



**FOUR WAY TEST** - Of the things we think, say or do:  
 -Is it **TRUE**?  
 -Is it **FAIR** to all concerned?  
 -Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?  
 -Will it be **BENEFICIAL** to all concerned?

*Service above self.*

## This Week's Program

Hurricane Sandy Relief: Jan George, St. Croix Valley Chapter Executive Director, American Red Cross and Iona Holsten, Red Cross Volunteer RN, Bayport, MN [Arranged by Norm Steere.]

Jan has been with Red Cross for 43 years. She has been the Executive Director of the St. Croix Valley Chapter for the past 23 years.

Iona serves as a member of the St. Croix Valley Chapter Board of Directors representing Blood Services and Disaster Services. She is a Registered Nurse who has been a Red Cross Volunteer since 1999.

## Last Week's Program

St. Croix Valley Transportation for the Elderly—Service Project [Arranged by Roger Smith].

## Upcoming Programs:



- Mar 21 Hurricane Sandy Relief, Iona Holsten, Bayport Red Cross
- Mar 28 Colette Jurek, Manager Community and Local Government Relations/Economic Development, Xcel Energy. Second in our four part ENERGY SERIES.  
[Tri-club mixer 4/25]

## Greeter Schedule

		4/11	Peter Polga
		4/18	Dave Palmer
		4/25	Bev Driscoll
		5/2	Angie Laska
3/21	Oree Robinson	5/9	Lori Johnson
3/28	Roger Smith	5/16	Kathy Buchholz
4/4	Steve Keister	5/23	Peter Clements

## Weekly Newsletter Stillwater Rotary Club Club 2171, District 5960

- **Birthdays (3/17-23)**  
 Scott Mercer (3/18)  
 O. Walter Johnson (3/20)  
 Angie Lien (3/23)
- **Wedding Anniversaries (3/17-23)**  
 Bill & Sheleen Turnblad  
 12 years (3/18)  
 Corey & Kathy Lunn  
 20 years (3/20)
- **Club Anniversaries (3/17-23)**  
 Tracey Galowitz 25 yrs (3/20)  
 Doug Johnson 18 yrs (3/23)
- **Attendance Last Week**  
 29 members (50.9%)
- **Guests Last Week**
- **Make-ups**

Note: All dates come from the Club website. If they are not correct, please let Bill Turnblad know and he'll correct your profile for you.

## Officers

President: Bob Eiselt  
 President Elect: Bev Driscoll  
 Vice-President: Molly O'Rourke  
 Treasurer: Keith Komro  
 Secretary: Dolly Parker  
 Immediate Past Pres: Katie Rolf

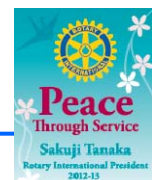
## Meetings

Thursdays @ 11:45 AM  
 Lowell Inn  
 102 N. 2nd St, Stillwater, MN



## Quote of the Week

A committee is a group that keeps minutes  
 and loses hours.  
 - Milton Berle



## Local & District News

### 2013 District Conference



Registration is now open for the 2013 District Conference.

At the District Conference, you'll find dynamic speakers with messages that are relevant to your work, to Rotary and to the world. You'll learn more about Rotary. You'll have a chance to participate in a hands-on service project as we pack meals for Feed My Starving Children. You'll gain fresh ideas for your club as you network with folks from clubs throughout our district. At the Friday evening banquet, you'll get an update on Rotary International's Peace through Service initiatives ... and dine to strolling accordion music (just like the streets of Paris!) ... and experience a Rotary tribute to Ol' Blue Eyes (that's Frank Sinatra, of course!).

The District Conference is about Rotary. It is about service. It is about networking. And ... it is about fun! Please click the link and register today!

[www.rotary5960.org/registration](http://www.rotary5960.org/registration)

(Account name: future  
Password: yourhands)

### Prospective Member

It is always good news when membership applications are submitted. Sini Ross has done that. So, please take a moment at club and say Hi!

### St. Paul Sunrise club Community Forum

St. Paul Sunrise Rotary club  
8<sup>th</sup> Annual Community Forum  
Thursday, April 4, 2013

Town and Country Club, St. Paul, MN

Please join members of the St. Paul Sunrise Rotary Club for the 8<sup>th</sup> Annual Community Forum.

"Gun Violence Prevention: Exploring Common Ground"

Panelists: Heather Martens, Executive Director, Project Minnesota; Ann S. Masten, PhD, Irving B. Harris Professor in Child Development; Charles J. Reid, Jr, Professor, University of St. Thomas School of Law; Steve Wickegren, Licensed Marriage and Family Therapist and Sergeant, Minneapolis Police Department

For registration information, please visit the St Paul Sunrise club's web page, and scroll to the bottom of their home page:

[www.stpaulsunriserotary.org](http://www.stpaulsunriserotary.org)

### Tri-Club Mixer

Rotarians!

Our Spring Tri-Club Mixer is coming up on Thursday, April 25<sup>th</sup>, at the Lake Elmo Event Center. Hosted by the Lake Elmo Rotary Club. This event is going to be a chili cook-off competition between our three clubs! At stake, bragging rights and a special traveling trophy!! Cocktails/appetizers begin at 5:30 and the chili dinner at 6:30! Members and their spouses or significant other are invited!

Our very own chef supreme "Chef Louie" (Lou Sager) will be concocting a very special authentic chili for our entry!! We also have a team of volunteers putting together salad as part of our contribution to the event. Additional volunteers for this assignment may still need to be recruited so, be ready!

We are trying to make this a special, fun event so please make every effort to clear your calendar and attend!! Let's see if we can be the club with the most members/guests at this event!!! We will pass around a sign-up sheet at club as we will need an attendee count by Thursday, April 18.

Make this the Spring event you don't want to miss!!

Bob Eiselt  
President, Stillwater Rotary



**FAST FOR HOPE**  
**DISTRICT 5960 AND NICARAGUA**  
**CULTURAL EXCHANGE**  
**April 26 thru May 5, 2013**

District 5960 Rotarians, Rotaractors, their spouses, significant others and friends are welcome to apply.

**EVENTS:** The purpose of the Cultural Exchange is to learn about the culture and history of Nicaragua, to get acquainted with the people, to learn about sustainable economic development and to see the beauty and scenery of the country. One of the objectives of the Fast for Hope Initiative in Nicaragua is to build relationships with Nicaraguans. This trip is part of that effort. Each trip is different. We rely upon our friends at AKF to assist us in designing each trip.

**ELIGIBILITY:** Each delegate must be in good health and be able to walk at least 100 yards (the length of a football field) on uneven trails. Unlike the States, ADA does not apply to Nicaragua. You will be navigating stairs and possibly trails in the mountains. In some delegations we have lived with Nicaraguans in rural communities, which involved using outhouses and sleeping in hammocks. Because Nicaragua is 10 degrees north of the equator, the temperature does not vary much through the seasons and there is usually high humidity.

You do not need to be able to speak Spanish, interpreters will be provided, although on a group basis, not an individual basis. Some knowledge of Spanish (i.e. useful phrases) would be beneficial in communicating with the people you meet.

To apply, contact me for an application and then submit it to [dave@bancorgroup.com](mailto:dave@bancorgroup.com) (Dave Newman). Generally, qualified applications will be accepted in the order they are received. However the Fast for Hope Committee reserves the right to adjust the composition of the delegation depending upon the needs of a particular delegation.

**VACCINATIONS:** If you have not recently traveled abroad, you will need one or more vaccinations. You should consult with your local travel clinic to determine what vaccinations are recommended.

**PASSPORTS:** You will be required to provide evidence of a current U.S. passport by April 1. Passports can be obtained within about 21 days by paying an expedited fee. Airline tickets will be purchased by the team leader when he/she determines. Those delegates who do not have passports at that time will need to purchase their tickets on their own. (Typically, a passport should be valid for six months after the return date.)

**COST:** Each delegate will pay for their own airfare (which is usually between \$600 and \$1,000) plus about \$750 to cover food, lodging, in-country transportation (sometimes the back of a pick-up truck) and AKF's services.

**WHY WOULD I WANT TO GO?** So far, District 5960 has sent thirteen delegations to Nicaragua. Not one delegate has visited Nicaragua who has not thought it was a life changing experience. Many of the delegates have visited multiple times. If you are willing to risk stepping out of your comfort zone, be assured that you will be a changed person and your worldview expanded.

This is what a member of a previous fall trip wrote about the experience:

“Please allow me to introduce myself. My name is Jim Koonst. I am a Rotarian in Belle Plaine, MN and have been a Rotarian since 1983. My two daughters Elizabeth (21) and Anna Lee (19) and I had the opportunity to be part of the 9<sup>th</sup> FFH Delegation (Cultural Exchange) to Nicaragua. The opportunity given to us was absolutely life changing and was one of the best decisions I ever made for myself and my girls. Everything, I thought went very well. The weather (rain), at times forced Elena to “shoot from the hip” and make adjustments to our agenda for the day. But it was handled so graciously and without any worries, you would have never known that changes were being made.

I have to admit that I was somewhat apprehensive about this trip. Not knowing any Spanish, etc. So I actually decided not to have any expectations about this trip, other than to have fun with and to learn something. We learned from the Nicaraguans themselves - Lifestyles, history, culture, beauty of Country, poverty & despair as well. This trip was really “worry free” because of the experiences that the FFH committee has had, along with the organization skills & caring personalities of the AKF people. I thought this was going to be a vacation, but what it really turned out to be was a “Living Experience in Nicaragua with Nicaraguans”.

One item to remember is every delegation trip is unique, different in its’ own way. No two trips are exactly the same. I would strongly encourage you to take advantage of this opportunity / life changing experience.”

Other Rotarians you can contact for more information are:

Kathy Stutzman [kastutzm@smig.net](mailto:kastutzm@smig.net); Ed Marek [henakaga@yahoo.com](mailto:henakaga@yahoo.com); Jingle Mahan [jingle@rotary5960.org](mailto:jingle@rotary5960.org).

**WHAT IF I CHICKEN OUT?** So far no one has, but if you decide later that this is not for you, we want you to feel free to drop out, however you will be responsible for any costs incurred on your behalf.

**WHAT WILL BE EXPECTED OF ME?** Upon your return you will be expected to speak to your own Rotary Club about your experience as well as other clubs so that more members of our District gain an understanding of what we are working on in Nicaragua. It is our hope, but not a requirement, that upon your return that you will want to become involved in the Fast for Hope experience.

**DEADLINE TO APPLY:** We try to limit the size of each delegation to 12 people. We will stop accepting applications upon the earlier of (i) when the delegation has been filled or (ii) March 15, 2013. As a result, if you are interested in going, the sooner you submit your application the better.

Dave Newman, Fast for Hope Chair  
763-792-8975 or [dave@bancorgroup.com](mailto:dave@bancorgroup.com)