



# The Glens Falls Rotary Community Wellness 5K Run/Walk - 2023

Course: Flat and fast - 3.2 miles

**Saturday, April 22<sup>nd</sup>**  
Start Time: 9:30 AM  
Check-In/Registration:  
8:00 - 9:15 AM  
The Student Center at  
SUNY Adirondack

	Advanced Registration	Race Day Registration
<b>ADULT</b>	<b>\$27</b>	<b>\$30</b>
<b>CHILD</b> Ages 12 & Under	<b>\$17</b>	<b>\$20</b>

Scan to register or visit:  
[www.itsyourrace.com](http://www.itsyourrace.com)



*Commemorative lightweight backpack to the first 250 entrants*

## This year's beneficiaries:

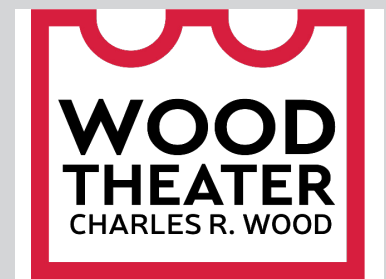
**Adirondack Vets House, Inc.**



**Tri-County Literacy**



**The Charles R. Wood Theater**



The Rotary Club of Glens Falls - PO Box 2702 - Glens Falls, New York 12801

For more race information or further information contact  
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