



STILLWATER SUNRISE ROTARY CLUB
March 21, 2017

"Great moments are born from great opportunities." , Herb Brooks Hockey coach and Player

FUTURE MEETINGS

<u>DATE</u>	<u>ROTARIAN</u>	<u>SPEAKER/TOPIC</u>
Mar 28th	John Huenink	Robert Back, Principal - Building and Program Changes to Stillwater High School
Apr 4th	Club Assembly	Brewer's Bazaar Planning Meeting
Apr 11th	Ed Boeve	Mel Duncan - Nonviolent Peaceforce, protecting civilians w/ unarmed strategies
Apr 18th	Mark Lambert	Dr. Dennis Brummond, Chiropractor - Top 10 Wellness system
Apr 25th	Margie Horning	Joanne Sackreiter - global/district grant, improving health care in Jamaica
May 2nd	Jon Stillman	Pete Smith, BWBR & Mark Coyle, Athletic Dir. - Gopher's Athletic Village
May 9th	Lonny Stormo	Genevieve Plumadore, Vice President Government Relations - Medical Alley
May 16th	Club Assembly	Brewer's Bazaar Planning Meeting
May 23rd	Justin Bonestroo	John Crudele, Speaker - Author, The Courage to Connect
May 30th	Brent Voight	Strive meeting
June 6th	Club Assembly	Brewer's Bazaar in review, planning
June 13th	Eli Quiett	
June 20th	Dan Schmid	
June 27th	Rick Cummings	
July 4th	Holiday	No Meeting today
July 14th	Mel Sullivan	Year in Review-passing the gavel to President Barbara Tischart

Please Note that During Election Seasons: Elected officials or announced candidates may not speak to Rotary after June 1 in the year they are up for election.

If your program highlights one of Rotary's six areas of focus, feel free to mention the area when you introduce your program. **1. Water & Sanitation 2. Education and Literacy 3. Peace and Conflict Prevention/Resolution 4. Maternal & Child health 5. Economic Development 6. Disease Prevention & Treatment**

Please remember this is a 3-week commitment:

- Week before.....Announce Program & Speaker

- Week of Scheduled Program.....Introduce Yourself and Your Speaker

-Week after ProgramBring Gift, Conduct Raffle

-Your speaker will have 20 minutes to present.

If the Tuesday you've been assigned isn't convenient, please arrange to swap dates with another member. (Call Tim Trooien 651-439-3153, or email timtrooien@comcast.net if you do switch.)

And remember: You will be assessed a \$30 charge if you forget to conduct the raffle!

FUTURE EVENTS

Tri-Club Cook Off, BBQ, April 20, 6-8 PM, Lake Elmo Event Center
11th Anniversary Brewer's Bazaar, Saturday May 20

FELLOWSHIP & GREETER: Jim Meier

Guests:

Jack Matlock guest of Jeanne Matlock
Kathleen Eddy, Owner of Valley Bookstore guest of Don Schuld
Chuck Donnelly, Courage Center Volunteer, speaker guest of Roger Ruetten

Visiting Rotarians:

None

Make ups:

Craig Leiser (4), North Central Leadership Training (3) , District Grants Sub-committee
Mergie, Grants

Links:

Link to Stillwater Sunrise Website: [Stillwater Sunrise Website](#)

Link to District Website: [Rotary District 5960](#)

Link to International Web site: [Rotary International Website](#)

Link to Stillwater Sunrise Facebook Site: [Stillwater Sunrise Rotary FACEBOOK Page](#)

CLUB BUSINESS AND ANNOUNCEMENTS: President Mel Sullivan



Don Schuld was pleased to announce this years Literacy Award, Kathleen Eddy the owner of the Valley Bookstore. Kathleen was born in small town that did not have a library but her mother insisted on the family to read. The mobile library was her library. After working at Century College and Barnes and Nobles etc... She came to Stillwater in 2009 as manager of the Bookstore. She has an amazing amount of promotions each year... Kathleen works with the library for their promotions, has author readings like Total Criminal Cocktail hour, between the Coves at the Dock Cafe, Stories on the Trolley and other events including a Gunflint Lodge Event with two authors reading to 45 participants on April 6-9. She does this to bring in authors and to promote literacy, keep children involved in reading and bringing joy of books to the community. She is the parent of 2 children and her daughter is co-manager of the store. She still reads to her grandchildren even though the youngest is 13. Congratulations.



Mel presented a Paul Harris Award to Jason Hanlon.



Mel is attempting to put together an album of members. Please send her a picture and a short bio. There is no deadline, she would like to finish it by the end of her Presidency.

Hoops for Hope is in full swing. Jon Stillman is the only one to predict Wisconsin over Villanova and is still in the running for the final. We have 33 entries this year, the most ever. Dave and Jeanne's friend Stacy Stacy are leading with Dave S. close behind.

Paula has some plates left over from Rick Heidick. Please claim.

Bob Grey urged us to donate to the foundation.

Laurie has agreed to coordinate our entry into the Tri-Club BBQ cookout. Should be fun.

One thing that came up at the Board meeting last week is the ticket sales are a little weak this year. So let's go out and push the sales. Doug has put together an announcement that we can post on our social media. He has sent out an e-mail today for posting. Mel said we need more Bodies at the event. Labeled it more "Bodies on Boat or BOB"

Andy is looking for donations to Fast for Hope. Make the checks out to the Foundation if you want a tax deduction. We are the top club in the district for Fast for Hope so let's continue our record.

SERGEANTS-AT-ARMS: Jennifer Giovinazzo and Mark Fisher

Jennifer was alone today. She noted that tomorrow is national goof off day.



Janis had a note from Dave Langer thanking everyone for their support for his daughter Katlin and her St. Thomas basketball team who unfortunately lost in the NCAA semifinals. However Katlin was named the Division III basketball player of the year. Wow.

Someone's daughter got a summer job at Medtronic

Mel now has a 5th Grandchild.

NEXT WEEK'S PROGRAM:

John Huenink will introduce Robert Back, Principal of Stillwater High School who will talk about the Building and Program Changes to the School.

GETTING TO KNOW OUR MEMBERS:

Roger Ruetten was a bit shy, but we did find out he is our treasurer and he has his family and grandkids in Texas

PROGRAM:



Roger Ruetten introduced Chuck Donnelly who volunteers at the Courage Kenny Rehabilitation Institute.

Chuck said that the Courage Center located here in Stillwater, has the equivalent of 30 full-time employees in volunteers showing how much the center depends on volunteers. The center has a fully equipped Fitness center and a large pool where persons under rehab. use the pool and center for physical therapy. A favorite project for Chuck is the Horse project that takes place at the Washington County Fairgrounds. They are 3-6 week sessions that take place every Tuesday. He recalled the story of a cerebral palsy patient which is usually the result of a lack of oxygen at birth. They are paralyzed but put them on a horse with two attendants on each side and third leading and after 15 minutes they turn from rigidity to relaxing. They feel the horse his warmth and motion and get a sense of what it is like to not be in a wheel chair and walking. Courage is best defined for Chuck as people who keep trying and trying in spite of failure. Passionate man.

THIS WEEK'S JOKE

Never Squat With Your Spurs On - Will Rogers

Will Rogers, who died in a 1935 plane crash in Alaska with bush pilot Wiley Post, was one of the greatest political, country/cowboy sages this country has ever known. Some of his sayings:

1. Never slap a man who's chewing tobacco.
2. Never kick a cow chip on a hot day.
3. There are two theories to arguing with a woman ... Neither works.
4. Never miss a good chance to shut up.>
5. Always drink upstream from the herd.
6. If you find yourself in a hole, stop digging.
7. The quickest way to double your money is to fold it and put it back into your pocket.
8. There are three kinds of men:
The ones that learn by reading;
The few who learn by observation;
The rest of them have to pee on the electric fence and find out for themselves.
9. Good judgment comes from experience, and a lot of that comes from bad judgment.
10. If you're riding' ahead of the herd, take a look back every now and then to make sure it's still there.
11. Lettin' the cat outta the bag is a whole lot easier'n puttin' it back.
12. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him.

The moral: When you're full of bull, keep your mouth shut.

ABOUT GROWING OLDER...

First ~ Eventually you will reach a point when you stop lying about your age and start bragging about it.

Second ~ The older we get, the fewer things seem worth waiting in line for.

Third ~ Some people try to turn back their odometers. Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved.

Fourth ~ When you are dissatisfied and would like to go back to youth, think of Algebra.

Fifth ~ You know you are getting old when everything either dries up or leaks.

Sixth ~ I don't know how I got over the hill without getting to the top.

Seventh ~ One of the many things no one tells you about aging is that it's such a nice change from being young.

Eighth ~ One must wait until evening to see how splendid the day has been.

Ninth ~ Being young is beautiful, but being old is comfortable and relaxed.

Tenth ~ Long ago, when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

And, finally ~ If you don't learn to laugh at trouble, you won't have anything to laugh at when you're old.

President John Germ, Rotary International

Governor Jim S. Hunt - District 5960

2015-2016 STILLWATER SUNRISE ROTARY CLUB BOARD

President: Mel Sullivan

Past President: Shari Clifford

President-Elect: 2017-2018: Barbara Tischart

Secretary: Janis Donnelly,

Treasurer: Roger Ruetten

Foundation Chair: Bob Gray

Sergeants-at-Arms: Jennifer Giovinazzo and Mark Fisher

Membership: Jack Gibbons

Public Relations: Ken McGinley

Youth Exchange Officer: Brett Emmons

International Programs (e.g. Fast for Hope): Dave Newman

STRIVE: Brent Voight

Club Programs: Tim Trooien

Member-at-Large: Margie Horning

Newsletter Editor: Chuck Buehler