



Canaltown Crier

Rotary Club of Palmyra-Macedon



Club President:
Mark Clement

Ass't District Governor:
Pam Dean

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Rotary International President:
K. R. Ravindran

Speakers

Dec 02, 2015
[Sarah DiPasquale](#)
Dare to Dream

Dec 09, 2015
[Gregory Eisenhut](#)
Mercy Flight Central

Dec 16, 2015
[Annual Christmas Party](#)

Dec 23, 2015
NO MEETING
Merry Christmas!

Dec 30, 2015
NO MEETING
Happy New Year!

[Rob Heiler - Canandaigua VA Adult Day Health Care](#)

Posted on Nov 11, 2015



Veteran's Day: Pres Mark Clement-PP Pat VerPlank-Rob Heiler VA-Elmer VerPlank

Pat VerPlank proudly introduced us to Rob Heiler from the Canandaigua VA. He currently runs the Adult Day Health Care (ADHC) program there. Pat met Rob when Elmer joined that program last year. Rob is a 5 year US Navy veteran and has been with the VA for 19 years. He came today to tell us a little about the ADHC program.

After 14 years with the VA in Bath, Rob came to Canandaigua about 5 years ago. At Canandaigua he started out in charge of the Mobile ADHC. Through that program, VA reps go to Penn Yan, Geneva, Webster, and Greece. Veterans come to those locations for social activities. A year and a half ago, Rob was put in charge of the recreation program at one of the nursing homes. The decision was made to expand that program and include the ADHC.

At ADHC, veterans enjoy varied programs and have lunch. It is a social program, so mainly they play games, discuss current events, and enjoy each others' company. It gives the veterans something to do with their free time, but it also gives their caregivers some free time as well. Often times, being the caregiver can be a full-time commitment. For the most part, the veterans really enjoy the program. There is some turnover, but the regulars keep coming back.

There are four regular staff and two volunteers who help

Jan 06, 2016

[Rotary Vocal Contestants](#)

Jan 13, 2016

[Rotary Youth Exchange - Sofia Coll Benito](#)

Jan 20, 2016

[NO MEETING](#)

Jan 27, 2016

[Club Assembly and Auction](#)

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out a couple days each week. It's a come as you wish program; some vets come at 8 and stay through lunch while others might come later and might not stay as long. Rob tries to keep the program varied. He's had a DJ come in and play music on occasion, which is pretty popular with the veterans. Other times, home-schooled kids will come in and sing. There are programs offered in the auditorium, which the veterans can go and enjoy. They have a pool table, which is also popular among some of the vets.

To be eligible for the program, the veteran must be affiliated with the VA in some fashion. The veteran may not go in to the VA very often, but if they have a primary care provider there, they would be eligible. The program runs Monday through Friday, from 8am-3pm. More information is available from the Canandaigua VA [website](#). Rob and the Canandaigua VA are providing many great services for our veterans, and we thank them for the support they provide.

[November 11, 2015 - Meeting Minutes](#)

Posted on Nov 11, 2015

Guests:

Marie Fessler (prospective member), Brad Pearson (Newark Rotary), Katie Read, Rob Heiler (guest speaker), Sofia Coll.

Missing in Action:

Jim Bush, Eric Chapman, Cheryl Ford, Gary Haigh, Bob Ike, Debbie LeMoyné, Anne Morrell, Peter Park, Arnie Pechler, Dave Pray, Jenn Preston, Chris Santelli, Bob Sloan, Cindy Surline, Eric VanZeilen, Leslie Vecchiotti.

On this day in History:

On November 11, 1918 at 11:00 am, an armistice went into effect, ending World War I. In 1938, "Armistice Day" became a federal holiday, observed on the 11th of November each year, to honor those who served in that "war to end all wars." In 1954, the US having endured World War II and the Korean War, the holiday was changed to "Veterans Day" to honor all veterans of all wars.

Please remember the following in your thoughts and prayers:

Dave Morrell is at DeMay for rehab after his double-knee replacement.

Lea Ann's surgery went well and she is recovering.


What's New With Sofia?

She says she didn't do much this past week. She has decided not to do cheering this term, instead trying out for the musical – "The Addams Family". She went with the Medinas and raked leaves for neighbors, which was fun but tiring. Also, she no longer wears the boot on her foot!

Birthdays and Anniversaries:

Today is Maurina Schmidt's birthday.

Pamela F. Dean
Assistant Governor
District 7120 Area 11



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Palmyra-Macedon Rotary

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Singing:

To honor our veterans, we sang "God Bless America / God Bless Our Veterans".

Fines, Happy Bucks and Confessions:

- Mary Courtney offered a buck apiece for her two sons. Ted was promoted this past weekend to Private First-Class, and Dan started an additional job doing overnight shifts in the Wayne County ALS Fly-Car.
- Brad Pearson had a dollar each for his stepfather, both grandfathers, his brother and himself - all veterans, in thanks for their service to their country.
- Andy had an anniversary, bought a new truck, and is taking a trip. He threw himself at the mercy of President Mark for fines.
- Dave Read put in "Veteran Bucks" for himself, his son Peter (retired Air Force) and Peter's wife Cathy (retired Navy), son-in-law Ted Kuppinger (Army reserve), and Mary's son Teddy (Army National Guard).
- Kim had a "Veteran Buck" for son Dan, who served for 6 years in the Coast Guard. She also had a happy buck, because she and Mark will be driving down to pick up their granddaughter Sophia to visit for a bit.
- Bob Yost offered "Veteran Bucks" for his son Nate who served in the Marine Corps and his dad. He also had a couple happy bucks for the Bills game he attended with Eric.
- Dick Kirchoff offered 5 happy bucks to honor his mother, who had 5 sons all in the service at the same during World War II. When asked if they all made it home safe, Dick said yes, but that "one got wounded; he didn't move fast enough!"

News and Announcements for the Club:

Our annual Holiday/Christmas Party is at Parkwood Heights in Macedon on Wednesday, December 16th. The cost is \$25 per person. Social hour starts at 6pm, with dinner to follow at 7pm. Gary Hopkins passed a sign-up sheet today, and plans to e-mail all members in case any miss the chance to sign up at the meetings. You may contact Gary with questions or to sign up.

The annual Murder Mystery Dinner to benefit Camp Onseyawa is tentatively scheduled for January 23rd. The script is done. Sofia has been written in. It should be another good one. Working titles are "the Covenant" or "the Ghost of Garlock."

Congratulations to **Pat VerPlank**, who won \$14 in this week's 50/50. She generously donated her winnings to Polio Plus. Thanks, Pat!

November 18, 2015 - Meeting Minutes

Posted on Nov 18, 2015



Interested in being a sponsor?

[Download the website sponsorship guide](#)



Guests:

Brian Hopkins, Sophia Clement, Shirley Bassage, Bailey Cole, Dan Cole, Sofia Coll.

Missing in Action:

Brian Brooks, Mark Clement, Cheryl Ford, Gary Haigh, Debbie LeMoyné, Tina Medina, Anne Morrell, Peter Park, Dave Pray, Nancy Schrader, Maurina Schmidt, Eric VanZeilen, Leslie Vecchiotti, Bob Yost.

Please remember the following in your thoughts and prayers:

Dave Morrell is recovering from his double-knee replacements.

Dave Read had issues with blood clots in his legs, which moved to his lungs. He is home and recuperating.

The people of France after the recent terrorist attack in Paris.

What's New With Sofia?

This week was very calm – not much happened, mostly relaxing with the family. Tryouts for the musical were this week, and she hopes to hear back on that at the end of the week. Over the weekend, Sofia prepared a traditional Spanish meal for the Medinas, which they loved.

Singing:

Kim led us through the “Rotary Thanksgiving Song,” which she also wrote.

Birthdays and Anniversaries:

- None this week -

Fines, Happy Bucks and Confessions:

- Arnie had a happy buck because Mark got a deer, which gives Arnie and Kim and Bob and Gary something to try and match.
- Tom had a happy buck, just because.
- Gene had a happy buck on behalf of Shirley, who was introduced today as “the good wife.”
- Kim relayed a fink fine from Mark. Bob Sloan’s picture was in the paper the other day, showing him accepting a check on behalf of Camp Onseyawa. Also, Eric VanZeilen was on TV the other day, so we’ll hit him with a fine the next time we see him.

News and Announcements for the Club:

Again this year, our club will be ringing the bell for the Salvation Army at Breen’s. A sign-up sheet was passed at the meeting today, and will be further circulated via e-mail. We will be ringing Friday, Dec 4 through Sunday, Dec 13 from 4-7pm on the weekdays, and from 11am – 3:30 on the weekends. Please contact Cindy to sign up if you missed the chance today.

Our annual Holiday/Christmas Party is at Parkwood Heights in Macedon on Wednesday, December 16th. The cost is \$25 per person. Social hour starts at 6pm, with dinner to follow at 7pm. Gary Hopkins has a sign-up sheet, or you can e-mail Gary to sign up.



Our guest Bailey Cole was our outbound exchange student to Brazil last year. She visited us today and talked about her experiences during that exchange and shared some photos. She obviously enjoyed her time there and learned a great deal about Brazil and about herself. She plans to spend next year in Germany.

Congratulations to Jenn Preston, who won \$11 in the 50/50 this week. She generously donated her winnings to the Rotary Foundation.