



**STILLWATER SUNRISE ROTARY CLUB
NEWSLETTER
April 6, 2010**

FUTURE MEETINGS

April 13, - Jamie Revard, a past Rotary Foundation Ambassadorial Scholar....Jon Stillman
April 20, - Dane Smith, Growth and Justice....Ed Simonet
April 27, - Roger Stelljes, author.....Brent Voight
May 11, - Stewart Erickson, Sustainability...Craig Leiser
May 25, - STRIVE.....Del Peterson

FUTURE EVENTS

April 8, 2010, District 5960 Conference 2010 at Mankato, registration is now open
April 13, 2010, Nicaragua District Training @ Family Means
April 24, 2010, Host the Global Study Exchange Team from India.
May 6 – 16, Nicaragua Cultural Exchange, (March 6 deadline for sign-up)
May 15, 2010, Brewers Bazaar, Noon – 5 PM, Downtown Stillwater
June 20-23, Rotary International Annual Convention, Montreal, Canada
August 15, Arrival of Exchange Student Laura Mueller, Germany
September 24, 2010 Midnight Golf
October 16-24, Nicaragua Cultural Exchange, Families Welcome (August 16 deadline for sign-up)



FELLOWSHIP

Visiting Rotarians

Gretchen Stein (Speaker)

Guests

Bob Livingston – Guest of Craig Leiser
Brad Orn, from Central Bank – Guest of Roger Ruetten

Make Ups

Craig Leiser (2)
- District Conference Planning Meeting
- Grant Management Seminar
Linda, - Stillwater Noon
Dean & Janis – Strive

Links

Link to Stillwater Sunrise Website: [Stillwater Sunrise Website](#)
Link to District Website: [Rotary District 5960](#)
Link to International Web site: [Rotary International Website](#)
Link to Stillwater Sunrise Facebook Site: [Stillwater Sunrise Rotary FACEBOOK Page](#)

ANNOUNCEMENTS, REPORTS

Mark Lambert announced that Road-Side Cleanup would be THIS Saturday, April 10th at 8am. The weather is looking goods. He will have coffee, juice and donuts. A great service project of the whole family!

Andy Haak announced that our club has raised \$2,600 for the 2010 Fast for Hope campaign. That is \$100 over our goal but just shy of Dave Newman's goal of a gazillion. Maybe next year... Congratulation to the club and thank you for the generous support!

Dean Tibbetts announced that we have approximately \$4,500 in sponsorships for Brewers Bazaar. Great work Dean! Sponsorships are still welcome but get them in now if you want the company's logos on the marketing material.

Brewers Bazaar tickets are available online (<http://www.brewersbazaar.com>) or pickup a packet from Ken McGinley

Arba-Della Beck handed out an evaluation analysis from the Youth Services Bureau on the Chemical Health Program in the Stillwater Schools.

President Mike Holsten gave us a sneak preview of three awards our club will be receiving at the District Conference this weekend in Mankato.

- Membership Award (great job Janis!)
- Polio Plus Award for our generous contributions to that program
- Best Cooperative Project – The Halloween Parade

Hoops for Hope is over and our President was the only member to pick Duke to win it all. John Lennes took 2nd, Rich Cummings took 3rd and Arba-Della was proud to receive the fewest points. This idea raised \$200 towards our Fast for Hope campaign and we will look to do it again next year.

Dave Newman reminded us of the visit by Elena Hendricks who will speak at the District Conference this weekend and facilitate another District Fast for Hope Training Session next Tuesday, April 13 from 5:30-8pm at Family Means. Please see the enclosed information at the end of the Newsletter about the training session and how to register.

NEXT WEEK'S PROGRAM:

Jon Stillman announced next week's speaker will be Jamie Revard, a past Rotary Foundation Ambassadorial Scholar.

GETTING TO KNOW OUR MEMBERS

As part of a new initiative, the previous weeks host provides a semi-biographical introduction of the host for this week's program to help us to better know our membership.

Steve Madsen introduced us to Dave Newman after "Googling" him. Dave runs Bancor Group, a commercial land developer who's projects have won many awards. He and his wife Kathleen live in Stillwater with multiple cats and dogs. Dave is a past club president of the Fridley Club, past Assistant District Governor and current District Fast for Hope Chair. Dave is true Rotarian and a great guy.

SERGEANT-AT-ARMS

Rick announced that it was Tartan Day. So those who graduated from Tartan HS, worked at 3M or wearing plaid had to pay-up.

Craig Leiser announced that his Norwegian Exchange daughter is getting married and he will be going to Norway this year for the wedding. He also announced that his biological daughter called to let them know she is expecting and that they will also be going to Texas.

Dave Spencer informed us that Sheri Clifford predicted in the parking lot that we would be having waffles this morning. She can predict breakfast, but she didn't pick Duke.

Mike Kahn's 7th year old daughter took the gold this past weekend at a ski event that Mary Parhceta also attended. Congratulation!

Del Peterson and his wife Marilyn will be celebrating their 40th wedding anniversary this month.

Ed Boeve has a busy week ahead...Augusta and the Twins opener.

Brad Morrisson donated \$6 for a club member who stopped into his store for a delicious and nutritious smoothie.

Andy won the raffle (flowers)

PROGRAM

Dave Newman introduced Gretchen Stein. Gretchen is a past president of the St. Paul and Stillwater Noon Clubs. She is currently the District Membership Chair. She is co-owner of Sand Creek Group in Stillwater, a successful company providing employee assistance services.

Gretchen began her presentation by playing a DVD titled "Seeing Red Cars".

"We get more of what we focus on" If we focus on the negative, the negative will be the result. We need to stay focused on the positive. Be aware of what we say and write. Be watchful of your thoughts and our words. Stay positive and positive things will happen in your life.

For Rotary and our clubs, think positively towards membership or when considering new projects. If a member brings forth a new idea, don't immediately consider the negatives, think positively and focus on the end result, not the steps needed to get there because maybe you will discover a different, better path that has not been considered.

OUR FAST FOR HOPE PROJECT WORKSHOPS

"Sustainable Community Development – What does that mean for me... for my Rotary Club...and, for the World?"

Elena Hendricks from our community-based non-profit partner AKF in Nicaragua will be here conducting the workshop. For those of you who have heard Elena before, you know that she is an inspiring speaker and engaging teacher.

Dates: There will be two locations offered for this workshop –

April 13th 5:30 – 8:30 in Stillwater, MN at Family Means

April 14th 5:30 – 8:30 in Rochester, MN at a place to be determined

Both workshops will be the same. Two locations are offered to provide wider access for Rotarians in D-5960.

Dinner will be provided and \$10.00 will be collected at the door to cover the cost of the meal.

At this interactive workshop you will learn about:

- Listening to your target market
- Developing stronger relationships within community groups
- Concepts of the Fast For Hope Initiative
- Processes of sustainable development
- How to engage your community in your Rotary Club vision
- Being part of a ground-breaking international initiative.

...AND, you will expand your vocabulary while fulfilling a training requirement to participate in a District-5960 Nicaraguan Cultural Exchange or Fast for Hope Delegation.

Other things to know about this workshop:

- This workshop is open to all and is not limited to Rotarians
- All ages are welcome
- The fee covers the meal - all other expenses are covered by FFH funds, including the speaker and workshop materials
- Pre-registration is required for both workshops by April 11th
- Register by clicking on this link: <http://www.surveymonkey.com/s/XTNN9KQ>
- Or, by contacting Kathy Stutzman at kastutzm@smig.net

For more information please contact Kathy Stutzman at kastutzm@smig.net, or by calling 507-219-0912.

JOKE OF THE WEEK

Recently, in a large city in France, a poster featuring a young, thin and tan woman appeared in the window of a gym. It said, "This summer, do you want to be a mermaid or a whale?"

A middle-aged woman, whose physical characteristics did not match those of the woman on the poster, responded publicly to the question posed by the gym.

To Whom It May Concern:

Whales are always surrounded by friends (dolphins, sea lions, curious humans..) They have an active sex life, get pregnant and have adorable baby whales. They have a wonderful time with dolphins stuffing themselves with shrimp. They play and swim in the seas, seeing wonderful places like Patagonia, the Bering Sea and the coral reefs of Polynesia. Whales are wonderful singers and have even recorded CDs. They are incredible creatures and virtually have no predators other than humans. They are loved, protected and admired by almost everyone in the world.

Mermaids don't exist. If they did exist, they would be lining up outside

the offices of Argentinean psychoanalysts due to identity crisis: Fish or human?
They don't have a sex life because they kill men who get close to them,
not to mention how could they have sex? Just look at them ... where is
IT? Therefore, they don't have kids either. Not to mention, who wants to
get close to a girl who smells like a fish store?

The choice is perfectly clear to me: I want to be a whale.

P.S. We are in an age when media puts into our heads the idea that only
skinny people are beautiful, but I prefer to enjoy an ice cream with my
kids, a good dinner with a man who makes me shiver, and a piece of
chocolate with my friends.

With time, we gain weight because we accumulate so much information and
wisdom in our heads that when there is no more room, it distributes out
to the rest of our bodies. So we aren't heavy, we are enormously
cultured, educated and happy.

Beginning today, when I look at my butt in the mirror I will think, Good
grief, look how smart I am!

President John Kenny- Rotary International

Governor Newell Krogmann - District 5960

2008-2009 STILLWATER SUNRISE ROTARY CLUB BOARD

Mike Holsten, President
Arba Della Beck, President-Elect
Brent Voight, Secretary
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