

Volunteering in America

Americans are people of action, especially when it comes to helping others, and public service is becoming a way of life.

A poll* shows that ...

- **84% of Americans volunteer as much now, if not more, than 2 years ago,**
- In the last 2 years, 85% of Americans said they've volunteered at least once, and
- Nearly 3/4 of surveyed Americans would rather invest their time and energy in a cause than simply write a check.

Volunteerism builds communities, and provides other benefits - people have met friends, family members (spouses), as well as celebrities, and some adopted pets.

A 2009 study by the Rush Alzheimer's Disease Center reported that **volunteering may be good for your health.** A life of purpose, including volunteering, appears to contribute to better overall well-being as **volunteers tend to be happier and more optimistic about the future:**

- 93% of poll responders say they believe their efforts made a difference, and
- Nearly 2/3 say performing charitable acts makes them feel good.

* *The WE TV-USA WEEKEND online survey was conducted by E-Poll Market Research among a nationally representative sample of 810 adults, ages 18- 74. Results were tallied in 2/2010.*

Source: The information above is from Hartford Courant's USA Weekend article published 4/18/10 about the 19th Annual Make A Difference Day Awards.

Polio

As an organization, Rotary's top priority is the global eradication of polio.

Polio is a lifelong crippling disease that occurs in poor countries with unsanitary living conditions.

The vaccination for polio is 2 drops in the mouth of a child under the age of 5. This vaccination costs just 60 cents per child.

There are four countries that have polio, although recently some polio has re-emerged in countries thought to be rid of the disease.

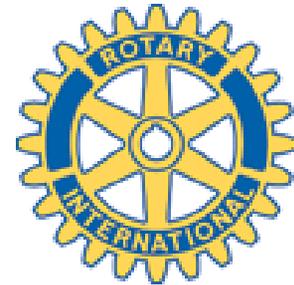
Bill and Melinda Gates (Microsoft founders) have donated millions of dollars to help Rotary in this worthy cause, and more money and efforts are needed. As of June 2010, Rotary has committed more than \$900 million to global polio eradication, and more than 2 billion children have received the polio vaccine since 1985.

The crucial difference between someone with polio and you is that they were born poor.

Rotary Club of Rockville
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Welcome to The Rotary Club of Rockville, CT

"Service Above Self"



Rotary's early emblem was a simple wagon wheel (in motion with dust), designed in 1905. Montague M. Bear, an engraver in the Rotary Club of Chicago, designed the emblem to represent both civilization and movement.

Mission of Rotary International:

- To provide service to others,
- To promote integrity, and
- To advance world understanding, goodwill, and peace through its fellowship of business, professional and community leaders.

All Rotary clubs share a key mission:

- To serve their community and those in need throughout the world.

What is Rotary?

Rotary International is the world's oldest service organization, dedicated to many health, hunger and humanitarian improvements, internationally and locally. Rotary is the only service club with a seat at the United Nations. As an organization, Rotary's top priority is the global eradication of polio. Rotary has more than 1.2 million members in 33,000 clubs in over 200 countries worldwide.



Rotary International was founded in Chicago, Illinois by Paul Harris in 1905. "Rotary" derived from the early practice of rotating meetings among members' offices.



Reach Within to Embrace Humanity

Benefits of Being A Rotarian

- Serving the community,
- Networking and friendship,
- Promoting ethics and leadership skills, and
- Association with Rotary International, a world renowned and respected organization.

Rotary's 4 Way Test

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

100% of donations to The Rotary Foundation go to charities.

About Rotary Club of Rockville

- Organized in 1947
- Members primarily live or work in the Vernon, Ellington or Tolland area (though this is not a requirement)
- Website www.RotaryRockvilleCT.com
- We meet Mondays at noon at The R House Restaurant (520 Hartford Tnpke/Route 30, Vernon). Visitors & guests are welcome!

Rockville Rotary is involved in many community service projects, including:

- Polio eradication,
- Donating to KIDSAFE CT - for Prevention & Treatment of Child Abuse & Neglect,
- Providing scholarships for college-bound high school seniors from Vernon, Tolland and Ellington,
- Funding and serving a Thanksgiving dinner for area senior citizens,
- Participating in Local Food Drives,
- Literacy/Educational and Occupational Projects (locally & Internationally), and
- Youth development.

As a community service organization, we have been able to support many projects over the years. We could not have done it without the support of our Friends, Families, and Business Associates.

To Become a Rockville Rotarian

1. Join us as a guest at any of our luncheon meetings or events.
2. Let any member know you are interested in joining.
3. You will be asked to forward a brief bio or resume, which will be circulated to the club membership for review.
4. If approved, you will be invited to future meetings as a new member.
5. As soon as possible after being accepted as a new member, a formal 'installation' will take place at a scheduled meeting to officially recognize you as a new member.

Per Rotary guidelines, members are expected to attend at least 50% of meetings or make them up at another Rotary Club.

There is a financial commitment.