

"Rotary- neighbors, friends, and problem-solvers who come together to make positive, lasting change in communities at home and abroad."

Rotary Moccasin Flower

Official Publication of The Rotary Club of Rochester, Minnesota

Club No. 2164

Organized June 12, 1925

District No. 5960

Volume 91

April 2019

Number 10

VITAL STATISTICS

ROCHESTER ROTARY RISERS: none reported
GREATER ROCHESTER ROTARY: none reported
ROTARY eCLUB ONE: none reported
OTHER CLUBS: none reported
NEW MEMBERS: none
MEMBERS ON LEAVE: **Gary Harmon**
NEW MEMBER: **Charles Pappas**

APRIL BIRTHDAYS

| <u>Name</u> | <u>Birthday</u> | <u>Birthplace</u> |
|-------------|-------------------|-----------------------|
| April 7 | Jack Spittell | Baltimore, MD |
| April 8 | Ingrid Neel | Kuressaare, Estonia |
| April 13 | Zoey Jantsan | Ulaanbaatar, Mongolia |
| April 17 | Janice Domke | Ephrata, WA |
| | Kathryn Lombardo | San Diego, CA |
| April 29 | Jeff Allman | Hammond IN |
| April 30 | Suzie Christensen | Denver, CO |
| | Don Scholz | Cleveland, OH |

Is your Rotary anniversary or birthday wrong or not listed? Please update your profile on ClubRunner.

ROTARY COMMUNITY SERVICE FOR SALVATION ARMY DINNER SERVICE CANCELED

Submitted by SA Major Robert Mueller and SA Director of Community Engagement Rebecca Snapp

Please note that The Salvation Army will no longer be serving Monday night dinners. Members of the Rotary Club of Rochester are encouraged to volunteer and serve lunch Monday through Friday.

The Salvation Army is examining all of its programs and services to ensure that each one is truly meeting an otherwise un-met need in this community.

Community Food Response provides a free meal service on Monday, Wednesday, and Friday nights every week, which makes our Monday Meal Program a duplicated service.

Continuing to provide a duplicated service detracts resources from programs for un-met needs.

The Monday Meal program began as an Advisory Board initiative to engage volunteers that are unavailable during our regular program hours. We do not believe in operating a program for the good of our volunteers over the good of the people we serve.

Please feel free to reach out to me with any questions in the meantime. We are so grateful for all of your group's support of this program over the years.

White Oaks Park clean-up begins April 17; support our adopted park



White Oaks Park, in Northwest Rochester, may look like this now, but Rotarians and friend of Rotary will be on the ground April 17, 6:00 pm for clean-up. Mark your calendars and join this community service opportunity!

APRIL Weekly Meetings

- April 4 Service First Thursday**, Rochester Public Library, Meeting Room C, 11:00 am–1:00 pm
- April 11 Traditional Meeting**, “Rochester Civic Theatre Company” presented by Executive Director Kevin Miller, Mayo Civic Center, Suite 101, 11:30 am– 1:00 pm
- April 18 1905 Meetings**, Charter House, Express Employment Professionals, Trinity Lutheran Church, 11:30 am–1:00 pm
- April 25 Traditional Meeting**, "Youth Vaping: What Adults Need to Know" presented by Pa Houa Moua and Anna Oldenburg, Mayo Civic Center, Suite 101, 11:30 am –1:00 pm

Thanks to all who helped with the March meetings:

Greeters: **Mikayla Schmidt, Brenda Chilman, Vicki Allen**; Cashier: **Jennifer Teske, Caroline Baihly**; Sergeant-at-Arms: **John Woodruff**; Visitors Desk: **Suzanne Dinusson, Bill Wiktor**; Music: **Mark Neville, Sinead Chick, Jim Sloan**; Reflections: **Melane Tschida, Bill Wiktor, Donna Greason**; Four Way Test: **Leigh J Johnson, Heather Holmes, Tank Sholem**; Introduction of Visitors: **Phil Karsell, Jen Woodford**; Presenters: **Mark Murch, Virginia Kazmarek**



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**OLMSTED
MEDICAL
CENTER**

Other Meetings & Events

- April 1 Channel One Service**, Channel One Building, (131 35 St SW), 6-8:00 pm
- April 2 Rotary Club of Rochester Board**, OMC Conference Room (102 Elton Hills Dr. Suite 150) 7:00 am
- April 3 Camp RYLA Information Meeting**, Heintz Center (1926 Colledgeview Rd E), 7:00-8:00 pm
- April 9 STRIVE at John Marshall**, John Marshall HS (1510 14 St NW), 8:15–9:15 am
- April 10 Rochester Rotary Clubs World Community Service meeting**, Ronald McDonald House (850 2nd St. SW), 7:00-8:30 am
- April 10 STRIVE at Mayo**, Mayo HS (1420 11 Ave SE), 9:35–10:35 am
- April 11 STRIVE at Century**, Century HS (2525 Viola Rd NE), 8:35-9:35 am
- April 11-12 District 5960 Conference of Clubs**, Mayo Civic Center, pre-registration required
- April 12 Rotary Ethics Committee Meeting**, OMC Conference Room (102 Elton Hills Dr, Ste 150), 7:30 am
- April 15 Youth Exchange Committee Meeting**, People’s Food Co-op (519 1 Ave SW), 6:00-7:00 pm
- April 17 Rotary Information Meeting**, Location TBD, 12:00-1:00 pm
- April 17 White Oaks Park Cleanup**, White Oaks Park (4597 55 St NW), 6:00 pm
- April 19 Public Image Committee Meeting**, Hy-Vee Market Grille, Barlow Plaza (1315 6 St NW), 12:00-1:00 pm
- April 22 Rotary Holiday Classic Steering Committee Meeting**, Rochester Area Foundation (102 Elton Hills Dr NW), 11:30 am – 12:30 pm
- April 24 Wine Down Wednesday**, Five West, (1991 Commerce Dr NW), 4:30 pm

ITEMS WANTED FOR STRIVE GOODIE BAGS

Submitted by Co-Chairs Mike Becker and Diane Ilstrup

We have backpacks as part of a congratulations for all participating students in the STRIVE program and are in need of items to put in them. In the past we have had everything from notepads, pens, pencils, flash drives, gift cards, candy and treats and novelty items. Once again we request if you would please... donate items for these "goodie bags". We would need 45 of each. Contact Diane Ilstrup before April 19 to make arrangements on how to get the donations delivered. Thank you in advance.

April Rotary Anniversaries

| | |
|----------------|----------|
| JoMarie Morris | 3 years |
| David Spittell | 6 years |
| Peggy Elliott | 7 years |
| Bruce Ryan | 11 years |
| Brenda Chilman | 12 years |
| Ashok Patel | 14 years |
| Mark Dripps | 16 years |
| Ardell Brede | 24 years |
| Doug Rovang | 29 years |
| John Spittell | 30 years |
| Glenn Miller | 59 years |



The Rotary Club of Rochester 2019-20 Board of Directors

President: **Colin Aldis**
 President Elect: **Chris Colby**
 President Elect Nominee: **Heather Holmes**
 Past President: **Sara Gilliland**
 Secretary: **Armin Budimlic**
 Treasurer: **Mark Kotschevar**
 Meeting Activities: **Donna Greason**
 Communications: **Melanie Tschida**
 Club Activities: **Michon Rogers**
 Community Service: **Caroline Baihly**
 International Service: **Bob Mueller**
 Vocational Service: **Steve Sperling**

ROCHESTER AREA CHAMBER OF COMMERCE

Click [here](#) to view the dates and to sign-up as a Rotary representative for upcoming Rochester Area Chamber of Commerce free events: AM Espresso, Business After Hours, and Women's Round Table.

Rotary
Clubs of Rochester



The Rotary Club of Rochester 2018-19 Club Progress Towards Goals

| CATEGORY | 2018-19 GOALS | As of March 31, 2019 |
|---|---------------|-------------------------|
| Membership | 185 | 157 |
| Rotary International Foundation Annual Program Fund | \$10,000 | \$10,463 (105% of goal) |
| Every Rotarian Every Year (EREY) | 100% | 28 members |
| PolioPlus | \$2,500 | \$975 (39% of goal) |
| District 5960 Fast for Hope Project | \$1,000 | \$1,000 (100% of goal) |
| Rotary Club of Rochester Foundation | \$10,000 | \$7,035 (70% of goal) |

Congratulations and thank you,
Ray, Sue, and Bill for your
contribution to Rotary International



New Paul Harris Fellow recipients Ray Johnson and Sue F. Johnson



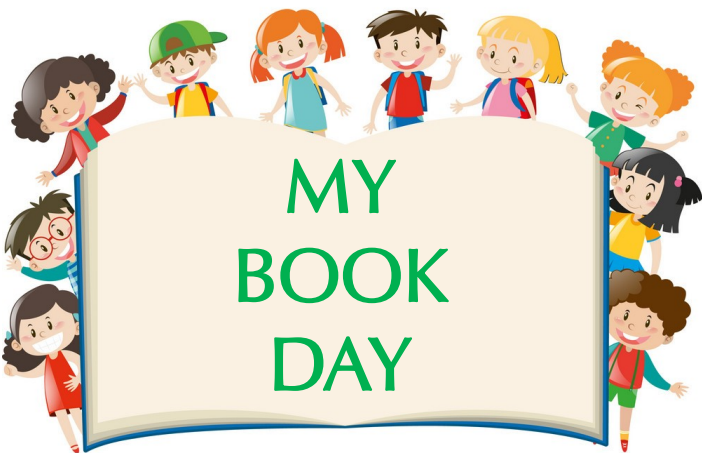
Paul Harris Fellow Bill Wiktor

Welcome to TRCR's newest
member, Charles Pappas



President and Sponsor Sara Gilliland with new Rotarian Charles Pappas

ROCHESTER ROTARY RISERS'



Submitted by Rochester Rotary Risers President Joanne Rosener

Riser's annual My Book Day literacy event is coming up May 3. This literacy event is a collaboration of the Rochester Rotary Risers in partnership with the Rochester School District and the Rochester Public Library. Many of you have volunteered in years past. We hope you will be interested in participating as a volunteer again this year. To sign up, email Janet Swanson (janetkswanson@gmail.com) or Bill Pudwell (bpudwell99@gmail.com). Indicate your interest as either a general volunteer role or a community reader. There will be two hour shifts: one shift starting at approximately 9:20 am and the second shift starting at approximately 11:30 am. Sign up for one or both shifts. The event will be held at the Rochester Public Library. More details about shifts will be available to volunteers in mid-April.

PARKING NOTICES

MAY PARKING NOTICE

A city sewer project will remove 1st Ave SE in front of Civic Center Ramp the month of May. Effective May 1, there will be no access to the ramp.

Rotarians may find alternative parking options online here: <https://www.rochestermn.gov/departments/public-parking/parking-lot-ramp-locations>

Reminder: as the weather gets warmer . . .

FREE PARKING OPTION FOR ROTARY MEETINGS AT MAYO CIVIC CENTER

Submitted by President Sara Gilliland

Rotarian Jeff Allman has generously offered that Rotarians can park for free in the parking lot behind the Residences of Old Town Hall for our Thursday noon meetings.

Residences of Old Town Hall – 607 East Center Street about 5 blocks from the west entrance to the Civic Theatre/Civic Center. Enter the parking lot by driving to the right side of the building and the parking lot is in the back. It overlooks the outfield at Mayo Field.

Next time you see Jeff, thank him for his generosity.

ROTARY: CLEAN WATER SAVES LIVES!

Submitted by DG Mike Becker

District Rotarians,

Contributions to The Rotary Foundation help us do good in the world. Last month, we shared that one of the Foundation's Areas of Focus is Child and Maternal Health and how our efforts make sure mothers and babies don't die.

This month, we'd like to talk about another of the Areas of Focus: **Water and Sanitation**. Did you know that over 4,000 people die daily from contaminated water, with the majority being under 5 or over 80? Or that the rural poor often pay over 1/3 of their daily income for bottled water?

How about that fewer than one in three people around the world have access to a toilet? And, did you know about half of all girls worldwide attend schools without toilets...causing them to drop out when they reach puberty?



These are more reasons your donation to The Rotary Foundation is so important! With your donation, you help to make sure people have access to safe drinking water and toilets. This leads to better health, more education, and less death around the world. See the attached picture of a school in Agra, India: when toilets and running water were installed thanks to a Rotary grant, *the amount of girls that attended the school went from 40 to 400!*

We encourage you to give to The Rotary Foundation. It's not about the amount you give, but the impact that your contribution can make in the lives of so many people around the world!

It's easy to give to The Rotary Foundation:

1. Simply give your Club President or Foundation Chair a check made payable to The Rotary Foundation
2. Go to www.rotary.org/donate to give online (while you're there, set up a recurring donation through Rotary Direct!)

Gary and I, along with the children you're helping live and continue to go to school, thank you in advance for your contribution. This year's Rotary Theme is "**Be The Inspiration**" ...with your gift, you are definitely an inspiration!

Sincerely,

Mike Becker, 2018-19 District Governor

Gary Campbell, 2018-19 District Foundation Team Leader



Ardell Brede:
Paul Harris Fellow
and Be the
Inspiration Award
recipient

TRCR RI Foundation Chair Janice Domke with Paul Harris Fellow and Be the Inspiration Award recipient Ardell Brede, Past President Stacey Vanden Heuvel and Rotarian Ashok Patel

Rotarians having fun in Rochester



WINE DOWN
Wednesday

March 27

A BETTER ANGELS WORKSHOP: Depolarizing America: Starting with Yourself and the People on Your Own Side

Taken from https://www.eventbrite.com/e/depolarize-america-starting-with-yourself-and-the-people-on-your-own-side-registration-59128439755?utm_term=eventurl_text

We may live in the most divisive time since the 1850's. In this presentation you will see how people with very different political viewpoints can come to understand one another beyond stereotypes and find common ground. You will learn a couple of specific skills for talking with loved ones on the other political side. And you will have a chance to link up with the [Better Angels](#) local and national effort to show how we can have sharp political differences without denigrating and demonizing one another.

Much of today's epidemic of toxic polarization is driven by how we talk with like-minded people about those on the other side. Too often we stereotype, dismiss, or ridicule our fellow citizens who support the other political party, its leaders, and its policies. Political conflict and stereotyping have always been around but were less problematic when people interacted more outside their own silos. Nowadays, people on the other side have become not just strangers but enemies. How we talk among ourselves about them fuels fires that threaten our democracy.

What if we learn the discipline of non-polarizing attitudes and words about the political "Other" with whom we share a national past and future?

This workshop will:

- Help you become more aware of polarization inside us and between us
- Teach you skills for being critical—even sharply critical—without demonizing, dismissing, and stereotyping

Help you learn how to intervene in a constructive way in social conversations that veer into contempt and ridicule for people who hold other political views.

Presenter: Bill Doherty, PhD is a University of Minnesota Professor of Family Social Science and marriage and family therapist.

This [Better Angels](#) Workshop is brought to you in partnership with: [League of Women Voters](#) | [The Greater Rochester Rotary](#) | [Rochester Public Library](#) | [Rochester Rotary Risers](#)

For more information, contact Michon Rogers at mizrogers@gmail.com

OUR IMPACT ON THE LIVES OF MOTHERS AND CHILDREN

Taken from <https://www.rotary.org/en/our-causes/saving-mothers-and-children>

The [Rotary Foundation](#) reaches mothers and children in need by giving communities the help and training they need to take control of their own maternal and infant health care.

Rotary makes amazing things happen, like:

Mobile prenatal clinics

Haiti has the highest maternal and infant mortality rate of any country in the western hemisphere. [Rotary provided a fully equipped medical jeep](#) to volunteers and midwives to reach mothers and children in remote areas.

Cancer screening

Rotarians provided a mobile cancer screening unit and awareness trainings around Chennai, India, where there is a high mortality rate of women with breast and cervical cancer due to late diagnosis.

Preventing injuries and deaths

Rotary members launched a \$3 million, five-year pilot to [save lives of mothers and children](#) during home deliveries in Nigeria. Since 2005, they've also repaired 1,500 obstetric fistulas — 500 more than their initial goal — restoring dignity and hope to vulnerable mothers.



RAISE FUNDS FOR THE ROTARY CLUB OF ROCHESTER FOUNDATION WHEN YOU SHOP AMAZON.COM

Taken from: <http://smile.amazon.com/>

What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.



How do I shop at AmazonSmile?

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Which products on AmazonSmile are eligible for charitable donations?

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

AmazonSmile Metrics

How to use metrics? ▾

Donations from AmazonSmile

Cumulative

\$62.81

Received to date

Most Recent

\$17.32

Received in Feb 2019

Total Customers Supporting Your Charity

9

As of 03/23/2019

Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to AmazonSmile (smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases.

The purchase price is the amount paid for the item minus any rebates and excluding shipping & handling, gift-wrapping fees, taxes, or service charges. From time to time, we may offer special, limited time promotions that increase the donation amount on one or more products or services or provide for additional donations to charitable organizations. Special terms and restrictions may apply. Please see the relevant promotion for complete details.

Can I receive a tax deduction for amounts donated from my purchases on AmazonSmile?

Donations are made by the AmazonSmile Foundation and are not tax deductible by you."

Use the link <https://smile.amazon.com/ch/41-1628263> now to shop and support the Rotary Club of Rochester Foundation.

ROTARY CHANGED THE WAY I SEE THE WORLD

[Rotary Voices blog](#), posted March 26, 2019

By Christian Miguel da Silva, alumnus of Interact and Rotaract clubs, Rotary Youth Exchange program, and the New Generations Service Exchange program.

Watching the news today can create a lot of anxiety. Have you noticed how upside down the world can seem at times? But whenever I find myself feeling the darkness of the world we live in, I remember the positive experiences I have had in Rotary programs, and how they have made me an optimist.



Christian Miguel da Silva

I'm 30-years-old, and my first experience in Rotary was at 13. Invited by friends, I went to my first [Interact Club](#) meeting, and didn't want to leave.

I grew up in Chopinzinho, a small Brazilian city with less than 20,000 inhabitants.

Teenagers have two options for fun: Interact or the church. I chose the first. In Interact, I learned values that only volunteer work can instill: empathy, responsibility, and a sense of community.

But my greatest experience in Rotary was yet to come. At 16, I left my village to spend a year in La Paz, Mexico as a [Rotary Youth Exchange](#) Student. Few things make a young person mature as quickly as a cultural exchange. In Mexico, I was welcomed by incredible families; each family had its differences, and each taught me lessons I will carry with me the rest of my life.

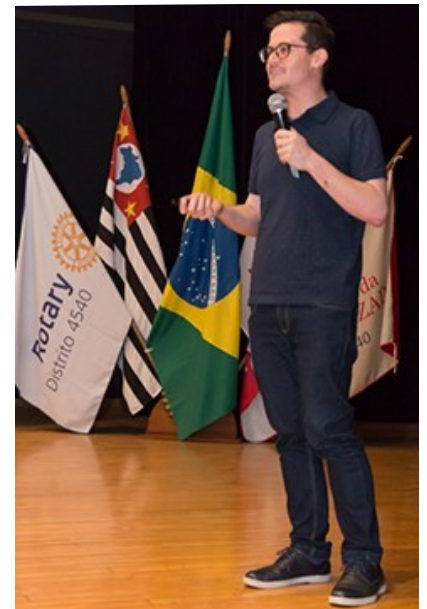
During my exchange year, a tsunami devastated several countries in Asia in December 2004, killing millions of people. Among the victims were relatives of a Thai friend of mine who was in the same region where I was. That was the first time I realized that borders were nothing more than meaningless conventions. The pain of our friends is also our pain, as long as we are able to open up to the world.

After my exchange, Rotary continued to form me. I returned to Brazil and studied journalism. I became involved with a local [Rotaract club](#).

In 2009, as I was about to finish college, Rotary gave me a new opportunity to travel the world. This time to the United States, where I was awarded a scholarship for the New Generations Service Exchange Program. For three months, I met communications professionals and companies who broadened my world view. At the

same time, I interviewed many immigrants from the Mexican community in California to write a book report. The result was *Al Otro Lado: Histórias de Vidas Latinas en Un Recorte de la Inmigración Mexicana en los Estados Unidos*, work with which I earned a degree in Journalism.

I then worked for six years as a reporter and business and entrepreneurship editor for Grupo Abril, the largest magazine publisher in Brazil. I am currently working in a consultancy that helps large companies and non-governmental organizations identify and manage causes of social impact. It's a way to continue working on issues that move the world in the right direction, which helps me keep an optimistic view of society.



Christian leading a public image seminar in Brazil for Rotary members.

Being part of the Rotary family made me a more complete professional. But that's not all. I feel that the experience changed my relationship with the world for the better. These are learnings that make sure that, wherever I am, I am able to get ahead and do something more.

About the author: Christian Miguel is a journalist and student of Brazilian psychoanalysis. He is currently director of communication at CAUSE, a cause identification and management consultancy based in São Paulo, Brazil. Follow Christian on [LinkedIn](#) or [Facebook](#).

ROCHESTER ROTARY CLUB

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ROTARY CLUB OF ROCHESTER

Rochester, Minnesota

Organized June 12, 1925

Club No. 2164 District No. 5960

THE FOUR-WAY TEST

- Is it the truth?
- Is it fair to all concerned?
- Will it build good will and better friendships?
- Will it be beneficial to all concerned?

THE MOCCASIN FLOWER

OFFICIAL PUBLICATION OF
THE ROTARY CLUB OF ROCHESTER

PRESIDENT: Sara Gilliland

PRESIDENT-ELECT: Colin Aldis

PRESIDENT NOMINEE: Chris Colby

SECRETARY: Betty Devine

TREASURER: Terry Sorenson

PAST PRESIDENT: Janice Domke

ADMINISTRATIVE DIRECTOR

Elizabeth Karsell, 507-252-0085

E-mail: romnrotary@gmail.com

ROTARY DISTRICT 5960 GOVERNOR

Mike Becker, Greater Rochester Rotary Club

ASSISTANT GOVERNOR

Mark Dripps, Rotary Club of Rochester

WEB SITES

Rochester Rotary: www.rochesterrotaryclubs.org

Includes links to STRIVE, Rotary Holiday Classic

District 5960: www.rotary5960.org

Rotary International: www.rotary.org

ROTARY COMMITTEES

MEETING ACTIVITIES

Donna Greason, Director

- Greeters *Joel Haak*
- Four-Way Test *Mark Dripps*
- Music..... *VACANT*
- Reflections *Kelly Engler*
- Sergeant-at-Arms *John Woodruff*
- Programs *Donna Greason*
- Visitors Desk *Suzanne Dinusson*

CLUB ACTIVITIES

Michon Rogers, Director

- Benefit Auction *Heather Holmes*
- Golf Day *Kathy Lessard*
- Social Events *Michon Rogers*

COMMUNICATIONS

Wes Duellman, Director

- Moccasin Flower *Elizabeth Karsell, Lorie Luedke*
- Website & Social Media *Ashok Patel, Samantha Rother Whipple, Elizabeth Karsell*
- Public Image *Sam Beyers, Chris Colby, John Hachtel, Jennifer Teske*

INTERNATIONAL SERVICE

Jeanine Gangeness, Director

- Rotary Scholarships *Lori Carrell*
- Group Study Exchange Team *VACANT*
- Rotary International Foundation *Janice Domke*
- Youth Exchange *Melody Trimble*
- World Community Service *Borge M. Christensen, Peggy Elliott, Rick Lien, Judith O'Fallon, Ashok Patel*

MEMBERSHIP DEVELOPMENT

Colin Aldis, President Elect

- Rotary Information Officer *Mark Dripps, Bill Wiktor*

VOCATIONAL SERVICE

Sin ad Chick, Director

- Camp RYLA *Jan Hagedorn, Jennifer Wilson*
- Ethics Program *Diane Ilstrup, Elizabeth Karsell, Lorie Luedke, Stacey Vanden Heuvel*
- Literacy *Audrey Betcher*
- Rotation Day *Danae Gaio*
- STRIVE *Diane Ilstrup*
- Vocational Talks *Doug Rovang*
- Youth Protection Officer *Diane Ilstrup*

COMMUNITY SERVICE

Caroline Baihly, Director

- Channel One *Deb Muench*
- Quarry Hill Fall Festival *Steve Sponsel*
- Rotary Bell Ringing - Salvation Army *Mark Neville*
- Rotary Holiday Classic *Lynn Clarey, Janice Domke, Elizabeth Karsell, Mike Kesler, Tamsen Leimer, Jon Losness, Lorie Luedke, Nicole Nasser, Bill Nietz, Steve Stenhaus, Jen Woodford*
- Service Above Self Awards *Diane Ilstrup*
- Student Guests *Kelly Engler, Danae Gaio*
- White Oaks Park *Ashok Patel*