



**STILLWATER SUNRISE ROTARY CLUB
NEWSLETTER
November 16, 2010**

FUTURE MEETINGS

November 23, Craig Leiser- District Governor...Roger Ruetten
November 30, 35 W Bridge Collapse Investigation, Mark Chauvin...Jason Hanlon
December 7, Dan Schwarz, Lift Bridge Beer Company....John Huenick
December 14, Roger Miller, Mary Beata Zweber, Bike Trip Across America....Bruce Goldstrand
December 16, Annual Christmas Party.6 PM Gasthaus Bavarian Hunter Restaurant
December 21, Strive Presentation...Pete Smith
December 28, **No Meeting**
January 11, **No Morning Meeting, Vision Meeting 5:45 pm – 9:00 pm.**
January 25, Dennis Lindsay- Stillwater Area High School Pep Band – Mark Fisher

FUTURE EVENTS

November 30, Lost Boy Presentation, Stillwater Junior High School, 7 PM
December 16, Annual Christmas Party.Gasthaus Bavarian Hunter Restaurant
January 8, District Midterm Meeting, Oakland Junior High School
January 11, 2011, Visioning Conference. 4:45 – 9 PM



FELLOWSHIP: Steve Madsen

Visiting Rotarians

Ute Buehler, Mpls., University

Guests

Debbie Drummerhausen, Katie Hildebrand and Jennifer Starbuch...Stillwater Area High School
Laura Moeller, German Exchange Student
Dr. Michael Bourne, Speaker

Make Ups

Board Meeting – Margie, Bob, Craig, Orwin, Mike, Arba-Della, Janis, Mark, Brent, Rick, Ken, Dave and Dave
Chuck Buehler, Mpls./Univ.
Dean, Mary Parcheta and Mike C., Strive

Links

Link to Stillwater Sunrise Website: [Stillwater Sunrise Website](#)

Link to District Website: [Rotary District 5960](#)

Link to International Web site: [Rotary International Website](#)

Link to Stillwater Sunrise Facebook Site: [Stillwater Sunrise Rotary FACEBOOK Page](#)

Link to Our Exchange Student Abbie Huntley in Germany: [Abbie in Germany](#)



ANNOUNCEMENTS, REPORTS: Arba Della Beck, President

If you are interested, minutes of the Board Meeting are on our website. Some items discussed were a review of the Golf Tournament and the need to consider playing not so many holes to avoid having to hurry up to leave in time. In addition, next year to try and build a stronger link with the School District and the Partnership Plan.

The lost boy presentation is coming up soon and information can be found on the website... [Lost Boy Presentation](#) you will get a makeup if you attend.

The Christmas Party is 6 PM, December 16 at the Gasthaus Bavarian Hunter Restaurant.

If you would like to setup a vocational visit as part of your speaker responsibility, just let Arba-Della know and it will be arranged.

There is always a need for clothes to take to Valley Outreach. Winter is coming so the need is great.



We were pleased to have as our guests, Katie Hildebrand and Jennifer Starbuch, who told us of their experiences at Camp Enterprise. With the help of Debbie Drummerhausen, these young ladies were sponsored by our club to attend the camp. They talked about the motivational speakers, including a man that was 97% legally blind, breaking up into groups and forming companies to make a fictitious backpack including marketing, manufacturing etc.. and judging who had the best ideas. There were people there from all over the Midwest including someone from Peru. A great experience. They even got some nice looking jackets while attending.

We continue to hear from our various exchange students that we have had over the years. Jon Stillman showed these pictures of Felix's (exchange student from France) new son. Rick heard from our exchange student from St. Petersburg, Russia, Olga. Short note, that he read and she apologized about her English which seems to be leaving her. She had to go before she was "executed".



NEXT WEEK'S PROGRAM

Roger Ruetten will host our own Craig Leiser, District Governor.

GETTING TO KNOW OUR MEMBERS

As part of a new initiative, the previous weeks host provides a semi-biographical introduction of the host for this week's program to help us to better know our membership.

This week Ted Nesse, talked about Rick Robbins. Rick has been a Rotarian since 1987. Besides his expertise as marketing and sales, he was a basketball player or renown, winning scholarships from such places as Community College in Miles City, Montana and Bemidji State University. Here worked in radio and TV for 8 years and the Advertising agency world for 7 years. He has worked for several companies. He is presently the Director of Marketing for Lakeview Health System. Little known facts: had lead roles in Hell-O Dolly and By By Birdie in College Theater and designed the international symbol for diaper changing for Koala Corporation. He and Carol have been married for 29 years and have a son Aaron a CPA and daughter Kelsey a communications major at Concordia College (a chip off the old block since Rick's B.S. is in Communications).

SERGEANT-AT-ARMS: Rick Robbins



Chuck said that he and Ute have purchased an iPad for Christmas and are permitted a look for 1 hour each before it is packed away for Christmas Eve. Jon Stillman welcomed Chuck to the Mac World.

Mark joined the national past-time and killed his first buck in his first year hunting.

Rick said this is geography week and had some questions for us: What state flies their state flag above the US flag?

What is the longest river in the United States? And what state has a river defining both its' East and West borders? Last of all how do you pronounce the capital of Kentucky Louisville or Louieville? * Answers below.

Why do need and parachute to sky dive? So you can do it twice.

PROGRAM



Dr. Michael Bourne, is a doctor of podiatric medicine or in other words he treats ailments of the Feet and Ankles. Dr. Bourne said that our ankles contain 26 plus or minus 4 bones, 15 muscles and 16 joints. No foot is identical to another and they contain 25% of all the bones in the body. Trouble with feet goes way back in history. Today 85% of people have foot problems mainly due to our hardwood floors and asphalt/concrete. The major problems he deals with is "heel spurs" and trouble with the bottom of the foot just under the big toe joint. Why, shoes too small and poor arch support. Things like hammer toes are best dealt with by wearing proper foot wear to allow room for such a toe. Most of the heel spurs are result of high heels. Major advice to all...either get good shoes with good arch support or buy inserts to provide such support.

JOKE OF THE WEEK

A 2nd grader asked her mother the age-old question: "How did I get here?"

Her mother told her, "God sent you."

"Did God send you, too?" asked the child.

"Yes, Dear," the mother replied.

"What about Grandma and Grandpa?" the child persisted.

"He sent them also," the mother said.

"Did he send their parents, too?" asked the child.

"Yes, Dear, He did," said the mother patiently.

"So you're telling me that there has been no sex in this family for 200 years? No wonder everybody's so grouchy around here."

President Ray Klingensmith- Rotary International

Governor Craig Leiser - District 5960

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