



THE PASSION

JUNE ISSUE





9 BARRELS

Scotch whisky

Millennials Choice



Table of Contents

06	RI President's Message <i>R. Gordon R. McNally RI President 2023-24</i>	16	Breakthrough Technologies 2024
07	District Governor's Message <i>Rtn. Edward Kakembo Nsubuga</i>	20	Humour: How Early You Should Arrive to Things According to Your Dad
09	Club President's Message <i>Francis Wangi</i>	25	Rotary Spotlight
11	Ways To Boost Your Productivity At Work		



Editor's Note

Dear Rotary Family,

June has been a remarkable month for the Rotary Club of Kampala Central, filled with significant milestones and heartfelt moments that underscore our shared commitment to service and fellowship.

The highlight of this month was undoubtedly the 32nd Presidential Installation, held at Hotel Africana on June 3rd. We proudly welcomed our new President, Marion Muyobo, for the 2024/2025 term. The event was officiated by the Deputy Speaker of Uganda, Thomas Tayebwa, who honored us as the Chief Guest. The ceremony was a grand affair, showcasing the unity and strength of our club.

We also took this opportunity to present the incoming board members and celebrate the seamless handover from the 2023/2024 board to the new team. This transition marks a new chapter for our club, and we are excited about the fresh perspectives and ideas that Marion and her team will bring.

During this month, we also acknowledged our valued partners for the Run for the Nile initiative. Crown Beverages and Premier were presented with certificates of appreciation by LG David and outgoing President Wangi Francis, recognizing their

significant contributions. Their support has been instrumental in the success of this project, and we are grateful for their partnership.

In this June edition, we are pleased to include the 2023/2024 annual performance report of the Rotary Club of Kampala Central. This report highlights our achievements, challenges, and the impact we have made over the past year. It is a testament to the hard work and dedication of our members. Additionally, we shine a spotlight on our newly installed President, Marion Muyobo. This feature provides insights into her vision for the club, her journey with Rotary, and her plans for the upcoming year. Marion's leadership and passion for service are truly inspiring, and we look forward to supporting her initiatives.

As we reflect on these significant events and prepare for the future, let us continue to embody the spirit of Rotary. Together, we can achieve great things and make a lasting difference in our community.



Rtn Farouk Mark Mukiibi
Editor-in-Chief,
Passion Magazine
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Central



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RI President's Message

**R. Gordon R. McNally |
RI President 2023-24**

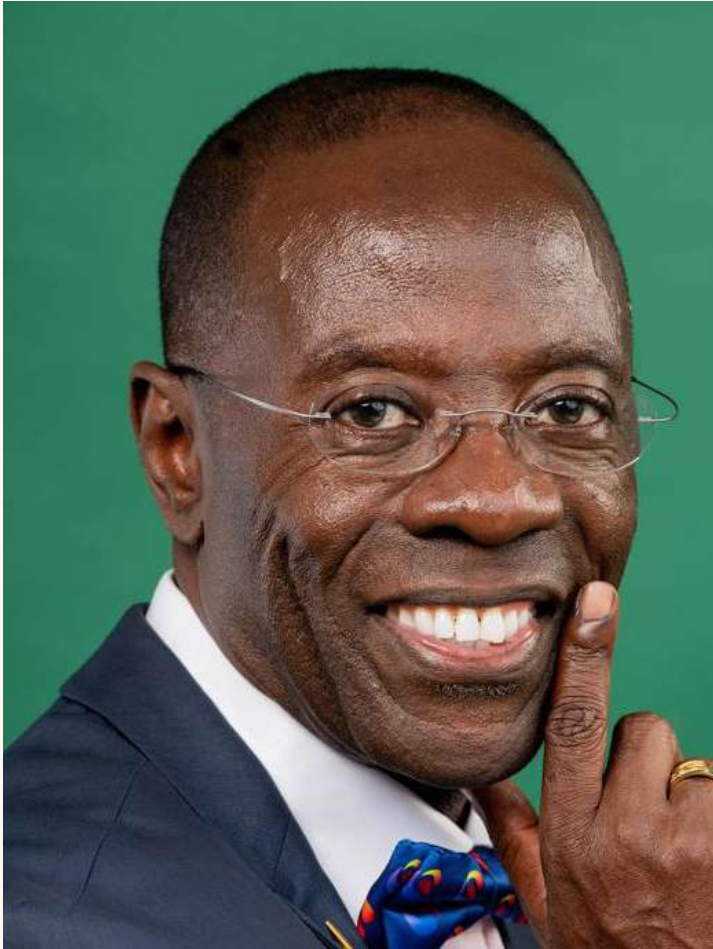
It's customary for a Rotary president in the final month in office to recap the past year on this page, and I am proud of all we have achieved together. But I want to focus on our future, and that begins with polio.

We have reached an astonishing 3 billion children with the polio vaccine, and we have averted an estimated 20 million cases of paralysis. But it's not enough. We must continue supporting the End Polio Now campaign to reach zero cases and keep our promise to the world's children.

Polio is not our only global commitment. In fact, Rotary has been working toward global peace even longer. Spreading Positive Peace through service projects and Rotary Peace Centers around the world is more important than ever.

We must also continue to build peace from within, and that begins with supporting mental health and wellness among our fellow Rotary members and the communities we serve. Rotary has an opportunity to help build a global mental health system that currently does not exist, and I urge all members to consider joining the Rotary Action Group on Mental Health Initiatives to keep up the momentum we began this year.

It's been the honor of a lifetime to serve as your president. You have given Heather and me memories we will cherish forever. I look forward to our continued friendship and our collective commitment to Create Hope in the World.



District Governor's Message

**Rtn. Edward Kakembo
Nsubuga**

Thank you friends, thank you team!!

This month, being the end of my term of office as your Governor means so great to me. We have done it together, and it has been beyond remarkable how much we have given out there, how many souls we have given hope, and how much change there is around us. Now, starting 1st July, using that change we have extended and the Hope promised to the communities, the results coming forth shall only be magical!!

Let me take the Honor to thank immensely the Hope Creator Presidents, the foot soldiers always in the trenches through the year, making sure that we achieved our goals. You have done an incredible job, because indeed we have achieved all we set out to do, and surpassed some.

Hope Creator Assistant Governors, thank you so much for a job well

done. My District secretariat, and all officials, thank you for a great job; without you we wouldn't have been able to walk far, the way we did.

Our highest district individual donor the first ever Arch Klump Society member of D9213 Rotarian Kenneth Kizza from the RC Kampala Springs you do not know how much this has propelled our district; be blessed always.

Gratitude is also extended to my capable Aide, Rtn Ethel Mamawi Kayongo, the President of Presidents, Rtn Dorothy Kyeyune, the Dean of Assistant Governors, Kate Barasa, the Bulletin Officer, Sheila Naturinda, and my dependable Lieutenant Governor, David Nsubuga; who, despite joining the team later on, performed admirably. Special thanks to Deputy Lieutenant Governor Kaziro Kyambadde, the entire secretariat leadership, the Governors' Council, the Rotary Club of Kampala Ssesse Islands, and all the Rotarians and Rotaractors in our esteemed district. I am incredibly proud of each and every one of you.

And finally, our first lady, and my best

friend Norah Kakembo Nsubuga for not only being a great friend, a mother to our children and a great supporter, but for also allowing to share me with the district throughout the year, as you cheered me on, praying for me too, for all this period. I love you.

These 12 months have been so fantastic a journey for me. I have met many of you so passionate and determined to continue passing on the torch of hope to everyone around you, i have seen young Rotaractors jump higher to beat deadlines and targets, i have seen young boys and girls cheer us on every step of the way, and all this, has not only inspired me, but also given me the reason to stay around longer- because the change we want to see around us is nigh. I now implore you all to continue the great support given to me and my team, to my sister incoming DG Anne Nkutu and her team.

Thank you, friends, for leading from the front, for serving above self and above all for having lived the theme of the year. I am forever grateful, and I am signing out with my head high.

Edward Kakembo Nsubuga



President's Message

Rtn. Wangi Francis

Dear friends,

The end of the Rotary year is here!

I thank the members of my green club for seeing me fit to be their 31st president. I hope I have met your expectations. Together with my board, we have organised medical camps in Lukwanga, uplifted the boy child in Buyijja, Mpigi, supported the youths in Lukwanga, implemented global grants and attracted new members to the club. We have maintained partnerships, and we continue to attract more partners. I could never have done this alone. Thank you, dear members of the board. We received an RI citation and scooped three awards at the recently concluded DISCON. These wins belong to us all.

I thank my AG Anthony Okimat. You are such a leader! I thank the DG Edward Nsubuga. I have looked up to you for long and I thank you for being a people person. I thank my most trusted advisors, PP Lydia, PP Charles and PP Sheila together with our team of past presidents. You did a wonderful job. Please

accord the same support to President Marion.

I thank MD Patrick for making our idea of live and quality online fellowships come to life. You are so kind. I appreciate Rotaractor Abbas for serving diligently, managing our social media pages and delivering quality fellowship video and audio. To my friend and sister, President Marion-I wish you success as you lead this club. I am always available to support. These members are committed and supportive. Tap into their capacities and they will walk with you.

I thank my dear wife, Caroline for supporting me and my two girls Melanie and Marianne. Without their support, I could not have managed this task.

Lastly, I thank God. Without his will, we wouldn't be here. God bless you all. As I begin my new role as immediate past president, I remain committed to the values of our great club, and I remain fully available to support the incoming team. Keep creating hope in the world.



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10

**WAYS TO
BOOST YOUR
PRODUCTIVITY
AT WORK**

Use these powerful strategies to get more done (while stressing less).

Kat Boogaard

You reach the end of your workday and glance down at your (now coffee-stained) to-do list.

You're immediately overcome with frustration as you realize that barely half the tasks are checked off. Seriously, what happened? You've been at your desk for the better part of eight hours. Why didn't you get more accomplished?

Maintaining a high level of productivity is not intuitive or easy – but you don't have to resign yourself to feeling discouraged and depleted at the end of every workday. We rounded up ten top-notch, rock-solid tips you can put into play to channel your focus and defeat your to-do list – plus a quiz to help get you started.

1. Manage your energy, not just your time.

“People naturally have ebbs and flows in their work processes or in how well they can focus,” explains Dr. Melissa Gratias, a workplace productivity coach and speaker. These peaks and valleys in your focus and motivation are naturally occurring in your body, driven by your ultradian rhythms. You can't compete with science. So rather than doubling down on your caffeine intake, the smarter move is to pay close attention to the times of day when you feel most energized.

Keep a journal for at least a week or two (one day isn't long enough to identify trends) and note how you feel. You'll have an easier time spotting your biological prime time – the times you're most “in the zone.” With that information, you can allocate your work more effectively. Plan your deep, complex, or creative work for your golden hours (you can even block

off your calendar) and save menial tasks for the times when you feel a little more drained.

2. Build a better to-do list

“The critical behavior that I advise people not to fall into is setting yourself up for failure before the day even begins,” Gratias says. “If we pull out a task list of 25 things to do, we're guaranteed that we're going to be disappointed in our progress at the end of the day.” Try whittling down to your priorities – Gratias recommends choosing between five and nine tasks you want to make progress on that day. This ties back to a psychological principle called “The Magical Number Seven, Plus or Minus Two.”

Other people swear by the similar 1-3-5 rule for an empowering to-do list. Pick one big thing you need to accomplish that day, three medium things, and five little things. If you're really struggling to figure out what deserves some real estate on your list, use an Eisenhower Matrix (sometimes called a prioritization matrix) to sort through your tasks and determine which ones deserve top billing – and which ones can be delegated or fall off your list entirely.

3. Tune out distractions

“Distractions and interruptions are for sure an impediment to productivity,” says Gratias. She explains that these distractions fall into two different categories:

- Self-imposed: distractions within our control, like the notifications we receive from our devices, which we have the power turn off.

- Environmentally imposed: distractions that we can't control as easily, like a colleague dropping by our desks.

And it's not only the distraction itself that robs you of your time – it's also the time and energy you have to spend refocusing. While Gratiias cautions that you'll never completely eliminate distractions, you can reduce them by:

- Closing out your email tab or setting up an autoresponder
- Switching your phone and instant message platform to "do not disturb" mode
- Using a browser blocker (like StayFocusd) to avoid time-wasting sites
- Putting on headphones to block out environmental distractions
-

4. *Focus on one thing at a time*

"I am a great multitasker!" That's my favorite misconception that I hear from employees," explains Dr. Larry Rosen, Professor Emeritus and former Chair of Psychology at California State University Dominguez Hills. Here's the thing: Research shows that the human brain is actually incapable of multitasking. Instead, you're rapidly switching between different tasks – appropriately referred to as "task switching" or "context switching." You're basically interrupting yourself, and you know now that those self-imposed disruptions only tank your productivity.

So how do you get your brain to do one thing at once? Say out loud the one thing you're going to work on (for example, "I'm going to finish this slide deck."). And that's it! It's called external self-talk, and plenty of research has shown that it can have a real impact on your behavior.

5. *Batch your tasks*

Even if you're technically focusing on only one task at a time, repeatedly switching

between different types of work – you answer an email then update a report then work on your slide deck then answer another email – can be mentally draining. You use different parts of your brain for different tasks, which means you're majorly straining your noggin by not having any sort of systematic approach to your work.

Try batching your tasks, which is essentially grouping similar tasks together and doing them all at once. You can even try time blocking, where you set specific time windows for certain types of tasks (for example, you'll answer emails from 9am to 10am). You might still need to occasionally handle things outside of their designated time slots, but any effort to stick related tasks together will give your brain some welcomed respite.

6. *Prioritize healthy habits*

It's not just the stuff you do during the workday that impacts your productivity—the things you do outside of work carry a lot of weight too.

Maintaining healthy habits is a lot easier said than done, but even seemingly small changes can have a big impact on your energy levels, focus, and overall mood. Here are a few quick things to try:

- Drink an entire glass of water before your morning coffee
- Set a timer every hour to get up from your desk and stretch
- Move your bedtime up (even a half hour helps) to get a little more sleep

7. *Take a break (or a few)*

It's tempting to think that more time at your desk means you'll get more done. But in reality, studies show that taking regular breaks can actually boost your productivity.

If you're prone to getting sucked into your work and forgetting to step away, using a

time management method like the Pomodoro Technique will ensure you get up for a five-minute break between every 25-minute work period.

Want to maximize your impact in that short time away? Head outside for some fresh air. Studies show that getting out into nature can alleviate mental fatigue.

8. Refine your workspace

That majority of us who suddenly found themselves working from home in Spring 2020 (shudder) know how less-than-ideal surroundings can affect our productivity. That's why it's well worth curating a workspace that helps you feel your most focused and motivated.

That can mean something different to everybody, but here are a few suggestions:

- Invest in some ergonomic desk accessories (like a chair, cushion, or wrist rest) to support your body.
 - Position your desk near a window. Natural light can boost your work performance.
 - Add a plant to your workspace. One study found that people with plants nearby had a 12% faster reaction time on computer tests.
- Other efforts, like relying on a password manager, creating templates, and using a centralized project management platform mean you can spend less time searching for what you need and more time focused on your actual work.

9. Change your scenery

When your environment can have such a big impact on your focus and productivity, it's worth trying to switch it up every now and then too.

Move from your desk to answer some emails on your couch. Or bring your laptop out to your patio. Or do a few hours of work from your favorite coffee shop.

Not only does this build in an extra break (you have to pause what you're doing and relocate), but it also helps you buckle down. Your brain loves novelty and releases dopamine

when it's presented with something new and exciting. Dopamine isn't just a "feel good" brain chemical – it's a powerful motivator too.

10. Let go of perfectionism

"I think one of the most insidious beliefs that limits productivity more than anything else is perfectionism," explains Gratiyas. This perfectionism not only leads to failure to start things because "if we can't finish them perfectly, we don't even begin," but it also eventually leads to failure to finish because "if it's not perfect, we keep working on it and keep tweaking it."

While this desire to do spotless work is admirable, it can also significantly hinder your progress and productivity.

How can you stop obsessing and focus on progress over perfection? When you have a task or a project, set a timebox (i.e. a certain span of time, such as 15 minutes or an hour) that dictates how long you'll work on that specific item. When the timebox ends, that task is as done as it's going to get for now.

Not only does this tactic instill a sense of urgency (which inspires you to get moving), but it also removes some pressure – you're more focused on seeing how much progress you can make in that time period, rather than working until the entire task is completed.

Take control of your productivity at work

Most of us have a lot to do. But even with high expectations and the best intentions, it's hard to muster the motivation and make the most of your time at work.

The truth is that you're human – you won't operate at peak efficiency all day every day. But there are still plenty of things you can try to boost your productivity levels and transform that end-of-day glance at your (reasonable) to-do list from disheartening to gratifying.



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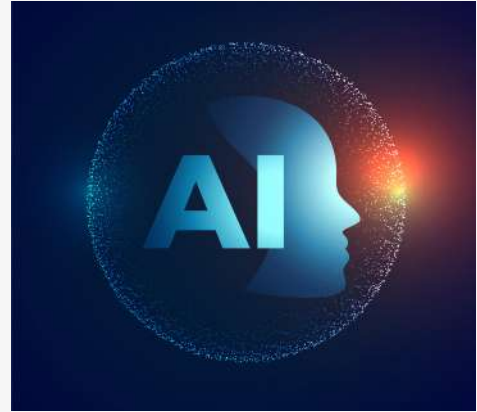
Breakthrough Technologies 2024

Every year, we look for promising technologies poised to have a real impact on the world.

Here are the advances that we think matter most right now.

AI for everything

We now live in the age of AI. Hundreds of millions of people have interacted directly with generative tools like ChatGPT that produce text, images, videos, and more from prompts. Their popularity has reshaped the tech industry, making OpenAI a household name and compelling Google, Meta, and Microsoft to invest heavily in the technology



Super-efficient solar cells

Solar power is being rapidly deployed around the world, and it's key to global efforts to reduce carbon emissions. But most of the sunlight that hits today's panels isn't being converted into electricity. Adding a layer of tiny crystals could make solar panels more efficient.

Apple Vision Pro

Apple will start shipping its first mixed-reality headset, the Vision Pro, this year. Its killer feature is the highest-resolution display ever made for such a device. Will there be a killer app? It's early, but the world's most valuable company has made a bold bet that the answer is yes

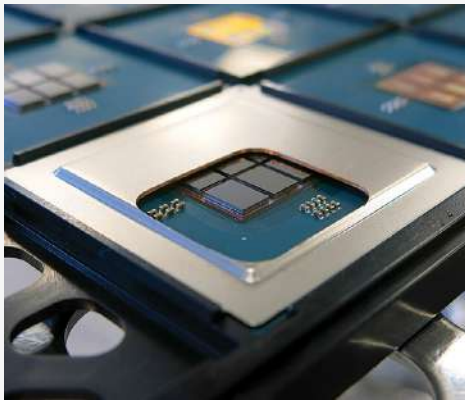


Weight-loss drugs

The global rise in obesity has been called an epidemic by the World Health Organization. Medications like Mounjaro and Wegovy are now among the most powerful tools that patients and physicians have to treat it. Evidence suggests they can even protect against heart attacks and strokes.

Enhanced geothermal systems

Geothermal energy is clean, always available, and virtually limitless. However, because of engineering challenges, we have barely scratched the surface of what it can offer. New drilling techniques, which dig deeper and in places where we couldn't before, are unleashing more of Earth's heat to produce clean energy.



Chiplets

It's getting devilishly hard to make transistors smaller—the trend that defines Moore's Law and has driven progress in computing for decades. Engineers must now find new ways to make computers faster and more efficient. Chiplets are small, specialized chips that can be linked together to do everything a conventional chip does, and more.

The first gene-editing treatment

New treatments based on CRISPR have been in the works for years. In the final weeks of 2023, one from Vertex became the first to earn regulatory approval in both the UK and the US for its ability to cure sickle-cell disease, a life-threatening condition. It won't be the last.



Exascale computers

The world's fastest supercomputers can now perform more than an exaflop's worth of calculations (that's a 1 followed by 18 zeros). New machines that can crunch scientific data at these speeds will enable scientists to perform more sophisticated simulations of the climate, nuclear fission, turbulence, and more.

Heat pumps

Don't let the name fool you. Heat pumps are electric appliances that can both cool and heat buildings, and wider adoption could substantially reduce emissions. Sales have increased around the world; in the US, they have surpassed gas furnaces for the first time. New types that run at higher temperatures could help decarbonize industry, too.



Twitter killers

Elon Musk bought the site now known as X in 2022, and virtually nothing about it has been the same since. He fired most of the staff and dispensed with content moderation, scaring off advertisers and users alike. Now, as alternatives like Bluesky, Threads, and others gain ground, the central town square has given way to private rooms.





**Humour:
How Early You
Should Arrive to
Things According
to Your Dad**

You're gonna want plenty of time.

By Adam Dietz

Source:

<https://www.pointsincase.com/articles/how-early-you-should-arrive-to-things-according-to-your-dad>

Your Favorite Restaurant

When visiting your favorite restaurant, you should plan on arriving 30 to 45 minutes before your reservation. It's your favorite restaurant after all, so you're going to want to enjoy all of the ambiance associated with the parking lot, the waiting area with the benches, and that awkward little room with the gumball machines and free newspapers that separates the two.

Arriving any later than 30 minutes early could actually be considered reckless, as there is a decent chance that you might not be back again for at least another week—better to soak everything at your favorite spot while you have the chance.

Note: If your favorite restaurant is Cracker Barrel (like your mother), you should arrive about two hours early to ensure you have enough time to leisurely shop the Old Country Store.

A New Restaurant

To properly get the lay of the land, it is essential that you arrive at any new restaurant at least 90 minutes early. Truthfully, it's going to take you at least that long to figure out the parking situation and take stock of all the entrances and exits of this foreign locale. Also, because it's a new eatery, it only makes sense that you familiarize yourself with the menu before you sit down at the table as the last thing you want is get caught with your pants down when it comes time to order. In general, it's a good idea to maximize time at a new restaurant so that it has a fair shot at someday maybe becoming your favorite restaurant.

Note: Different locations of the same chain restaurant count as “new restaurants.” So what you view as me going to the same place, Red Robin, over and over again, is actually me being experimental and trying new things.

Weddings

No matter how close you are to the bride and groom, you should always aim to be the first person to arrive at the wedding. It's just good manners! Three to four hours before the nuptials are set to take place will give you plenty of time to help the caterers with food prep and enable you to put in a super-early, super-cool song request with the DJ.

Note: If it's your own kid's wedding, you should throw the three-to-four-hour thing out of the window and instead—somewhat inexplicably—decide to cut things really close. Hey look, I've already said I was sorry.

The Airport

For domestic flights, you should wake up at 4 A.M. and drive directly to the airport, no matter what time of day the flight is.

For international flights, you should get a hotel near the airport and stay there the night before the flight—even if you live in the same town as the airport. When it comes time to leave your hotel for the airport, you should do so at an hour so unfathomably early that you won't be able to tell if it's day or night.

Note: It's always better to drive instead of flying, no matter how far the distance is and how little time you have. Of course, that can also lead to you showing up at your kid's wedding right as the ceremony is about to

start, but we all agreed to move on from that, didn't we?

Professional Sporting Events

Go ahead and plan on getting to any and all professional sporting events six hours early, so as to beat the traffic, get the good parking, and grab a hot dog. And remember that when the game hits its absolute climax—probably a bottom of the 9th inning in baseball or a two-minute warning in football—you'll have to abruptly depart so as to beat the traffic going home. Sporting events should not only be viewed as a competition between the

home and the away team, but also between you and everyone else driving to the game.

Note: Concessions at sporting events are grossly overpriced. If your mom brings her big purse, she can sneak in enough food and drink for the entire family.

Doctor's Appointments

Doctors exist to tell you what to do and suck all of the fun of your life. Should you decide to grace them with your presence, be sure and show up five to ten minutes late.





JULY BIRTHDAYS

01 Trevor Muhwezi	Child	6th July	May your life be filled with the brightest colors and treasures from heaven
02 Simeon Munywevu	Child	13th July	On your special day, we wish you abundance of joy, happiness and love.
03 Sharon Favour Twinomugisha	Child	16th July	We wish you a day as bright and as beautiful as your soul
04 Elijah Kakole	Child	4th July	We wish you happiness in life and the best of everything
05 Daniel Gabriel Kiguli	Child	26th July	You're a gift yourself and you deserve the best of everything
06 Jacinta Ricky Anyango	Child	10th July	We wish you an exciting life full of wonderful discoveries and joyful surprises.
07 Gonzaga Owor Rippey	Child	13th July	Hope your special day brings you all that your heart desires.
08 Jovia Nabbaale Kakeeto	Rotarian	21st July	It's a smile from us, to wish you a day that brings the same kind of happiness and joy that you bring to us.
09 Juliet Kyeyune	Rotarian	8th July	Hope your special day brings you all that your heart desires.
10 Kiiza Charles Lwanga	Rotarian	11th July	We feel so blessed to have someone like you.
11 Martin Kisembo	Child	29th July	We hope your birthday is sweet as you are.
12 Leah Nabukalu Musoke	Rotarian	16th July	As you sail into another year, may only good things drift your way.
13 Chevrrah Eloddie Nankabirwa	Child	8th July	Asking God to bless you with every kind of joy today and always
14 Mashkur Mawanda	Child	02nd July	We send you birthday wishes wrapped with all our love
15 Muzaaki Maria	Rotarian	7th July	You're a gift yourself and you deserve the best of everything
16 Fred Bbaale	Spouse	21st July	We send you birthday wishes wrapped with all our love
17 Valeria Kubana	Rotarian	11th July	Blow a candle and say a prayer, All your wishes will come true
18 Fred Bawulira	Rotarian	11th July	As you sail into another year, may only good things drift your way
19 Sheldon James Wavamunno	Child	25th July	We send you birthday wishes wrapped with all our love
20 Louie Aleper	Child	18th July	We send you birthday wishes wrapped with all our love

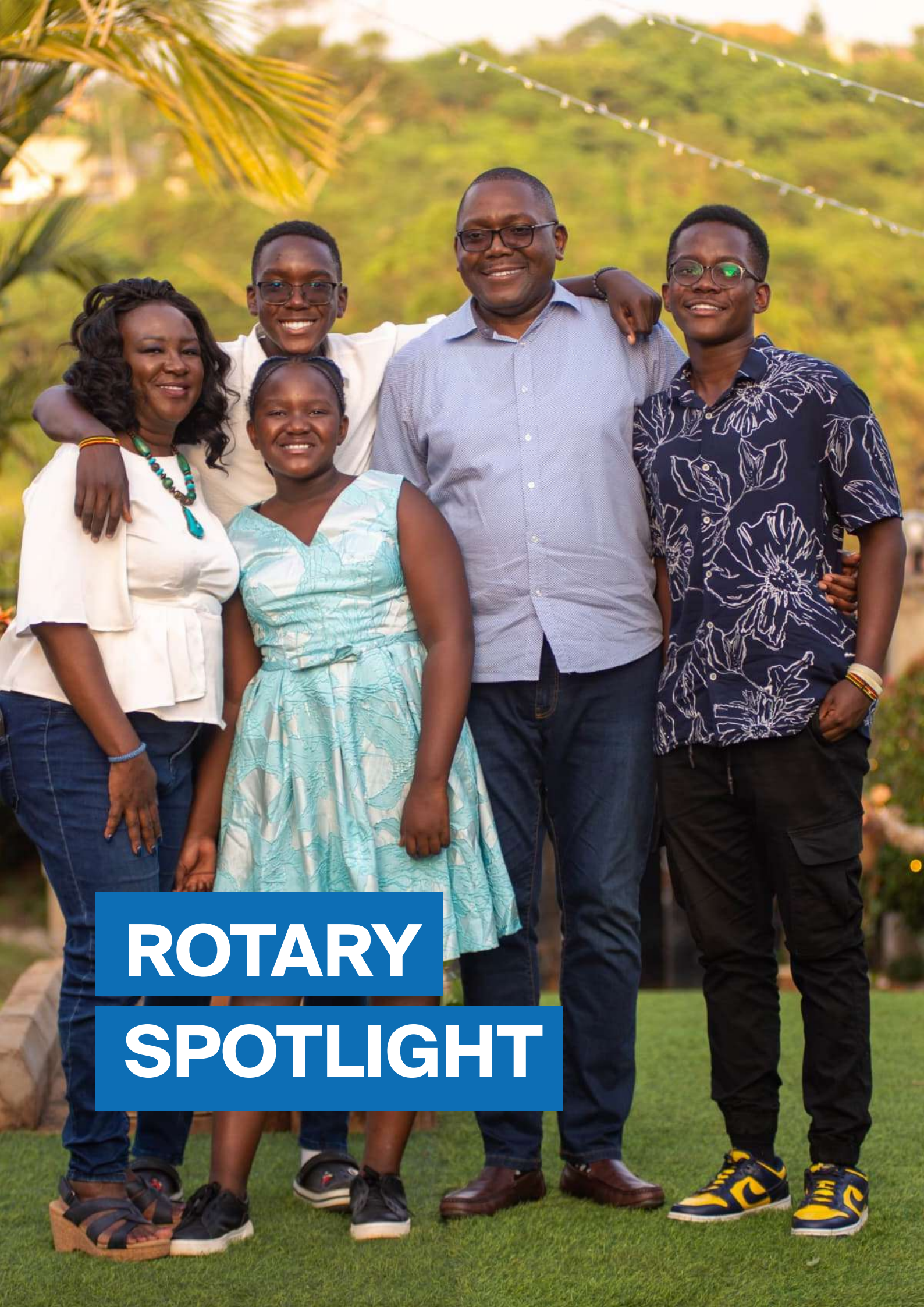
Happy Anniversary



Rotarian 03rd July

Flavia Nabaasa

Best wishes to the best
couple we know



ROTARY

SPOTLIGHT

Rotary Spotlight

A Conversation with President Marion Muyobo Visionary Leader and Dedicated Rotarian

INTRODUCTION

In this special edition of Our Rotary Club Magazine The Passion, we are honored to introduce our newly installed 32nd President of the Rotary Club of Kampala Central, Marion Muyobo. Taking office on 1st July 2024, President Marion brings a wealth of experience, passion, inspiration and a visionary approach to our club. Join us as we explore her journey, insights, and aspirations for the future of our community.

1. Who is Marion Muyobo beyond the title of Rotary President? Could you share a bit about your background and what motivates you in both your personal and professional life?

I am a child of God, Mother and wife who is passionate not only about growing trees but also growing people as well.

Over the years I have grown a strong background in Marketing, Business Strategy Development, ESG execution having worked for Uganda Breweries for many years and now serving on Boards like UAPOM and Uganda Clays Limited to name but a few.

I am currently in charge of Internal Audit at TotalEnergies having joined from the Social performance department where I was for 12 years. So, you can see I am

multiskilled and have evolved and grown over the years by strengthening myself in a number of skill sets and I am still learning and growing.

2. Your installation as President took place on June 3rd. Can you describe the emotions and thoughts you had during the ceremony?

It really dawned on me that it was happening when I looked down at my chest and the chain was on me having been adorned by the Rt. Hon. Deputy Speaker Thomas Tayebwa (a Rotarian of our Club) at a ceremony officiated by my good friend PDG. Dr Emmanuel Katongole.

I am an events person passionate about execution and great experiences, so I was excited and thrilled at the turn up and that the event turned out well. My gratitude

goes out to those who supported us by praying for the event, physically being available in the planning, organizing and set up and those who gave financially.

I have been with the club for 18 years. What has taken me this long to be president? The time was not right. In Ephesians 1:11 I knew your destiny". So I indeed this is the time God had decided for me to be President.

3. As you prepare to start your term on July 1st, what are your primary goals for the upcoming year? How do you plan to impact the Rotary Club and the community?

Our goals are guided by RI and the District 9213 goals and following a board retreat, these were approved at a Club Assembly by Club members. What will be different this year is all hands are going to be on deck. Each and every club member through committees are going to work to support the board to achieve the goals that fall under 4 main categories:

i) INCREASING OUR IMPACT through giving to the Rotary Foundation, we have 3 Global Grants to execute one GG2344843 is in partnership with Rotary Club of E Global Uganda, with regard to the other 2, the club is the lead and they are both in the areas of Maternal and Child Health (MCH) GG2240464 in Health facilities located in 7 Districts with a local implementing Partner Bulamu Healthcare as well as the tree planting initiatives where we have an audacious goal to plant 50k trees.

ii) EXPANDING OUR REACH by growing membership to 80, engaging more with our 3 Rotaract Clubs to strengthen and support them to for example have not less than 10 attend RYLA and then also enhancing the visibility of Rotary through our activities in media, on Rotary Showcase and utilizing Rotary in Action.

iii) ENHANCING PARTICIPANT

ENGAGEMENT through buddy groups, members attending service projects, every member contributing on a committee, 100% of the club to undertake trainings especially in my Rotary year.

iv) INCREASING OUR ABILITY TO ADAPT by streamlining our reporting systems, use of technology and following our strategy and by-laws to meet governance requirement in order to survive as a club.

So you can see As a club we are committed to participating in the 7 areas of focus, Environment, Peace building, disease prevention & treatment. Water, sanitation & hygiene, maternal and child health, Basic Education and Literacy, Community Economic Development. All our projects are undertaken in a sustainable manner for a lasting impact on the lives of individuals and communities.

4. Reflecting on your Rotary journey, what has been the most profound experience that has influenced your approach to leadership and service?

It has to be the tree planting and medical outreaches. This has enabled me to have a sense of responsibility to others so serving the communities especially in the areas of medical and conserving the environment comes from inside of me. I encourage more club members and well-wishers to come with us when we do our medical outreaches especially in Lukwanga and other locations as well as when we go tree growing.

I am subscriber to the belief that "The only way you can truly get more out of life for yourself is to give part of yourself away", in terms of time and resources. The more you give the more you get. Try it. It has worked for me.

5. Let's take a trip down memory lane. What were your childhood dreams and adventures like? How did these early

Rotary

Club of Kampala Central



E

experiences shape your path towards community service and leadership?

As a child I loved roving around the neighborhood with the other kids. In those days there were no walls but either chain link or pine fences (Christmas tree) so we would lift the chain link or make a hole and pass through and go wherever we wanted. I made lifelong friends who even today we are still in touch with and we are supporting each other. In the village some 20 years ago I just woke up and decided to plant a small forest. To this day that forest is there and that is what set me up on a tree planting Journey.

As a first born I have had to carry the weight in a lot of circumstance whether through good or bad times. In 1979 I was in P1, those were the turbulent times of Amin. My mum had to go out and get some food rations so I was left at home to look after my siblings.

By 6pm there was no sign of her so at 6pm I started preparing some beans. I remember we ate the beans with Posho but I cannot tell you I remember how I cooked the posho but she came home and we were fed. Irrespective of whether the food was fit for human consumption but we were satisfied and no one was complaining of stomach problems. My mother also used to send me to Nakasero market as a teenager so that was the beginning of so many responsibilities bestowed upon my shoulders to this day.

6. Has your family been involved in your Rotary activities? Could you share a heartwarming story where your family supported or participated in a Rotary initiative? Family often plays a pivotal role in our lives. Are there any particular family values or stories that have been crucial in guiding your commitment to Rotary?

To begin with, the way I ended up at this

club was through my late Auntie Rosern Rwampororo (RIP). She is the one who encouraged me to join RC Kampala Central. I had my eyes on RC Ssesse because I had so many friends there, but settled for this club where I knew no one. What helped is because of my social profile they knew me so I was no total stranger just needed to fill some gaps.

My Father in Law Rotarian Dr. Eng. Nathan Muyobo is the Charter President of the Rotary Club of Gaba Chartered in 1993. My sons have attended tree planting as well as some of the medical camps greatly enjoyed the bus ride. My Husband Mark is a Rotarian with RC Kiwatule and the club's attendance at our installation was massive, I really appreciate that. My daughter loves coming for the Chicken wings and fish fingers during fellowship at both Kampala Central and Kiwatule and she has also asked to come along especially for the tree planting because they are now learning about Climate Change so she has taken a keen interest. So yes my family has been involved.

7. Aside from your Rotary commitments, what are some of your personal passions and hobbies? How do these interests complement your work with Rotary?

I love dancing. My favorite exercises are the Sukuma and Spin classes. I also love outings where muchomo is involved so the Kimeza after service projects I really look forward to because there is music and muchomo.

8. Imagine sharing a personal story around a campfire with fellow Rotarians. What tale would you tell that best reflects your journey and character?

When I climbed Mt Kilimanjaro in 2001 to raise funds with a small representative group of volunteer employees of East African Breweries Ltd (EABL) little did I know that in itself that was the watershed moment for my volunteering journey.



Years later I joined Rotary. My key focus areas of interest are intertwined with those of SDGs and Rotary Foundation.

My prayers and hope is that everyone can come to realize that Service to Community is very fulfilling. But most importantly it has to be done in a sustainable manner that involves the community and partners because it is them that will take it forward.

We should desist from doing these events for photo opportunities. There is nothing wrong with the photos because this gives visibility to the activity but for example why would 30 people go for tree planting, plant 2 seedlings on average ie 60 seedlings, moreover in the absence of community members. There should be a minimum of 50 seedlings planted by each. I also wonder about all these marathons to just drive awareness. If it is to raise funds, raise awareness and actually have an activity like tree planting, blood donation, health check that makes sense.

9. Balancing personal life with Rotary responsibilities can be challenging. How do you manage to keep both aspects vibrant and fulfilling?

It is all about prioritization, waking up early, doing certain things in sequence, I check my calendar before I do anything sometimes even the day before, then minimizing distractions. A lot of so-called professionals struggle with life work balance because they don't have the right habits and discipline to manage their lives and so they struggle and say they don't have time to do this or the other. I have observed them even in Rotary or in office meetings they are on Candy Crush. If you are intentional about the allocation of the little time you have between 5am and 9pm you will be amazed what you can accomplish and how much more blessings will be bestowed upon you.

Personally, I prioritize my Spirituality, followed by my health, then my family, my job then my work. Jesus's Job was, he was a Carpenter, His Work is what

God put him on earth to do that is why he said “when my work on earth is done” and indeed when he was crucified on the cross he said “Father My Work on Earth is finished”. My work is to grow two things people and trees.

I know I can count on the support and prayers of my Husband Mark, Sons Manuel and Malcolm as well as daughter Marcella to be there for me through my Presidency. They will grow to understand that for these 12 months they have to share me MORE with Rotary.

10. Your professional career adds another dimension to your leadership. Can you share an instance where your professional skills and Rotary values perfectly aligned to benefit the community? / Can you recall a time when your personal hobby or interest unexpectedly played a crucial role in a Rotary project, creating a unique synergy?/ Was there a specific moment or event that ignited your passion for community service? What inspired you to become a Rotarian?

My work with EABL Foundation and later

with Total Working with communities around the focus areas aligns with Rotary and the sustainable development goals.

These include areas of Climate and tree planting, Water and Sanitation, Basic Education and Literacy, Economic Community Development, Maternal and Child Health. These all line up so well with the areas I am passionate about.

I am also an ardent advocate for leadership so I hope this presidency will humble me and grow me as an authentic leader and open up more opportunities for service.

The other key aspect is my project management skills. I have been part of the Miss Uganda event, Pearl of Africa Music awards, project led changes of the UBL beer bottle from “Euro” to the current bottle and then also label changes including Bell and Uganda Waragi. These are massive events that honed my project management skills so when I ask for a GANTT chart for 32nd Installation you know where I am coming from and you can see the results so going forward let’s



plan in time have resources in place and execute with excellence.

So indeed with my personal experiences both at work and how active I was with family activities that is how my Auntie Rosern identified my qualities as a potential Rotarian around 18 years ago and the rest is history.

11. Life teaches us valuable lessons through our careers. Is there a particular achievement or experience that significantly shaped your perspective on life and service?

My most significant step change growth has to have been at • Uganda Breweries Limited (UBL). That is where I got my AHA Light bulb moment. UBL really invested in our personal growth. I took a 360 that helped me on my Journey of Personal growth. It gave me an appreciation of why our Group MDs Gerald Mahinda and later Seni Adetu used to give us personal growth books at every opportunity they got. I wish I had gone through 7 Habits and 8th Habit when I was a teenager. In fact, both my teenage sons have massively benefitted from these programs. Some of my other books that have been of great influence are LEAP, 5AM Club, The Monk who sold his Ferrari. I also encourage you to i) Join Book clubs like the one I belong to called Pillars Book Club by Charity Byarugaba ii) take time for self-reflection with programs like Ezer now rebranded to Talitha run by Pamela Babirukamu.

One has to find their Purpose and find out what Work God put them on earth to do. My Job I work at TotalEnergies EP Uganda, My Work: To inspire growth not just of trees but also of people especially women.

The other reason I would say that this is the right moment for me to be coming in as President is what my contribution will be towards Governance of this Club. I have and do serve on a number of boards including Uganda Clays and UAP Old

Mutual in various committees including Internal Audit and Finance Committees. This experience is timely for the club because there are a number of things this club needs to desperately put in place. As we speak this club will for the first time be able to have Club Accounts audited and approved for the year before it in line with the Club Bylaws. So the team 2526 will find audited accounts in order to submit for 2025 grant qualification in addition with other requirements.

12. Personal mantras often guide us through challenges. Could you share your guiding principles or mottos that have influenced your Rotary journey and beyond?

The Illiterate of the 21st Century are not those who cannot Read and Write but those who cannot LEARN, UNLEARN and RELEARN

There is a scene at the beginning of the GLADIATOR movie where xx is preparing his troops for a battle he is showing great leadership and inspiring his people. But what caught my attention is there is a General at the top of the hill on his horse just watching. This General has led months and months of preparation and planning most probably with the input of his xx. They have now been left to execute.

13. We all face challenges. Could you describe a time when your personal mantra helped you navigate through a difficult period, providing clarity and strength?

I have had many difficult periods such as when I had to change jobs from Marketing to CSR then back to marketing then to the ESG realm and then now Internal Audit. The points at which I was asked to make these changes, I felt like I was sinking because I didn't want to change from my comfort zone, but very quickly I would remember and tell myself if they have asked me to do this, they trust that I can deliver it. So I would grab on to the hope

that I could actually succeed so this hope is what would pull me out so I would start a new life curve and rise and succeed. One has to remember that in Mathew 14: 22-23 when Jesus asked Peter to come to him walking on water, he did then he had doubts and started sinking when Peter stretched out his hand Jesus pulled him out and they walked the water and entered the boat.

14. Regrets can be powerful learning experiences. Would you be open to sharing a story where you turned a regret into an opportunity for growth and resilience?

I regret not having been more active every single year since I joined Rotary and not contributing to the growth and strengthening of not just my club but other clubs because I have been blessed with so much experience, skills and knowledge.

But I also have to say I do not regret not having been President earlier the time is now. All the rings are lining up properly. It is not a coincidence that The RI President

Stephanie Urchick is a Woman, The DG 9213 Anne Nkutu is a Woman, I am a Woman. In our Year we shall as a district be celebrating on the 100th DISCON. All these are like golden rings perfectly circulating around each other and perfectly lining up. That is God's work. Jeremiah 29:11 For I know what plans I have for you.

15. Rotary experiences often offer profound life lessons. What insights have you gained from your time in Rotary that have enriched your personal life?

Serving with volunteers has to be the ultimate lesson. If you are serving on a committee you cannot force your colleagues however what I have learnt and been able to use in my personal life is how to motivate and influence by making them see the outcome and their role and how they will feel at that point. We take governance in entities for granted and we don't realize how much we are able to share our experiences to grow but but also you get lessons of if things are not done the right way the consequences for example poor prior planning of activities or not



focusing on a few things and wanting to do so many things and then doing them badly. The 80:20 paradigm

16. Envisioning an ideal future, what would it look like for you and the community you serve, having achieved all your Rotary dreams?

My ideal future in Uganda specifically is one where Rotary is no longer coming in to fill the gap that Government is supposed to do especially in the areas of Health, Education, Water and Sanitation and tree planting, but instead for Rotarians to Support Government to enhance and top up but also start supporting other communities outside Uganda to get to the level we will have reached in Uganda.

17. Looking ahead, what are your dreams and aspirations for the Rotary Club of Kampala Central? How do you envision contributing to a brighter future for the community?/If you could leave our readers with one message or call to action, what would it be? How can they get involved in the transformative work of Rotary?

My call to action to Rotarians is don't be a Rotarian in Name, be a Rotarian of Action by physically attend fellowship and most importantly being on the ground to support in the execution of community projects. The Vision of RC Kampala Central is "To be recognized as a green club for community service and promotion of Peace" We cannot do this if every single member does not walk the talk. Dear Member if you have never come to a tree planting initiative how can you call yourself a member of the green club. For you who has never planted a single tree, check yourself, are you really true to yourself and Rotary?.

To the Non-Rotarians and partners please come and partner and work with us by attending our community projects and support whether in kind or financially we really need your support.

Let's be open to learning from other clubs, bench mark and equally let's go out and share what has worked for us we are working towards the same goal to create sustainable Magic in the world.

We shall be a club known as the go to for Governance, Club with most members active in community activities, but most important club for greatest contribution towards climate change.

18. Finally, can you share a heartwarming or memorable interaction with a community member or fellow Rotarian that encapsulates the true spirit of Rotary's service and friendship?

It has to be with a lady I met in Kira. I collected all my kids' clothes which were in good condition and drove to Kira Divisional Police station to give them to the person who normally receives abandoned kids to take to the person who looks after them. When I got there, they took me to the probation officer at the station. She was so delighted but asked me to go with her to the lady who lives not too far from the station. So, we drove there. We found a lady who looks after abandoned kids in her little house. Well-wishers bring her stuff. But what struck me most was that this was not sustainable especially food. So I got her some vegetable seedlings to plant and encouraged her to use whatever small area she has to plant food and also encourage the kids to participate. I need to go back see how Rotary Clubs nearer to her can be engaged to support her in partnership with our club.

I have mentioned it before but I want to conclude with this. The only way you can truly get more out of life for yourself is to give part of yourself away.

PRESIDENT ELECT - PROFILE



KYAMBADDE ARTHUR

Rotaract Club of Nakawa Vocational Training College

Kyambadde Arthur has been an active member of the Rotaract Club of Nakawa Vocational Training College for the past 1 year. As a Rotaractor, Arthur is dedicated to the organization's mission of "Service Above Self" and has participated in numerous community service projects and initiatives. Some of Arthur's key contributions to Rotaract include:

- Club Vice president in 2023-2024, leading the organization through the challenges the club has been experiencing post COVID 19 pandemic.

- Mentoring new Rotaractors and helping them get involved in the club's activities and committees.

Outside Rotary, Arthur loves culture and he is the vice president Baganda Nkobazambogo club of Nakawa VTC. He is the current chairperson of the education committee at Nakawa VTC.

Arthur is currently pursuing a National Diploma in Civil Engineering from Nakawa VTC.

PRESIDENT ELECT - PROFILE



GLADYS NAKISEKKA

PE - Rac Kampala (ROCK)

Name: Gladys Nakisekka

Profession: Telecommunications Engineer

Primary School- Namugongo Girls' Boarding Primary School

O level Secondary School - St. Joseph's Senior Secondary School, Naggalama

A level school - Seeta High School

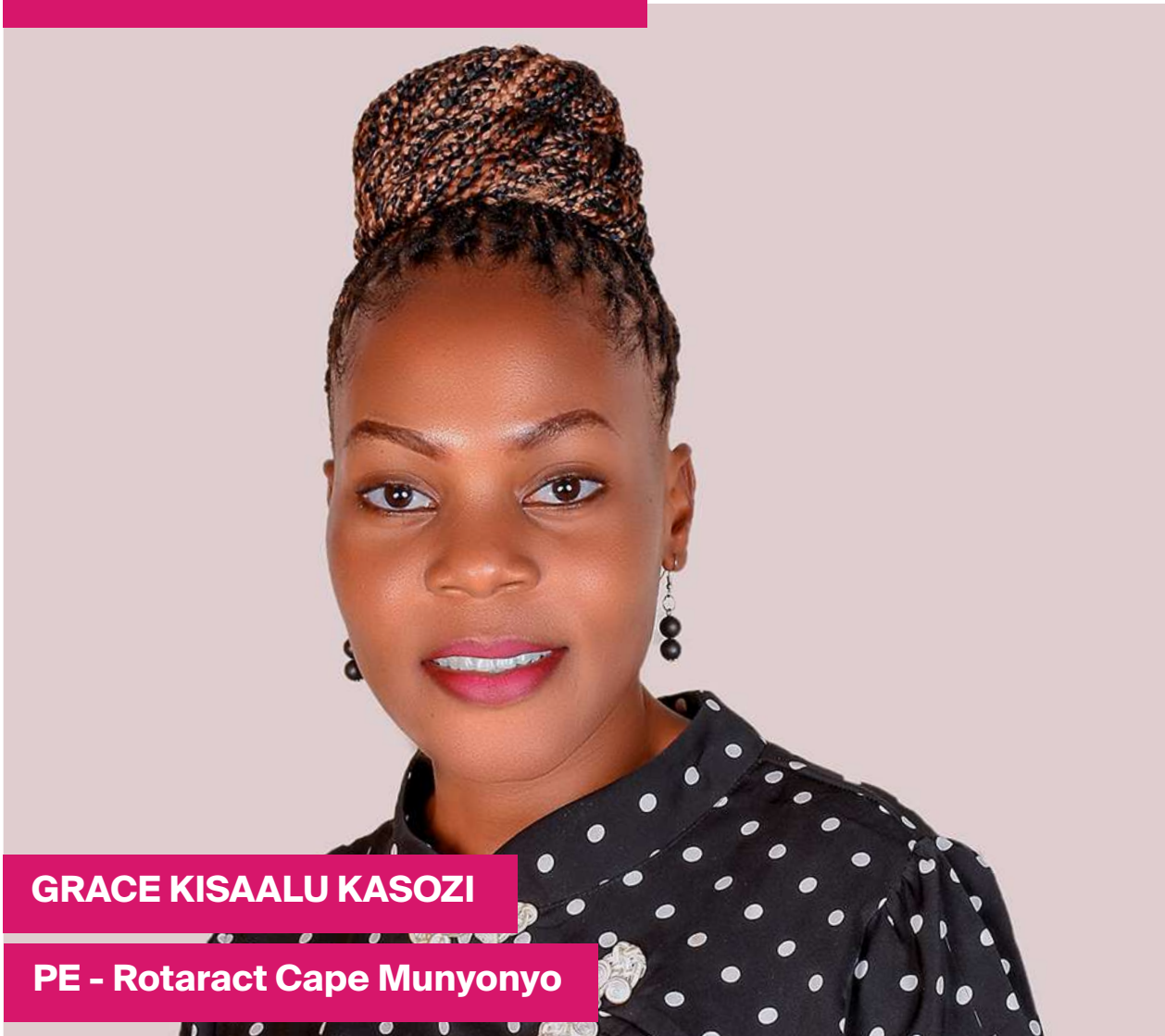
University- Makerere University
Major- Bachelor of Science in Telecommunications Engineering

Worked with DataNet, Bringcom Company as a Network Operations Center Engineer

And later joined CNOOC Uganda Limited as a Project Assistant

Former secretary of the club for RY2022-2023

PRESIDENT ELECT - PROFILE

**GRACE KISAALU KASOZI****PE - Rotaract Cape Munyonyo**

Grace Kisaalu Kasozi is a dynamic and ambitious professional with a background in Building and Civil Engineering. She holds a Bachelor's Degree in Building and Civil Engineering from Muteesa I Royal University (2020-2022). She also holds a National Diploma in Building and Civil Engineering from Buganda Royal Institute of Business and Technical Education (2017-2019).

She went to St. Stephen's College Bajja where she obtained her Uganda Advanced Certificate of Education and Blessed Sacrament Senior Secondary School Kimaanya where she obtained her Uganda Certificate of Education. Earlier, she attended Stella Maris Primary School.

Currently, she works as a Project Coordinator at 3M Design and Construction Ltd. She also worked as a Site Supervisor at NCOSHA Construction Company Ltd.

She joined the Rotaract Club of Cape Munyonyo in 2019 as a guest and was inducted in 2020. She has attended various district activities such as RYLA 2020, REI Soroti, REI Ntungamo, and the Rotaract Festival. She served as Club Service Director (2020), Club Secretary (2021-2022), Membership Director (2023-2024), and currently, she is the President-Elect. She enjoys traveling, making friends, learning new skills, listening to music, and adventure.

INSTALLATION OF PRESIDENT MARION MUYOBO ALBUM





INSTALLATION OF PRESIDENT GRACE KISAALU KASOZI-ROTARACT CLUB OF CAPE MUNYONYO.

ALBUM



INSTALLATION OF PRESIDENT SARAH NSUBUGA-ROTARY CLUB OF KAMPALA MUYENGA BREEZE. ALBUM



LAUNCH OF BUTIITI GLOBAL GRANT.



WEEKLY FELLOWSHIPS ALBUM



RUN FOR THE NILE PARTNER APPRECIATION ALBUM





Rotary Club of Kampala Central

RY 2023/24 Annual Performance Report

Prepared by: Mark Henry Rubarenzya

CLUB SECRETARY

JUNE 2024

1.0 INTRODUCTION

Club Overview

Fact File:

District 9213

Charter date: 13th July 1993

Club Number: 29697

Members as of December 31, 2023: 79 Active Members

Meetings: Hotel Africana, Wednesdays (6:00 pm to 7:00 pm)

2.0 BACKGROUND

Established in 2011, the Rotary Club of Kampala Central presents this performance analysis for the Rotary year 2023-2024. Aligning with our 2022-2027 strategic plan, this report utilizes data and statistics to detail our progress against established goals transparently.

Committed to accountability and informed decision-making, we present our achievements, challenges, and lessons learned. The enclosed tables and statistics showcase our dedication to exceeding expectations, reflecting the efforts of our members and robust leadership team.

This report aims to provide a clear understanding of our trajectory and unwavering commitment to excellence. We remain confident in achieving and exceeding, our set goals for the remainder of the year.

3.0 ANNUAL PERFORMANCE

STRATEGIC GOAL NO.1: INCREASE OUR IMPACT

Key Performance Indicator	Annual Goal/Target	Annual Performance	Performance (%)	Details/Remarks
Annual Fund Giving	USD 15,000	32,315	215%	Exceeded Goal
Polio Plus Giving	USD 1,500	USD 8,370	558%	Exceeded Goal
Endowments Giving	0	0	N/A	
Every Rotarian Every Year (EREY) Giving	100%	79 Members	100%	Achieved the goal
New PHFs	2	4	200%	Rtn Joan Akoth, Rtn Douglas Damba, Rtn Fred Kyaka, Rtn Robert Sebugwawo
Multiple PHFs	2	4	200%	Rtn Fred Bawulira, Rtn Joan Musiime, Rtn Sheila Naturinda, Rtn Patrick Ocailap.
Utilization - Global Grant	2	2	100%	<ul style="list-style-type: none"> GG 2240464 MCH in Uganda Supporting RC Uganda e-global in Butiti (GG 2344843) Kyengera Women's Hospital

Key Performance Indicator	Annual Goal/Target	Annual Performance	Performance (%)	Details/Remarks
Service Projects	12	6	50%	<ul style="list-style-type: none"> Working with RC Uganda e-global and contributed to Butiiti GG 2344843 Working with Platinum Credit Uganda Limited as a corporate club member and sponsor for the Cancer Run 2023. Also worked with the National Drug Authority to buy cancer run kits through the club Club selected by the district to lead the GG 2240464 MCH in Uganda. Boy Child Uplifting Program in Buyijja, Mpigi district. Established an orchard at Nyenga Seminary Organized a medical camp in Lukwanga, where we provided a range of essential services. The activities encompassed immunization, dental services, family planning training, counseling, and general consultations. Completed and handed over architectural plans for Kibira Kya Kabaka Project to Buganda Kingdom.
Collaboration-Participation with seven or more Rotary/Rotaract Clubs on 7X7 Projects	0	0	N/A	Not planned for.

STRATEGIC GOAL NO.2: EXPAND OUR REACH

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
	New Member Sponsorship	4	4	100%	The mentorship program and a dedicated WhatsApp group were effective tools for recruitment.
	New Rotary Clubs	0	0	N/A	We continued supporting our baby club, RC Buloba, and had a football game with RC Buloba and RC Kireka Bujuuko.
	Rotaract Clubs	3	3	100%	We continued sponsoring 3 clubs (ROCK, Cape Munyonyo, Nakawa Vocational Institute)
	Interact Clubs	2	0	0%	We worked to revive the previously existing clubs
	Youth Sponsorship on RYLA	2	13	650%	We supported the biggest number of youths at RYLA.
	Brand awareness (Fliers, Publicity Materials, and Social media platforms)	100%	100%	100%	<ul style="list-style-type: none"> • Rotary branding is prominently visible on social media, including our new TikTok account. • Rotary Club Runner is consistently updated with current information. • The Passion Magazine is published monthly, showcasing club activities and Rotary branding. • New teardrop and BCUP banners featuring the current Rotary logo were produced. • Recruited a club administrator dedicated to managing PR and ensuring correct branding. • Purchased equipment for high-quality online meetings and capturing fellowship moments, all branded appropriately.

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
					<ul style="list-style-type: none"> Instagram and Facebook pages are regularly updated, using current Rotary logos and promoting members as People of Action.
	Print Media stories	4	6	150%	<ul style="list-style-type: none"> More stories about the installation of the 32nd installation
	DEI Promotion	100%	100%	100%	<ul style="list-style-type: none"> Attracted 1 Rotaractor from our daughter club. Elevated the Deputy Speaker of Parliament into an active member of the club from his honorary status.
	Joint fellowship with Rotaract	1	1	100%	<ul style="list-style-type: none"> The joint fellowship held on 31 January 2024. At least 4 Rotaract Clubs (ROCK, Muyenga, NVTI, Cape Munyonyo) participated.

STRATEGIC GOAL NO.3: ENHANCE PARTICIPANTS' ENGAGEMENT

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
	Boy Child Uplifting Program (BCUP) – Club member's participation	5 schools	5 schools	100%	<ul style="list-style-type: none"> A BCUP event was held on the 30th of September 2023 at Buyijja Kabira P/S focusing on mindset change, drugs, and substance abuse, and career guidance. 500 pupils and 8 students attended.
	Mental Health Program - Club Members Participation	1	1	100%	<ul style="list-style-type: none"> Undertook an outreach initiative during the Medical Camp at Lukwanga, which took place on December 16,

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
					2023. Three qualified counsellors were on hand to provide counselling services.
	Leadership Development Training	2	1	50%	<ul style="list-style-type: none"> All committee chairs were given records of their roles. Club committee chairs were trained in RY22/23.
	District Training Participation	10	10	100%	<ul style="list-style-type: none"> Attended 3 BCUP trainings, 1 Mental Health training, 2 trainings on public image, and trainings for Club officials.
	Member Retention	75	79	100%	Does not consider members who join during the Rotary Year.
	Participation in Rotary Fellowships	1	1	100%	Rotary Mariners Fellowship. We have two members in this fellowship.
	Participation in Rotary Action Groups	1	1	100%	<p>Rotary Action Group for saving the environment.</p> <p>We have 1 member in this group.</p>
	Social Activities	5	5	100%	<p>Bus parties, Club night out, Hosting at the President's farm, home hospitalities including in Kanungu.</p> <p>Participated in the 'Break a Leg' fundraising competition for the Rotaract Club of Kampala Central</p>
	Benefit initiatives for Club members	1	0	0%	The board is developing a new theme night that will be open to all Rotarians. The concept was still under

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
					development at the close of the Rotary Year.
	99 th DCA Participation	10	27	270%	

STRATEGIC GOAL NO.4: INCREASE OUR ABILITY TO ADAPT

(i) Use of Technology & Innovation

No.	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Details/Remarks
1.	All Club members to adapt to using Technology (My Rotary, Club Runner)	All Club members	72 Members out of a total of 79	92.4%	All club fellowships are streamed via Zoom for offsite members and guests. 7 members have yet to create My Rotary accounts.
2.	Innovations	4	4	100%	<ul style="list-style-type: none"> • Purchased modern equipment for high-quality online streaming of fellowships and events. • Opened and actively managed a new TikTok account. • Zoned club members by residence to encourage local meetups and strengthen connections. • Held joint sporting activity with baby club to support and promote collaboration.

(ii) Governance & Management

No	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Remarks
1	Stewardship	2	2	100%	All pending Global grant reports submitted. Successful with 3 grant applications. Processed club URSB returns certificate. The club now qualifies for grants.
2	RI semiannual dues	USD 7,545.22	USD 7,545.22	100%	Annual RI dues (USD 7,545.22) fully paid
3	District dues	USD 2,310	USD 2,310	100%	Annual district dues (USD 2310) fully paid
4	Board meetings	12	12	100%	Held 12 board meetings with an average attendance of ten members.
5	Club Assemblies	4	5	125%	Held an extraordinary club assembly to resolve participation in global grants. Held an extraordinary club assembly to discuss the Rotary Year 22/23 accounts. Held an extraordinary club assembly to amend our URSB member list for submitting returns and qualifying for grants. Held an assembly to resolve participation in the Program of Scale and the Safe Water for Schools global grant. Held an assembly to discuss the work plan for Rotary Year 2024/2025.
6	Monthly update of Club	12	12	100%	Goals entered in RCC Regular updates on RCC

No .	Key Performance Indicator	Annual Goal	Annual Performance	Performance (%)	Remarks
	information on RCC				
7	DG's Visit	1	1	100%	Successfully hosted the DG on the 26 th of July 2023. 1500 USD committed to Polio activities.
8	Charter Night	0	0	N/A	This was not planned for.

4.0 TRENDS FOR THE CLUB



Age Trends



as of: 08-jun-2024

Annual Fund Trends



as of: 07-jun-2024

5.0 CHALLENGES

Internal Challenges:

- **Member Engagement:** Lower than anticipated participation in club activities, particularly fellowship meetings and service projects, persisted, hindering project implementation and fundraising efforts. The club is actively exploring strategies to enhance member engagement.
- **Grant Utilization:** Delays in the qualification process for Global Grants due to recent changes at the Uganda Registration Services Bureau (URSB) impacted project timelines. This was eventually worked on.
- **Financial Sustainability:** A lower than desired response to dues payment calls hampered club finances, potentially affecting project continuity and operational capacity.

External Challenges:

- **Economic Fluctuations:** Unfavorable exchange rates posed a financial risk during periods of receiving remittances from Rotary International (RI). This highlights the club's vulnerability to external economic factors. The club is exploring strategies to mitigate currency fluctuation risks.
- **District-Wide Issues:** Recognizing that these challenges, particularly member engagement and financial sustainability, are shared by District 9213 and neighboring districts underscores their systemic nature and suggests the need for collaborative solutions. The club is actively participating in District initiatives aimed at addressing these shared challenges.

6.0 STRATEGIES TO OVERCOME CHALLENGES AND ENHANCE CLUB OPERATIONS

Despite various setbacks, the Club persevered in its mission to serve the community, delivering on a significant portion of its pledges. Acknowledging the influence of local circumstances, such as recent fluctuations in fuel prices and disruptions in the global supply chain, the club proactively implemented several strategies to address internal budgetary constraints. These included:

Boosting Member Engagement:

- **Hybrid Meeting Format:** Recognizing the shift towards online interaction, the club successfully adopted a hybrid format for fellowships, catering to both in-person and virtual preferences. This approach, including live-streamed meetings with interactive elements, has seen a significant increase in average attendance.
- **Engaging Social Events:** The club actively pursued social events to foster connections and camaraderie among members, potentially leading to increased project participation. For instance, the recent Home Hospitality in Kanungu District attracted a large turnout and fostered a positive club atmosphere..

Streamlining Membership Processes:

- **Efficient Qualification:** The streamlined membership qualification process, coupled with the strengthened training and mentorship program, is helping to expedite onboarding and member integration. This has resulted in a reduction in onboarding time and improved member retention.
- **Targeted Recruitment:** Analyzing membership demographics and identifying potential member pools is informing our targeted recruitment efforts.

Enhancing Financial Sustainability:

- **Diversified Fundraising:** The Club continues to actively develop alternative fundraising methods alongside continued dues collection efforts that can mitigate the impact of economic fluctuations. The 'Run for the Nile' flagship initiative is one of these. The most recent "Run for the Nile" event successfully raised UGX 50,000,000 for community projects, demonstrating the success of our diversified fundraising approach.

Fostering Collaboration:

- **District & Inter-District Partnerships:** The club's active collaboration with District 9213 and neighbouring districts demonstrates a commitment to shared learning and resource sharing, which can benefit all involved clubs.

By continuing to implement these strategies and seeking innovative solutions, the Rotary Club of Kampala Central continues to overcome challenges, strengthen its operations, and remain a dedicated force for positive change in its community.

7.0 CONCLUSION

Despite facing hurdles like low member engagement and external economic fluctuations, the Rotary Club of Kampala Central achieved all its set goals for the Year 2023/2024. This accomplishment demonstrates dedication, resilience, and innovation.

The club embraced a hybrid meeting format, fostering connection and boosting participation. Streamlined processes like efficient new member qualification and targeted recruitment resulted in a more engaged and active membership. Diversified fundraising, including the successful "Run for the Nile" initiative, supported financial stability. Recognizing broader challenges, the club actively pursued partnership opportunities with Clubs in District 9213 and other districts for shared learning and resource sharing. This collaborative spirit helped overcome challenges like delays in obtaining permits from the Uganda Registration Services Bureau (URSB) and other systemic issues.

Looking ahead, the Rotary Club of Kampala Central remains committed to serving the community and achieving even greater impact in 2024/2025.

Moments in pictures: The year in review

Fellowships:



Gift Exchange:



PHFs:



Tree growing at Nyenga Seminary:





Nile Run:



Tree Planting In Jinja with RC Jinja and RC Kyadondo



Social Activities:



BCUP:



Kibira kya Kabaka:



Rotary District Conference 2024



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Districts Covered

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