

# INDIAN FOOD HELPS! — Enjoy helping while eating good food



**Život 90** asks for financial support to help seniors during the corona virus crisis. ŽIVOT 90, together with the City of Prague, has established a Coordination Crisis Center for the Elderly, which provides assistance in delivering food, medicines and organizing volunteers to help seniors meet their life needs. For more information visit <a href="www.pomahamepraze.cz">www.pomahamepraze.cz</a>. At this time of the coronavirus epidemic, there are many more demands for assistance to the elderly who are particularly vulnerable to this disease. ŽIVOT 90 will use financial assistance to purchase protective clothing and equipment for volunteers to help seniors safely and effectively.

Please help us support ŽIVOT 90 in their constant work in these difficult moments. All the profits from your purchase of our Indian Food lunches will go to ŽIVOT 90.

These special two weeks of Indian food will be available from Tuesday 14.4. to Friday 24.4.2020. You can once again enjoy great Indian lunches prepared by The Curry House restaurant which was voted the Best Curry in Prague.

## Menu od 14 dubna 2020

#### 1. Tandoori chicken + rice or nan

Chicken marinted in a sauce of yoghurt with various spices and grilled in the Tandoor oven

#### 2. Chicken Madras + rice or nan

Chicken in a medium hot and sour sauce made with chilli, lemon and tomato

#### 3. Butter chicken + rice or nan

Marinated and grilled chicken in a slightly spicy delicious tomato and butter sauce

## 4. Chicken Tikka masala + rice or nan

Grilled chicken tikka in a special sauce with butter, Cream, coconut and almonds

## 5. Paneer Makhani + rice or nan

Home-made cheese in a lightly spiced tomato-butter sauce with delicious taste

For a list of allergens please consult

the on-line menu of The Curry House: www.curryhouse.cz



200,-



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Please order your food no later than 19.00 on the day before delivery required using our on-line order form at: <a href="https://www.indianfoodhelps.cz">www.indianfoodhelps.cz</a>
Your food will be delivered free between 11.30—13.30

More information about us at: www.rcpi.club

You can also make additional donations to our project at: <a href="mailto:darujme.cz/projekt/1202809">darujme.cz/projekt/1202809</a>
or to: Rotary Club Prague International, Unicredit Bank a.s. account no. 2500440001/2700
For other enquiries please write to us at: <a href="mailto:indianfoodhelps@gmail.com">indianfoodhelps@gmail.com</a>