because I said I would.





Alex is one of the foremost experts on promises and commitment.

Alex is a **five-time TED**^X **speaker**, author, podcast host and internationally-recognized humanitarian. As one of the world's foremost experts on accountability and commitment, Alex is an author, podcast host, and Founder of the because I said I would movement. His work has been featured on the TODAY Show, Good Morning America, the Steve Harvey Show, CNN, Fox News and many other programs.



As an internationally-respected thought leader, Alex has spoken at more than **1,100 events** worldwide.

Alex Sheen, Inspirational Speaker on Accountability and Commitment

Wednesday, December 6th
7:00pm | Chatfield Center for the Arts | Community Event

Admission is free, but advanced reservations are appreciated. Reserve your seats today at chatfieldarts.org

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