

The Villages-Noon Roclarion

An Award Winning Publication

May 22, 2018



Our speaker today was Dr. Vivian J. Woodard M.D. and she came to talk to us about Shingles, not the kind for your Roof but the virus shingles that attack the body. We were told that there is a 99% chance you have the shingles virus, if you are over 50 and that 1 in three people will get shingles in their lifetime.

There are 1 million cases of shingles in the United States every year. Yet shingles it self is not contagious, however the shingles virus can be spread from a person with shingles to one who has never had the chickenpox or has never been protected against chickenpox.

The only way to prevent shingles is to get vaccinated, if you were vaccinated in the past with Zostavax , we know that the effectiveness wears off over time and was only effective in persons over 60 years of age 51% of the time with effectiveness dropping as we age . There is a new vaccine on the market, it is a two shot process that has an effectiveness of 91% if you are over 50. If you want protection from the shingles virus or more info go to:

KnowShingles.com or contact Dr. Woodard

at 352-259-1991.

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Past President Bill lead us in prayer and Alex reminded us he will fine you if you are talking while others are talking. Courtesy is not dead it is just forgotten sometimes.



President Donny starts us of with the song and pledge as we wait for the speaker to talk to one of the biggest crowds of the season, thanks to the wives and guest that filled our halls with smiles.





Treasurer Kriss has the checkbook ready, if Secretary Don sells the winning ticket, and our resident story teller has a appropriate story for our guest.

The Four Way Test Of the things

We think say or do

- 1. Is it the truth?
- 2. Is it <u>fair</u> to all concerned?
- 3. Will it build goodwill and better Friendships?
- 4. Will it be <u>beneficial</u> to all concerned?
- 5. Will it be FUN?

Make Up Opportunities:

Wildwood—Wednesday 7:30 P.M.

Lake Miona Golf Club

Villages Morning-Thursday 7:00 AM

La Hacienda Recreation Center

Bellview Rotary — Fridays 7:30 AM

Jitter café- Summerfield

Leesburg Rotary—Wednesday 12:15

Leesburg Community Center

Villages Evening — 5PM

Lake Miona Recreation Center

E-Clubs login and follow instruc-

www.rotaryeclub34.org

www.rotaryeclubone.org

www.rotaryeclubcarolinas.org

Visit your Web Site:

www.rotaryclubofthevill agesnoon.org

Up Coming Programs

May 29 th

Susan Woolfe from TheIncomeFor-LifeTeam is our speaker this week.

Attendance:

Regular& Snowbirds Members 35

Visitors: 12

Total: 47



May Birthdays

May 1 Chuck Solms

May 2 Bob Agnew

May 19 Judy Imlay

May 5 Barbara Mangels

May 27 Anthony Curinga

May 28 Joan Braffet

May 31 Donny Abraham





































Do you have some of these, if not see our membership Chairman or President, you could be inviting a future President.





The Pot Grows and the cards diminish, so if you want to miss a meeting, go ahead, that gives the rest of us a better chance to win.

There are only 48 cards on the table, that is all that is left between you and the pot. Today the drawer was the two of Clubs was drawn, not the Joker, the Joker is waiting for you to start over again next week.





Over \$104.00+ up still up for grabs









Arthur Stucklen has had a bad case of bronchitis and could use some cheering up, send a card or give a call or see about stoppimg by and visit. I would call first though. His phone is 914-886 – 2001 address 702 Vista Place. Let him know we miss him and tell him to get well soon.

If you are not feeling well or are going in the hospital for any reason, let us know!!! We are family and we do care.

Contact Dean Razzano at: cdrazzo@gmail.com or 352-259-5485 (h), 913-707-9889 (c)



District Upcoming Dates

June 16, 2018

District Awards and Guards Banquet

June 24 – 28, 2018

Rotary International Convention

Toronto, Canada

July 27 – August 4, 2018

Wheelchair Games

Orange County Convention Center

Miscellaneous Notes

Aba Sherpa "Top of the World" program for Interact Clubs



Will you be there to help?



WHAT?

Attracting more than 600 athletes each year and 4,000 volunteers, the National Veterans Wheelchair Games is the largest annual wheelchair sports event in the world. A multi-event sports and rehabilitation program for military service Veterans who use wheelchairs for sports competition due to spinal cord injuries, amputations or other neurological disorders.

WHEN & WHERE?

JULY 29 - AUGUST 4, 2018

All events will take place in the Orlando area.

WHY?

The Orlando VA Medical Center and Paralyzed Veterans of America Central Florida Chapter are committed to improving the quality of life for Veterans with physical disabilities and fostering better health through sports and recreation. Over the years, the Games have produced a number of national and world-class champions. However, the event provides the opportunity for newly disabled Veterans to get involved and push further than they thought possible. Typically, one quarter of the competitors are new to the Games.

OUR EVENTS:

Competitive events at the National Veterans Wheelchair Games include swimming, table tennis, weightlifting, archery, air guns, basketball, boccia, nine ball, softball, quad rugby, bowling, handcycling, trapshooting, wheelchair slalom, power soccer, a motorized wheelchair rally, and track and field. Athletes compete in all events against others with similar athletic ability, competitive experience, or age.

Free. The public is most welcome.

HOW TO GET INVOLVED:

www.wheelchairgames.org/volunteers

SPONSORSHIP CONTACT:

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Co-Presented by:





wheelchairgames.org



