

Rotary This Week!



Utica, NY, USA

March 10, 2025

Packed meeting features students, Paul Harris Fellow and HT CEO

By Travis Rabbers

In our highest attended meeting so far, it was great to have two schools join us.

Bart Gorman provided the introduction for Jenna Herran from Notre Dame, and Kathy Migliaccio – Johnson introduced Alexa Grande from NY Mills.

Both students shared more about their extracurricular activities, including volunteering, sports and clubs, as well as their future plans after high school.

We also had the opportunity to present Brymer Humphreys with a Paul Harris pin.

Carl Reistrom, president/CEO of Human Technologies, shared more about the history of Human Technologies, as well as its current projects. Originally established in 1954, Human Technologies now employs more than 325 people. The mission is to create employment for people with disabilities.

Although the enterprise is a 501(c)(3), they do generate above \$50,000,000 in revenue, 100% of which is from sales of products and services; and any profits are reinvested in the company. Human Technologies manages several different lines of business services, including: facilities management and environmental, 3PL/supply chain and order fulfillment, uniform and apparel management, and manufacturing and packaging operations.



Deadline for next newsletter (3/17) is Saturday, March 15 at 3 p.m.; submit to news@uticarotaryclub.org.

Editor Robert Stronach

Volunteer opportunities: build a bed, deliver a bed

We have volunteer opportunities this month with Sleep in Heavenly Peace, which builds bed for kids in need. Registration link are below for a day to build beds and a day to deliver them.

Tuesday, March 18 bed build:

[Community Build March 18th](#)

<https://volunteer.shpbeds.org/timeslots/qGVhIFHAXH>

Saturday, March 22 bed delivery:

[Deliveries March 22nd](#)

<https://volunteer.shpbeds.org/opportunities/eaf3wFxl1S>



**NO KID SLEEPS
ON THE FLOOR
IN OUR TOWN!**

Calendar of Events

3/18	Service Sleep in Heavenly Peace 5-7 pm bed build	3/27	Social Killabrew Saloon 5 pm
3/19	Meeting Rotary Board noon Greater Utica Chamber	4/3	Meeting Leslie Raney on bicentennial of Lafayette's farewell noon Mid-York Library
3/20	Meeting Kelsey Meredith, director of North Utica Community Center noon at the N. Utica Community Ctr	6/6	Gala 'Service Above Self' Gala Stanley Theatre to benefit the Stanley
3/22	Service Sleep in Heavenly Peace 9-11 am bed delivery		

NEEDED:
Committee members for Rotaract program.

HEART RUN AND WALK

Utica Rotarians walk, run and hit the treadmill



By Joe Abraham

Members of our club took part in the American Heart Association's *America's Greatest Heart Run & Walk* this past weekend.

Each year in early March the community joins together to fight heart disease and stroke in this upbeat and inspiring community tradition. The two-day event includes a Health Expo with Treadmill Challenge on Friday and the run/walk on Saturday.

PICTURED BELOW is President Travis Rabbers, right, who serves on the committee for this great event with fellow members of the Catalyst Group.

AT LEFT: Past President Stephen Turnbull took part in the Treadmill Challenge, and members Matt Schlosser and Yuliya Karpov ran the daunting 18K!

