



Sweat, Sip, & Socialize

Details



Sept. 12th, 2025



3:00 to 5:30 pm



Orange Theory
6071 W Mequon Rd,
Mequon, WI 53092

ELIXIR
CAFÉ & JUICERY

Orangetheory
FITNESS

REGISTER TODAY!

Member: \$10

Nonmember: \$15

Looking to boost your fitness and your professional network? Join the MT Chamber of Young Professionals for a unique event! We'll start with an invigorating HIIT class at Orange Theory, then connect over a casual juice tasting and healthy snacks at Elixir.

Event Timeline:

- 3:00 PM: First Time at OTF? Orientation Session!
- 3:30 PM: HIIT Workout – Get Ready to Feel the Burn!
- 4:30 PM: Elixir – Healthy Social & Juice Bar

Sponsors

Ozaukee Economic Development
Port Washington State Bank

