



# The Sower

**Official Publication of  
Lincoln South Rotary**

Club #21799 - Chartered April 30, 1984

[www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)



MEETING OF FEBRUARY 6, 2009

## Lincoln South Officers and Directors

<b>President—</b> Sandy Taylor <a href="mailto:Sandy.taylor@bryanlgh.org">Sandy.taylor@bryanlgh.org</a>	481-3982
<b>President-elect—</b> Tracey McLain <a href="mailto:tracey.l.mclain@rbcdain.com">tracey.l.mclain@rbcdain.com</a>	465-3814
<b>Secretary—</b> Nicolette Klein <a href="mailto:nicki.klein@tieronebank.com">nicki.klein@tieronebank.com</a>	473-6422
<b>Treasurer—</b> Corey Vandewege <a href="mailto:corey@dsisupply.com">corey@dsisupply.com</a>	466-0440
<b>Past President—</b> Carl Zeutzius <a href="mailto:czeutzius@unicogroup.com">czeutzius@unicogroup.com</a>	434-7275
<b>Club Service Director -</b> Mary Williamson <a href="mailto:mary.williamson@smithbarney.com">mary.williamson@smithbarney.com</a>	479-1230
<b>International Service Director/ Presidential Nominee—</b> Tom Cardwell <a href="mailto:tcardwel@southeast.edu">tcardwel@southeast.edu</a>	402-228- 8220
<b>Vocational Service Director—</b> Clay Ehlers <a href="mailto:Clay.ehlers@kenexa.com">Clay.ehlers@kenexa.com</a>	419-5391
<b>Community Servicer Director—</b> Elise White <a href="mailto:elisemwwhite@mac.com">elisemwwhite@mac.com</a>	477-2233

## PRESIDENT'S CORNER



It was interesting and terrifying to hear about early onset Alzheimer's!

Thanks for lining up the speaker Pat! Anyone that missed the Wine Tasting for the Lincoln South Foundation missed a great time. We also auctioned off a lot of baskets and left over wine. Thanks for everyone that planned and helped!

Be sure to check out the TGIRF attached to this newsletter. It is fun and great way to get to know your fellow Rotarian's better!

Don't forget to bring a guest this Friday!

Sandy

## CLUB SERVICE TEAMS

**On Duty**  
Bob Vrana  
Bernie Poppe  
Dick Wampler



**Scheduled for 2/13/09**

Dick Wampler  
Clay Ehlers  
Short Heinrichs  
Dick Miller

## Visiting Rotarians and Guests

*Rotarians*—Herm Weibers, Don Kucera and Gail McNair from Club 14.

*Guests*— Larry Jablonski, guest of Judy Krasomil and Karon Noel and Theresa Fritz our speakers for the day.

## HAPPY DOLLARS (For Vocational Books)

Nicki Klein, Chris Dietz, Nikki Isemann, Tom Cardwell, Larry Jablonski and Joe Roberts.



## February Birthdays

Nicki Klein  
Dick Miller  
Elise White  
Dick Wampler



### Future LSR Programs

- 2/13/09 Paul Yates—"Tiny Hands" organization and orphans in Nepal
- 2/19/09 Lincoln South Board Meeting 11:30 am at Bryan/LGH East Campus.
- 2/20/09 The Nebraska Tractor Testing Lab
- 2/27/09 Troy McCain- "America's Pork"
- 3/6/09 Elise White on "Estate Planning in Nebraska"
- 3/13/09 TBD
- 3/20/09 Leo Jablonski Board Certified Medical Physicist— "The most cutting edge technology in radiation therapy is right here in Lincoln."
- 3/27/09 No Friday Meeting. Salute to Business on March 24th will count as regular meeting.

### Events & Projects

- FEB World Understanding Month
- 3/24/09 Lincoln Rotary Clubs Annual Salute to Business (No Lincoln South Meeting on Friday March 27th.)

**Rotary Leadership Institute**—Sandy Taylor reported that the 2009 sessions of the Rotary Leadership Institute are scheduled for May 30th and October 31st. The Rotary Leadership Institute is a program designed by club Rotarians for club Rotarians. Its purpose is to enhance today's business, professional, and community leader's abilities to guide 21<sup>st</sup> century Rotary clubs in advancing the Object of Rotary. The institute offers a leadership course in three full day parts (Parts I, II, III). The courses are designed to provide Rotary knowledge and to develop leadership skills for voluntary organizations. Some examples of course sessions include "Rotary Beyond the Club", "The Rotary Foundation", "Membership Development and Retention", "Leadership", "Creating Hands On Service Projects", "Vocational Service", "International Service", "Analyzing a Rotary Club", "Creative Service" and other subjects.

Please contact Sandy if you have any interest in attending. Lincoln South Rotary will pay all fees.

## Notes & Announcements

**Nut Sales**—The Lincoln South Nuts, Coffee and Chocolate sales are in full swing. All Club Members are asked to support this fundraiser. The remaining inventory is available at Club Meetings to be picked up. If each club member sells only 15 products, we can meet our goal. *See Flyer and Order Sheet in 12/5/08 newsletter.*

**Lincoln South Foundation Wine Tasting Fundraiser**—Mark your calendars for February 7th for the annual LSR Foundation Wine Tasting. This year the event will be held at the home of Joyce Schmeckle and will feature French wines.

**Daffodil Days**—Lincoln South Rotary is again participating in the American Cancer Society Daffodil days. Today is the last day to turn in your orders.

**Polio Day**—Shahid Kamal reported that in connection with the Bill Gates Polio Challenge Grant, the 4 Lincoln Clubs have designated March 14th as Polio Day in Lincoln to raise money for matching funds for the grant. Six collection points have been selected in Lincoln. Lincoln South will be manning stations at the Super Saver on 27th & Pine Lake Road from 10:00 am to 3:00 pm and the Wal Mart on North 27th from 10:00 am to 1:00 pm and volunteers are needed. Sign up sheets will be available at future meetings.

**Annual Foundation Drive**—Joe Roberts reported the following results from the Foundation Drive. Thanks to all who contributed and thanks to Joe for a great job!

- 42 of 43 members participated
- Collections are estimated to be \$6,833 from members, \$270 in corporate matches plus \$1,000 from LSR during the District Conference for a total of \$8,103
- An anonymous contribution of \$1,000 was made to Polio Plus
- 11 members are participating in the monthly draw program
- 3 new Paul Harris Fellows: Elise White, Pat Grewe and Joyce Michaelis who won the drawing.

**New Lincoln Rotary Club**—Nicki Klein reported that there is some interest in looking at starting a new Lincoln Rotary Club with evening meetings. This has been done successfully in the Omaha SW club which has 36 charter members. The idea is to meet right after work for drinks and snacks and a meeting with a speaker. The first step is to see if there is in any interest in the community and the new members will then select the day, time and place to meet. Lincoln South has been asked to sponsor the new club so if any members know individuals who would be interested in a club with such a structure, please contact Nicki Klein.

*See next week's newsletter for pictures of the wine tasting!*

**2008/2009 Mottos & Slogans**

*Rotary International— Make Dreams Real*

**2008-2009 Club Goals**

1. *10% growth in membership AND President to bring in 1 new member for a total of 6 new members.*
2. *Achieve 100% sustaining membership in the Rotary Foundation.*
3. *Participate in Bill Gates matching campaign for \$1,000 every club for 3 yrs for Polio Plus.*
4. *Implement a Child Mortality Project.*
5. *Plan anniversary celebration for April 2009.*
6. *Continue to hold a "Guest Day" where every member invites a guest and prominent speaker is featured*
7. *Continue to participate or establish:*  
*Literacy or Education Program (Dictionary Project)*  
*Zambia Project*  
*Monthly Family of Rotary Events such as TGIR.*
8. *Achieve Presidential Citation Award.*
9. *Begin implementation of the Club Leadership Plan.*

**PROGRAM**

Karen Noel, President and CEO of the Great Plains Chapter of the Alzheimer's Association was our speaker for the day. Karen spoke to the club about early onset Alzheimer's and showed a video done by a UNL grad student following the story of a young Lincoln man who was a victim of early onset Alzheimer's at age 51. The grad student followed the victim and his family for 6 months to show the impact of the disease not only on the victim but also on his caregivers and family. There is a common myth that Alzheimer's only strikes older people but many victims are in their 40's and 50's. The Alzheimer's Association was originally formed for the caregivers of those who have the disease but the organization is changing to also be an advocate for those who actually have the disease.

For example when the victim in the video became so advanced that his wife could no longer care for him, there were no institutions that would take him because his disease was so advanced resulting in dramatic behavioral changes which are hard to manage. The video showed the stages get progressively worse. At one point he no longer recognize himself in the mirror. By the time he died he was functioning at the level of a 2 yr old.

The association has a lot of mate-

rial on how to identify the 10 signs of dementia and to distinguish those symptoms which are normal aging. There are many forms of dementia and currently there are 3 different drugs on the market which treat symptoms in the early stages but do not stop the progression of the disease.

There is currently a drug being developed that will stop the progression of the disease. The hope is to be able to manage it as a chronic disease.

Karen had a message for family members of the victims. Concentrate on what is left not what is gone.

For more information contact the Alzheimer's Association at 402-420-2540 or go to their website at

[www.alz.org/greatplains](http://www.alz.org/greatplains)



**QUESTIONS?  
COMMENTS?  
ARTICLES?**

**Contact Newsletter Editor**

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**Rotary is on the Web!**

**Rotary International—** [www.rotary.org](http://www.rotary.org)

**District 5650—** [www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)

**Lincoln South Rotary—** [www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)

## NEW MEMBER PROPOSAL

Cathy Schultz has been submitted for membership to Lincoln South Rotary. Hearing no objections from the membership by the end of the seventh day following newsletter publication, the membership proposal process will continue in accordance with the standard procedures detailed below. Cathy has attended past meetings as a guest of Sandy Taylor.



**Cathy Schultz**  
Bryan/LGH  
Benefits Coordinator  
Sponsor—Sandy Taylor

### Rotary International Standard Procedure for Membership Proposal:

- I. The prospective member's name is submitted to the board of directors
- II. The board ensures that the person is fully qualified and approves or disapproves of the proposal
  - Objections are to be submitted to the club secretary (or to any other Board Member in the event
  - It will be appropriate to assume approval in the absence of objections by the posted deadline.
  - The proposer is notified by the club secretary of the Board's approval (or disapproval). UNTIL THIS APPROVAL IS GRANTED, PROSPECTIVE MEMBERS SHOULD NOT BE INFORMED THAT THEY HAVE BEEN PROPOSED FOR MEMBERSHIP
- III The prospective member's name is published to the club
  - If no objections are received by the deadline following the publication of the name, that person, upon payment of an admission fee (secured by the proposer) is a new Rotarian
- IV . The prospective member is informed of privileges and responsibilities of the club membership by proposer.
  - He or she is then asked to complete the membership application form and submit along with their dues payment.
- V. Any and all communications within these procedures may be in person, in writing, by phone, by fax, by email, or by any other physical or electronic means available to the Board Member.

### PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn

*2008/2009 Mottos & Slogans*

*Rotary International— Make Dreams Real*