

# Norsk News, July 20, 2016



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Absent: Christian, Fritz, Helvey, Kopras, Helwig, C., Helwig, S., Kennicker, Klein, Olson, Walton, Webber, Yauchler, Zalucha, T., Wedig, T.

Happy Bucks, Proschaska, Burns, D., Rux,

The club sang Happy Birthday to Dixie!



10 K. Raffle report: Vaughn reported that the license is on the way and is starting the collection of the items for the silent auction. Lists will be forthcoming. Judy reported that Gabriela made it home to Ecuador just fine.

Theresa Daane guest speaker: She is Director of Student Services in the Mount Horeb School District.

A Mental health action team was developed to address concerns of students. They collect data every year to find out how the students are feeling and where the stresses lie. She showed us data on depression and anxiety among students in the schools. Root causes for this include feeling unsafe due to electronic bullying or physical harm.

Alcohol and drug abuse statistics were shown. To assist with this, they are tracking student data more closely. Teachers are using mindfulness to help students be more confident. Staff are being given Mental Health First Aid Training and assisting in Restorative Practices. They also offer Safe Schools training around gender orientation and identity or any kind of bias.

There is increased staffing in the school for student needs of all kinds.

Substitute teaching and having volunteers in the schools is a great help to all of our students. We are all welcome to volunteer and assist.



## Upcoming Programs

July 27: Heidi Kopras

August 3: Board Meeting 7am at Sjolinds (all welcome)

August 3: Business Meeting

August 10: Jim Lookinbaugh

August 17: 10K Raffle!!

August 24: Teacher's Luncheon