STILLWATER SUNRISE ROTARY CLUB
April 29, 2014

FUTURE MEETINGS

May 6 – Breast Health Center at Lakeview Hospital, Rick Robbins
May 13 – Jerry Kyser - Honor Flights - Bob Rupp
May 20 – STRIVE Presentation - Brent Voight
May 27 – Arba-Della Beck
June 3 – Elizabeth Bradshaw
June 24 - Dick and Georgia Whitcomb, Hudson Daybreak - Phipps Center for Arts - Guest of Brett Emmons
July 1 - Paula Williams, Year in Review -Presidential Installation-Passing the gavel

FUTURE EVENTS

April 30 - Soup Cook-off at LE Event Center
May 10th – Roadside Clean-up
May 17, 8th Annual Brewers Bazaar
June 17 – District Governor Karel Weigel's Installation. MN Zoo at 6:30pm

FELLOWSHIP:

Guests

Visiting Rotarians:
No visiting Rotarians

Make ups

Links:
Link to Stillwater Sunrise Website: ***Stillwater Sunrise Website***
Link to District Website: ***Rotary District 5960***
Link to International Web site: ***Rotary International Website***
Link to Stillwater Sunrise Facebook Site: ***Stillwater Sunrise Rotary FACEBOOK Page***

CLUB BUSINESS AND ANNOUNCEMENTS: President Paula Williams

Rotary Soup Cook Off this week at the Lake Elmo Event Center, Wednesday, April 30th.

Mark your calendar for June 17th for District Governor, Karel Weigel, Installation at the MN Zoo.

Roadside Cleanup will be May 10th at 8am. Please sign-up.

This week is the last week to turn in your Fast For Hope contributions. Thank you for everyone's generosity and turn in your checks to Andy Haak

SERGEANTS AT ARMS:

The women from the St. Paul Club were there to promote a program called Harmony Learning Center. The Center partners with Century College and School District 622 (North St. Paul/Maplewood) to have a Garden Seedling Sale. Proceeds from the sale go to support Harmony Greenhouse at Harmony Learning Center in Maplewood. Center works with 800 adult English Language Learners and 400 students working toward their GED. They had seedling order forms.

Cheryl Kohout, whilst on her world travels, met with the Romanian host for next year's Rotary Friendship Exchange to Romania.

Kristine Peterson's (she's the newer member that is the teacher, right?) students were able to purchase 519 items for the food shelf in their program at Kowalski's.

Rick Heidick completed the Ironman bike ride this weekend. It was his 15th time participating.

Margie has only two days left of work before retirement.

The Beatles were the theme of the Sergeant at Arms. If you weren't born before the British Invasion, you had to pay a buck. Had it been the other way he would have raised more money.

NEXT WEEK'S PROGRAM:

Rick Robbins will speak about the Breast Health Center at Lakeview Hospital.

Program:

Our speaker Barb Wendt, MN Aphasia.
Minnesota Connect Aphasia Now (MnCAN) is a new non-profit. It was a split-off from Minnesota Stroke Association. Their goal is to help those with Aphasia to live well by providing conversational support, strategies and practice. All while helping supporting personal life goals. They provide a group experience with a speech pathologist and volunteers to aid and support conversation strategies. Groups meet weekly.

We had a very moving speech by Mike Sorenson, a small business owner, 54 years old stricken with Aphasia. He said his 3 minute speech took him 6 hours to prepare.

Aphasia is an acquired communication disorder that impairs a person's ability to process language, but does not affect intelligence. It impairs the ability to speak, understand others and often the ability to read and write.

The most common cause of aphasia is strok 25 to 40% of stroke survivors acquire aphasia. It can also result from head injury or brain tumor.

Aphasia affects about one million people, about 1 in 250 people. More common than Parkinson's, cerebral palsy or muscular dystrophy combined.

It usually occurs due to damage to the left side of the brain. It can even create weakness or even paralysis on the right side of the body.

How do you communicate with a person with Aphasia? Give them time to speak. Don't finish the person's sentences unless asked. Be sensitive to background noise, turn off TVs and radios. Be open to other means of communication: writing, drawing or gesturing. Confirm that you are communicating successfully. e.

Joke of the Week

Pest Control
>
> A woman was having a passionate affair with an Irish inspector from a pest-control company. One afternoon they were carrying on in the bedroom together when her husband arrived home unexpectedly.
>
> 'Quick,' said the woman to the lover, 'into the closet!' and she pushed him in the closet, stark naked.
>
> The husband, however, became suspicious and after a search of the bedroom discovered the man in the closet. 'Who are you?' he asked him.
>
> 'I'm an inspector from Bugs-B-Gone,' said the exterminator.
> **'What are you doing in there?' the husband asked.**
>
> 'I'm investigating a complaint about an infestation of moths,' the man replied.
>
> 'And where are your clothes?' asked the husband.
>

> The man looked down at himself and said, 'Those little bastards! '

President Ron Burton, Rotary International

Governor Gary Campbell - District 5960

2013-2014 STILLWATER SUNRISE ROTARY CLUB BOARD

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