



THE BARKER

ROTARY CLUB OF EDINA

April 2, 2015 Meeting Assignments

Greeters	Les Jones, Royce Pavelka & Luther Amundson
Front Desk	San Asato
Invocation	Doug Bailey
Guest Introductions	Michael Stanzak
Barker	Amir Gharbi
Thank the Speaker	Skip Thomas

Program: Comedian Bill Arnold, best known as co-writer and co-star of *Triple Espresso*

Menu: Open-face pulled pork sandwich or turkey chopped salad

April 7, 2015 Meeting Assignments

Joint meeting with the Edina Morningside Rotary Club will be at 7:15 a.m. Tuesday, April 7, at the Edina Country Club. Tech Dump will be holding a free electronics recycling event in the ECC parking lot from 7 to 9:30 a.m. **There is no Rotary Club of Edina meeting Thursday, April 9.**

Greeters	Jack Kennefick, Luther Amundson, & Steve Buettner
Front Desk	Gary Aulik
Barker	Ann Platt

Program: Edina School District Superintendent Ric Dressen, also a member of EMRC, will speak about the bonding referendum set to be voted on in May.

Join us for the Rotary happy hour tonight at 5:30 p.m. at Byerlys

The next meeting of the Vocational Development Group will be tonight, **Wednesday, April 1, beginning at 5:30 p.m.** at "The Mezz," located upstairs in the new Byerly's at 7171 France Ave. S. in Edina. The event will feature a short social period, with a "formal" program beginning at 6 p.m. April's featured presenter will be **Joe Graca**. The Vocational Development Group meets on the first Wednesday of each month. All Rotarians are welcome.

In Review

March 26, 2015

By Paul Peterson

So nice to be asked to write the "In Review" section. I'm shocked, actually, as us "musician folk" are pinned to not have the ability to complete a cohesive sentence. **President Jeff Ohe** had faith in me, especially since I said I'd **have Paul Mooty** proofread my column. (Has anyone seen Paul?)

Just to get some background information on the **Jeff**, I asked him what book he had on HIS nightstand. He immediately responded, "It Takes 5 to Field a Basketball Team...Get Busy." In return, I thought I'd ask **Past President Steve Slyce** what book he has on his nightstand. Without hesitation, he responded "Fifty Shades of Gravy."

Now for the good stuff.

You were greeted this afternoon by **Doug Johnson, Susan Johnson,** and **Greg Yoch.**

The invocation and pledge was led by **Jack Kennefick.**

Your program chair for the day was **Sue Spalding.**

The front desk was covered by **Joe Arends,** and pinch-hitting for **Audri Schwarz** was **Barbara Born.**

At precisely 12:34 p.m., **President Jeff Ohe** struck the bell like the beginning of a Mohammed Ali prizefight. He reminded us of the five Avenues of Service: Club Service, Youth Service, Vocational Service, International Service, and Community Service. **President-Elect Jennifer Bennerotte** conducted a survey, asking Rotarians why they joined our group. One reason for our younger members was to network with fellow Rotarians. In response, **Kip Peterson** created a networking event the first Wednesday of every month at 5:30 p.m. at "The Mezz," in the new Byerly's on France Avenue. The next event is April 1.

Bring your old electronics to Tech Dump for recycling! Drop off your items in the parking lot of Edina Country Club on Tuesday, April 7, from 7 to 9:30 a.m., during the joint meeting with the Edina Morningside Rotary Club and our Club.

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4801 W. 50th St • Edina, MN 55424
Jennifer Garske, Club Administrator

www.rotary.org • www.edinarotary.org • www.rotary5950.org

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Sutton McGraw welcomed guests and visiting Rotarians, including: **Bill Clynes** brought his wife, Lois; **Keith Benson** brought his brother, Jeff; **Dr. Tim Fargo's** guest was Erin Sontowski; **Brad Hepp's** guest was Shelly Loberg; **Royce Pavelka's** guest was Kelly Konechne; **Josh Sprague's** guests were David Aase, as well as Daniel Hennen, and Rob Gadtke (both in the process of becoming members). Visiting Rotarians were Michael and Geraldine Zwack from Menorca, Spain; Ian Nemern from EMRC; and Kishor Parekh from Mumbai, India, along with guest Ketal Smeth. **President Ohe** exchanged flags with Rotarian Kishor Parekh.

Past President Steve Slyce filled in for **Michael Stanzak**, reminding of us of our upcoming Fireside Chats. They will take place April 14 at **Brad Hepp's** mansion, April 16 at **Gordy Lewis's** hanger, April 21 at **Sutton McGraw's** palace, and April 23 at **Jon Barnett's** heavily secured bunker. Register online at www.edinarotary.org.

Patrik Pisecky, one of our two Youth Exchange students, gave his country talk. He reminded us that he is from the Czech Republic, which he described as the "heart of Europe." The countryside is filled with rolling hills, including castles of kings and barons that are now open to the public. He is from a town called Pisek, population 30,000. His Rotary district is 2240, and his club has 19 members. He then showed pictures of his mother, father, and sister, and said it immediately made him homesick. Patrik's hobbies include skiing, listening to music, and reading. He also loves his dog. Easter is a special time of year, where they participate in a ritual I couldn't really decipher!



Rotary Youth Exchange student Patrik Pisecky poses at the March 26 meeting with (left to right) Erin Sontowski, a prospective member, and Rotarians Leann Stessman and Sutton McGraw. Patrik gave his country talk on the Czech Republic at the meeting.

President Jeff Ohe introduced **David Clynes** to deliver his classification talk. David spoke about the importance of Rotary in his life. His father has been a member since 1976 and was heavily involved in the Rotary Ambassadorial Scholarship program. He showed pictures of a young **Wooj** and many other exchange students from a party at their house from the 1990s. David was born in Indianapolis, then moved to Chicago, and ultimately Minneapolis. He studied at St. Olaf, where he grew in his relationship with Christ. He also went on to Purdue and then UC Berkeley. He is an engineer and is involved with local Republican politics. Welcome David!

Rotarian **Sue Spalding** introduced our speakers for the day. She explained that anyone with a brain should be concerned with Alzheimer's. It's the sixth leading cause of death in the United States. There's no known cause, no known cure, and not very many treatments to slow it down. Sue then introduced **Debbie Richman**, who is the vice president of education and outreach for the Alzheimer's Association Minnesota-North Dakota, and **Patty Hanks**, who is the coordinator for the Edina ACT community. Their job is to help you or your loved one with the journey that is Alzheimer's.

Debbie Richman began with her definition of dementia. Dementia, aka Neurocognitive Disorders (NCDs), is an umbrella term used to talk about a loss of cognitive and intellectual function, which is severe enough to make it difficult for you to do what you need to do on a daily basis. Simple things like brushing your teeth become a chore. Broken down, it's the inability to retain information over time. Alzheimer's is the most common type of dementia. There are ten signs of Alzheimer's:

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, work, or leisure
- Confusion with time or place
- Trouble understanding visual images or special relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood or personality

Debbie stated that early diagnosis is important. If diagnosed early, you can start your legal and financial planning, as Alzheimer's is one of the most expensive health care problems in the country. Early treatment, potential costs savings,

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ROTARY YEAR 2014-2015 — OFFICERS AND BOARD OF DIRECTORS

President **Jeff Ohe**
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education, planning for the future, and building a support system are all ways to help with your journey and also helps lessen caregiver stress.

Some facts:

- 5.3 million Americans are afflicted with this disease
- 1 in 9 older Americans have Alzheimer's
- Every 67 seconds someone is diagnosed with the disease
- Sixth leading cause of death in the United States, and has no treatment
- \$226 billion dollars to care with those with Alzheimer's
- Heavily underfunded

If you need help, call the Alzheimer's hotline 24/7 at 1-800-272-3900 or go to www.alz.org/mnnd.

June 21 is an event called The Longest Day. For more information, go to www.alz.org/thelongestday.

Sept 26 is the Walk to End Alzheimer's at Target Field, go to www.alz.org/walk.

Patti Hanks from Normandale Center for Healing and Wholeness came to the podium. She explained that there are six part-time volunteers that help seniors and caregivers in the various stages of their lives. ACT on ALZ is a volunteer driven collaboration that is meant to bring Minnesotans together to create the supportive environment for people who are touched by Alzheimer's. Find more information at www.actonalz.org.

Edina is one of 33 communities in Minnesota involved with ACT. Patti's father suffers from Alzheimer's, so that's why she is so passionate about ACT. The bottom line is that we all will be affected by this disease, and we as a community need to support each other.

According to the numbers, there are 1,130 people in Edina living with Alzheimer's. There are 2.8 caregivers per person that is afflicted by the disease. ACT has reached out to all aspects of the community. They have formed an action team of 30 people in different sections of the community. They started a year ago with an \$8,000 grant to jumpstart their effort. There are four phases that she spoke of:

1. Convene—took place last May/June
2. Assess—people signed up to help survey the community; conducted surveys in September and October 2014

3. Analyze—compiled information from surveys in November 2014; 74-page document, with two major priorities:
 - a. Awareness—info and education
 - b. Caregiver counseling and support, future planning, and caregiver supports
4. Act Together—moving into this phase soon. Submitting a grant proposal for an additional \$10,000.

Action items derived from the surveys are:

- Dementia Friends—one-hour educational experience in a small group with pre-existing materials developed in the United Kingdom. Scheduling eight sessions between now and the end of the year.
- Caregiver support

The first Dementia Friends training session is May 1 at Our Lady of Grace from 11:30 a.m. to 1 p.m. The second session is June 23 from 4:30 to 5:45 p.m. at Normandale Lutheran Church. Sign up at www.edinaschools.org/communityed, the Edina Community Education website.

Sonja Tengdin thanked Patti and Debbie for their presentation. A contribution was made in their names to VEAP. **Jeff Ohe** ended the meeting at 1:30 p.m. with a Paul Harris quote.

Proposed for Membership

The Rotary Club of Edina's Board of Directors recently approved the applicants below for membership:

Name: Rob Gadtke
Classification: Divorce Attorney
Sponsor: Jeff Ohe

Name: Dan Hare
Classification: Residential Real Estate
Sponsor: Mitch Robinson

Name: Dan Hennen
Classification: Commercial Banking
Sponsor: Josh Sprague

Written objections to the applications must be submitted before 4:30 p.m. Wednesday, April 8, to Rotary Club of Edina, 4801 W. 50th St., Edina, MN 55424.

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Free electronics recycling at the ECC during joint meeting April 7

Bring your old electronics to the parking lot of the Edina Country Club on Tuesday morning, April 7, and recycle them for free with the help of Tech Dump. During the joint meeting of the Edina Morningside Rotary Club and the Rotary Club of Edina, Tech Dump will be holding the free recycling event. Just come to the valet parking lot at the ECC between 7 and 9:30 a.m. with those electronics you have been meaning to get rid of. Follow the signs to the parking lot and the Tech Dump staff will unload your items for you.



They will take items such as laptops and desktop computers, CPUs, memory and disk drives, flat panel monitors and TVs, cellphones, chargers, games and game consoles, and much more. They will sanitize data storing devices of all personal data. And a tax-deductible receipt is available for all donations. There is a charge for recycling CRT monitors and TVs. If it has a battery or cord, Tech Dump will likely take it!

Tech Dump, a division of Jobs Foundation, is a 501(c3) nonprofit providing stable jobs to economically disadvantaged adults to obtain marketable job skills as well as a pathway to self-sufficiency. Tech Dump works hard to:

- Protect the environment
- Provide secure, responsible and free electronic recycling
- Create reliable jobs that provide dignity and a pathway to independence for our program participants

Tech Dump recycling services are available for both homes and businesses and with certain items, they will offer you a free pick-up. When you recycle your electronics with Tech Dump, you are truly making the world a better place for all of us. Go to TechDump.org for more information or call 763-432-3117.

Like Rotary on Facebook and Twitter

If you haven't already, go to the **Rotary Club of Edina Facebook page** (www.facebook.com/EdinaRotary) and give it a "Like"! Our Facebook page is a great way to keep up on Club news, as well as share Rotary items with your Facebook friends. We want as many people as possible to see what good work our Club is up to. You can also follow the **Rotary Club of Edina on Twitter @EdinaRotary**.

And while you are on Facebook, visit **Rotary District 5950's Facebook page** (www.facebook.com/Rotary5950) and "Like" them to receive regular posts from the District as well.

We want to hear from you!

Our leadership constantly strives to retain the club's status as the "No. 1 Club in the Universe." Are we hitting the mark?

Please complete a member satisfaction survey before **noon Friday, April 10**, so that we can validate our good work as a club and determine areas for improvement prior to the start of the next Rotary year. Your open and honest feedback is encouraged and appreciated! The survey should take just a few minutes of your time. Here's a link to the survey:

<https://www.surveymonkey.com/s/2015EdinaRotary>

Please contact me if you have any questions or additional feedback. I love hearing from our members!

Thank you!

Jennifer Bennerotte
President-Elect
952-833-9520
JBennerotte@EdinaMN.gov

Upcoming Events and Schedule

- April 1 **Edina Rotary Happy Hour**, Vocational Development Group, 5:30 to 7 p.m., The Mezz, Byerly's, 7171 France Ave. S., Edina, meets on the first Wednesday of each month to provide Club members the opportunity to make business connections and learn more about what Rotary is doing in the community. Speaker for the April 1 gathering is Joe Graca. Contact Kip Peterson for more info.
- April 7 **Joint meeting with EMRC**, 7:15 a.m., Edina Country Club.
- April 7 **Tech Dump Electronics Recycling**, 7 to 9:30 a.m., Edina Country Club valet parking lot, everyone is welcome to bring old electronics to drop off with Tech Dump staff for free recycling. For more information contact Greg Yoch.

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