

## **Officers & Directors**

**President** 

**Ray Levy** 

President-Elect

**Danielle Stroud** 

<u>Secretary</u>

Don Maddox

<u>Treasurer</u>

**Kristen Kollgaard** 

Sergeant-At-Arms

**Alex Santoriello** 

Past President

**Donny Abraham** 

**Directors** 

**Tracy Belton** 

Dick Kanyan

Linda McMahon

**Dennis Tobin** 

**Robert Bredin** 

**Bill Tanner** 

Publisher:

Jack R. Donaldson

Asst. Publisher :

**Danielle Stroud** 

Photos by :

**Anthony Curinga** 

## Roclarion

## February 12, 2019



Our speaker today was Karen Burch a nurse for over 25 years, who has served as Health care administrator in many different roles. She is also a Certified Alzheimer's level II Certified Trainer.

Her talk today was about tips o ensure the safety and well being of those who are cared for at home as well as when it is time to consider placement and how to choose the right community, as well as the stages of the disease and its progression.

She went on to talk about Care for the care giver and how to prevent burnout as well as resources to help ensure the safety of the care giver and where to get help for those who cared for at home.

She talked about the fact that there are studies that do not necessarily show exactly what genes are responsible for the changes, researchers hope that their findings will be helpful to future investigators.

### What Is Alzheimer's & Dementia

While the popular belief is that Alzheimer's & Dementia are one and the same thing, the truth is that they have small yet distinct differences that separate them. That being said, the two are inseparable as Alzheimer's is a form of Dementia and the most common one at that. The term Dementia is used to cover almost any symptom resulting in loss of memory, the inability to perform daily tasks and the deterioration of communication skills.

The term Alzheimer's, on the other hand, is more definitive in its effects and refers to the condition of memory loss among senior citizens that ends up affecting their language skills and thought patterns. While both Alzheimer's and Dementia are most commonly seen among senior citizens, they can in rare occurrences happen at any age. The important thing to take away here is that while the differences between the two conditions are slight at best, they are important as the proper diagnosis of either of them is important to treat and manage them successfully.

One other important factor to consider when it comes to both these conditions is that Alzheimer's is looked upon as a progressive disease, while Dementia is categorized as a symptom due to various factors. The main one reason, of course, being advanced age.

#### **Dementia: A Closer Look**

As Dementia covers a broader range of symptoms and diseases, it might be beneficial to add a few more examples of what this term includes. As was stated earlier, Dementia covers a broad range of mental health conditions that affect memory function and overall mental ability.

While Alzheimer's happens to be the most common form of Dementia among senior citizens (60-80% of age-related Dementia conditions among this group), Dementia also includes conditions like Vascular Dementia (caused by Stroke) and other mental-hampering symptoms caused by lack of nutrition and thyroid issues.

#### **Alzheimer's: A Closer Look**

As Alzheimer's also affects the memory and mental abilities of its victims, it is also considered a form of Dementia, however, it is more specific in its definition as it starts slowly and almost always gets worse as time goes on.

It should be noted here that Alzheimer's is not just an "old-age" disease caused by advanced age as there are rare appearances in much younger individuals. Its exact causes are not quite clear at this time, but some studies have shown that lifestyle conditions and genetic factors play a major role as to the onset and advancement of Alzheimer's.

























# What is happening in our club?

# 1:February 23, 2019

Contractors Showcase still a couple of tables to offer, but plenty of opportunities to help out, see Bob Gersh to offer your services.

## 1:March 22, 2019

We are holding a fundraiser Casino Night, due to size limits the first 150 People will be able to get in. But we need help running this, so contact "Bill" Tanner if you are interested.

# 1:March 23, 2019

Leadership Institute, learn more about Rotary, Meet Rotarians from other clubs , pick their brains for ideas and see some of the things other clubs are doing. Remember: "you are never to old to learn about Rotary".



This is what we want people to feel, when they come in our doors.

These are the people and dates for our greeters be there and make it work

# **Greeters for February**

# February 19 — Barbara James and John Begg

February 26 — Andrea Bonivich and Mike Abrams

We would like to have two per meeting greeting, if you can help let Larry Newman know.





Past President Bill gives us words of wisdom and words of prayer before we sit down to eat..





Past District Governor Jo and Past District Governor Dan, presented to President Ray, the first trophy from the Fund Raising Bicycle challenge to our club.

Thanks to the efforts of Sherri and her crew.

## The Four Way Test

Of the things

We think say or do

- 1. Is it the <u>truth</u>?
- 2. Is it <u>fair</u> to all concerned?

3. Will it build goodwill and better <u>Friendships?</u>

4. Will it be <u>beneficial</u> to all concerned?

5. Will it be FUN?

## Make Up Opportunities:

Wildwood—Wednesday 7:30 P.M.

Lake Miona Golf Club

Villages Morning-Thursday 7:00 AM

La Hacienda Recreation Center

Bellview Rotary — Fridays 7:30

The Farm House Restaurant,, 11077 SE57th Ct.

Leesburg Rotary—Wednesday 12:15

Leesburg Community Center

Villages Evening — 5PM

Lake Miona Recreation Center

E-Clubs login and follow instructions:

www.rotaryeclub34.org

www.rotaryeclubone.org

www.rotaryeclubcarolinas.org

## www.rotaryclubofthe

villagesnoon.org

## **Up Coming Programs**

February 19, Club Assembly

February 26, Judge Paul Militello,

How the County Court system work

March 5 Mary Trotter, Atty., Trotter & Soulsby

**Estate Planning** 

Attendance:

**Regular & Snowbirds Members: 34** 

Visitors :12



**February Birthdays** 

- 2-2 Verna Williams
- 2-4 Don Maddox
- 2-8 Brenda Abraham
- 2-10 Chuck Canfielld
- 2-20 Sarah Hayduk
- 2-21mBob Gersh
- 2-21 Sharon Dugan
- 2-21 Mickey Braffet
- 2-18 Kathleen DeLuccio

The Pot Grows and the cards diminish, so if you want to miss a meeting, go ahead, that gives the rest of us a better chance to win.

There are only 41 cards on the table, that is all that is left between you and the pot. Today the draw was not the Joker, the Joker is waiting for you next week.



NOW UP Over \$290.00 and still up for grabs







If you or a member of your family are not feeling well or you or a family member is going in the hospital for any reason, let us know!!!

# We are family and we do care.

# Contact Dean Razzano at: cdrazzo@gmail.com or 352-259-5485 (h), 913-707-9889 (c)



This years theme, are you an inspiration to others , to young people, that are looking for role models ? Think about it , "Be the Inspiration "

# **10TH ANNUAL CONTRACTORS SHOWCASE & LIFESTYLE SHOW**

Presented by Rotary Club of The Villages-Noon February 23rd, 2019 Wildwood Community Center (Near Pinellas Plaza | 6500 CR 139 (Powell Rd) | Wildwood, FL) 9:00am - 1:00pm

DOOR

PRIZES

This year's show brings together vendors offering new innovations for The Villages homes and services for our ever changing lifestyles.

**TOTH** 

PUBLI

Platinum Sponsor



Gold Sponsors: Bellon FINANCIAL GROUP RAYMOND JAMES Regi

The Villages\* Regional Hospital Wound Care and Hyperbaric Center

Club of the Villages Noon

ADM



LOWE'S

enior

DEAS

FREE

ISSION

Rotary