



PASSION



October Edition





9 BARRELS

Scotch whisky
Millennials Choice



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Editor's Word

Rtn Farouk Mark Mukiibi



Dear Esteemed Rotarians,

As we embrace the vibrant spirit of November, it is with great pleasure that we present to you the latest edition of The Passion Magazine for the month of October 2023. We were thrilled by the overwhelming response to our last edition, and it fueled our enthusiasm to continue sharing the inspiring stories and impactful initiatives that define the Rotary Club of Kampala Central.

Within these pages, you'll find a diverse array of updates and events, all of which reflect our unwavering dedication to service and

community building:

Firstly, in our tireless pursuit of progress, we undertook a comprehensive survey to gather valuable feedback from our members about our club. These insights were carefully analyzed by our Club board, guiding our ongoing evolution, and ensuring an enhanced experience for our esteemed Rotarians.

The revival of the orange orchard at Nyenga Seminary also took center stage for us. With meticulous planning and adherence to our budget, we were able to secure all the necessary resources.

Our dedicated team worked tirelessly, preparing the ground, and laying the groundwork for a successful planting

seasonembodying our commitment to sustainable growth. Furthermore, in collaboration with Promote Uganda, our club participated in the exhilarating Pre-Run for the Nile Tree Planting activities at the MITI Conservatory for The Mission Green Project in Mpatta Village, Mukono District. This collaboration emphasized our enduring dedication to environmental sustainability and the preservation of our precious natural heritage.

On the global stage, we are delighted to share that the Rotary International Board approved a slight increase in the subscription fee for the Rotary magazine, marking the first adjustment in 22 years. This decision was made to uphold the magazine’s quality, ensuring that we continue to provide enriching content that resonates with our shared values. On a sad note, our hearts were

heavy as we mourned the loss of the father of our esteemed past president, Rtn Barbara Mbabazi. The support and presence of several Rotarians, past presidents, and the current president at the burial ceremony were a poignant reminder of the close-knit bonds that define our Rotary family as we paid our respects and honored the memory of a cherished member’s loved one.

As we turn the pages of this edition, let us draw inspiration from the unwavering dedication and resilience of our Rotary community. Together, we renew our pledge to serve with passion, foster fellowship, and strive for meaningful change in our communities and beyond.

Yours In Service
Rtn Farouk Mark Mukiibi
Editor-in-Chief, Passion Magazine
Rotary Club of Kampala Central

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RI President's

Gordon R. McNally

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan (“one who lights up the home”) with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support. Another strong example is in Colorado.

In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry

providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024.

Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states. There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

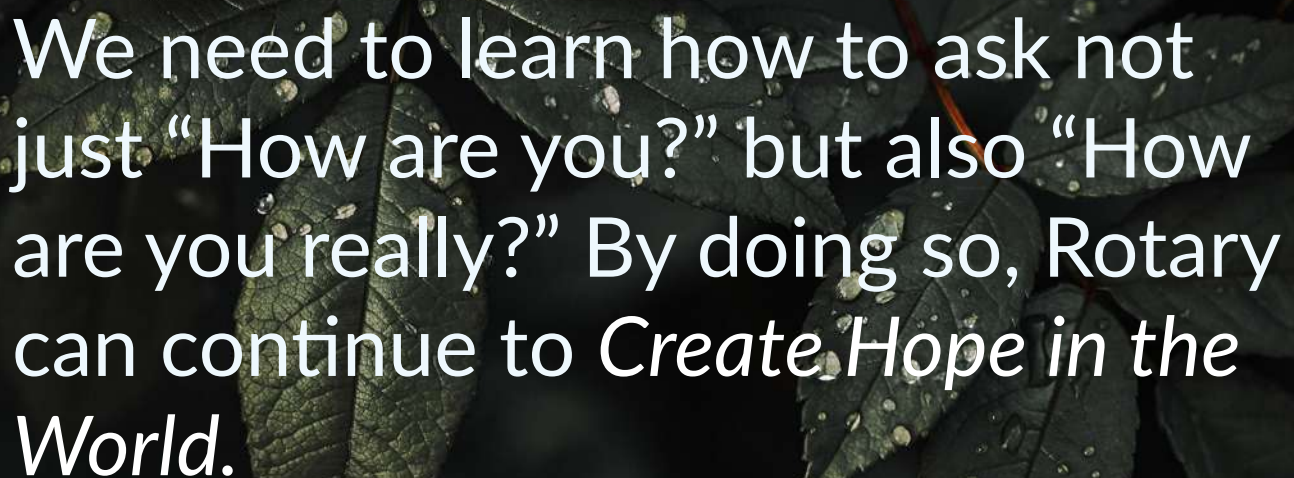
Right now, there is someone you know in the Rotary world — in your club, from a project you’ve worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It’s what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to Create Hope in the World.



R. Gordon R. McNally
President 2023-24



We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to *Create Hope in the World.*



DG's Message

Edward Kakembo Nsubuga,
Governor 2023-24

Our first quarter is done!! And what a success it has been. Thank you so much people of action for impacting communities working within the 7 Areas of Focus.

As we reflect upon the past quarter, I am filled with immense pride and gratitude for the remarkable accomplishments of our district. Each of you has contributed to the tapestry of success that now graces our Rotary journey. It is with great pleasure that I share the news of our district's outstanding performance at the Rotary Zone Institute in Lusaka, Zambia. Our collective efforts were honoured with numerous awards, a testament

to the dedication and hard work of our Rotarians especially during the year that preceded us.

We therefore pay tribute to our Amazing Governor Hon Dr Mike Kennedy Ssebalu and the whole team, for doing amazing things in amazing ways, that resulted into amazing awards. That our membership growth on the African continent emerged as number 1 and in Foundation giving, we emerged number 3 is no mean feat. Thank you, DG Mike. The awards we garnered at the Institute serve as a beacon of our district's commitment to excellence. They are a testament to the impact we are making in our communities and beyond. These accolades belong to each and every one of you, for it is your unwavering dedication that has propelled our district to new heights. During my visits to various clubs,

I have witnessed firsthand the incredible work being done. From life-changing projects to initiatives that address the most pressing issues of our time, our clubs are beacons of hope and agents of positive change.

Your tireless efforts in areas ranging from environmental conservation, to education and literacy, to community empowerment, the boy child empowerment, are nothing short of inspiring.

This month, our focus on education and literacy has yielded exceptional results. Through mentorship programs, and innovative educational projects, we are sowing the seeds of knowledge and empowerment.

The impact of these endeavours will be felt for generations to come, shaping a brighter future for our communities.

Now, as we step into October, a month dedicated to economic and community empowerment, I am filled with anticipation.

Together, we will harness our collective strength to uplift communities, foster entrepreneurship, and drive sustainable economic growth. Let us continue to be the catalysts for positive change, igniting a fire of progress that burns brightly in the hearts of

those we serve. Friends, whenever people do good, they should sit together and toast to the good- let us do this in April at the commonwealth resort Munyonyo during our Discon- I pose the question now; have you registered? The other two celebrations of World Polio Day and the TRF Dinner of 21st November and 25th November respectively, are coming up soon. How I look forward to being with all you, and seeing you all win the great awards the team has put up. In case you have not yet known, the overall contributing club winner shall be taking to its farm a whole cow, second runners up 3 goats and the first runners up 2 goats.

And on the 3rd day of November, we shall also have the Peace Concert, 50% of whose proceeds shall be for the Peace faculty and the other half to the Annual fund; ooh the things that make Rotarians celebrate milestones- Let us meet there.

In closing, I extend my deepest gratitude to each Rotarian for your unwavering dedication and tireless efforts. Together, we are writing a story of hope, compassion, and progress. Let us march forward with purpose, knowing that our collective endeavours will continue to shape a better world for all.

Yours in Rotary
Edward Kakembo Nsubuga
District Governor 9213

Your tireless efforts in areas ranging from environmental conservation, to education and literacy, to community empowerment, the boy child empowerment, are nothing short of inspiring.



President's Message

Francis Wangi,
President 2023-24

Dear Reader and Rotary Friend
Welcome to the Month of November which is dedicated to the Rotary Foundation (TRF).

The Rotary Foundation is recognized as one of the most effective and well-managed charitable organizations in the world, with 12 consecutive four-star ratings from Charity Navigator and an A-plus rating from CharityWatch. The Foundation was created in 1917 by Rotary International's sixth president, Arch Klumph.

It was established as an endowment fund to

provide an ongoing and sustainable income for Rotary to allow us to 'do good in the world'. It has grown from an initial contribution of US\$26.50 from the Rotary Club of Kansas City to more than US\$1 billion. It provides grants of over \$1 million per day to support projects led by Rotarians. Today, TRF has one of the largest and most prestigious international fellowship programmes in the world.

Since it was founded, it has spent more than US\$4 billion on life-changing, sustainable projects. TRF's mission is to enable Rotarians 'to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty'. However, this is not only limited to Rotarians. Even non-Rotarians can equally support the foundation.

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

With support from TRF, clubs can implement impactful projects which greatly benefit communities. The resources enable

Rotarians to make their communities better thereby making Rotary more relevant to the communities where Rotarians live and operate.

As we begin the TRF month, I implore you to contribute to humanity. It does not matter the amount; collectively, we can change the world; one shilling at a time.



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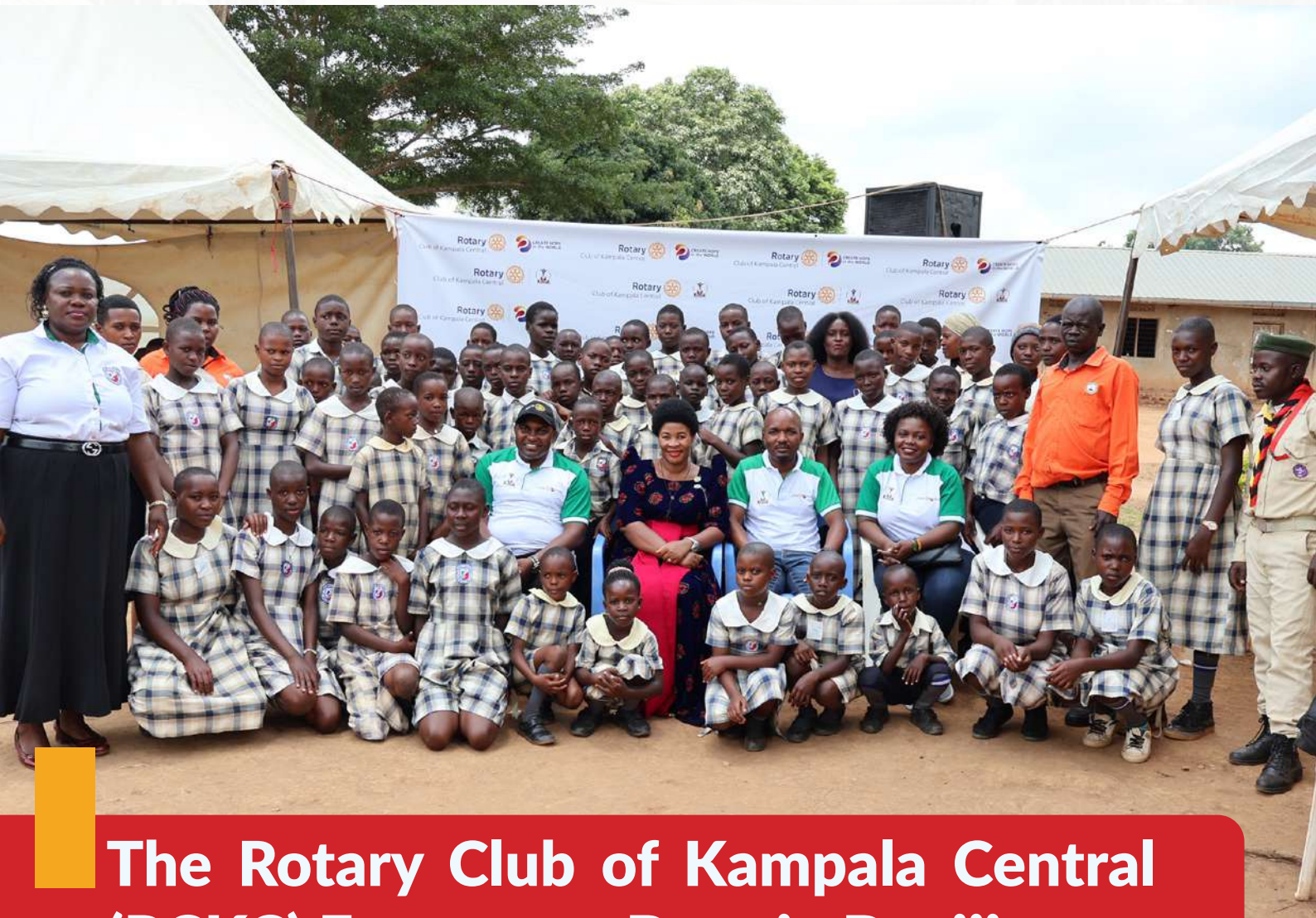
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The Rotary Club of Kampala Central (RCKC) Empowers Boys in Buyijja Parish

Rtn Claire Kirasha (BCUP) Ambassador

Rotary District 9213 launched the Boy Child Uplifting Programme (BCUP) under the wise leadership of the District Governor Edward Kakembo Nsubuga on July 1st 2023 at Old Kampala Senior Secondary School grounds.

RCKC was ably represented by a team headed by Hope Creator President Francis Wangi. The launch stimulated the club to stretch out and empower boys in a community where a few club-led interventions had already been implemented.

It's upon this background that the Rotary Club

of Kampala Central organized a BCUP event which took place on the 30th of September 2023 at Buyijja Kabira Primary School in Buwama Subcounty, Mpigi District. The event targeted five primary schools and one secondary school namely Buyijja Kabira Primary School, Kabira Church of Uganda Primary School, Eden and Paul Primary School, Millenium Primary School Nsangwa, St. Peter's Primary School and Bronx High school.

The event was attended by over five hundred boys from primary four to primary seven as well as some parents and teachers who were

the care takers of the children that day. Interestingly, a good number of girls also attended, and they were engaged in all the activities of the day. The event focused on mindset change among the youth, drugs and substance abuse as well as career guidance and counselling.

The guest of honor Hon. Teddy Namboze who is also the Mpigi district woman Member of Parliament graced the occasion and thanked the members of the club for dedicating time and resources for such a great event. He paid tribute to the president of the club, the BCUP ambassador, Rotarians, parents, headteachers, teachers and the students body for embracing the BCUP programme.

She implored the learners to read hard and become useful people in society. She further called on the children to carry a message of hope and hard work to their parents imploring them to embrace similar interventions in future and actively participate in the same.

The president of the club, HCP Francis Wangi who is an old boy of the host school called upon the children to study hard, be disciplined and support their parents as a way of motivating them to pay their fees and keep them in school. 'When I attended this school over 30 years ago, the facilities were not as good as they are now. You need to take advantage of the available infrastructure and

teachers to perform well and continue your education journey; with education, you will be able to operate in any environment successfully without feeling inferior because of your background', he said.

The headteacher of the host school, Ms. Namugambe Goretie thanked the club for supporting the boys and inspiring them to work hard and stay in school. She pledged to continue supporting all Rotary led interventions and expressed interest to become a Rotarian.

The BCUP intervention arises out of the fact that over the decades, our society has built an average record of 87% initiatives focusing on mentoring, uplifting, and empowering the girl child whereas only 13% documented initiatives are focusing on mentoring the boy child. The continued exclusion of the boy child in gender equality campaigns and programs has created a population at crossroads grappling with crime, low self-esteem, depression, domestic violence, widespread alcoholism, drug and substance abuse, increased school drop outs, child labor among others.

With closer needs assessment in Uganda, the boys are becoming the weaker sex. Today there is a substantive debate about the boy child with many feeling that there is need to rethink whether the advancement of girls has completely kept out the boys.





Unveiling the Journey of a Remarkable Rotarian: An Interview with – Rtn Margaret Namuli

In this month's Rotary Magazine, we are thrilled to bring you an exclusive interview with one of the most dynamic and committed Rotarians in our club, Rtn Margaret Namuli. Join us as we delve into the extraordinary life journey of this inspiring individual, exploring their Rotary experience, family roots, cherished childhood memories, hobbies, career, personal mantra, and more.

1. Margaret Namuli Ssali, you're a remarkable Rotarian, but beyond that, who is the person behind the Rotary badge? Can you share a bit about yourself, your full names, and what you do?

Thank you for having me. Well, Margaret Namuli Ssali is my name, a mother to two beautiful daughters. I'm also a Client Relationship Manager at Marsh Insurance Brokers Ltd.

My journey to Rotary started in November 2021 with a warm welcome from fellow Club members. It was during a visit to the Remnant Generation that my heart was deeply touched, particularly by the young girls there. Witnessing their resilience and the need for support immediately led me to pay my dues and join the Rotary Club of Kampala Central to serve humanity. I have no regrets, and I cherish this incredible journey.

I also oversee Promote Uganda Safaris and Proul Limited, enhancing agriculture. Moreover, I hold Chairmanship in companies like Premier Credit Limited, Quest Holding Limited, and Track Nerve Limited. These diverse roles echo my commitment to leadership and innovation.

2. Your professional journey adds another layer to your inspiring story. Can you share an instance where your career and your Rotary values aligned perfectly, resulting in a transformative impact on your community?

My career as a Client Relationship Manager aligns seamlessly with Rotary's values of trust, integrity, and honesty. In my profession, I've had the opportunity to work in the Corporate

Social Responsibility (CSR) department, which focuses on giving back to the community. This alignment between my career and Rotary has allowed me to create a transformative impact on our community by fostering a culture of service and support

3. Can you share a heartwarming Rotary experience that left a lasting impression on you, a moment that truly exemplifies the essence of Rotary's impact on people's lives?

One memorable experience that truly embodies Rotary's impact was the medical camp we organized in Lukwanga. There, I witnessed women who were secretly seeking family planning services because their husbands were opposed to it. This deeply saddened me and reinforced my commitment to uplifting not just the boy child, but also the girl child. It's moments like these that inspire me to keep serving and making a difference.

4. Your journey as a Rotarian is undoubtedly inspiring, but let's rewind a bit. Could you take us back to your childhood? What were your dreams, your favorite adventures, or even mischievous escapades?

My childhood was filled with dreams of becoming a doctor, but I had a mischievous side too. I remember hating housework so much that I once faked fainting to avoid chores, but my mother's response quickly taught me to be less dramatic. As a child, I had an innate desire to make a positive impact, even if it sometimes took interesting forms.

5. We often find that family plays a significant role in shaping who we become. Are there any stories or values from your family that have been instrumental in your dedication to community service through Rotary?

My family has played a pivotal role in my journey. Their empathy and kindness have been instrumental in my dedication to community service through Rotary. My family's influence is a driving force behind my commitment to

making a difference in the community

6. While on the topic of family, have there been any heartwarming moments where your family actively participated in your Rotary initiatives, creating a beautiful blend of personal and community life?

Absolutely! We've had some beautiful moments when my family actively joined me in Rotary initiatives, particularly during the Rotary Cancer run. It's heartwarming to see my kids and family engaging in service alongside me, creating a deep sense of unity and shared commitment to making a positive impact in our community.

7. Beyond your Rotary endeavors, what are the passions and interests that ignite your spirit? How do these personal pursuits intertwine with your commitment to Rotary?

Apart from Rotary, making money, saving, and enjoying social activities are some of my passions. These personal pursuits complement my Rotary commitment as they provide the resources and connections needed to carry out impactful projects. My career as a Client Relationship Manager at Marsh insurance brokers is also a source of inspiration. Client satisfaction is my driving force, and my two wonderful girls bring me hope and joy.

8. Imagine you're sitting around a campfire with fellow Rotarians. What's the most captivating story you'd share about your personal experiences, something that showcases the essence of who you are?

One of the most captivating stories I'd share around that campfire would undoubtedly be the day I became a mother. It was a transformative moment that changed the way I see life, making me stronger and more determined. This experience reflects the resilience and perseverance that define my journey in Rotary and in life.

9. In the hustle and bustle of life, balancing personal interests and Rotary commitments

can be challenging. How do you manage to keep both worlds vibrant and fulfilling?

I firmly believe in creating a balanced schedule. I dedicate time to work, my family, and Rotary. By managing my time effectively, I ensure that each aspect of my life receives the attention it deserves, allowing me to keep both personal interests and Rotary commitments vibrant and fulfilling.

10. Could you recount a moment where your personal hobby or interest unexpectedly became a powerful tool in one of your Rotary projects, creating a magical synergy?

My personal hobby is traveling, and I find that it often brings fresh perspectives and ideas to our Rotary projects. Exploring different cultures and places has enabled me to enhance the overall impact of our initiatives by introducing innovative approaches and fostering cultural understanding.

11. Life often teaches us powerful lessons through our career. Is there a particular experience or achievement that profoundly influenced your outlook on life and service?

Throughout my career, I've faced numerous experiences that have made me stronger and more resilient. These experiences have profoundly influenced my outlook on life and service, teaching me the value of perseverance and the importance of making a positive impact on the lives of others.

12. Personal mottos often reflect our inner compass. Could you share the guiding principles or mantras that have shaped your journey, both in Rotary and beyond?

My personal motto is "whatever doesn't kill me makes me stronger." This mantra has significantly reduced the fear element in me and empowers me to face challenges head-on with unwavering determination. It has become a guiding principle that I carry with me, both in Rotary and in my personal life.

13. We all encounter challenges in life. Can

you tell us about a time when your personal mantra served as a beacon of light in a storm, helping you navigate through adversity?

There have been moments in my life when facing adversity seemed overwhelming. However, my personal mantra, “whatever doesn’t kill me makes me stronger,” has served as a beacon of light during these storms. It has helped me find the strength to persevere, learn from challenges, and emerge even more resilient.

14. Regrets and missed opportunities are part of the human experience. Would you be willing to share a story of resilience, where you turned a regret into a valuable lesson or an opportunity for growth?

I have two kids, and I cherish the moments with them. These are my greatest treasures, and I don’t regret a single thing about my journey. However, I do recognize that regrets and missed opportunities are part of life. It’s important to acknowledge them, learn from them, and use them as opportunities for growth.

15. Lessons from Rotary often extend beyond service. What are some profound insights you’ve gained from your experiences in Rotary that have enriched your personal life?

Rotary has taught me valuable lessons about community, empathy, and service. These insights have enriched my personal life by emphasizing the importance of giving back, creating lasting connections, and making a positive impact in the lives of others.

16. Looking ahead, what are your dreams and aspirations within the Rotary Club of Kampala Central? How do you envision painting a brighter future for your community?

My dream is to continue engaging in impactful community services, fostering sustainable initiatives that uplift the community and create a lasting positive impact. I envision working with the Rotary Club of Kampala Central to

bring about meaningful change, addressing various needs within our community.

17. If you could leave our readers with one message or call to action, what would it be? How can they become a part of the transformative work you’re doing through Rotary?

My message to the readers is simple: let us continue to serve humanity wholeheartedly. I encourage everyone to actively participate in local Rotary initiatives, donate their time, resources, and talents, and contribute to the collective effort of making a meaningful difference in the lives of others. Overwhelmed by a torrent of feelings, tears flowed, bearing witness to the extraordinary power of Rotary to weave bonds that transcend the ordinary.

18. Picture this: you’ve achieved everything you’ve ever dreamed of in your Rotary journey. What does that ideal future look like for both you and the community you serve?

In this ideal future, I envision a community that is thriving, with access to quality education, healthcare, and support systems. Personally, I hope to continue being a part of this transformation, fostering a community that is empowered and prosperous.

19. Finally, as we conclude, what’s the most heartwarming or memorable interaction you’ve had with a community member or fellow Rotarian, a story that encapsulates the true essence of Rotary’s spirit of service and friendship?

One of the most heartwarming interactions I’ve had within the Rotary community was during a project where we distributed school supplies to underprivileged children. The sheer joy and gratitude in the eyes of those children and their parents reminded me of the incredible impact Rotary can have on the lives of those in need. It’s moments like these that make me proud to be a Rotarian, as they epitomize the true spirit of service and friendship that Rotary embodies.



How to Have a Better Relationship

.....Continued from our September Issue

3. Picture Your Beloved. We all know that sometimes the more you try to resist something -- like ice cream or a cigarette -- the more you crave it. Relationship researchers say the same principle can influence a person who sees a man or woman who is interested in them. The more you think about resisting the person, the more tempting he or she becomes. Rather than telling yourself “Be good. Resist,” the better strategy is to start thinking about the person you love, how much they mean to you and what they add to your life. Focus on loving thoughts and the joy of your family, not sexual desire for your spouse -- the goal here is to damp down the sex drive, not wake it up.

4. Keep Your Relationship Interesting. Scientists speculate that your level of commitment may depend on how much a partner enhances your life and broadens your horizons — a concept that Dr. Aron, the Stony Brook psychology professor, calls “self-expansion.”

To measure this quality, couples are asked a series of questions: How much does your partner provide a source of exciting experiences? How much has knowing your partner made you a better person? How much

do you see your partner as a way to expand your own capabilities?

The Stony Brook researchers conducted experiments using activities that stimulated self-expansion. Some couples were given mundane tasks, while others took part in a silly exercise in which they were tied together and asked to crawl on mats, pushing a foam cylinder with their heads. The study was rigged so the couples failed the time limit on the first two tries, but just barely made it on the third, resulting in much celebration.

Couples were given relationship tests before and after the experiment. Those who had taken part in the challenging activity posted greater increases in love and relationship satisfaction than those who had not experienced victory together. The researchers theorize that couples who explore new places and try new things will tap into feelings of self-expansion, lifting their level of commitment.

Conflict

Every couple has disagreements, but science shows that how two people argue has a big effect on both their relationships and their health.

How to Fight

Many people try their best to avoid conflict, but relationship researchers say every conflict presents an opportunity to improve a relationship. The key is to learn to fight constructively in a way that leaves you feeling better about your partner.

Marriage researcher John Gottman has built an entire career out of studying how couples interact. He learned that even in a laboratory setting, couples are willing to air their disagreements even when scientists are watching and the cameras are rolling. From that research, he developed a system of coding words and gestures that has been shown to be highly predictive of a couple's chance of success or risk for divorce or breakup.

In one important study, Dr. Gottman and his colleagues observed newly married couples in the midst of an argument. He learned that the topic didn't matter, nor did the duration of the fight. What was most predictive of the couple's marital health? The researchers found that analyzing just the first three minutes of the couple's argument could predict their risk for divorce over the next six years.

In many ways, this is great news for couples because it gives you a place to focus. The most important moments between you and your partner during a conflict are those first few minutes when the fight is just getting started. Focus on your behavior during that time, and it likely will change the dynamics of your relationship for the better.

Here's some general advice from the research about how to start a fight with the person you love:

Identify the complaint, not the criticism. If

fight by criticizing your partner with, "You never help me." Focus on the complaint and what will make it better. "It's so tough when I work late on Thursdays to come home to dishes and unbathed kids. Do you think you could find a way to help more on those nights?"

Avoid "you" phrases. Phrases like "You always" and "You never" are almost always followed by criticism and blame.

Think about pronouns. Sentence that start with "I" or "We" help you identify problems and solutions, rather than putting blame on someone else.

Be aware of body language. No eye-rolling, which is a sign of contempt. Look at your partner when you speak. No folded arms or crossed legs to show you are open to their feelings and input. Sit or stand at the same level as your partner -- one person should not be looking down or looking up during an argument.

Learn to De-escalate: When the argument starts getting heated, take it upon yourself to calm things down. Here are some phrases that are always useful in de-escalation:

- "What if we..."
- "I know this is hard..."
- "I hear what you're saying..."
- "What do you think?"

Dr. Gottman reminds us that fighting with your partner is not a bad thing. After all his years of studying conflict, Dr. Gottman has said he's a strong believe in the power of argument to help couples improve their relationship. In fact, airing our differences gives our relationship "real staying power," he says. You just need to make sure you get the beginning right so the discussion can be constructive instead of damaging.

.....*To be continued in our November Issue*

**It's better to have loved and
lost than never to have loved at
all.**



Things Every
Rotarian Should
Know About
Rotary

13 - THE CLASSIFICATION PRINCIPLE

Virtually all membership in Rotary was based upon a “classification.” Basically a classification describes the distinct and recognized business or professional service which the Rotarian renders to society.

The principle of Rotary classification is somewhat more specific and precise. In determining the classification of a Rotarian it is necessary to look at the “principal or recognized business or professional activity of the firm, company or institution” with which an active member is connected or “that which covers his principal and recognized business or professional activity.” It should be clearly understood that classifications are determined by activities or services to society rather than by the position held by a particular individual. In other words, if a person is the president of a bank, he or she is not classified as “bank president” but under the classification “banking.”

It is the principal and recognized activity of a business or professional establishment or the individual’s principal and recognized business or professional activity that determines the classification to be established and loaned to a qualified person. For example, the permanently employed electrical engineer, insurance adjuster, or business manager of a railroad company, mining company, manufacturing concern, hospital, clinic, etc., may be considered for membership as a representative of the particular work he or she may be doing personally or as a representative of the firm, company, or institution for which the professional service is being done.

The classification principle also permits business and industries to be separated into distinct functions such as manufacturing, distributing, retailing and servicing. Classifications may also be specified as distinct and independent divisions of a large corporation or university within the club’s territory, such as a school of business or a

school of engineering.

Though the classification principle is not as dominant as it once was it is still important that we make an effort to assure that each Rotary club represents a cross section of the business and professional service of the community.

14 - EXCHANGE OF CLUB BANNERS

One of the colorful traditions of many Rotary clubs is the exchange of small banners, flags or pennants. Rotarians traveling to distant locations often take banners to exchange at “make up” meetings as a token of friendship. Many clubs use the decorative banners they have received for attractive displays at club meetings and district events.

The Rotary International board recognized the growing popularity of the banner exchange back in 1959 and suggested that those clubs which participate in such exchanges give careful thought to the design of their banners in order that they be distinctive and expressive of the community and country of which the club is a part. It is recommended that banners include pictures, slogans or designs which portray the territorial area of the club.

The board was also mindful of the financial burden such exchange may impose upon some clubs, especially in popular areas where many visitors make up and request to exchange. In all instances, clubs are cautioned to exercise discretion and moderation in the exchange of banners in order that the financial obligations do not interfere with the basic service activities of the club.

Exchanging club banners is a very pleasant custom, especially when a creative and artistic banner tells an interesting story of community pride. The exchange of banners is a significant tradition of Rotary and serves as a tangible symbol of our international fellowship.

15 - SHARING ROTARY WITH NEW

MEMBERS

Are you aware of the responsibility or obligation most Rotarians fail to perform? Paying their dues? Attending meetings? Contributing to the club service fund? Participating in club events and projects? No-none of these!

Of all the obligations a person accepts when joining a Rotary club the one in which most Rotarians fail is “sharing Rotary.” The policies of Rotary International clearly affirm that every individual Rotarian has an “obligation to share Rotary with others and to help extend Rotary through proposing qualified persons for Rotary club membership.” It is estimated that less than 30 percent of the members of most Rotary clubs have ever made the effort to propose a new member. Thus, in every club, there are many Rotarians who readily accept the pleasures of being a Rotarian without ever sharing that privilege with another qualified individual.

The Rotary policy on club membership states: “In order for a Rotary club to be fully relevant to its community and responsive to the needs of those in the community, it is important and necessary that the club include in its membership all fully qualified prospective members located within its territory” One merely has to glance through the yellow pages of the local telephone directory to realize that most clubs have not invited qualified members of all businesses and professions into Rotary

Only a Rotarian may propose a customer, neighbor, client, supplier, executive, relative, business associate, professional or other qualified person to join a Rotary club. Have you accepted your obligation to share Rotary? The procedures are very simple, and everyone must know at least one person who should belong to Rotary.

16 - TOLERANCE OF DIFFERENCES

Occasionally there is a temptation to criticize the laws, customs and traditions of another country which may seem strange or contrary to our own. In some instances illegal practices

or customs of one nation are completely lawful and acceptable in another.

As members of an international organization dedicated to world understanding and peace, it behooves Rotarians to exercise restraint in judging our Rotary friends and citizens from other countries when their behavior seems unusual to us. A Rotary policy has existed for more than half a century relating to this dilemma of international relationships.

The statement, adopted in 1933, says that because it is recognized that some activities and local customs may be legal and customary in some countries and not in others, Rotarians should be guided by this admonition of tolerance:

“Rotarians in all countries should recognize these facts and there should be a thoughtful avoidance of criticism of the laws and customs of one country by the Rotarians of another country.” The policy also cautions against “any effort on the part of Rotarians of one country to interfere with the laws or customs of another country.”

As we strive to strengthen the bonds of understanding, goodwill and friendship, these policies still provide good advice and guidance.

17 - VOCATIONAL SERVICE

Vocational Service is the “Second Avenue of Service.” No aspect of Rotary is more closely related to each member than a personal commitment to represent one’s vocation or occupation to fellow Rotarians and to exemplify the characteristics of high ethical standards and the dignity of work. Programs of vocational service are those which seek to improve business relations while improving the quality of trades, industry, commerce and the professions. Rotarians understand that each person makes a valuable contribution to a better society through daily activities in a business or profession.

Vocational Service is frequently demonstrated by offering young people career guidance, occupational information and assistance in making vocational choices. Some clubs

sponsor high school career conferences. Many recognize the dignity of employment by honoring exemplary service of individuals working in their communities.

The 4 -Way Test and other ethical and laudable business philosophies are often promoted among young people entering the world of work. Vocational talks and discussion of business issues are also typical vocational service programs at most clubs.

Regardless of the ways that Vocational

Service is expressed, it is the banner by which Rotarians “recognize the worthiness of all useful occupations” and demonstrate a commitment to “high ethical standards in all businesses and professions.” That’s why the Second Avenue of Service is fundamental to every Rotary club.

....to be continued in our November issue.



99TH DISTRICT CONFERENCE

KEEPING HOPE ALIVE

Rotary
District 9213



DATE

18-20
APRIL 2024

VENUE

MUNYONYO
SPEKE RESORT



EARLY BIRD REGISTRATION

\$200

FOR ROTARIANS

\$120

FOR ROTARACTORS

DEADLINE: 31ST DEC 2023

REGISTRATION LINK - <https://discon.rotaryd9213.org/>



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At Life Line Health
We Care

Birthdays & Anniversaries



Birthdays

Rotarian	Family Member	Designation	Date	Message
	Angelica Duschesne Nanono	Child	20th November	Asking God to bless you with every kind of joy today and always
	Norine	Child	17th November	Be young,be dope,be happy
	Fredrick Kiyaga	Spouse	26th November	Wishing you a wonderful birthday and year of good health ,happiness and success
Douglas Jonathan Ddamba		Rotarian	4th November	Here's to another year of laughing together,messing up together and making it together
Duncan Aturinda		Rotarian	05th November	Life is journey we want to walk with you
	Nicole Nagawa	Child	1st November	We look forward to celebrating more birthdays with you
Ivan Mwendha		Rotarian	29th November	Enjoy your day. Blessings!
	Gladys Kirabo Babirye Mwendha	Child	3rd November	I hope this cake can put a smile on your face.
	Makayla Mirembe Kaudha Mwendha	Child	3rd November	I hope this cake can put a smile on your face
	Malaika	Child	26th November	You are a precious gem. Keep shining
Margaret Namuli			30th November	We wish you an exciting life full of wonderful discoveries and joyful surprises .May you always shine bright like the diamond you are.
	Muhtad Lukwata	Child	14th November	We wish a happy birthday to an amazing person who deserves all the best
	Ssentale Andrew	Child	30th November	We send you birthday wishes wrapped with all our love
	Jordan	Child	25th November	Wisining you a day that's as wonderful as you are
	Yashwanth Suresh	Child	23rd November	May you have an amazing birthday filled with lots of love and joy
Thomas Tayeewa (Rt. Hon)		Rotarian	10th November	Its your birthday ,we don't know what to write to let you how much you mean to us.You will always have a special place in our hearts .

Wilson George Asiimwe		Rotarian	10th November	Embrace every change,experience ,challenge and moments of joy coming you way .Theres so much ahead you will just love.
	Gian Asiimwe	Child	14th November	Today and everyday,wishing only the best for you.
	Ian Bwowe	Child	29th November	We hope you always shine like the brightest star in the sky.

Marriage Anniversaries

Dorothy Kiyaga	Rotarian	Rotarian	21st November	We wish you another love filled year toghther
Emmanuel Kwesiga	Rotarian	Rotarian	05th November	No word s can express the everlasting love we have for you .
Kunobwa Patrick	Rotarian	Rotarian	15th November	It makes us happy to know that you'll always have each other.
Suresh Babu	Rotarian	Rotarian	06th November	May your vows mean as much today as they did a decade ago



SAVE THE DATE
ROTARY INTERNATIONAL CONVENTION
25-29 MAY 2024 | SINGAPORE

September Activities

Album



Tree Planting along the source of the Nile in Jinja





Tree Planting At Kirinya Prisons, Jinja





Tree Planting With RC Kyadondo in Miti Mpata, Mukono





Fellowships



IS E-MOBILITY A DREAM FOR UGANDA?

Guest Speaker:

Paul Isaac Musasizi
CEO - Kiira Motors Corporation



LIVE ON ZOOM
Meeting ID: 211 485 5714

WEDNESDAY
11th Oct 2023
6:00PM

Hotel Africana

