STILLWATER SUNRISE ROTARY CLUB
February 25, 2014

FUTURE MEETINGS

Mar 1 - Sara Damon and Junior High AP Human Geography Students - Guests of Bob Gray
South Sudan Water Project Update
Mar 11 - Kristine Peterson: Students' Service-Learning Project for MN Food Shelf
Mar 18 - Ray Marshall, Chair of Arcola Mills Historical Foundation - Guest of John Lennes
Mar 25 - Fast for Hope Presentation
April 1 - Karla Peterson: MN Dept of Health, Drinking Water Quality - Guest of Del Peterson
April 8 - Jeff Nelson
April 15 - No Meeting this Morning in lieu of Wednesday Meeting at the Lake Elmo Inn on Wednesday
April 16 - Presentation on the New Vikings Stadium by Mortenson Construction with Lake Elmo Club
April 22 - Club Assembly

FUTURE EVENTS

April 25-26th District 5960 District Conference at National Sport Center in Blaine
May 17, 8th Annual Brewers Bazaar

FELLOWSHIP: Pete Smith

Guests
No guests

Visiting Rotarians:
No visiting Rotarians

Make ups
Craig Leiser – Grant Management Seminars, North Central Officer Training Planning (NCPETS)
Shari Clifford – Board Meeting
Dave Newman – District Leadership Seminar and Woodbury Club

Links:
Link to Stillwater Sunrise Website: Stillwater Sunrise Website
Link to District Website: Rotary District 5960
Link to International Web site: Rotary International Website
Link to Stillwater Sunrise Facebook Site: Stillwater Sunrise Rotary FACEBOOK Page

CLUB BUSINESS AND ANNOUNCEMENTS: President Paula Williams

We need a 3rd host family for our youth exchange student, Thomas. The timeframe is roughly March-June. If you know a family who is interested in hosting him, please talk to Brett Emmons.

Brewers Bazaar committee meeting is this Wed. at 6pm at Lift Bridge.

No meeting Tuesday, April 15th. Instead, we're joining the Lake Elmo Club on Wednesday, April 16th at 7am to hear about the new Vikings stadium. More details to follow.

Our Club has a large banner to hang all the smaller banners we collect from traveling. Paula was looking for a volunteer to hang some recently collected banners to this large banner. Barbara Tischart offered to help.

Ken reminded everyone to grab a handful of Brewers Bazaar postcards and promote the event.

Mark Lambert announced that he expected this Spring's Roadside cleanup to hopefully happen by July when the snow melts.

February Birthdays – Bruce Goldstrands, Ned Gordan, Chuck Buehler, Shari Clifford and Mary Parcheta. Enjoy the cupcakes!

SERGEANTS AT ARMS: Mel Sullivan

Mel welcomed Brent back.

Mel also thanks Jason H and Ken M for their work on the Brewers Bazaar.

Brent thanked Janis for filling in while he was gone.

Rick H let everyone know that the high school drama club is presenting Little Shop of Horrors this weekend.

Rich C is off to Hawaii.

Dave S gave a buck for the returning Polar Vortex.

Rick R has a new granddaughter and another on the way.

Jon S gave a shout out for the Badgers.

Dave N saw Margie's Gana dress.

Barbara T was selected for the Argentina Friendship Exchange. Craig is leading the group.

Bob G drove to Ames, IA on Saturday even though no travel was advised.

Raffle: Mary Parchetta
Mark Lambert won several books donated by our speaker Jen McDonough

NEXT WEEK'S PROGRAM:

Bob Gray announced the return visit of Sara Damon and students from the Stillwater Jr High Human Geography AP class. They will be giving us an update on the South Sudan Water Project.

GETTING TO KNOW OUR MEMBERS:
Jason Jordan: Jason is a 1999 graduate from SAHS. He was a standout quarterback for the Ponies. He is now married, they have a little boy and works at Lakes Area Bank.

PROGRAM:

Jen McDonough is a motivational storyteller, engaging Amazon Top 100 Author, and empowering coach that has help people leverage adversity to achieve their potential by taking them from their weakest points to becoming their strongest selves.

Jen's Bio:

- Jen lives in Lindstrom with her family.
- Ironman triathlete after not being able to run, bike, or swim.
- Eight-time national Olympic-style weightlifter after starting off with a broomstick.
- Author of three Amazon Top 100 books in one year after being ridiculed as a child and an adult for my grammar skills (one of those books has been in Amazon's Kindle Top 100 for over two years while another one hit number one in Amazon's budgeting category).
- Media hit nationally & internationally through our story of paying off over $212,000 worth of debt & medical expenses in 4 years after not being able to pay our monthly expenses.
- Empowered parent of a child who was diagnosed with an incurable lifetime medical condition after being emotionally & financially devastated.

Books:
Living Beyond Awesome
Living Beyond Rich

http://www.theironjen.com/

Jen's struggle began when he 7 yr old son, Robby was diagnosed with a lifelong medical condition and they couldn't keep up with the expenses (treatment and medication) even with good insurance. The worst moment was in line at the grocery store and she didn't know if she'd have enough money for the essential item on the conveyer belt. "Will the store clerk and the people behind her in this small town now learn her dark and embarrassing secret?" This is when she went from her weakest moment to her strongest. They took a financial course by Dave Ramsey and it changed their lives. Instead of asking herself "what can't I do?" She asked herself "what can I do?"

In closing, she asked us all to spend at least 5 minutes a day on our family and our finances.

Joke of the Week

HELL TO GET OLD...

Two medical students were walking along the street when they saw an old man
Walking with his legs spread apart. He was stiff-legged and walking slowly.

One student said to his friend:

"I'm sure that poor old man has Peltry Syndrome.
Those people walk just like that."

The other student says:

"No, I don't think so. The old man surely has Zovitzki Syndrome.
He walks slowly and his legs are apart, just as we learned in class."

Since they couldn't agree they decided to ask the old man. They approached him
And one of the students said to him,

"We're medical students and couldn't help
But notice the way you walk, but we couldn't agree on the syndrome you might have.
Could you tell us what it is?"

The old man said,

"I'll tell you, but first you tell me what you two fine medical students think."

The first student said, "I think it's Peltry Syndrome."

The old man said, "You thought - but you are wrong."

The other student said, "I think you have Zovitzki Syndrome."

The old man said, "You thought - but you are wrong."

So they asked him, "Well, old timer, what do you have?"

The old man said,

"I thought it was GAS - but I was wrong, too!"

President Ron Burton, Rotary International

Governor Gary Campbell - District 5960

2013-2014 STILLWATER SUNRISE ROTARY CLUB BOARD

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Dave Langer, Past President
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Dave Newman, Fast for Hope
Pete Smith, Rotary Foundation

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Brett Emmons, Youth Exchange
Chuck Buehler, Newsletter Editor