase the story. So I called back the CEO who had given me the tip. He confirmed that the meeting had indeed taken place. He also added that there had been counter-accusations by his competitor, which when evaluated turned out false leaving them with egg on the face.

With that detail, I called up a representative of the accused company, who did not answer. So I texted him what I had and why I sought his response. What followed happened so fast I struggled to keep up. I suspect he googled my name and identified me as a newspaper reporter. He called my boss' boss and within a few minutes, my editor was on the line with an urgent summons to his office.

I rushed to the office, where I was urgently ushered into the main boss' office. With heightened anxiety, I waited for the statement of why I was thus invited.

That would come soon, but not after another witness had been invited into the office.

Then I was told my offense. It so goes that the last business representative I called up did not like the story I was pursuing and he called to allege that his competition had paid me to write a dirty story about his business! With what seemed like a disciplinary committee sitting in session, the accusing executive was dialed and phone loudspeaker enabled.

He restated his case. He went ahead to suggest that we include my first source of the story onto the same call, which was done.

This gentleman(I use the word loosely), who had given me the tip and who had confirmed the details of a meeting a few hours later denied ever speaking to me. He said that he may have spoken to me in the past, but as far as this story goes, we had not spoken at all. I was stunned and infuriated.

The conference call ended soon after and my interrogation began. I pleaded that while it is true I had called both gentlemen, plus their regulator, I had not been paid as alleged. With the denial from my first source, my defense was quite shaky in the least. So I was further asked why I was working on a story without the knowledge of my editor, a major sin in journalism circles.

"I was not pursuing the story for your publication," I clarified. "I am a freelance journalist who also reports for another publication for which I was writing the story."

"Why then were you identified as our

“Since we can’t change reality, let us change the eyes which see reality”, ***Nikos Kazantzakis.***

reporter?” came the question.

“Because I am ”, I responded. And quickly added that the complaining executive possibly knows who I am because I have covered his events in the past.

I was asked to submit my explanation in writing and in the meantime I was suspended from writing for the newspaper.

The next few weeks gave me time to reflect on what had just happened. The complaining executive was one of the highest advertisers. And he knew the kind of power he wielded even over media houses. What he had just pulled was a masterstroke to wriggle out of accountability. The story tipping CEO shared infrastructure with the company he was accusing. Although he wanted to expose the unprofessional behavior which was costing

him money, he did not want to publicly soil the relationship, so a lowly freelance reporter was sacrificed.

I was able to contribute again, after a while. What I realized from that day’s events however is that things are never what they seem and everyone is almost always driving their agenda. You must keep this at the back of your mind. And oh, always have your recorder on and ask for written and verifiable proof.

“Since we can’t change reality, let us change the eyes which see reality”, Nikos Kazantzakis.

***Emmanuel Njuki is a member of the Rotary Club of Kampala South. He’s also the Head of Legal & Corporate Affairs at Nile Breweries Ltd.***

*“Journalism is printing what someone else does not want printed, everything else is public relations”.* **George Orwell**



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# *The* Spotlight

Unveiling the Journey of a Remarkable Rotarian: *An Interview with – Rtn Sharifah Nakisozi*

In this month's Rotary Magazine, we are thrilled to bring you an exclusive interview with one of the most dynamic and committed Rotarians in our club, Rtn Sharifah Nakisozi. Join us as we delve into the extraordinary life journey of this inspiring individual, exploring their Rotary experience, family roots, cherished childhood memories, hobbies, career, personal mantra, and more.

*drives you?*

Hey there! I'm Nakisozi Sharifah Mwebe, juggling the roles of a wife, mom, and administrator at Verma & Partners in Uganda. But beyond the Rotary badge, what fuels me is witnessing the magic of small acts of kindness, seeing how they can ripple into transforming lives.

*1. Rtn Sharifah, you're a remarkable Rotarian, but beyond that, who is the person behind the Rotary badge? What's your story, and what*

*2. Share a heartwarming Rotary experience that left a lasting impression on you?*



Oh, buckle up for this one! Picture the Lukwanga medical camp – people walking miles for free medical services and scholarships. It hit me hard, you know? Made me appreciate life a whole lot more and ignited a fire for Rotary’s impactful mission.

**3. Take us back to your childhood. What were your dreams, your favorite adventures, or mischievous escapades?**

Oh, my childhood was a rollercoaster! From dreaming of becoming a TV presenter, to mimicking characters – those were the days. But as life unfolded, those dreams evolved, shaping me into the content and grateful person I am today.

**4. How did your family influence your dedication to community service through Rotary?**

Growing up in a Muslim setting, I saw Rotarians doing incredible charity work. That sparked something in me – a desire to serve, share, and uplift others. It’s family roots like these that mold us, right?

**5. Any heartwarming moments where your family actively participated in your Rotary initiatives?**

Absolutely! My family and I share proud moments, like sponsoring kids from needy families and seeing my husband’s Rotary certificates for transformative projects. It’s a team effort, and these moments are our community service milestones.

**6. Can you pinpoint a specific moment that ignited your passion for making a difference in your community?**

Going back to the influence of my Muslim community – those charity and community service moments were like sparks. They ignited the passion to make a difference that still burns brightly in me.

**7. Beyond your Rotary endeavors, what are the**

**passions and interests that ignite your spirit?**

Well, you’ve got to know, I’m all about joy and helping others. The lively, entertaining side of Rotary? That brings out the real and best in me.

**8. What’s the most captivating story you’d share about your personal experiences, showcasing the essence of who you are?**

Let me take you through storms I’ve weathered – tests of faith and patience. Resilience became my middle name. I always say, “with commitment and patience, you can even cook a stone.” It’s these challenges that shape us, right?

**9. How do you manage to keep both personal interests and Rotary commitments vibrant and fulfilling?**

Simple – love for Rotary. When you love something, you make time for it. Being organized and prioritizing help me balance my personal interests and Rotary duties without feeling like I’m cheating on life.

**10. Recount a moment where your personal hobby or interest unexpectedly became a powerful tool in one of your Rotary projects, creating a magical synergy?**

I’m all about joy and loving life, so Rotary events like bus parties, meet and greets? I come alive during those moments. Networking and entertainment, my personal sweet spot and Rotary in perfect harmony.

**11. Share an instance where your career and your Rotary values aligned perfectly, resulting in a transformative impact on your community.**

In my admin role, interacting with people and running projects, it’s like a dance that aligns seamlessly with Rotary initiatives. It’s like my career and Rotary values were destined to be dance partners.

**12. Is there a particular experience from your career that profoundly influenced your outlook on life and service?**

Absolutely! Realizing that doing things from the heart, without expecting anything in return, brings the lasting fulfillment we all crave. It's the heart and soul of true service.

**13. Share the guiding principles or mantras that have shaped your journey, both in Rotary and beyond.**

Here's a mantra close to my heart: "Only a life lived for others is a life worthwhile." It guides me through the twists and turns of my journey.

**14. Tell us about a time when your personal mantra served as a beacon of light in a storm, helping you navigate through adversity.**

Helping others is my North Star. Even in the toughest times, reminding myself of the joy that comes from it makes the storm more bearable. It's a lesson learned, and it's been more valuable than any qualification.

**15. Share a story of resilience, where you turned a regret into a valuable lesson or an opportunity for growth.**

Life's a mix of good and bad, right? I pick up lessons from every experience. No room for regrets – just growth and opportunities to become a better version of myself.

**16. What profound insights have you gained from your experiences in Rotary that have enriched your personal life?**

Rotary has been an eye-opener, showing me the preciousness of life's overlooked treasures. Those small things we take for granted? They're the real gems.

**17. Looking ahead, what are your dreams and aspirations within the Rotary Club of Kampala Central?**

Dreaming big! I want to be more engaged and active, diving deeper into community service

and other Rotary initiatives. Because, you know, knowledge and experience make us better Rotarians.

**18. share the most heartwarming or memorable interaction you've had with a community member or fellow Rotarian, a story that encapsulates the true essence of Rotary's spirit of service and friendship.**

Let's rewind to the Lukwanga medical camp. Collaborative service with fellow Rotarians created bonds beyond the event. That camaraderie and shared commitment? That's the true essence of Rotary's spirit – service and friendship, hand in hand.

**19. Picture this: you've achieved everything you've ever dreamed of in your Rotary journey. What does that ideal future look like for both you and the community you serve?**

Imagine a future where diverse Rotarians paint a brighter community canvas. It's about transcending individual achievements and creating a community masterpiece together.

**20. If you could leave our readers with one message or call to action, what would it be?**

First of all thank you for featuring me on this edition of the spotlight, it's been such an amazing interview, to the readers and fellow Rotarians, all I can say is that In the tapestry of life, every thread of connection we weave through Rotary adds vibrant color to the canvas of service. My heartfelt call to every Rotarian is this: immerse yourself in the active embrace of Rotary, unfold your story, and forge connections that transcend the ordinary. It's in these meaningful bonds that the true magic of our service unfolds, painting a masterpiece of impact, kindness, and shared humanity. Join us, not just as participants, but as architects of a better world, where the symphony of Rotary's essence plays on in the hearts of those we touch.



# How to Have a Better Relationship

.....Continued from our October Issue

## Why Couples Fight

A famous study of cardiovascular health conducted in Framingham, Mass., happened to ask its 4,000 participants what topics were most likely to cause conflict in their relationship. Women said issues involving children, housework and money created the most problems in their relationships. Men said their arguments with their spouse usually focused on sex, money and leisure time.

Even though the lists were slightly different, the reality is that men and women really care about the same issues: **money, how they spend their time away from work (housework or leisure) and balancing the demands of family life (children and sex).**

## Money

Sometimes money problems become marriage problems.

Studies show that money is consistently the most common reason for conflict in a relationship. Couples with financial problems and debt create have higher levels of stress and are less happy in their relationship.

Why does money cause conflict? Fights about money ultimately are not really about finances.

They are about a couple's values and shared goals. A person who overspends on restaurants, travel and fun stuff often wants to live in the moment and seek new adventures and change; a saver hoping to buy a house some day may most value stability, family and community. Money conflict can be a barometer for the health of your relationship and an indicator that the two of you are out of sync on some of your most fundamental values.

David Olson, professor emeritus at the University of Minnesota, studied 21,000 couples and identified five questions you can ask to find out if you are financially compatible with your partner.

1. We agree on how to spend money.
  2. I don't have any concerns about how my partner handles money.
  3. I am satisfied with our decisions about savings.
  4. Major debts are not a problem
  5. Making financial decisions is not difficult.
- Dr. Olson found that the happiest couples

were those who both agreed with at least four of the statements. He also found that couples who did not see eye to eye on three or more of the statements were more likely to score low on overall marital happiness. Debt tends to be the biggest culprit in marital conflict. It can be an overwhelming source of worry and stress. As a result, couples who can focus on money problems and reduce their debt may discover that they have also solved most of their marital problems.

Here's some parting advice for managing your money and your relationship:

**Be honest about your spending:** It's surprisingly common for two people in a relationship to lie about how they spend their money, usually because they know it's a sore point for their partner. Researchers call it "financial infidelity," and when it's discovered, it represents a serious breach of trust in the relationship. Surveys suggest secret spending occurs in one out of three committed relationships. Shopping for clothes, spending money on a hobby and gambling are the three most-cited types of secret spending that causes conflict in a relationship.

**Maintain some financial independence:** While two people in a relationship need to be honest with each other about how they spend their money, it's a good idea for both sides to agree that each person has his or her own discretionary pot of money to spend on whatever they want. Whether it's a regular manicure, clothes shopping, a great bottle of wine or a fancy new bike -- the point is that just because you have different priorities as a family doesn't mean you can't occasionally feed your personal indulgences.

The key is to agree on the amount of discretionary money you each have and then stay quiet when your partner buys the newest iPhone just because.

**Invest in the relationship.**

When you do have money to spend, spend it on the relationship.

Take a trip, go to dinner, see a show. Spending money on new and shared experiences is a good investment in your partnership.

## Children

One of the more uncomfortable findings of relationship science is the negative effect children can have on previously happy couples. Despite the popular notion that children bring couples closer, several studies have shown that relationship satisfaction and happiness typically plummet with the arrival of the first baby.

*One study from the University of Nebraska College of Nursing looked at marital happiness in 185 men and women. Scores declined starting in pregnancy, and remained lower as the children reached 5 months and 24 months. Other studies show that couples with two children score even lower than couples with one child.*

While having a child clearly makes parents happy, the financial and time constraints can add stress to a relationship. After the birth of a child, couples have only about one-third the time alone together as they had when they were childless, according to researchers from Ohio State.

**Here's the good news:** A minority of couples with children — about 20 percent — manage to stay happy in their relationships despite the kids.

What's their secret? Top three predictors of a happy marriage among parents

1. Sexual Intimacy
2. Commitment
3. Generosity

So there you have it. The secret to surviving



“While having a child clearly makes parents happy, the financial and time constraints can add stress to a relationship. After the birth of a child, couples have only about one-third the time alone together as they had when they were childless, according to researchers from Ohio State.”

parenthood is to have lots of sex, be faithful and be generous toward your partner. In this case, generosity isn't financial — it's about the sharing, caring and kind gestures you make toward your partner every day. When you are trying to survive the chaos of raising kids, it's the little things — like bringing your partner coffee, offering to pick up the dry cleaning or do the dishes, that can make all the difference

in the health of your relationship.  
More on Conflict in Your Relationship

**By Tara Parker-Pope**  
**(Adopted from New York Times)**

**End**





Things Every  
Rotarian Should  
Know About  
Rotary

## 18 - ROTARY ANNS / ROTARY PARTNERS

In many Rotary clubs throughout the world, wives of male members are affectionately called "Rotary Anns." This designation was never one of disparagement, but rather grew out of an interesting historical occasion.

The year was 1914 when San Francisco Rotarians boarded a special train to attend the Rotary convention being held in Houston. In those days few wives attended Rotary events, and until the train stopped in Los Angeles, the only woman aboard was the wife of Rotarian Bru Brunnier. As the train picked up additional convention-bound delegates, Mrs. Ann Brunnier was introduced as the Rotarian's Ann. This title soon became "Rotary Ann." Since the clubs of the West were inviting the Rotarians to hold their next convention in San Francisco, a number of songs and stunts were organized which would be performed in Houston. One of the Rotarians wrote a "Rotary Ann" chant. On the train's arrival at the Houston depot, a delegation greeted the West Coast Rotarians. One of the greeters was Guy Gundaker of Philadelphia, whose wife was also named Ann. During the rousing demonstration, someone started the Rotary Ann chant. The two petite ladies, Ann Brunnier and Ann Gundaker, were hoisted to the men's shoulders and paraded about the hall. The group loved the title given to the two women named Ann. Immediately the same term of endearment was used for all of the wives in attendance, and the name "Rotary Ann" was here to stay. Guy Gundaker became president of Rotary International in 1923 and Bru Brunnier was elected president in 1952. Thus, each of the two original Rotary Anns became the "first ladies of Rotary International."

Very few clubs have Rotary Anns, but many have Partners organizations, some are still called "Inner Wheel." The word Rotary Ann can be heard on a rare occasion, and now you know where it came from.

## 19 - A BRIEF ROTARY HISTORY

The world's first service club, the Rotary Club of Chicago, Illinois, USA, was formed on 23 February 1905 by Paul P. Harris, an attorney who wished to recapture in a professional club the same friendly spirit he had felt in the small towns of his youth. The name "Rotary" derived from the early practice of rotating meetings among members' offices.

Rotary's popularity spread throughout the United States in the decade that followed; clubs were chartered from San Francisco to New York. By 1921, Rotary clubs had been formed on six continents, and the organization adopted the name Rotary International a year later.

As Rotary grew, its mission expanded beyond serving the professional and social interests of club members. Rotarians began pooling their resources and contributing their talents to help serve communities in need. The organization's dedication to this ideal is best expressed in its principal motto: Service Above Self. Rotary also later embraced a code of ethics, called The 4-Way Test, that has been translated into hundreds of languages.

## 20 - INVOCATIONS AT CLUB MEETINGS

In many Rotary clubs, particularly in Judeo-Christian nations, it is customary to open weekly meetings with an appropriate invocation or blessing. Usually such invocations are offered without reference to specific religious denominations or faiths.

Rotary policy recognizes that throughout the world Rotarians represent many religious beliefs, ideas and creeds. The religious beliefs of each member are fully respected, and nothing in Rotary is intended to prevent each individual from being faithful to such convictions.

At international assemblies and conventions, it is traditional for a silent invocation to be given. In

respect for all religious beliefs and in the spirit of tolerance for a wide variety of personal faiths, all persons are invited to seek divine guidance and peace “each in his own way.” It is an inspiring experience to join with thousands of Rotarians in an international “silent prayer” or act of personal devotion. Usually all Rotary International board and committee meetings begin with a few moments of silent meditation. In this period of silence, Rotary demonstrates respect for the beliefs of all members who represent the religions of the world.

Since each Rotary club is autonomous, the practice of presenting a prayer or invocation at club meetings is left entirely to the traditions and customs of the individual club, with the understanding that these meeting rituals always be conducted in a manner which will respect the religious convictions and faiths of all members and visitors.

## 21 - OPPORTUNITIES FOR FELLOWSHIP

Most Rotarians are successful professional and business executives because they hear opportunities knock and take advantage of them. Once a week the opportunity for Rotary fellowship occurs at each club meeting, but not all members hear it knocking.

The weekly club meeting is a special privilege of Rotary membership. It provides the occasion to visit with fellow members, to meet visitors you have not known before, and to share your personal friendship with other members.

Rotary clubs which have a reputation of being “friendly clubs” usually follow a few simple steps: First, members are encouraged to sit in a different seat or at a different table each week. Second, Rotarians are urged to sit with a member they may not know as well as their long-time personal friends. Third, members invite new members or visitors to join their table just by saying: “Come join us, we have an empty chair at this table.”

Fourth, members share the conversation around the table rather than merely eating in silence or talking privately to the person next to them. Fifth, Rotarians make a special point of trying to get acquainted with all members of the club by seeking

out those they may not know.

When Rotarians follow these five easy steps, an entirely new opportunity for fellowship knocks each week. Soon Rotarians realize that warm and personal friendship is the cornerstone of every great Rotary club.

## 22 - HONORARY MEMBERSHIP

“Honorary” is one of the two types of membership a person may have in a Rotary club. This type of membership is the highest distinction a Rotary club can confer and is exercised only in exceptional cases to recognize an individual for unusual service and contributions to Rotary and society. Honorary members cannot propose new members to the club, do not hold office and are exempt from attendance requirements and club dues.

Many distinguished heads of state, explorers, authors, musicians, astronauts and other public personalities have been honorary members of Rotary clubs, including King Gustaf of Sweden, King George VI of England, King Badouin of Belgium, King Hassan III of Morocco, Sir Winston Churchill, humanitarian Albert Schweitzer, Charles Lindbergh, composer Jean Sibelius, explorer Sir Edmund Hillary, Thor Heyerdahl, Thomas Edison, Walt Disney, Bob Hope, Dr. Albert Sabin, British Prime Minister Margaret Thatcher and many of the presidents of the United States. Truly, those selected for honorary membership are those who have done much to further the ideals of Rotary.

## 23 - DISTRICT GOVERNOR

The Rotary district governor performs a very significant function in the world of Rotary. He or she is the single officer of Rotary International in the geographic area called a Rotary district, which usually includes about 45 Rotary clubs. The district governors, who have been extensively trained at the worldwide International Assembly, provide the “quality control” for the 27,000 Rotary clubs of the world. They are responsible for maintaining high performance within the clubs of their district.



The district governor, who must make an official visit to each club in the district, is never regarded as an “inspector general.” Rather, he or she visits as a helpful and friendly adviser to the club officers, as a useful counselor to further the Object of Rotary among the clubs of the district, and as a catalyst to help strengthen the programs of Rotary.

The district governor is a very experienced Rotarian who generously devotes a year to the volunteer task of leadership. The governor has a wealth of knowledge about current Rotary programs, purposes, policies and goals and is a person of recognized high standing in his or her profession, community and Rotary club. The governor must supervise the organization of new clubs and strengthen existing ones. He or she performs a host of specific duties to assure that the quality of Rotary does not falter in the district, and is responsible to promote and implement all programs and activities of the Rotary International president and the RI Board of Directors. The governor plans and directs a district conference and other special events.

## **24 – THE DISTRICT ASSEMBLY**

In view of the annual turnover of Rotary leadership each year, special effort is required to provide the 27,000 club leaders with appropriate instruction for the tasks they will assume. The annual district assembly is the major leadership training event in each Rotary district of the world.

The district assembly offers motivation, inspiration, Rotary information and new ideas for club officers, directors and key committee chairmen of each club. Some of the most experienced district leaders conduct informative discussions on all phases of Rotary administration and service projects. The assembly gives all participants valuable new ideas to make their club more effective and interesting. Usually eight to ten delegates from each club are invited to attend the training session.

Another important feature of a district assembly

is a review by the incoming district governor of the program theme and emphasis of the new RI president for the coming year. District goals and objects are also described and plans are developed for their implementation.

The success of each Rotary club is frequently determined by the club’s full representation and participation in the annual district assembly.

## **25 - THE DISTRICT CONFERENCE**

Most Rotarians have never attended a Rotary district conference. They have not experienced one of the most enjoyable and rewarding privileges of Rotary membership.

A district conference is for all club members and their spouses, not just for club officers and committee members. The purpose of a district conference is for fellowship, good fun, inspirational speakers and discussion of matters which make one’s Rotary membership more meaningful. Every person who attends a district conference finds that being a Rotarian becomes even more rewarding because of the new experiences, insights and acquaintances developed at the conference. Those who attend a conference enjoy going back, year after year.

Every one of Rotary’s more than 500 districts has a conference annually. These meetings are considered so important that the Rotary International president selects a knowledgeable Rotarian as his personal representative to attend and address each conference. The program always includes several outstanding entertainment features, interesting discussions and inspirational programs.

One of the unexpected benefits of attending a district conference is the opportunity to become better acquainted with members of one’s own club in an informal setting. Lasting friendships grow from the fellowship hours at the district conference.



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# Birthdays and Anniversaries

## *Birthdays*

Editor's Note	Editor's Note			
	Joy Ayebale	Spouse	19th December	We Send you warm wishes on your birthday
	Ivy ooga Arembe	Child	11th December	Happy birthday sweet soul ,you deserve every good thing that comes your way
	Christine Munywevu Lubanga	Child	25th December	YOU'RE ARE A PRECIOUS GEM.keep shining as you do
Barbara Mbabazi		Rotarian	07th December	Hope your special day brings you all that your heart desires.Here's wishing you a day full of pleasant surprises.
	Joanita Nabwangu	Child	12th December	Life should be lived with a smile on your face and no one does a better job of putting one on your face than you
	Christobel Awesome Twinomugisha	Child	16th December 2019	May your day be filled with smiles and sunshine
	Linda Aturinda	Spouse	05th December	You deserve all the best things in this life
	Arinda Blanche	Child	23rd December	Now is your time,may your birthday wish come true
	Geraldine Adite	Spouse	26th December	Keep it up and never change the way you are
Francis Wangi		Rotarian	12th December	May you succeed in all you do and may each adventure bring you many beautiful memories
	Lemuel Gabriel Kiuwa	Child	1st December	To many more years of happiness ,success and joy
	Elizabeth Muwonge	Spouse	09th October	Here's to enjoying every moment of your special day
	Sera Nankya	Child	02nd December	We wish a wonderful day filled with joy and happiness
	Ann Lillbeth Namwanje		11th December	Birthdays are a new start, a fresh beginning and a time to pursue new endeavors with new goals. Move forward with confidence and courage. You are a very special person. May today and all of your days be amazing!
	Marjorie	Spouse	10th December	We wish you all the happiness in the world on your special day
	Robert Jayden Ssebugwawo	Child	5th December	Happiest birthday to the smartest boy we know
Stephen Katerega		Rotarian	22nd December	Lets celebrate the beginning of another year in your life

	Yolanda Kirabo	Child	8th December	May you be gifted with life's biggest joys and never-ending bliss. After all, you yourself are a gift to earth, so you deserve the best. Happy birthday.
	Mukisa Prince	Child	19th December	Count not the candles...see the lights they give. Count not the years, but the life you live. Wishing you a wonderful time ahead. Happy birthday.
	Moses Aleper	Spouse	30th December	Forget the past; look forward to the future, for the best things are yet to come.
Moses Matovu		Rotarian	04th December	Sending you lots of love and wishing you a very happy birthday

### *Anniversaries*

	Agatha Arembe	Rotarian	15th December	This special day is reserved just for you.
	Francis Wangi	Rotarian	13th December	Wishing you many ,many more happy moments and a lifetime of love
	Ivan Mwondha	Rotarian	18th December	The best thing to hold on in life is each other
	Joan Musiime Mwondha	Rotarian	18th December	Here's to a nother annual reminder that you married up.
	John Tumusiime	Rotarian	08th December	One plus one equals another year to celebrate you two
	Margaret Kasekende	Rotarian	26th December	May your vows mean as much today as they did a ddecade ago
	Peter Busiku	Rotarian	18th December	Congratulations on a love story that has stood the test of time
	Sharifah Nakisozi Mwebe	Rotarian	10th December	A quarter may sound like a lot in money but in marriage centuries m you two prove its worth a fortune
	Susan Katono	Rotarian	12th December	Your wedding may have been specal but nothing compared to your 10 years of love
	Josephine Kitaka Aleper	Rotarian	1st December	One plus one equals another year to celebrate you two

# The November Gallery

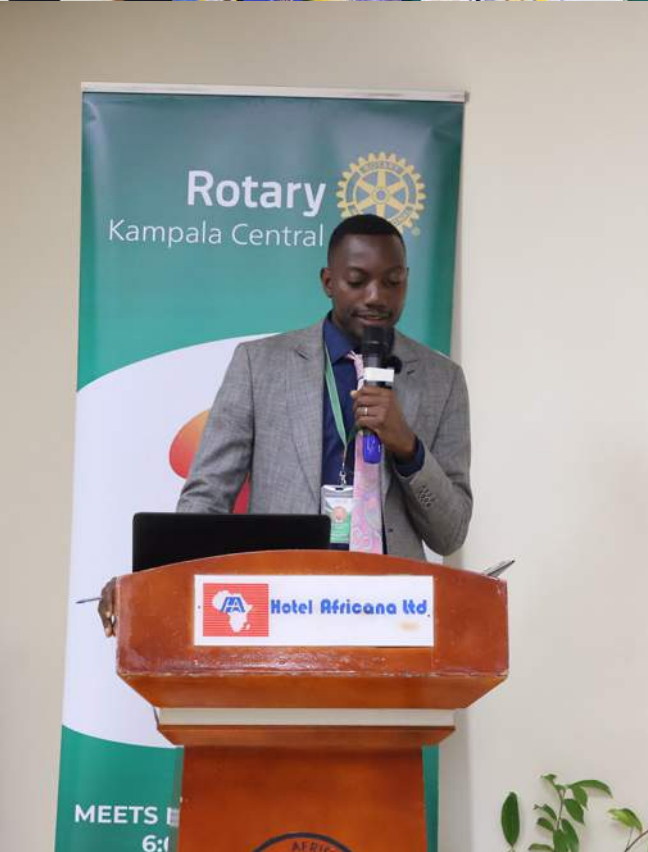


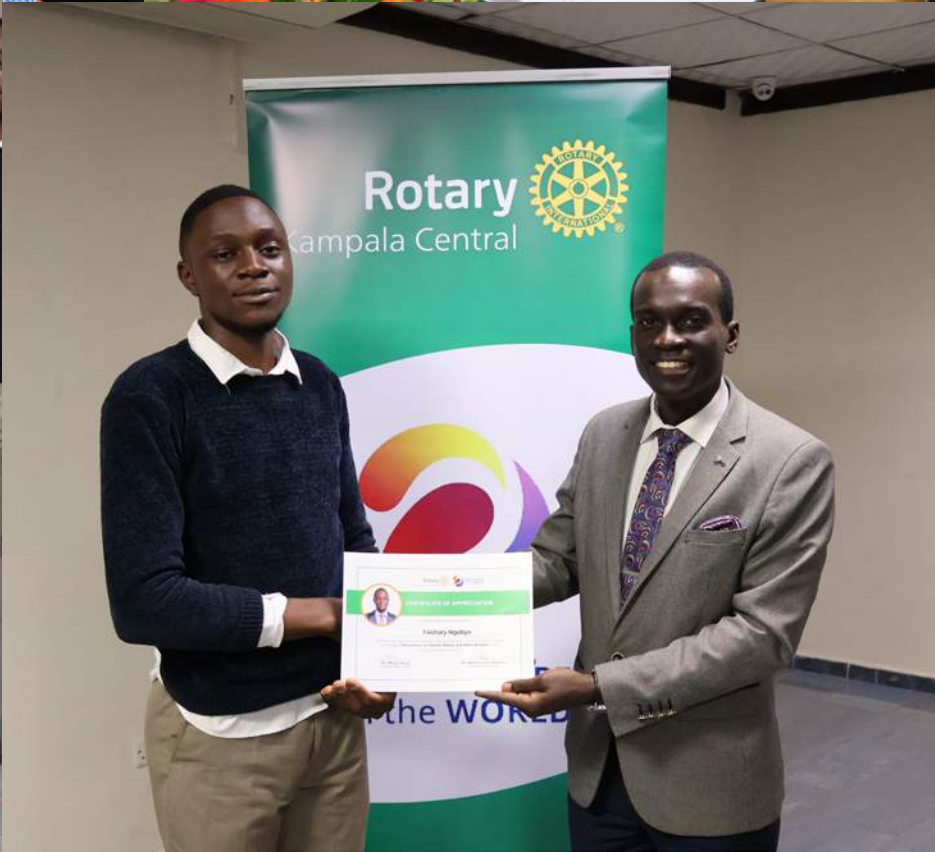
President Francis Receiving an award on behalf of the club at the District 9213 Annual TRF Recognition Dinner





## November at Kampala Central







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