





Greetings from

Rio de Janeiro, Brazil

Group Study Exchange

District 4570 to 7150

May 11, 2020

What have you done today to make you feel proud?

Os brasileiros estão chegando! Os brasileiros estão chegando!

JOIN US VIA ZOOM for our weekly Rotary Club of Utica meeting at **noon on Thursday (5/14)** when PP Jim Turnbull presents members of the Group Study Exchange (GSE) Team from District 4570 (Rio De Janeiro, Brazil), who visited our District 7150 in 2008.

GSE is a program of Rotary International that provides an intense, month-long vocational study exchange for four to five non-Rotarians between the ages of 25 and 40, and one Rotarian group leader.

Typically, District Governors from different parts of the world would

agree to exchange with one another.

A lot has happened in twelve years: some members have gotten married, or had children, one lives in New York City, another in Paris, but wherever they are, on Thursday noon EDT they'll be Zooming



with us. So, Zoom on in **this Thursday noon** and share the love, and

learn how Rotary, through programs like GSE, forges lifelong friendships with friends from around the world. Please see this email in which this newsletter arrived for the Zoom link and password. Invite a friend; SHARE ROTARY!







Upcoming Weekly Rotary Meeting Programs:

5/14: Return of the Killer Brazilian GSE Team (presented by Jim Turnbull)

5/21: Audrey Ventura, Ace Yoga Instructor (presented by Stephen

Turnbull)

5/28: CNY Biz Talkers (presented by Tina Pavlot)

6/04: Outstanding Educators Awards (presented by Bart Gorman)



Thank you, Taylor Brose, Community Manager for **Innovation Collective: Utica** for a fine program last Thursday.





Taylor discussed the Innovation Collective's mission to empower local communities all across the country, and specifically its initiative in Utica. Keep in mind the IC: Utica's (currently) virtual meetings, like *Coffee* & *Concepts* on the first and third Wednesdays at 9 am; monthly *Fireside Chats* with community innovators; and – special, this weekend (May 15th and 16th): IC: Utica's *Spring Summit*. It's

informative, it's free don't miss it - sign up today!

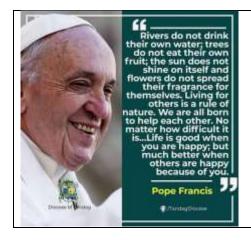


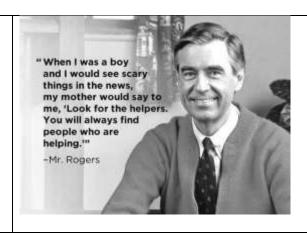


To Your Health!

Wishing a quick recovery to **JoElyn Wakefield-Wright**, who suffered a fractured collar bone after a recent fall. I spoke today to JoElyn, and she says she's better and the doctor has cleared her for take-off. JoElyn, please return (virtually) soon. While it has been nice having Kate Smith (a la Alexa) perform *God Bless America* at the start of each meeting, we'd rather have you! XO - Joe







Rotarian of the Month of April: Deborah Burke

"Team Work Makes the Dream Work!"

If you've been a member of Rotary for even less than a year, you have to know Deb Burke. Deb is the epitome of a team player, and she's not shy to pick up the ball and run with it. Okay. Enough of the sports references! But it's fitting for Deb, a dedicated athlete, who loves hiking, biking,



Deb, with one of her many beloved nieces and nephews

and shooting, among her specialties; and also, because she has a sportsmanlike approach to stepping up for whatever has to be done.

Deb has been a club board member, is currently the chair of one of the foundational programs of Rotary, **Youth Exchange**, and she excels at it. Many only know of Rotary through this pivotal program, because Rotary's youth exchange program is, simply, the best, because of leaders like Deb. It's not only her attention to detail that makes her so good at what she does; it's also the heart she puts into it. Ask any exchange student who's come through our program – Felix ('20); Ophelia ('19); Arnaud ('18); and Paula ('17), to name a few! Deb is also active on the new **Rotary Gala** committee and the Rotary **t-shirt fundraiser** for the MVCOVID-19 fund, and the helps set up and take down for our meetings. And I'm sure I'm missing a few things.

Deb is understated in her service and, appropriately, she received our club's **Quiet Givers** Award in 2017. In 2019, she was named a **Paul Harris Fellow**. And now this! **Let's all congratulate Deb Burke**, **Rotarian of Month for April!**









Just a few of the many faces of Deb Burke: with Belgian Exchange Student Arnaud (2018); with a Rotary cycling team for an American Heart Ass'n fundraiser; with a Rotary bowling team for a Poilio Plus fundraiser; and serving at the annual ARC Holiday Party.



Happy May Birthday, Dear Rotarians!



May 4: Tom Webb



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May 23: Mark Foresti



May 15: Joe Caruso



May 23: Dan Murphy





Do you have a May birthday and we've missed you? Apologies! Please contact Joe today at JPCaruso12@gmail.com



Your Weekly Rotary Lift: Community Folks Doing Good

Rotarian Heather Beebe hit it out of the park this weekend with a double- header:

- Meal Delivery to the Rescu(ers) (Friday, 5/8)
- "Stories behind the Music" online concert

in support of the Thea Bowman House (Saturday, 5/9)



The community "folk" we're talking about today is our own **Heather Beebe**. Apparently, Heather didn't have enough to keep her busy last weekend, despite a demanding consulting business ("Unstoppable You LLC"), a blended family of seven including a four-year old, and a baby on the way (very, very, soon), so she conducted two fundraisers for causes close to her heart.

A member of the Rotary Club of Utica board of directors, she answered the call when the board agreed to provide meals for the night shift Emergency Departments and others at St. Elizabeth's and St. Luke's hospitals last Friday. Heather arranged for Cavallo's Restaurant to prepare and separately package the meals, which were then delivered to the hospitals Friday evening.





Then, on Saturday night, Heather, through her business entity <u>Unstoppable You, LLC</u>, presented "Stories Behind the Songs" – an online concert conceived of and promoted to benefit the **Thea Bowman House**, on whose board she also sits. This incredible non-profit provides daycare, pre-K, and afterschool programs, and in this environment where so many services are closed, Thea Bowman House is serving the children of essential workers (note: last fall, Rotary held an offsite weekly meeting at the deSales Center).

Heather truly lives up to her business bio: "Retreat Host~Personal Trainer~Life Coach~Mother~ Traveler~Humanitarian". Hats off to



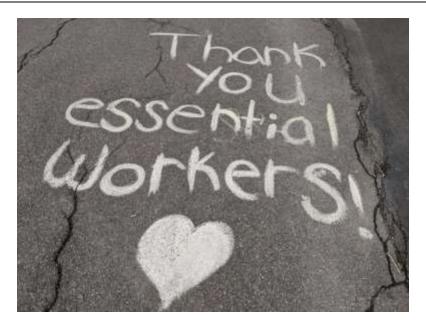
Heather for her outstanding community service and truth in advertising – you truly are unstoppable! And we love you for it!

Boilermaker Road Race News

By now, you've probably heard that the Boilermaker
Road Race has been postponed to **September 13**th, **2020**. Rotary Club of Utica Boilermaker
Water Station chair **Mary Joan Foresti** would like all Rotarians interested in staffing the



water station, located on Memorial Parkway by the tennis courts, to email her (mj4st@yahoo.com) as soon as possible with your name, home address, and phone number. Openings are limited, so contact MJ, ASAP! We had a great time at last year's race.





Rotary Peace Fellowships Applications Due May 31

Rotary Peace Fellows study at Rotary Peace Centers located in countries other than their own. Through a rigorous program of academic study and practical training, the Rotary Peace Centers develop leaders who become catalysts for peace and conflict resolution in their communities and around the globe. The

program relies on Rotarians to help identify potential candidates, with a goal of selecting approximately 50 master's degree fellows and 50 professional development certificate fellows each year.

The Rotary Peace Centers operate in partnership with seven premier institutions of higher learning. These institutions have changed as the program has evolved.

Candidates have until 31 May to submit applications to their district. Districts must <u>submit</u> <u>endorsed applications</u> to The Rotary Foundation by 1 July. General inquiries regarding the fellowship program may be sent to <u>rotarypeacecenters@rotary.org</u>.

Looking for a Few Good Rotarians:

New to Rotary and looking for an avenue to service? Been with Rotary awhile but want to reengage? Have we got opportunities for you!



Looking for committee chairs or committee persons for the following: 1) Urban Concerns Committee; 2) Weekly Program Committee; Newsletter. Contact any committee chair, board member, or Joe at JPCaruso12@gmail.com

#Take Out the Virus (!)

So proud of our **Greater Utica Chamber of Commerce** and local businesses who have pledged themselves to reimburse their employees for buying takeout meals, and thus helping sustain our great local restaurants in this challenging time of social distancing. And thanks Rotarian **Joann Fornino** of Casa



Imports, a founder/funder of this endeavor, for bringing this to our attention! Click <u>here</u> for more information.

What's Your thing?

Do what you wanna do! Rotarians are people of diverse interests and talents. Share yours in your own program at a weekly meeting. For more information, contact <u>Israel</u> or <u>Travis</u> today!





If it's Monday, It's Rotary Movie Night!

Every Monday night (8 pm), District 7150 Rotarians are invited to pop up the corn and join in to a virtual movie party – a Netflix Party – with their fellow Rotarians. This week, Rotarians enjoyed **The**

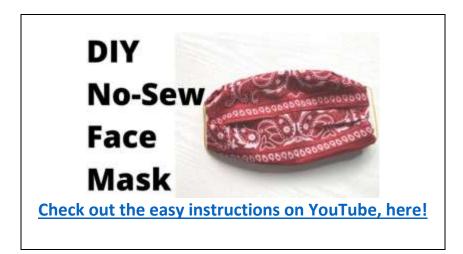
Pursuit of Happyness. <u>Click here</u> for details on next week's feature. See you at the movies!

Please look to the Rotary Club of Utica Facebook page and/or website for a more complete recap of previous meetings.

FROM THE GREATER UTICA CHAMBER:

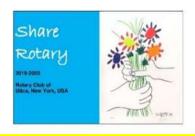
With mandated closures and restrictions to slow the spread of COVID-19, a variety of businesses are experiencing a drastic change to their daily business operations. We've been working hard to help our Members during this time. Click here for more information.





Looking forward to "seeing" you (via Zoom) this THURSDAY (5/14) noon, from the comfort of your own home, for our next Rotary Club of Utica online weekly meeting!

In Rotary Service, Joe Caruso President, 2019-2020 Rotary Club of Utica, NY USA



Please forward this email/newsletter to friends and colleagues whom you would like to SHARE ROTARY!







STAY HOME STAY SAFE

A message from:
Dana Jerrard
District Governor Nominee (2021-22)
RI District 7150

Dear Fellow District 7150 Rotarian,

We have established a District 7150 COVID-19 Response Fund for the purpose of rapidly reimbursing clubs that have initiated COVID-19-related projects in their communities. The District Finance Committee has agreed to seed this fund with known surpluses from the 2020 International Convention and PDG accounts. This, along with several major personal donations from District leaders, gives us a very good start toward our goal of \$10,000 for the fund.

In "traveling" around the District via Zoom, I have found many clubs stepping up to meet the needs of those adversely affected by the pandemic. Food banks, backpack meal programs for students, nursing homes, facemasks, hygiene products..... the needs are real and D7150 Rotarians are finding a way to help.

In addition to these unplanned expenses, many clubs have had to cancel or postpone major fundraisers. This fund is designed to quickly reimburse clubs for their unforeseen expenses related to COVID-19. The more we raise, the more we can help our fellow Rotarians.

Please consider a donation to the COVID-19 Response Fund, and give at the level you feel is appropriate. Click the Donate button below to go the donation page.

Because the District is not registered as a 501(c)(3) with the IRS, these donations are not tax deductible.

Thank you for your consideration. I am convinced that we will emerge from this crisis a more connected and effective Rotary district.

Yours in Rotary Service, Dana Jerrard jerrarddana@gmail.com

