



### **Region 3 – Onondaga West Residency Adopt a Highway Safety Checklist**

- Absolutely no horseplay!
- Adopters must never walk on the guide rail.
- Adopters are to stay off the underside of overhead bridges.
- Adopters may not lean over bridge railings.
- Adopters must always face on-coming traffic.
- Adopters are not to park their vehicles on roadways or shoulders.
- Adopters must wear orange shirts or vests and hard hats at all times.
- Adopters are to wear long pants and the appropriate gloves on the job; NYS DOT recommends leather shoes or boots rather than sneakers.
- Adopters must never pick up needles, syringes, jagged glass, animal carcasses or heavy objects. Adopters are not to pick up anything that could be hazardous. If adopters have any doubt about whether they should touch anything, they are to call DOT's Adopt-A-Highway contact person immediately.
- All 12-to-18-year-old adopters must be supervised; there must be at least one supervisor for every six 12-to-18-year-olds.
- There will be no activity of any kind by adopters on the roadway surface or shoulders.
- Adopters may not engage in horseplay or other such activity that might jeopardize the adopters' safety or distract motorists.
- Adopters should have a first aid kit with them and transportation should be available at all times.
- At least one adopter at each cleanup should know CPR in case there is an emergency.
- Adopters should avoid over exertion; plan to provide drinking water in hot weather.
- If adopters operate or are near someone who is operating power equipment, they must wear eye protection as well as ear protection.
- Adopters who are not using power equipment themselves are to stay well clear of mowing and trimming operations.
- Adopters should clear debris such as rocks and glass from areas to be mowed.
- Adopters are advised to wear work gloves whenever they are doing highway work.