

## **Rotary Club of Milwaukee Scholarship Program**

### **Mentor Learning Sessions**

*The Scholarship Committee plans quarterly learning session for mentors. Below, you'll find a list of past sessions. To request the recording for any of these past sessions, [click here](#).*

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#### **Mentoring Young People with a Sensitivity for Trauma**

Andréa Michel, Developmental Psychologist and Trauma-Sensitive Leadership Consultant

November 14, 2024

*Our adverse childhood experiences play a large role in our behavior and relationships as adults. In this session Andréa Michel, a Developmental Psychologist and Trauma-Sensitive Leadership Consultant, helped us to gain an awareness of the weight that past traumas carry and how a scholar's trauma could be impacting the way they interact with us and approach situations as they grow into adulthood.*

#### **Financial Aid**

Presented by the Selection Subcommittee

August 21, 2024

*In this session we looked at Financial Aid with members of the Rotary Scholarship Selection Subcommittee. Each year Rotary Scholars receive a financial aid package that includes funding from federal, state, private and school-based sources. This session included a high-level overview of the types of aid our Selection Team sees when interviewing incoming college students, what you might see on your scholars' financial aid award letters and a few suggestions on how to have a conversation with your scholar about paying for college.*

#### **GPA Management and Protection**

Dr. Kip Kussman, Dean of Students at MSOE

May 9, 2024

*In this session Kip Kussman, Dean of Students at MSOE, spoke about how the GPA acts as an indicator and tool, with different importance for each student, proactive ways for students to manage and protect their GPA and how mentors can guide them.*

#### **The Mentor/Mentee Relationship: Building Trust and Working Through Challenges**

Presented by Rotary Mentors

February 28, 2024

*In this session we heard from experienced mentors and had some small group time with other mentors. Let's share how things are going and sort through the challenges.*

#### **Generational Differences**

Mentor Greater Milwaukee

November 17, 2023

*In this session, presented by Mentor Greater Milwaukee, we looked at mentoring and the impact that generational differences can have on the relationship.*

#### **Sabotage**

Seandra Mitchell, Vice President of Student Affairs and Campus Equality at MSOE

August 16, 2023

*Sabotage is defined as "an act or process tending to hamper or hurt". For some students, self-sabotage, or sabotage from family and friends, can keep them from completing their college journey or realizing their full potential. In this session, Seandra Mitchell shared the types of sabotage students may encounter, how to recognize it and what resources are available.*

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#### **The Money Talk**

Tim Hunter, President Wolf Star Technologies, Scholarship Committee Member and Mentor  
May 11, 2023

*As students prepare to graduate there is more to consider about this new stage of life than lining up a job. In this session, Tim Hunter shared his "Money Talk" with us. Tim has shared this talk with his children, their friends and his mentees and now he will share with us what college graduates should know about credit cards, budgets, retirement accounts and more. Even if your scholar isn't graduating this spring, plan to take part in this Learning Session so that you are prepared to talk about these topics*

#### **Mental Health on College Campuses**

Dr. Kip Kussman, Dean of Students at MSOE  
February 15, 2023

*Since COVID, rates of mental health issues among young people have increased dramatically. One study suggests that 1 in 3 college students experience significant anxiety and depression. During this session, we were joined by Dr. Kip Kussman the Dean of Students at MSOE. In addition to working with students at MSOE, Dr. Kussman has a background in Counseling Psychology, with an emphasis on emerging adulthood. Dr. Kussman discussed mental health trends on college campuses, the experiences that are specific to emerging adults and the role culture may play. The group also discussed how to approach the subject with scholars and help them access the support they or their families may need.*

#### **Money Discussion**

Brenda Campbell, President and CEO of SecureFutures, Scholarship Committee Member and Mentor  
November 9, 2022

*Talking about money is hard. Most of our Scholars will need assistance with managing their finances at some point during their time in college and you as their mentor can be a trusted resource. Brenda Campbell, the President and CEO of SecureFutures will share her financial literacy knowledge and some resources that she has used with her own scholar to have budgeting and financial conversations.*

#### **Cultural Humility in Mentoring, Part 2**

Mentor Greater Milwaukee  
August 10, 2022

*During these sessions we looked at the importance of understanding micro-aggressions, anti-bias, equity and a dignity framework in mentoring. We discussed the way culture impacts everything, from communication to understanding one another.*

#### **Cultural Humility in Mentoring, Part 1**

Mentor Greater Milwaukee  
May 4, 2022

*During these sessions we looked at the importance of understanding micro-aggressions, anti-bias, equity and a dignity framework in mentoring. We discussed the way culture impacts everything, from communication to understanding one another.*

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#### **Mentoring from a Youth Centered Approach**

Mentor Greater Milwaukee

February 9, 2022

*MENTOR Greater Milwaukee's mission is to increase mentoring relationships in Milwaukee by building the capacity of existing mentoring organizations, providing resources so that organizations can make an impact. In this session we discussed mentoring from a youth centered approach, strategies to expand your relationship with your mentee and ways to encourage their active participation.*

#### **What Do Papercuts Have to Do with Scholar Success?**

Dr. Christine Pharr, President of Mount Mary University

November 17, 2021

*Fellow Rotarian and mentor, Dr. Christine Pharr, President of Mount Mary University discussed the "paper cuts" you may hear about from your mentees and how to access resources for your scholar.*

#### **Next Level Mentoring: Developing a mentoring mindset with a focus on Diversity, Equity, Inclusion + Belonging**

Rotarian and Mentor Jim Milner MBA, BCLC, MCC

August 18, 2021

*This session focused on DEI + Belonging with fellow Rotarian and Mentor Jim Milner MBA, BCLC, MCC. The session included ample time for small-group discussion and an opportunity to take your mentoring relationship to the next level.*

#### **Building a Solid Relationship and Trust with Your Scholar**

Margaret Crawford, Owner/Principal Consultant, M. Crawford and Associates Consulting

May 26, 2021

*We explored this topic through small group discussion on the article "[The Three Best Ways to Build Trust for Mentors](#)" from the Art of Mentoring, which repurposes some familiar principles for mentors. Don't miss this opportunity to learn from other mentors, invest in your relationship with your scholar, and inform other personal and professional relationships in your life as well.*

#### **Connecting with Scholars from Different Backgrounds**

Ginny Finn, Chief Development Officer, YWCA

February 24, 2021

*At the first Mentor Learning Session, we invited mentors to invest in their mentor relationship with a timely conversation on Connecting with Scholars from Different Backgrounds through cultural competence and humility.*