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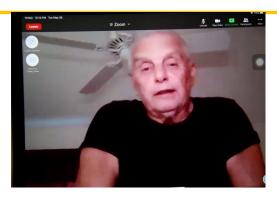
Bob Hayduk

Rotary

Rotary Club of the Villages Noon

Roclarion

May 26,2020



Today our speaker was Dr. Ernie Panza who spoke to us about living Happy and Healthy at any age, Dr Panza has published 22 books on these subjects The highlights where to follow six basic rules,

1, eat healthy, 2 Exercise, 3 drink water and plenty of it, 4, get 7-8 hr's of sleep, 5 maintain a positive attitude, 6, do as much as possible to treat yourself with natural health. Sound advice.

We would like to thank Dr. Ernie, I am sure it was not easy to do this talk virtually.

Here's the way Dr Ernie Panza used the letters in Rotary to symbolize what we're all about:

R= Relationships

O= Optimism

T= Truth

A= Attitude

R= Responsibility

Y= You (what you can do to make the world a better place)

























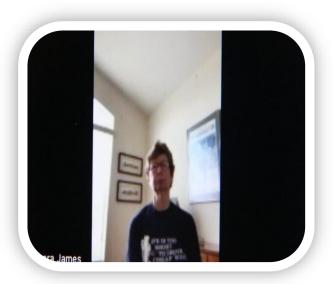


















This is Dannielle's husband Chase and their newest addition.



If you know of someone in our ROTARY family that is not feeling well or is in the hospital.

Please let Scott Miller know!!!

Scott can be reached at 352-350-2166 or 767-715-3344

Or at texiebelle@outlook.com.

Ken McBride will be going in the Hospital next week for back procedures.

Tony Curinga is having serious back problems also.

Send a card or give them a call.

The Four Way Test Of the things

We think say or do

- 1. Is it the truth?
- 2. Is it <u>fair</u> to all concerned?
- 3. Will it build goodwill and better Friendships?
- 4. Will it be <u>beneficial</u> to all concerned?

Make Up Opportunities:

Wildwood—Wednesday 7:30 P.M. Wildwood Community Center

Villages Morning-Thursday 7:00 AM

La Hacienda Recreation Center

The Villages Evening

Lake Miona Recreation Center

Villages Sunset South Rotary Check, every other week call 352-255-1212

E-Clubs login and follow instructions:

www.rotaryeclub34.org
www.rotaryeclubone.org
www.rotaryeclubcarolinas.org

www.rotaryclubofthe villagesnoon.org

Up Coming Programs

We have a video lined up for our program next week—a Rotary project in Guatemala which Darlene has seen and recommended.

Coming June 16th a real together meeting at Wildwood Recreation Center, (out Doors) more info soon.



June Birthdays

6-9 Bill Gagnon

6-21 Ken Mc Bride

6-24 Darlene Saal

6-27 Kriss Kollgaard

6-15 Harriet Miller

6-24 Joan Mc Dermid

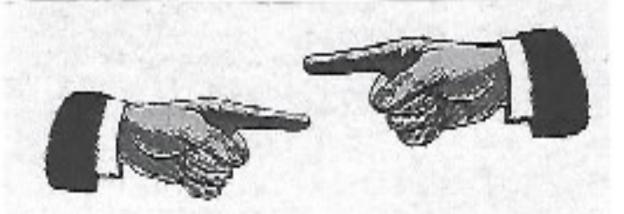
6-25 Earlene Gagnon

6-30 Denis Tobin



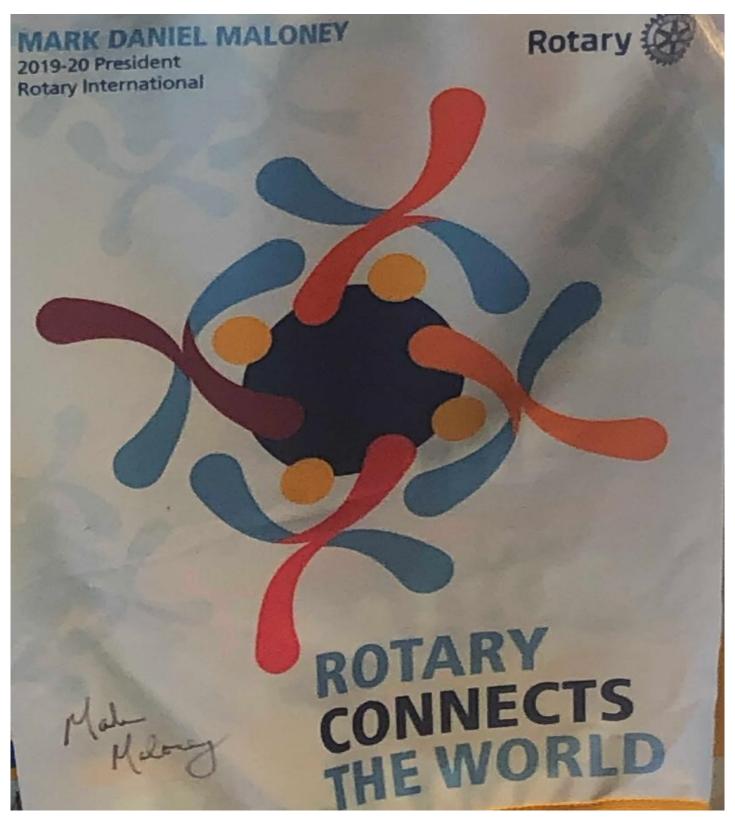






That's not my Job!

This is a story about four people named Everybody. Somebody. Anybody and Nobody. There was an important job to do and Everybody was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry because it was Everybody's job. Everyhody thought Anybody would do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Mohody did what Anybody could have done.



This years theme, "Rotary Connects the World"

Make the world a better place, because of your being here.

Join the team