



STILLWATER SUNRISE ROTARY CLUB
February 2, 2016

FUTURE MEETINGS

Feb 9th	Ed Boeve	Dr. Lenny Snellman - Story of Daylight School in Kenya
Feb 16th	Rich Cummings	Sara Damon, Stillwater Junior High School - Report on Water Project
Feb 23rd	Eli Quiett	Cassie McLemore - Stillwater Summer Tuesdays
Mar 1st	Pete Smith	Tracy Maki, Executive Director - Valley Outreach
Mar 8th	Ned Gordon	Holly Minners - St. Therese of Woodbury
Mar 15th	Chuck Buehler	Pete Orput, County Attorney, Sex trafficking in Washington County
Mar 22nd	Bob McDowell	
Mar 29th	Orwin Carter	
Apr 5th	Ed Simonet	
Apr 12th	Jack Gibbons	
Apr 19th	Jeanne Matlock	Gayle Knutson, Adventure Traveler, Author & Documentary Filmmaker – Tundra Films / Jim Maher, Adventure Traveler & Free Lance Financial Writer
Apr 26th	Dave Spencer	
May 3rd	Mary Parchetta	
May 10th	CLUB ASSEMBLY	Brewer's Bazaar preparation meeting
May 17th	Brent Voight	STRIVE - Danny Mishek, SelfEco/VistaTek
May 24th	Bruce Goldstrand	
May 31st	Ken McGinley	Ayane Tanaka - Presentation by our Japanese exchange student

FUTURE EVENTS

April 5 - Second Harvest Food Bank help
July 29-30 - Leadership Academy, District, Guest Speaker Timberwolves CEO

FELLOWSHIP: Janis

Guests:

Nancy Torrison and Maria Hurni, speakers - Guests of Dan Schmid

Visiting Rotarians:

None

Make ups:

Craig Leiser , District Leadership Academy, Faribault Rotary, Mid-Term ? NCPETS ?(Pets from North Carolina)
Ken McGinley and Rich Cummings, Noon Stillwater Sampler
John Lennes, Play with friends in Roseville
Dave Newman, MidTerm ?

Links:

Link to Stillwater Sunrise Website: [Stillwater Sunrise Website](#)

Link to District Website: [Rotary District 5960](#)

Link to District Governor Marlene Gargulak's : [Weekly Newsletter](#)

Link to International Web site: [Rotary International Website](#)

Link to Stillwater Sunrise Facebook Site: [Stillwater Sunrise Rotary FACEBOOK Page](#)

CLUB BUSINESS AND ANNOUNCEMENTS: President Shari Clifford



Shari won't be here next week but Paula Williams will substitute

Board meeting this Friday, Feb. 5 will have on the agenda, scholarships for STRIVE, Hearts and Hammers discussion.

SERGEANTS-AT-ARMS: Jennifer Giovinazzo and Mark Fisher



Today is Groundhog day and the quiz that was tied to the \$3 you had in your hand, had to do with the Movie of the same name. Who was the main actor, What was the name of the Pharmacist etc..... Most people paid.

Tim had a good news, his snowblower started.

The report on Laura Moeller our exchange student from Germany was she is now doing an intern with Coca Cola after other in London.

Andy Haak pointed out that there is another lecture from the University of Minnesota Alumni Assoc. on Tuesday, Feb. 16 at 7PM, at Family Means by Dr. Traci Mann giving the scientific truth about why diets don't lead to lasting weight loss.

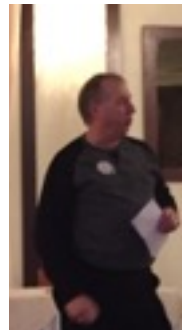
NEXT WEEK'S PROGRAM:

Ed Boeve hosts Dr. Lenny Snellman, telling about the Daylight School in Kenya

GETTING TO KNOW OUR MEMBERS:

Dan Schmid is planning to retire at the end of March. He is a husband, has several grandchildren and Justin says at 3M longer then he has been alive (40 years).

PROGRAM:



Nancy Torrison, Executive Director of [A Breath of Hope Lung Foundation](#) gave an impassioned talk about some of the problems encountered trying to deal with Lung Cancer. There is a serious problem with awareness of the magnitude and problems with this deadly cancer. It is more prevalent then breast, colon and prostate cancer combined and yet is not funded nearly enough. And even more frightening it is not always associated with smoking even though that is the assumption by most people and donors for that matter. The result is lack of interest because of course the saying goes "it is your fault anyway!!!". It is the cancer that is 2 times that of breast cancer in women and even worse it is not screened for in regular examinations. There is a screen called a mini CT scan that can screen for it yet you have to practically fight your doctor to get them to run it. The cost averages \$60. Main causes, smoking of course but secondarily naturally occurring Radon. The result in many cases after observing the typical symptoms like a dry cough, it has spread to far and is in the later stages. Check your home for Radon, the test is available at a hardware store like Mennards or on Amazon for around \$10. Check out their website, it is worth it.

Joke of the Week

A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.

His father said he'd make a deal with his son,"You bring your grades up from a C to a B average, study your Bible a little, and get your hair cut. Then we'll talk about the car."

The boy thought about that for a moment, decided he'd settle for the offer, and they agreed on it.

After about six weeks his father said,"Son, you've brought your grades up and I've observed that you have been studying your Bible,but I'm disappointed you haven't had your hair cut."The boy said,"You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that:-

Samson had long hair,

John the Baptist had long hair,

Moses had long hair,

and there's even strong evidence that Jesus had long hair."

(You're going to love the Dad's reply!)

"Did you also notice they all walked everywhere they went?"

President K.R. Ravindran, Rotary International

Governor Marlene Gargulak - District 5960

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