



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984

www.LincolnSouthRotary.org



MEETING OF JULY 27, 2007

President's Corner

Lincoln South Officers and Directors

President— Carl Zeutzius czeutzius@unicogroup.com	434-7275
President-elect/ Community Service— Sandy Taylor Sandy.taylor@bryanlgh.org	481-3982
Secretary— Nicolette Klein nicki.klein@tieronebank.com	473-6422
Treasurer— Corey Vandewege corey.vandewege@pinnbank.com	437-9294
Past President— Craig Madson Craig.madson@usbank.com	434-1054
Club Service Director - Mary Williamson mary.williamson@agedwards.com	475-3644
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Vocational Service Director— Clay Ehlers Clay.ehlers@kenexa.com	419-5391
Board Member at Large/President Nominee— Tracey McClain tracey.l.mclain@rbcdain.com	465-3814
Board Member at Large— J.P. Lauterbach jlauterbach@ymcalincoln.org	323-6406
Board Member at Large— Bob Vrana vranab@earthlink.net	309-7300



The summer is moving fast and before you know it school will be starting again. Of course, that also means Husker football is fast approaching. I know I have encouraged you to check out the Rotary website at www.rotary.org but here is some interesting information I found. Did you know the following famous leaders have been active or honorary Rotarians?

1. Neil Armstrong, astronaut and first man to walk on the moon
2. Sir Winston Churchill, British prime minister
3. Walt Disney, animation filmmaker
4. Thomas A. Edison, inventor
5. John F. Kennedy, U.S. president
6. Prince Philip, Duke of Edinburgh
7. Prince Rainier III of Monaco
8. Margaret Thatcher, British prime minister
9. Claude Vuitton, owner, Vuitton luggage enterprise
10. Orville Wright, aviation pioneer

I hope everyone can do what they can to try and bring a guest to a upcoming meeting and I'm looking for someone that would like to consider setting up our First Annual "Guest Day" featuring a prominent speaker. If you are interested let me know.

Carl

CLUB SERVICE TEAMS

On Duty

Roger Vicroy
Clay Ehlers
Mike Fallesen
Nicki Klein



Scheduled for 08/03/07

Bob Vrana
Vickie Williamson
Mike Fallesen
Elise White

Visiting Rotarians and Guests

Rotarians— Darrell Faust from Limington Ontario Rotary and Lucy Buntain Comine from Club 14.

Guests— Dave Hilsabeck, guest of John Herdman and Joyce Halvorsen, our speaker.

HAPPY DOLLARS

Craig Madsonk Carl Zeutzius,
Dick Wampler and Nicki Klein.



Future LSR Programs

- 8/3/07 Laurel Marsh, Executive Director ACLU— Free Speech and the history of the ACLU
- 8/10/07 Lincoln South Board Meeting— 10:45 am at the Knolls
- 8/10/07 District Governor Cheryl Blue— Official Visit - The year ahead for Rotary in Nebraska and the world with the 07/08 theme “Rotary Shares”
- 8/17/07 Sue Nelson, Mission Opportunities Short Term (MOST)- Volunteer eye glass clinic to Bolivia.
- 8/24/07 Bill Wiley, Wildlife Photographer

Events & Projects

- 10/25/07 Club #14 Auction

**QUESTIONS?
COMMENTS?
ARTICLES?**

Contact Newsletter Editor

Judy Krasomil
434-3909

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Notes & Announcements

Nut Sales — Fire Sale on Nuts & Coffee— Rotary Tins 2 for \$10— Trail Mixes \$2. (New price on the Tins!)

Contact Brad Carter at 430-6223 or bcarter@woodsbro.com or purchase items at any LSR meeting.

Speaker Sign up—There are still some open dates for speakers. Vickie Williamson is asking each member to sign up to arrange for a speaker for 2 meetings during the year. If you have not signed up, please contact Vickie vwilliamson@nebtittlelincon.com. (An email was recently sent to all members with open dates.) Vickie also needs to know the name of your speakers as soon as you get them lined up so we can put them in the newsletter.

Youth Exchange Student Arrival— Our Youth Exchange student from France will be arriving at 4:30 on August 18th at the Lincoln airport. Tom Cardwell is asking Lincoln South members to come out the airport to meet her.

Relay for Life—Sandy Taylor reported that Lincoln South raised a total of \$1,600 for the Relay for Life. She gave a special thank you to Bernie Poppe for opening his home for the garage sale, Lance Odom for obtaining the Runzas and Neal Lyons for contributing the chips that were sold. Thank you also to all members who came out and helped with the relay.

Vocational Speaker—Clay Ehlers, Director of Vocational Service is looking for ideas for a vocational speaker for our vocational day. Please contact Clay if you know of someone.

Rotary Leadership Institute— Nicki Klein reported that a new session of the Rotary Leadership Institute (Part I) is scheduled for October 20, 2007 at the Council Bluffs Western Community College. There are a total of 3 sessions held and Lincoln South Rotary will pay for attendance for members who are interested. Contact Nicki for more information.

District Foundation Seminar— Nicki Klein reported that the Seminar will be held on August 18th in Council Bluffs. Lincoln South will be receiving its \$2,000 District Simplified Grant which will be used to buy recreation room equipment for the Lighthouse in Lincoln.

Nebraska City Golf Outing— Carl Zeutzius reported that the Nebraska City Rotary club will be holding their annual golf outing on August 17th with a start time of 1:00 pm. Cost is \$75 per person if anyone is interested.

Lincoln South Foundation—Nicki Klein reported that the Lincoln South Foundation is looking for ideas for projects to fund through grants from the Foundation funds. The amounts are still small but if anyone has any ideas contact Brent Kasl, President of the Lincoln South Foundation.

2007/2008 Mottos & Slogans

Rotary International— Rotary Shares

PROGRAM

2007-2008 Club Goals

1. *Grow membership to 54, focusing on not just adding members but adding future Rotarians.**
 2. *Achieve 100% sustaining membership in the Rotary Foundation.**
 3. *Increase membership participation in the two major fund raising activities to improve net income by 10%.*
 4. *Explore fundraising options for the club to consider the feasibility of adding a 3rd fundraiser.*
 5. *Hold a "Guest Day" in which every member will invite a guest and feature a prominent speaker.*
 6. *Continue to participate or establish.**
- Literacy or Education Program*
- Hunger or Health Related Program*
- Family of Rotary Events*
- Consider a water program*
6. *Achieve Presidential Citation Award.**

** District 5650 compatible goals for 2007-2008.*

Joyce Halvorsen, Public Relations director for the Community Blood Bank was our speaker for the day. The Community Blood Bank was formed by the Lancaster County Medical Society and has been a primary blood provider to area hospitals since 1968. Prior to that time each Hospital had its own system for obtaining blood. Usually it was just a rolodex file of names to call when they needed blood. Blood was not stored but donated and used the same day. She shared a story of an individual who remembered many years ago actually being directly hooked up to the patient!

The Blood Bank collects for 12 hospitals in 6 counties and has 4 collection sites. The main site at 84th & O also does all of the testing and distribution in addition to collection. The Blood Bank also has 3 mobile units which do blood drives at various schools and businesses around the area. They do 1 blood drive every 8 weeks. The national average for donors is to give 1.5 times per year but donors in Lincoln average 2.8 times per year.

The criteria for donating blood is that you must be at least 15 years of age, weigh at least 115 lbs., be in general good health and have not had a tattoo in the last 12 months. Donors are also questioned for risk factors for hepatitis and HIV and would be disqualified if they have hepatitis or HIV or if they have one or more risk factors for either disease. People who have

had cancer are eligible if it was not cancer of the blood and they have been cancer free for 5 years.

It only takes a total of 1 hour to donate blood and the needle is in only 7 minutes of that hour. The rest of the time is filling out paperwork etc. That one hour can save 3 lives. Only 1 out of 20 people donate blood so the Blood Bank is constantly trying to get the word out to get more donors.

There are 3 parts of blood that are collected: Platelets which only last 5 days, red cells which last 42 days and plasma which can be frozen for up to one year. The Blood Bank tries to maintain a 5-7 day blood supply but this can be a challenge since there is no way to predict what the needs might be in any week. Several major traumas can use all of the available supply. Cancer patients are the #1 users of blood donations.

Joyce showed a short video of a family who's baby was saved by donated blood and how the Blood Bank brought the donor and the family of the recipient together. Joyce encourage everyone to become a regular blood donor as blood saved 4 million lives last year. If for some reason you can't donate, be a volunteer to help with the process.



Rotary is on the Web!

Rotary International— www.rotary.org

District 5650— www.rotarydistrict5650.org

Lincoln South Rotary— www.LincolnSouthRotary.org

PLEASE WELCOME LINCOLN SOUTH'S NEWEST MEMBER

Sue Eldred

Classification:
Office Supplies

Business:

Eakes— Office Plus
1600 West O St. Suite B
Lincoln, NE 68528

402-438-6700 ext 5113
seldred@eakes.com

Residence:

PO Box 80105
Lincoln, NE 68501
402-617-0834



Welcome to Lincoln South Rotary Sue !

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn