# Rotary Club of Milwaukee Scholarship Program Additional Support and Resources for Mentors

Listed alphabetically by topic

#### **Academic Support**

- Specific college's academic support or tutoring
- What You Should Know as a First-Generation College Student
- 5 Strategies for Academic Success
- Bainfuse through the Milwaukee Public Library
  Login using your library card barcode number
  and pin.\* Once you're logged in you can access live tutoring; skill building in areas like writing,
  math and science, assistance with computer programs like Microsoft Word, Excel and
  Powerpoint; language lab and writing lab. \*If you don't have a Milwaukee Public Library card,
  click here to get one!
- <u>Kahn Academy</u> is another free resource for extra practice and tutoring on course work. Kahn Academy is free, but they have a subscription-based service called Khanmigo that they will attempt to sell you. You can back out of the offer/payment screen and just use the basic Kahn Academy.

#### **Alcohol and Substance Abuse Resources**

- Southeastern Wisconsin Al-Anon for families and friends of alcoholics. 414-257-2415
- Impact 211 A free online directory and hotline for resources. Dial 211 to access the hotline.

## **Financial Aid and Scholarships**

- Federal Student Aid
- www.accessscholarships.com
- www.fastweb.com/
- Financial Aid office at student's college

#### **Financial Assistance and Resources**

- Impact 211 A free online directory and hotline for resources. Dial 211 to access the hotline.
- Milwaukee County Help Paying Bills
- Milwaukee Foreclosure Mediation Program (414)288-4040

#### **Financial Literacy**

- Money 101 Student Workbook
- Credit 101
- Improving Credit Score

#### Internships:

- College Internships
- <u>internships.com</u>
- indeed.com
- internshipprograms.com



College's job posting board or Career Planning office

# Job Search (Resume Writing, Interviewing and Accepting the Job)

- Landing a Job
- College Resume Tips
- Never Tell an Employer You Can't Accept Job Offer Until You Hear Back About Another

# **Medical School Application**

• Medical School Application Timeline

## Mental Health Resources, Crisis Lines and Counseling

- College campus's mental health resources (See below for a list of links)
- <u>ULifeline</u>: online resources for college mental health, including informational articles about self-care, how to help others, and signs to watch for
- SaintA therapists available by video, SaintA will work with you if you don't have insurance.
- <u>Steve Fund Knowledge Center</u> The Steve Fund Knowledge Center is a resource for expert information about the mental health and emotional well-being of students of color.
- National Suicide Prevention Hotline 1-800-273-TALK
- Milwaukee's Local Crisis Line 414-257-7222
- Impact 211 A free online directory and hotline for resources. Dial 211 to access the hotline.
- NAMI National Alliance on Mental Illness, Milwaukee 414-344-0447
- COPE Hotline 262-377-2673
- Mental Health Resources for College Students
- Mentalhealth.gov

## **Mental Health Resources on College Campuses**

- Fayetteville State University Counseling Services
- MATC Counseling Services
- Marquette University Counseling Services
- Morehouse University Counseling Services
- Mount Mary Counseling Services
- North Carolina State University Counseling Services
- <u>University of Minnesota Counseling Services</u>
- UW Madison Counseling Services
- UW Whitewater Counseling Services
- UW Milwaukee Counseling Services
- UW Oshkosh Counseling Services
- UW Stevens Point Counseling Services

