

"A Local Service Club with a Global Impact - Offering Leadership and Support to our Community and Beyond"



Moccasin Flower

Official Publication of The Rotary Club of Rochester, Minnesota

Club No. 2164

Organized June 12, 1925

District No. 5960

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VITAL STATISTICS

MEMBERSHIP: 203

NOVEMBER ATTENDANCE: 41.66%

GREATER ROCHESTER ROTARY: Michon Rogers

ROCHESTER ROTARY RISERS: Mark Dripps, Sue Dripps

MEMBERS ON LEAVE: Emil Koretzky

RESIGNATIONS: James Clausen, Thomas Moyer, Robert Priem

NEW MEMBERS: Laura Bowman, Amy Eich

DEATH: Paul Barton

JANUARY BIRTHDAYS

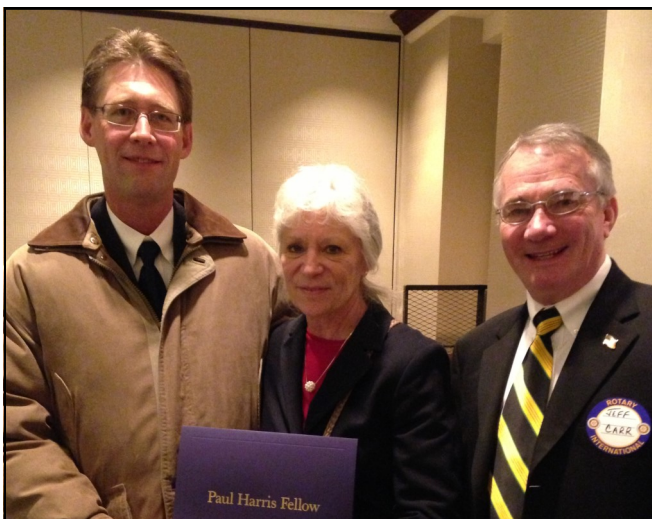
<u>Birthday</u>	<u>Name</u>	<u>Birthplace</u>
January 4	Wes Duellman	
January 5	Jerry Lobland	Preston, MN
January 6	Timothy Geisler	
January 7	Margaret Hinz	Rochester, MN
January 9	Mike Muñoz	Lexington, NE
January 10	Steve Courts	Minneapolis, MN
January 11	Rod Anderson	Breckenridge, MN
January 20	Cresta Valentine	Colorado
January 24	Walt Menning	LaSalle, IL
January 25	Kathy Lessard	Osage, IA
	Bert Reiman	Riverside, CA

If we have missed your birthday, please let us know.

Paul Harris Fellows presented



A Paul Harris Fellow was presented to Paul Barton. Receiving the Fellow was Paul's wife, Jane Barton. Joining Jane was family friend Jeff Carr. Past President Dana Funk presented the Fellow.



Rotary Club of Rochester Foundation

Biennial Auction
Thursday, April 17

JANUARY CALENDAR

Weekly Meetings

- January 2 No meeting due to the New Year Holiday
- January 9 **Heritage Hall, The Kahler Grand Hotel**, 11:30 a.m.–1:00 p.m., "Pulmonary Hypertension and the Pulmonary Hypertension Association" presented by Michael McGoon
- January 16 **Elizabeth Room, The Kahler Grand Hotel**, 11:30 a.m.–1:00 p.m., "Dan Abraham Healthy Living Center" presented by Don Hensrud
- January 23 **Heritage Hall, The Kahler Grand Hotel**, 11:30 a.m.–1:00 p.m., "A Cheerful Heart: The Dave Madden Story" presented by Matthew Dacy
- January 30 **Heritage Hall, The Kahler Grand Hotel**, 11:30 a.m.–1:00 p.m., "What You Always Wanted to Know about Cooking and Were Afraid to Ask" presented by Rotarians Bill Wiktor and Elaine Case



ROTARY DUES AND HOLIDAY CLASSIC TOURNAMENT PASSES

Rotarians who have not yet made full payment for 2013-14 dues or their Holiday Classic tournament passes are asked to do so before the end of January.

The Rotary Club of Rochester has already made dues payments on behalf of members to Rotary District 5960 and Rotary International, and ALL Rochester Rotarians are asked to purchase two Holiday Classic passes. Club leadership appreciates your prompt payment to help save club resources and maintain the budget.

Payments may be given to Elizabeth at a Rotary meeting or mailed to TRCR, PO Box 7566, Rochester, MN 55903-7566.

Other Meetings & Events

- January 6 **Channel One Service** Location: Channel One Building 6:00-8:00 pm
- January 7 **STRIVE Meeting at JM**, Rocket Center, 8:10-9:10 a.m.
- January 8 **STRIVE Meeting at Mayo**, Spartan Room, 8:30-9:30 a.m.
- January 8 **Community Food Response Service**, Bethel Lutheran Church, 1:15-6:45 p.m.
- January 9 **STRIVE Meeting at Century**, The Forum, 8:30-9:30 a.m.
- January 13 **Salvation Army Dinner Service**, Salvation Army Building, 5:30-7:00 p.m.
- January 14 **Rotary Club of Rochester Board Meeting**, OMC Foundation Offices, 7:00-8:00 a.m.
- January 15 **Rotary Information Meeting**, Custom Alarm Conference Room, 4:30-6:00 p.m.
- January 15 **STRIVE Grub Night**, Quarry Hill Nature Center, Savanna Room, 5:30-8:30 p.m.
- January 16 **Guys Read**, Boys and Girls Club at Rochester Public Library, 6:15-7 pm.
- January 17 **Guys Read**, Riverside Elementary, 3:30-4:30 p.m.
- January 22 **Guys Read**, Franklin Elementary, 3:30-4:30 p.m.
- January 29 **Wine Down Wednesday**, 5:00 p.m., Doggery

Thanks to all who helped with the December meetings: Greeters: Ray Johnson, Sue Johnson, Jim Sloan, Donna Cunningham, Cashier: Angie Rustad, Michon Rogers, Sergeant-at-Arms: John Woodruff, Visitors Desk: Jerry Downes, Betty Devine, Invocations: Karen Ricklefs, Jeff Allman, Bill Wiktor, Four Way Test: Randy Fett, Cris Fischer, Paul Tieskoetter, Introduction of Visitors: Phil Karsell, Leigh Johnson, Presenters: Andrea Kajer, Patrick Gannon, Jodi Millerbernd, Kristine Stensland, Jennifer Teske, and Gerise Thompson, SEMYO musicians.



"LIKE" THE ROTARY CLUB
OF ROCHESTER!

WELCOME NEW ROTARY MEMBERS!



Rotarian Audrey Betcher with new Rotarian Amy Eich.



New Rotarian Laura Bowman with Rotarian proposer Wendy Shannon.

January Rotary Anniversaries

Michael Brennan	1 year
Colin Aldis	2 years
Maury Hagen	2 years
Mark Noble	2 years
Bert Reiman	3 years
Steve Stenhaug	3 years
Susan Ahlquist	4 years
Phet Saysomphou	4 years
Tim Sitzer	5 years
Greg Stavrou	5 years
Richard Brubaker	6 years
Nick Kolas	8 years
Caroline Baihly	12 years
Lorie Luedke	17 years
Michael Homan	17 years
Mike O'Fallon	20 years
Cynthia Daube	21 years
Judith Taylor	25 years
Lynn Clarey	32 years
Jim Woodruff	38 years
John Woodruff	38 years



THANK YOU TO OUR 2013 ROTARY US BANK HOLIDAY CLASSIC BASKETBALL TOURNAMENT SPONSORS



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VOICE LESSONS: STRENGTHENING ROTARY'S IMAGE THROUGH WORDS

By Maureen Vaught, *Rotary News*, 18-Dec-2013

For years, we described Rotary by the numbers: 1,220,115 members in 34,558 clubs in 200 countries and regions. Impressive figures, for sure, but they only tell part of our story. What numbers can't convey is the essence of Rotary — what sets us apart and inspires people to get involved.

So we interviewed members around the world to discover why they're passionate about Rotary. What we found was a new way of talking about Rotary that focuses on three core ideas.

Through Rotary, you can:

- Join leaders from all continents, cultures, and occupations
- Exchange ideas, bringing our expertise and diverse perspectives to help solve some of the world's toughest problems
- Take action to bring lasting change to communities around the world

words
have
power

It's not a new story but it is a new way of telling our story, one that conveys the top two reasons people join Rotary: for friendship and to make a difference in their communities.

When you share your passion for Rotary, you have the power to change a stranger into a volunteer, a colleague into a donor, and a family member into a Rotarian.

So the next time someone asks you, "What is Rotary," you have a clear and compelling answer: "Through Rotary, I have a friend, partner, and adviser in communities around the world who are helping me make a difference."

PROPOSED 2014-15 DIRECTORS APPROVED

At the December 12, 2013 meeting of the general membership of The Rotary Club of Rochester, Rotarians voted to approve the following members as incoming directors of the 2014-2015 Rotary Club of Rochester Board: President -Elect Nominee: Stacey Vanden Heuvel, Treasurer: Maurice Reiner, Secretary: Mark Noble, Director of Club Service I: Colin Aldis, Director of Club Service III: Kathy Lessard, and Director of Community Service: Bari Amadio. Continuing their terms on the board in 2014-15 are: Director of Club Service II: Brian Welke, Director of International Service: Steve Courts, Director of Vocational Service: Fred Suhler, Past President: Vicki Allen, President-elect: Bill Wiktor, and President: Paul Tieskoetter.

Also approved were directors for the 2014-15 Rotary Club of Rochester Foundation Board. New directors for will be: Phil Karsell, Dennis Nigon, Maurice Reiner, Bill Wiktor. Continuing on the board will be: Vicki Allen, Ray Johnson, Lorie Luedke, Bill Nietz, Danae Ostern, Jim Sloan, and Paul Tieskoetter.

The Rotary Club of Rochester 2013-14 Club Progress to Goals

CATEGORY	2013-14 GOALS	As of January 1, 2014
Membership (<i>Began Rotary year with 203</i>)	210	203
Rotary International Foundation Annual Program Fund	\$12,000	\$2,410 (20% of goal)
Every Rotarian Every Year (EREY)	100%	8%
Polio Plus (<i>from Auction proceeds and individual donations</i>)	\$2,500	\$2,790 (111% of goal)
District 5960 Fast for Hope Project (<i>from Auction proceeds</i>)	\$1,000	\$1,000 (100% of goal)

SALVATION ARMY BELL RINGING



Angie Rustad and friend ringing bells.



Suzanne Dinusson



Thank you to our
Rotarian bell
ringers and their
friends and family!



KWIK TRIP SCRIP CARDS AVAILABLE

Buy a Kwik Trip Scrip card; use it like cash at any Kwik Trip and Rotary benefits. Scrip Gift Cards can be used at the pumps or for any in-store purchase, excluding Money Orders. The Kwik Trip Scrip Gift Card Program allows The Rotary Club of Rochester to keep 10% of the face value of each card. Proceeds will be combined with funds raised at our Biennial Auction and used for "good works." Scrip cards are available for purchase at the registration table at our Thursday club meetings.

Holiday



Luncheon



Rotarians enjoying our Holiday Luncheon entertainment.



SEMYO musicians



Rotarian Heather Holmes (on right) with guest Jacqueline Tummons.

ROTARY POLIO IMMUNIZATION TRIP TO INDIA

Dear Fellow Rotarian:

The purpose of this correspondence is to announce our trip to India to participate in the February, 2014, polio National Immunization Days.

Please feel free to share this information with the Rotarians and clubs in your District as soon as possible as we have a limited amount of space and expect this trip to be filled within the next week or two.

Since January 2011, there has been only ONE new confirmed case of polio in India. In 2012, India was removed from the list of polio endemic countries. We are getting remarkably close to eradicating polio globally. Therefore, this might be one of the last opportunities we will have to organize a trip to India to participate in polio NID activities. This trip offers you and the Rotarians in your club and District an extraordinary opportunity to have an experience of a life time.



The following summarizes the key trip information:

Our program will travel to Delhi, India, where we will participate in the polio NID activities and attend the Polio Conclave. This trip also includes travel to Agra to visit the Taj Mahal, and Jaipur to visit the famous Rotary Jaipur Limb factory, and enjoy this extraordinary city.

Date of Departure: Friday, February 14, 2014

Date of Return: Tuesday, February 25, 2014

Per Person Cost, based on double occupancy: \$2,299. This price does not include international, roundtrip airfare or Indian visa fees. However, it does include hotels, transfers, the Polio Conclave and other Rotary events, participation in the NID activities, most meals, sightseeing, English speaking guide and other items as stated in the attached document.

Air Reservations: Participants are free to secure their own air reservations using their frequent flyer mileage, or individual purchase. Howard Tours will be happy to help you purchase airline tickets, which can be requested on the trip application.

Visas: All U.S. citizens will need to secure an Indian visa. We will give our members specific information about how to secure the visa when we send the confirmation documents. It is important that our tour do not attempt to secure the Indian visa before receiving our information.

Travel Vaccines: We recommend that all participants visit the Centers for Disease Control Web site: <http://wwwnc.cdc.gov/travel/destinations/india.htm> to determine what vaccinations may be needed for this trip. We suggest that members visit this web site, print out the material and visit a doctor, or travel doctor, to determine what vaccinations or treatments may be needed for this trip.

This group will be limited to approximately 35 people, and confirmation in the program will be on a first come, first served basis. To join us, please complete and sign the application on page five of the attached document. Please make sure to include the requested credit card authorization for the cost of the program. Over the last two years, , this program sold out in less than two weeks.. We expect the same response this year. If you are planning to join us, we suggest immediate action.

We look forward to having you or Rotarians from your District join us.

Best regards for a happy new year,

Bradford R. Howard

Rotary International Director, Zones 25-26, 2015-2017, Governor, District 5170, 2002-2003
516 Grand Avenue, Oakland, CA 94610

Phone: (510) 834-2260; FAX: (510) 834-1019

E-mail: Bhoward@HowardTours.net



For application information for this opportunity, please go to: <http://rochesterrotaryclubs.org/trcr/pages/2014%20Polio%20Immunization%20Trip%20-%20India.pdf>

FAST FOR HOPE CULTURAL DELEGATION TO NICARAGUA

MARCH 7–16, 2014

David P. Newman, Fast for Hope Chair

In the last several months the Fast for Hope Initiative in Nicaragua has made great strides. This delegation will be one of the first to spend significant time in El Corozo, the community we are supporting. Members of this delegation will have an opportunity to work hand in hand with residents of El Corozo.

Participation is open to all Rotarians in District 5960, the spouses, significant others, family members or relatives who are 18 years of age or older. The deadline to apply in January 19, 2014.

EVENTS: The purpose of the Cultural Exchange is to learn about the culture and history of Nicaragua, to get acquainted with the people, to learn about sustainable economic development and to see the beauty and scenery of the country. One of the objectives of the Fast for Hope Initiative in Nicaragua is to build relationships with Nicaraguans. This trip is part of that effort. Each trip is different. We rely upon our friends at AKF to assist us in designing each trip. You also will be visiting the community of El Corozo, which is a rural community that our Fast for Hope Initiative is involved in. By the time we visit one or more initiatives will be underway.

ELIGIBILITY: Each delegate must be in good health and be able to walk at least 100 yards (the length of a football field) on uneven trails. Unlike the States, ADA does not apply to Nicaragua. You will be navigating stairs and possibly trails in the mountains. In some delegations we have lived with Nicaraguans in rural communities, which involved using outhouses and sleeping in hammocks. Because Nicaragua is 10 degrees north of the equator, the temperature does not vary much through the seasons and there may be high humidity.

You do not need to be able to speak Spanish, interpreters will be provided, although on a group basis, not an individual basis. Some knowledge of Spanish (i.e. useful phrases) would be beneficial in communicating with the people you meet.

To apply, contact me for an application and then submit it to dave@bancorgroup.com (Dave Newman). Generally, qualified applications will be accepted in the order they are received. However the Fast for Hope Committee reserves the right to adjust the composition of the delegation depending upon the needs of a particular delegation.

DEADLINE TO APPLY: January 19, 2014.

VACCINATIONS: If you have not recently traveled

abroad, you will need one or more vaccinations. You should consult with your local travel clinic to determine what vaccinations are recommended.



PASSPORTS: You will be required to provide evidence of a current U.S. passport by February 1. Your passport must be good through at least September 17th 2014. Passports can be obtained within about 21 days by paying an expedited fee. Airline tickets will be purchased by the team leader when he/she determines. Those delegates who do not have passports at that time will need to purchase their tickets on their own. (Typically, a passport should be valid for six months after the return date.)

COST: Each delegate will pay for their own airfare (which is usually between \$900 and \$1,000) plus about \$1,000 to cover food, lodging, translation, in-country transportation (sometimes the back of a pick-up truck) and AKF's services.

WHY WOULD I WANT TO GO? So far, District 5960 has sent thirteen delegations to Nicaragua. Not one delegate has visited Nicaragua who has not thought it was a life changing experience. Many of the delegates have visited multiple times. If you are willing to risk stepping out of your comfort zone, be assured that you will be a changed person and your worldview expanded.

This is what a member of a previous fall trip wrote about the experience:

"Please allow me to introduce myself. My name is Jim Koonst. I am a Rotarian in Belle Plaine, MN and have been a Rotarian since 1983. My two daughters Elizabeth (21) and Anna Lee (19) and I had the opportunity to be part of the 9th FFH Delegation (Cultural Exchange) to Nicaragua. The opportunity given to us was absolutely life changing and was one of the best decisions I ever made for myself and my girls. Everything, I thought went very well. The weather (rain), at times forced Elena to "shoot from the hip" and make adjustments to our agenda for the day. But it was handled so graciously and without any worries, you would have never known that changes were being made.

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FAST FOR HOPE CULTURAL DELEGATION TO NICARAGUA

MARCH 7–16, 2014

David P. Newman, Fast for Hope Chair

I have to admit that I was somewhat apprehensive about this trip. Not knowing any Spanish, etc. So I actually decided not to have any expectations about this trip, other than to have fun with and to learn something. We learned from the Nicaraguans themselves - Lifestyles, history, culture, beauty of Country, poverty & despair as well. This trip was really “worry free” because of the experiences that the FFH committee has had, along with the organization skills & caring personalities of the AKF people. I thought this was going to be a vacation, but what it really turned out to be was a “Living Experience in Nicaragua with Nicaraguans”.

One item to remember is every delegation trip is unique, different in its' own way. No two trips are exactly the same. I would strongly encourage you to take advantage of this opportunity / life changing experience.”

Over 50 Rotarians from District 5960 have participated in past delegations. If you would like to contact any of them let me know and I will give you contact information.

WHAT IF I CHICKEN OUT? So far no one has, but if you decide later that this is not for you, we want you to feel free to drop out, however you will be responsible for any costs incurred on your behalf.

WHAT WILL BE EXPECTED OF ME? Upon your return you will be expected to speak to your own Rotary Club about your experience as well as other clubs so that more members of our District gain an understanding of what we are working on in Nicaragua. It is our hope, but not a requirement, that upon your return that you will want to become involved in the Fast for Hope experience.

Normally the weather in Nicaragua in March is dry so while it will probably be in the low 90's, it is normally relatively pleasant. Give yourself the gift of sunshine and warmth next March!

2015-16 GLOBAL GRANT SCHOLARSHIP FOR INTERNATIONAL GRADUATE-LEVEL STUDIES

Applicants are now being sought for the new global grant scholarship from Rotary District 5960. Worth \$30,000 annually, this exclusive scholarship will help fund a graduate-level student from the St. Paul area, southeastern Minnesota or western Wisconsin to pursue educational and service dreams generating impact in the areas of Rotary's new future vision focus:

- Peace and conflict prevention/resolution
- Disease prevention and treatment
- Water and sanitation
- Maternal and child health
- Basic education and literacy
- Economic and community development



Global grant scholarship applications are now available at www.rotary5960.org (click on Foundation tab). Qualified candidates must submit completed application for review and support by their local Rotary Club by March 14, 2014. Approved candidates need to submit their final application via email to Ed Jones at, n2ecj@hotmail.com, by April 23, 2014. Interviews for district finalists will be conducted on May 3, 2014, in the Twin Cities. Scholarship recipient will then be able to study at an international university starting Fall 2015.

For more information about the global grant scholarship eligibility, visit www.rotary5960.org (click on Foundation tab), or Ed Jones, n2ecj@hotmail.com.

