STILLWATER SUNRISE ROTARY CLUB
May 6, 2014

FUTURE MEETINGS

May 13 – Jerry Kyser, Honor Flights – Bob Rupp
May 20 – STRIVE Presentation – Brent Voight
May 27 – Kelly Muellman, MDH, Climate Change in Minnesota – Arba-Della Beck
June 24 – Dick & Georgia Whitcomb, Phipps Center for Arts -- Brett Emmons
July 1 – Paula Williams, Year in Review & Passing of the Gavel to Steve Madsen

FUTURE EVENTS

May 10 – Roadside Cleanup
May 17 -- 8th Annual Brewers Bazaar
June 17 – District Gov. Karel Weigel's Installation, MN Zoo, 6:30 p.m.

FELLOWSHIP: Mark Lambert

Guests:

Speakers: Jubilee Schroeder & Ashley Umbreit
Donna Karis, guest of Rick Robbins
Jenna, Kylie & Tanner Voight, guests of Brent Voight

Visiting Rotarians:

None

Make ups:

Soup Cook-Off: Kristine Petersen, Dan Schmid, Orwin Carter, Del Peterson, Roger Ruetten, Margie Horning, Dean Tibbetts, Andy Haak, Cheryl Kohout

Links:
Link to Stillwater Sunrise Website: ***Stillwater Sunrise Website***
Link to District Website: ***Rotary District 5960***
Link to International Web site: ***Rotary International Website***
Link to Stillwater Sunrise Facebook Site: ***Stillwater Sunrise Rotary FACEBOOK Page***

CLUB BUSINESS AND ANNOUNCEMENTS: President Paula Williams

President Paula announced that the new purple Club shirts had arrived and were ready for pickup. And be sure to have Ted check-off your name when you pick up your shirt.

Mark L. encouraged club members to help with this Saturday's roadside cleanup, and he promised that the weather would be nice for this important annual community chore.

The Soup Cook-Off was a big success, and Paula sent out kudos to Anita Carter for her great recipe and to all the cooks.

The club received a thank you letter from the Salvation Army for helping with the bell ringing campaign last December. Our club raised $312 for Salvation Army programs.

Brent noted that STRIVE kicks off its new year with a meeting tomorrow. Mentors and students are excited for the new year to begin.

Ken encouraged everyone to listen for a Brewers Bazaar ad on the radio at 1500 AM. It's an exciting promotion for our club and for the Brewers Bazaar event which is only a week from this Saturday. Ken noted that there are only 40 tickets left. And we're at 19 Brewers and counting! Ted noted that we still need another canopy or two, so please let him know if you can bring one.

SERGEANTS AT ARMS: Bob Gray and Mel Sullivan

Bob mentioned that it's our first meeting in May … so if members received a May Day basket they owed a buck. Rick R. responded that he received a May Day "basket" 25 years ago, upon the birth of his daughter. Several other members mentioned receiving thoughtful family-related May Day gifts, too.

Mark F. paid a buck as he asked Kristine P. to show-off the colorful "leggings" she was wearing today, and she graciously did so, adding that colorful socks are typical in the wardrobes of kindergarten teachers.

Andy H. added a somber note about the sudden upturn in the global polio epidemic, which only continues to emphasize the importance of Rotary's PolioPlus fundraising campaign.

Raffle:

Shari Clifford conducted the raffle, which was won by guest speaker Ashley Umbreit

NEXT WEEK'S PROGRAM:

Bob Rupp is bringing in Jerry Kyser who will speak about "Honor Flights," most notably describing the details of the flights and what they accomplished.

GETTING TO KNOW OUR MEMBERS:

Shari introduced Rick Robbins who has been a Rotarian since 1987 and a member of Stillwater Sunrise since 1995. A native Virginian, Rick has been a Minnesota resident for 38 years and is a Bemidji State grad. He and Carol have been married for 32.573 years (as of today), and he's a closet stand-up comedian and country music singer.

PROGRAM:

Rick Robbins introduced speakers Ashley Umbreit and Jubilee Schroeder, who both serve as Breast Health Nurse Navigators with the Breast Health Center at Lakeview Hospital. They described the center as a St. Croix Valley collaboration to create a Valley-wide common approach to the management of breast health issues involving diagnosis and treatment. The Breast Health Work Group includes: * Lakeview Hospital and Stillwater Medical Group * Westfield Hospital and Clinic * Hudson Hospital and Clinic * Regions Hospital and *St. Paul Radiology.

Toward improving health and well-being for patients, the group aims to (1) increase consumer knowledge of breast health (2) implement formal care coordination in diagnostics (3) develop and implement best care practices and (4) maximize use of new technologies, include "tomosynthesis" which is 3D mammography.

There is a comprehensive collaboration within the work group, including screening, breast surgery, and chemotherapy at all the sites. Radiation therapy is provided at the Cancer Center of Western Wisconsin, Westfield Hospital and Regions Hospital. In addition, Regions Hospital provides Breast MRI and MRI biopsies.

The Breast Health Center aims to expedite the diagnosis of breast cancer through same-day access to resources which includes a consistent group of dedicated breast radiologists. It was noted that men also must watch for symptoms of breast cancer, as 1% of breast cancers are in males. And finally, everyone should remember to consult their primary care provider with any questions about breast health.

Joke of the Week

Marriage Humor
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> Wife: 'What are you doing?'
>
> Husband: Nothing.
>
> Wife: 'Nothing . . . ? You've been reading our marriage certificate for an hour.'
>
> Husband: 'I was looking for the expiration date.'
>
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>
> Wife : 'Do you want dinner?'
>
> Husband: 'Sure! What are my choices?'
>
> Wife: 'Yes or no.'

President Ron Burton, Rotary International

Governor Gary Campbell - District 5960

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