

# The Sower

# Official Publication of Lincoln South Rotary

Club #21799 - Chartered April 30, 1984 www.LincolnSouthRotary.org



MEETING OF MARCH 28, 2008

Lincoln South Officers and Directors	
President- Carl Zeutzius czeutzius@unicogroup.com	434-7275
President-elect/ Community Service- Sandy Taylor Sandy.taylor@bryanlgh.org	481-3982
Secretary– Nicolette Klein nicki.klein@tieronebank.com	473-6422
Treasurer- Corey Vandewege corey.vandewege@pinnbank.com	437-9294
Past President- Craig Madson Craig.madson@usbank.com	434-1054
Club Service Director - Mary Williamson mary.williamson@agedwards.com	475-3644
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Vocational Service Director— Clay Ehlers Clay.ehlers@kenexa.com	419-5391
Board Member at Large/President Nominee- Tracey McClain tracey.l.mclain@rbcdain.com	465-3814
Board Member at Large- J.P. Lauterbach <u>ilauterbach@ymcalincoln.org</u>	323-6406
Board Member at Large- Bob Vrana <u>vranab@earthlink.net</u>	309-7300

### **Banner Exchange**



Short Heinrichs has returned from his trip to Brazil and presented the club with the banners he received from the local Rotary clubs. Welcome back Short.

See page 4 for his last installment and pics from Brazil.

### **CLUB SERVICE TEAMS**

#### On Duty Joe Roberts Roger Vicroy Clay Ehlers



#### Scheduled for 4/4/08

Bob Vrana Vickie Williamson Elise White Bryan Block Dave Hilsabeck Samip Patel

### **Visiting Rotarians and Guests**

Rotarians— Dave Oshner and DeEtta Vrana, both from Club #14

#### HAPPY DOLLARS

Vickie Williamson, Mary Williamson, Carl Zeutzius, Bob Vrana, Nicki Klein, Clay



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### Future LSR Programs

4/4/08 Ruth Karlsson—Released and Restored,

reducing recidivism.

4/11/08 Regular meeting moved to District Confer-

ence, Lied Center.

4/18/08 GSE team visiting from Australia.

Events & Projects

MARCH Literacy Month

3/18/08 Salute to Business Luncheon (Lincoln South

regular meeting will be MOVED to this

date.)

4/11 & District Conference—Lied Lodge in NE City

5/2-5/3 Relay for Life Garage Sale at the home of

Bernie & Roberta Poppe

5/16/08 LSR Annual Golf Outing at the Highlands

Golf Course— 1:00 pm Shotgun start.

7/25/05 Relay for Life

10/10/08 Club #14 Auction



### **Notes & Announcements**

**Nut Prices Reduced!**— Nut prices have been reduce to \$2 across the board. Please help clean up the remaining inventory which is available at each meeting.

Scholarship Finalists — Lincoln South will host the scholarship committee finalists at the May 2<sup>nd</sup> meeting. We will need volunteers for the selection committee, which will be held on April 18<sup>th</sup> at 10:15 at the Knolls prior to the meeting. Please email Gene Swinton at <a href="https://horto.com/horto.c

Relay for Life — May 2nd (all day) & 3rd (1/2 day) is the garage sale to raise funds for Relay for Life which is scheduled for 7/25/08. The garage sale will again be held at the home of Bernie & Roberta Poppe. Please be saving your treasures to sell for the cause. We also need volunteers to work those 2 days. Contact Sandy Taylor or Christine Campbell if you can volunteer.

**District Conference**— The District conference is fast approaching. There will be a silent auction held again this year which will be organized by our own Brad Carter. All proceeds will go to the RI Foundation. See Brad if you have any items to donate. More details follow in future newsletters. Also a copy of the conference registration form is included on page 5 of this newsletter.

**District 5650 Newsletter** — The District is changing how newsletters will be distributed. The district wants them to be available to all members, so we have begun to have a few available at the weekly meetings. Please take them if you are interested.

Increase in Meal Prices—The Knolls have increased the meal costs beginning May. It is important to note that we have not had an increase since 2006. The buffet will now cost \$12 and the salad and dessert bar are \$9. Anyone who attends but does not eat will still be charged \$5. We hope to limit those that don't eat since we are required to have a certain number of meals in order to reserve our room with the Knolls.

**Golf Outing**—May 16<sup>th</sup> is the golf outing held at the Highlands. This is one of 2 fundraisers for Lincoln South. If you are not a golfer you can still help by donating cash or gifts for pin prizes.

2007/2008 Mottos & Slogans

Rotary International—Rotary Shares

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Patrick Gilles, Vice President of

#### 2007-2008 Club Goals

- 1. Grow membership to 54, focusing on not just adding members but adding future Rotarians.\*
- 2. Achieve 100% sustaining membership in the Rotary Foundation.\*
- 3. Increase membership participation in the two major fund raising activities to improve net income by 10%.
- 4. Explore fundraising options for the club to consider the feasibility of adding a 3rd fundraiser.
- 5. Hold a "Guest Day" in which every member will invite a guest and feature a prominent speaker.
- 6. Continue to participate or establish:\*

Literacy or Education Program

Hunger or Health Related Program

Family of Rotary Events

Consider a water program

- 6. Achieve Presidential Citation Award.\*
- \* District 5650 compatible goals for 2007-2008.

#### **PROGRAM**

Clinical Support Services at St. Elizabeth Hospital spoke about the changes that have been made at the hospital. April 2004, St Elizabeth completed their expansion project which allowed them to become a major player

in the health care in-

dustry. This expansion allowed the hospital to more than double its size from 300,000 square feet, when they opened in 1970, to 750,000 square feet. They added a parking garage, a new patient tower and the medical plaza.

The hospital has received the top 100 hospital award given by Solucient, 3 out of the last 5 years. They are a nationally certified stroke center and a nationally accredited chest pain center. A new surgery waiting area was added to the hospital to accommodate the families for the 50-55 surgeries performed daily. Over 3,000 babies are born each year at St Elizabeth. The expanded neonatal intensive care unit (NICU) assists premature babies in need of special attention. Baby Trey who weighed just 13 oz at birth just celebrated his 3rd birthday. With the expansion the hospital was able to add a radiation therapy center which allows cancer patients to be able to park close to the facility. Cancer is an area that the hospital is trying to develop. The

hospital assigns each cancer patient with

their own nurse navigator which coordinates all of the appointments to the different doctors required with cancer therapy. Their linear accelerator is a new radiation therapy that adjusts the beam with increased accuracy so it lands precisely on the areas that need radiation. For surgeries that require precision and accuracy a surgical robot is some-

times used. The doctor performs the surgery at a console that looks similar to a Play station machine while manipulating the 4 arms of the robot. The surgical robot will be at Scheels at South Pointe on Saturday June  $6^{\rm th}$  from 9:00-4:00 pm. The public will have an opportunity to get behind the console and try it out.

### QUESTIONS? COMMENTS? ARTICLES? Contact Newsletter Editor Judy Krasomil 434-3909 Judy.krasomil@nifa.org



### Rotary is on the Web!

Rotary International - www.rotary.org

District 5650—www.rotarydistrict5650.org

Lincoln South Rotary— www.LincolnSouthRotary.org

#### THANKS!

Thanks to Mary Williamson who took notes for the newsletter this week

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#### **ROTARY IN BRAZIL**



I recently attended the weekly meeting of the Rotary Club, Moinhos de Vento (windmill) Porto Alege, Brazil where I spent nine weeks on a Fulbright Fellowship lecturing and conducting a rice IPM study at a local university. During the meeting I was able to exchange banners with the President of the Moinhos de Vento Rotary Club (photo) which meets Monday nights in the Hotel Sheraton. It is a new, small and young club (about 20 members with an average age of 38 years) and the evening was spent discussing upcoming Rotary activities in the Porto Alegre area and numerous business items with emphasis on fund raising ideas. They were interested in characteristics and activities of the Lincoln South Rotary Club and being new to Rotary I did my best to respond to their questions. The following were the major questions:

- 1. Do you admit women to your club?
- 2. What is the percentage of women?
- 3. How much are your monthly dues (they pay \$25 monthly)?
- 4. Do you support the Rotary Foundation and how much is the per person contribution?
- 5. What activities do you employ for fund raising?
- 6. How do you support charities?
- 7. How extensive is the interaction between clubs in the same district?

As a Fulbright Fellow one of the objectives is to promote good relations between the USA and the local citizens. I had numerous opportunities to meet these objectives during my fellowship and participation in local Rotary Club meetings was certainly one of them.

**Short Heinrichs** 

#### PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn



### **ROTARY DISTRICT 5650**

### **Conference and Assembly**

### Friday, April 11 & Saturday, April 12, 2008 Lied Conference Center – Nebraska City, Nebraska



PART ONE - YOUR INFORMATION CALL NAME NAME First Middle Initial Last NEW MEMBER SINCE ROTARY CLUB  $\square$  YES  $\square$  NO 7/1/2007 SPOUSE OR GUEST\_\_\_\_\_ CALL NAME ADDRESS \_\_\_\_\_ CITY STATE ZIP 1<sup>st</sup> Time Attendee Benefactor: Self Circle all that apply: Spouse **Incoming President** Paul Harris Fellow: Self Spouse Bequest Society: Self Spouse **Current President** Sustaining Member: Self Spouse Major Donor: Self Spouse Assistant District Governor Past District Governor Cost PART TWO - TWO DAY RESERVATION Per Number **Attending** Attendee Total \$160.00 All meetings and meals for both days: \$140.00 New Rotarians who joined Rotary since July 1, 2007 PART THREE - ONE DAY RESERVATION Friday April 11 - Meetings only – no meals \$20.00 **Saturday April 12 -** Meetings only – no meals \$20.00 Friday April 11 - All meetings and meals for one day \$85.00 Saturday April 12 - All meetings and meals for one day \$105.00 PART FOUR - INDIVIDUAL MEALS ONLY Friday, April 11: Leadership Luncheon \$30.00 District Governor Elect's Banquet \$45.00 Saturday, April 12: Foundation Breakfast \$30.00 \$30.00 International Luncheon District Governor's Banquet \$45.00 PART FIVE - PAYMENT INFORMATION **Totals From Part** Two Three No Refunds After April 4, 2008 Four **Grand Total** PAYMENT BY CHECK: Make Checks Payable to: Rotary District 5650 District Conference Mail this registration form with your payment to:

## PART SIX - HOTEL RESERVATION

A special Rotary room rate of \$119.99+tax/night is available. Room Availability is not guaranteed

after March 20, 2008

Contact Lied Conference Center, Nebraska City directly to make your reservations. Phone:

Erin Oberhauser - 17010 K Street - Omaha, NE 68135 - Phone: 402-677-1883