The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984

www.LincolnSouthRotary.org

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2007/2008 Mottos & Slogans

Rotary International– Rotary Shares

President's Corner

I hope everyone had a wonderful Holiday season. 2008 will be a great year for the Lincoln South Rotary Club. We have a lot of exciting things planned and I can't wait for the weather to warm up as we plan for our annual golf outing. We will have Barbara Zach from the Lincoln Symphony Orchestra as our speaker this week.

My condolences go out to Sue Nelsen on the recent loss of her mother.

Hope to see everyone on Friday.

Carl

CLUB SERVICE TEAMS

On Duty
Clay Ehlers
Brad Carter
Roger Vicroy

Scheduled for 1/04/08
Bob Vrana
Vickie Williamson
Elise White
Bryan Block
Dave Hilsabeck
Samip Patel

Visiting Rotarians and Guests

Rotarians— Lucy Buntain Comine from Club 14 and Ron Hines from Idaho who was visiting his very first Rotary club meeting.

*Guests—*Suzanne, Tanner & Emma Zeutzius, guests of Carl Zeutzius and Bob Grundman, our speaker for the day.

HAPPY DOLLARS

Roger Vicroy, Dave Asper, Dave Hilsabeck, Ron Hines, John Herdman and Suzanne Zeutzius.

Future LSR Programs

1/4/08   *Barbara Zach– Lincoln Symphony Orchestra*

1/11/08   *Deborah Gokie, Executive Director, Juvenile Diabetes Research Foundation*

1/18/08   *Scott Gal, College Savings Plan of Nebraska (tentative)*

1/25/08   *Ann Chaffin– Executive Director "Rebuilding Together".*
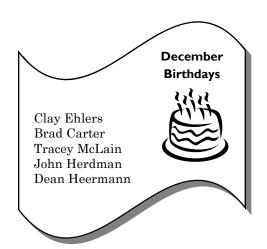
Events & Projects

DEC   *Family Month*

3/18/08   *Salute to Business Luncheon (No regular Lincoln South meeting that week.)*

4/11 & 4/12/08   *District Conference—Lied Lodge in NE City*

10/10/08   *Club #14 Auction*

Our Deepest Sympathy—*Lincoln South would like to express our deepest sympathy to Sue Nelsen and her family on the loss of her mother.*

December Birthdays

Clay Ehlers
Brad Carter
Tracey McLain
John Herdman
Dean Heermann

2007/2008 Mottos & Slogans

Rotary International– Rotary Shares

Notes & Announcements

Nut Sales— The annual nut sales are in full swing. This is one of our 2 fundraisers for the year to raise money for Scholarships and other vocational activities as well as to help the Club's foundation with community support. Keep in mind that *if each club member can sell 15-17 items, we will meet our goal.* Brad Carter and Mary Williamson are heading up the sales campaign this year so you may contact them with any questions. You may also pick up items to sell at each meeting. Lincoln South will also be visiting Club 14 on January 8th to sell nuts. Let Brad or Mary know if you are interested in helping.

Club 14 Nebraskan of the Year—Each year the Lincoln Downtown club selects an individual to honor for their vocational contributions to the Lincoln community. This year the honoree is Adjutant General (Ret) Roger Lempke. The luncheon will be held at the Embassy Suites on January 22, 2008. Doors open at 11:30 and the cost is $25 per person. Lincoln South is putting together a table of 10 again this year. If you are interested contact Joe Roberts at jroberts@midfin.com. Make checks payable to Lincoln South Rotary.

Red Cross Appreciation Games—Mark your calendars for the Red Cross Collection basketball games. The Saturday February 2nd men's game against Iowa State and Sunday February 10th women's game against Oklahoma State have been designated for collections. Sign up sheets will be available at future meetings.

Volunteers Needed— Carl Zeutzius reported that volunteers are needed to help purchase and deliver the rec room items to the Lighthouse which are being purchased with District Simplified Grant proceeds. An SUV or pick up is needed to make the deliveries. Please contact Carl at 434-7275 or czeutzius@unicogroup.com if you are available.

DR. GEORGE J. LYTTON MEMORIAL CHALLENGE 2007-2008 ROTARY INTERNATIONAL FOUNDATION DRIVE

Only 1 month to go for the annual Foundation Drive. The goal is 100% participation from every member of the club at $120 per member. (That is only $10/month). There are a number of ways to give including direct bank transfers and credit card contributions. Each $100 contributed equals one entry in a drawing to be held on Friday January 28th for an immediate Paul Harris Fellow . (Candidates must have contributed $300 to date to be eligible.) Also all members who become sustaining members will get a sticker for their Rotary badge. Lincoln South has historically ranked in the top 4 clubs in the District for per capita giving to the Foundation. Please contact Joe Roberts with your contribution. Lets make this another great year!!

"EVERY ROTARIAN EVERY YEAR"

PROGRAM

2007-2008 Club Goals

1. *Grow membership to 54, focusing on not just adding members but adding future Rotarians.**

2. *Achieve 100% sustaining membership in the Rotary Foundation.**

3. *Increase membership participation in the two major fund raising activities to improve net income by 10%.*

4. *Explore fundraising options for the club to consider the feasibility of adding a 3rd fundraiser.*

5. *Hold a "Guest Day" in which every member will invite a guest and feature a prominent speaker.*

6. *Continue to participate or establish:**

   Literacy or Education Program

   Hunger or Health Related Program

   Family of Rotary Events

   Consider a water program

6. *Achieve Presidential Citation Award.**

* District 5650 compatible goals for 2007-2008.

Bob Grundman with Senior Benefit Strategies spoke to the club on Friday about new Long Term Healthcare Legislation for Nebraska. Bob told the club that the greatest financial risk for families is long term care. Statistics show that we have a 1 in 150 chance of a house fire and a 1 in 25 chance of filing an auto insurance claim but we historically insure ourselves for those items. One in three people will need long term health care and most of us do not insure for that. The definition of long term care is when assistance is required for 90 days or more to do 2 of 6 activities of daily living which include bathing, dressing and eating among others. 90% of claims on long term health care plans are related to bathing difficulties. Men have a 50% chance of needing long term care while women have a 75% chance since they generally live longer than men. The issue is not just for the elderly as 40% of claims are from people who are under 65. Originally long term plans only covered nursing home costs but they since have been expanded to cover assisted living and home health care.

The average annual growth in Medicaid claims has recently increased to approximately 11%. Given that the state will not be able to continue to fund Medicaid claims at that pace, in 2006 the state legislature adopted 2 bills to incent people to provide for their own long term health care.

Bob Grundman

LB265– The Nebraska Long-Tern Care Savings Act allows individuals to contribute a Nebraska income-tax deductible $1,000 per year into the plan which grows tax free and can be used to fund long term care expenses, premiums on long term care insurance or deductibles.

LB854 allows the state to participate in the National Long Term Care Partnership Plan which offers a way for individuals to protect assets they want to pass on to their beneficiaries. If an individual purchases $100,000 in LT care insurance, they can retain $100,000 in assets and still get Medicaid after the $100,000 in insurance benefits are gone. Even if they ultimately use Medicaid, this $100,000 of protected assets would not be subject to Medicaid lien upon their death. Under this plan, very few people ultimately have to use Medicaid which saves the state money.

The time to start thinking about long term health care is after age 40. Once you have a policy in place, you should also revisit the coverage every so many years as the benefits may be outdated.

Rotary is on the Web!
Rotary International— www.rotary.org

District 5650— www.rotarydistrict5650.org

Lincoln South Rotary— www.LincolnSouthRotary.org

ROTARY LIGHTS TOUR

**BELOW ARE PICTURES OF THE ROTARY LIGHTS LIMO TOUR SPONSORED BY
JOE & SHERYL ROBERTS TO RAISE FUNDS FOR THE FOUNDATION.**

ROTARY LIGHTS TOUR (CON'T)

QUESTIONS?
COMMENTS?
ARTICLES?

Contact Newsletter Editor

Judy Krasomil
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CLUB SERVICE TEAMS

Please review the attached list of club service teams for accuracy. The list includes those who just recently signed up (in blue) as well as those who have been on the list for some time (in black). If any of you do not wish to continue on the designated day please contact Judy Krasomil at judy.krasomil@nifa.org and the list will be updated.

Week 1	Week 2
Bob Vrana	Dick Wampler
Vickie Williamson	Clay Ehlers
Elise White	Short Heinrichs
Bryan Block	Dick Miller
Dave Hilsabeck	
Samip Patel	

Week 3	Week 4
Shahid Kamal	Clay Ehlers
Elise White	Sue Eldred
Chris Campbell	Shahid Kamal
Pat Grewe	

Week 5	Floaters /Alternates
Past Presidents	Sandy Taylor
	Suzy Bohn
	Roger Vicroy
	Dave Asper
	Bernie Poppe
	Mary Simmons
	Mary Williamson
	Brent Kasl
	Sue Nelsen

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn