



**STILLWATER SUNRISE ROTARY CLUB
NEWSLETTER
October 18, 2011**

FUTURE MEETINGS

Oct. 25 --Todd Streeter, Executive Director of the Greater Stillwater Chamber of Commerce, hosted by Lynda Halbert
Nov 1 – Abbie Huntley, Stillwater Sunrise Rotary Outbound Exchange Student 2010-2011, guest of Paula Williams
Nov 8 – Marna Catterbury, United Way, guest of Mike Holsten

FUTURE EVENTS

Sat., Oct 22 – Rake a Difference at 905 Owens Street, 8:30-10:30 am
Wed., Oct. 26 -- Halloween at Boutwell's -- Barbara Tischart, Chair



FELLOWSHIP: Steve Madsen

Visiting Rotarians

None- We need Ute back!

Guests

Laura Colt, guest of Craig Leiser
Barb Berg, guest of Janis Donnelly
Louise Lentz, Speaker and guest of Bob Gray

Make Ups

Craig Leiser –
John Stillman – Mackinac Island
Michael Holsten – Minneapolis
Margie Horning – GSE Selection 10/8/11
Highway Clean Up group- Mark Lambert, Rick Robbins, Roger Ruetten, Steve Madsen, Mary Parcheta, Brett Emmons, Craig Leiser, Dave Langer, Andy Haak, Dean Tibbetts, Dan Schmidt, Rich Cummings, Ken McGinley
Strive Group- Dean Tibbetts, Mark Fisher.

Links:

Link to Stillwater Sunrise Website: [Stillwater Sunrise Website](#)

Link to District Website: [Rotary District 5960](#)

Link to International Web site: [Rotary International Website](#)

Link to Stillwater Sunrise Facebook Site: [Stillwater Sunrise Rotary FACEBOOK Page](#)



ANNOUNCEMENTS, REPORTS:

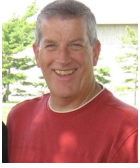
Mark showed a very short video from the Bill and Melinda Gates Foundation regarding the Last Percent on the polio eradication. See the website for a replay. John Stillman shared the number of polio cases in 2011 is 44 4 versus 717 last year. Also see the website for a special polio donation "2 for 1" promotion for contributions next week.

<http://www.stillwatersunriserotary.org/page/show/33601-opportunities>.

Mark Lambert provide a roadside cleanup report- the work was done in an hour and "the ditches look great". Thanks to the crew and Mark for his leadership and donuts.

Jason provided an update on the Vision Scorecard and each area. The Halloween Parade is the next big event. Strive kids helped haul 27,000 pieces of candy. See Dave Langer to donate to the cost of the candy.

SERGEANT-AT-ARMS:



Rick noted today is national chocolate cupcake day. Good news included an anniversary for Linda and her husband of 36 years.

Bob Rupp wished Margie a Happy Birthday (yesterday).

Paula is looking for payment for members who ordered wreaths and popcorn from her son's Boy Scout fundraiser.

Jon Stillman reported his son has been feeding starving children in Somalia.

Craig Leiser heard from Mabe, the Chilean exchange student, who is at university now, has a boyfriend and a lucky streak at bingo.

Shari Clifford paid a fine for calling in sick to the Highway Clean up.

Raffle- won by John Lennes

NEXT WEEK'S PROGRAM

Linda has next weeks program with Todd Streeter former Director of the Stillwater Chamber of Commerce.

GETTING TO KNOW OUR MEMBERS

In order to get to know better our members, the previous weeks host provides a semi-biographical introduction of the host for this week's program.

This week Mary Parcheta introduced Bob Gray, who originally hailed from Iowa but has been in Stillwater a mere 12 years. He has two boys and is active in VAA and St Croix Valley Sports Hall of Fame. He volunteers for youth sports coaching and the Alzheimer's Association.

PROGRAM

Louise Lentz is a volunteer Community Education Instructor with the Alzheimer Association and is employed as a trainer by Blue Cross Blue Shield. Like many others, she became involved in the Alzheimer Association as a way to give back for the support she received in caring for a family member affected by the disease. By 2020, Alzheimer's could reach epidemic proportions as the Baby Boomers age. The disease is not a normal part of again. One of six people over 65 will contract the disease; one of two over age 85. Many people are living longer, in part due to transplants to cure other ailments. A brain transplant is not an option yet. The disease costs businesses \$202.6 Billion. Dementia is the loss of cognitive function severe enough to get in the way of daily living. Dementia can be caused by temporary or curable issues (Vitamin B12 deficiency, Lyme's Disease, infections, medication) but 70% of dementia cases are caused by Alzheimer's. The plaques and tangles of the brain associated with the disease interrupt thought process connections and can only be confirmed via autopsy right now. See the Alzheimer's Association website for the Ten Warning Signs. http://www.alz.org/alzheimers_disease_10_signs_of_alzheimers.asp

Joke of the Week

Working people frequently ask retired people what they do to make their days interesting.

Well, for example the other day, my wife and I went into town and visited a shop. When we came out, there was a cop writing out a parking ticket. We went up to him and I said, 'Come on, man, how about giving a senior citizen a break?'

He ignored us and continued writing the ticket. I called him an "a\$\$hole". He glared at me and started writing another ticket for having worn-out tires. So Mary called him a "\$hit head". He finished the second ticket and put it on the windshield with the first. Then he started writing more tickets. This went on for about 20 minutes. The more we abused him, the more tickets he wrote.

Just then our bus arrived, and we got on it and went home.

We try to have a little fun each day now that we're retired.

President Kalyan Banerjee- Rotary International

Governor Judy Freund - District 5960

20011-20012 STILLWATER SUNRISE ROTARY CLUB BOARD

**Mark Fisher, President
Dave Langer, President-Elect**

Arba-Della Beck, Past President
Brent Voight, Secretary
Roger Ruetten, Treasurer
Dave Newman, Fast for Hope
Pete Smith, Rotary Foundation
Paula Williams, Club Service
Rick Robbins, Sergeant-at-arms
Janis Donnelly, Membership
Ken McGinley, Public Relations.
Shari Clifford, Youth Exchange