



# The Sower

**Official Publication of  
Lincoln South Rotary**

Club #21799 - Chartered April 30, 1984

[www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)



WEEK OF JANUARY 8, 2010

## PRESIDENT'S CORNER



Happy New Year Everyone! I hope everyone enjoyed the holiday season and are feeling inspired as we start 2010.

It is a good time to follow up with guests you have brought to a meeting over the past year and see if they would like to come back. You might start by sending them a link to our new website with an invitation to attend a meeting. We are 5

new members away from our membership goal with only 6 months to go!

Thank you Nicki Klein for all of your work on the new website...it looks GREAT!

Tracey

### CLUB SERVICE TEAMS

Scheduled for 1/15/10

#### On Duty

Brad Carter  
Jessica Kolterman  
Carl Zeutzius



Shahid Kamal  
Elise White  
Pat Grewe

## Visiting Rotarians and Guests

*Rotarians*—Vi See from Club 14 and our speaker for the day.

*Guests*—Trey Suhr, guest of Bernie Poppe and Samantha Schmeckle, guest of Joyce Schmeckle.

### HAPPY DOLLARS (For Child Mortality)

Jenny Cardwell, John Herdman, Dick Wampler, Scott DeLisi, Bob Obst, and Joyce Schmeckle



### 2009/2010 Mottos & Slogans

*Rotary International*—The Future of Rotary  
is in Your Hands

### Lincoln South Officers and Directors

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**The Rotary Foundation—** 434-8050  
Joe Roberts  
[jroberts@midfin.com](mailto:jroberts@midfin.com)

### Future LSR Programs

- 1/15/10 Alan Potash, Executive Director Plains States Region, Anti Defamation League "Current Trends & Issues in the Middle East"
- 1/22/10 TBA
- 1/29/10 Drawing for Paul Harris Fellow— Speaker Tabitha, Meals on Wheels
- 2/5/10 Dan Marvin, "Lincoln's Proposed West Haymarket Arena"
- 2/12/10 Matt Heimes from Lincoln Southwest HS "Preparing Students for Debates and Speech Competitions"

### Events & Projects

- JAN Rotary Awareness Month
- 3/30/10 Salute to Business— Cornhusker/Marriott
- 4/23 to 4/24/10 District Conference— Omaha Old Market Embassy Suites

**Red Cross Volunteers**—Thanks to the following Lincoln South members who volunteered at the men's and women's basketball games for the Red Cross collections:

Dick Wampler	Clay Ehlers &
Teresa Harms	daughter
Bryan Block	Roger Vicroy
Nikki Isemann	Brad, Jack &
& daughters	Claire Carter
Jessica Kolterman	Craig Madson
Bob Obst	Judy Krasomil

### **2009/2010 Mottos & Slogans**

*Rotary International— The Future of Rotary is in Your Hands*

## Notes & Announcements

**International**— The 2nd host family has been located for our Youth Exchange student from Taiwan but a 3rd family is still needed. The last family would start in late March or Early April. Call Tom Cardwell if you are interested or know of someone who would like to host. Remember the families do not have to be Rotarians.

**Rotary Nuts & Coffee**— Nut sales are in full swing and are going well. Inventory is available for purchase at each meeting. [See pages 4 & 5 for the flyer and order form.](#)

**Food Drive**—Rotary District 5650 is encouraging all clubs do have a Food Drive that culminates on Super Bowl Sunday. Our Club will do a drive within our Club during January - watch for more details.

**Rotary 105 Challenge**—Last year District Governor Sharon Wherry instituted the Rotary 104 challenge in honor of 104 years of Rotary. Under the Challenge, members could earn points by participating in Rotary activities and those who obtained 104 points received a special pin. This year the challenge will continue and will be named the Rotary 105 challenge in honor of 105 years of Rotary. A point sheet for each Lincoln South member will be available in a Rotary 105 book at each meeting for each member to make additions or corrections as needed.

**Salute to Business**—Each year the four Lincoln Rotary clubs, together with the Lincoln Chamber of Commerce, hold a luncheon to honor a business or organization that has made a major contribution to the City of Lincoln through employment of people. Each Rotary member has a chance to vote for the honoree by choosing from a list of six businesses. Over 400 ballot emails have been sent and so far only 126 members have voted. Your help to get more members to vote would be appreciated.

**2009-2010 Rotary International Foundation Drive**— The drive will conclude the end of January when there will be a drawing for the immediate Paul Harris Fellow. Contact Joe Roberts if you have not yet made your contribution. Remember; Every Rotarian, Every Year! Click the following link for an article about the foundation drive:

[www.clubrunner.ca/CPrg/Home/storyitem.asp?cid=6040&iid-129539](http://www.clubrunner.ca/CPrg/Home/storyitem.asp?cid=6040&iid-129539)

**District Simplified Grant**— President Tracey reported that an application will be submitted for funds to develop a theatre room for teens at the Salvation Army.

### THANKS!

Thanks to Chris Dietz who took notes for the newsletter this week

## PROGRAM

### 2009-2010 Club Goals

1. *Club Strength— Leave the club better than when I took office.*
2. *Club Growth— Attain and maintain membership of 50.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Achieve 100% sustaining membership in the Rotary Foundation.*
6. **HAVE FUN!**

Jenny Cardwell introduced Vi See who is the Executive Director of the Lincoln Action Program (LAP). Vi has been involved in the nonprofit sector for many years. She graduated from UNL with both a bachelors and master of business degrees. She is currently a member of Rotary Club #14.

Vi stated that the Mission Statement of the Lincoln Action Program is: "We empower people struggling in poverty to reach their full potential and achieve self-reliance." The Lincoln Action Program was established in 1965 as a community program. The three areas of programming include advocacy, direct services which is their biggest focus, and it serves as an incubator for human services. The area served is Lancaster and Saunders counties. Currently there is 100 staff working in 20 distinct programs with an annual budget of 10 million dollars.

The factors of poverty in the United States include unfavorable economic conditions, income shock, mental illness or disability, first generation of

immigrants, lack of educational attainment and skills, substance abuse, domestic abuse, birth of a child, national or other types of disasters and limited job opportunities. The national poverty guideline for a one person household is \$10,830. In a two person household it is \$14,570.



The Lincoln Action Program has implemented a strategic plan to better decide the use of resources to fight poverty. However, the focus is on self reliance.

Basic needs for clients include: utilities assistance, rent assistance, free evening meals at the Gathering Place, and a client incentive store.

Some of LAP's other programs include: Health Start and Early Head Start, Homeless Voucher Program, supportive housing, a payee program for recipients of SSI and SSDI, money and savings program, career and computer education, community services such as tax preparation, and weatherization program.

In closing Vi announced that the Lincoln Action Program would soon be undergoing a name change to Community Action of Lancaster and Saunders Counties.

### QUESTIONS? COMMENTS? ARTICLES?

**Contact Newsletter  
Editor**

Judy Krasomil  
434-3909

[judy.krasomil@nifa.org](mailto:judy.krasomil@nifa.org)

### January Birthdays

Lance Odom  
Roger Vicroy  
Jenny Cardwell



### Rotary is on the Web!

Rotary International— [www.rotary.org](http://www.rotary.org)

District 560— [www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)

Lincoln South Rotary— [www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)

## BANNER EXCHANGE

Jessica Kolterman visited the club in Seward Nebraska and presented Lincoln South with a banner.



## ROTARY MINUTE

*5,000 children in the world under age 5 die every day from unsafe water and poor sanitation and hygiene. Rotarians are putting 1,250 bio-sand filters into homes in the Dominican Republic through a \$150,000 project supported by a Rotary Foundation Matching Grant. This is the most recent undertaking in RI District 4060's Children's Safe Water Alliance which has helped bring 19,000 filters and clean water to 100,000 people in 300 communities in just seven years.*



*By 2009, more than 150 clubs in Canada, the Dominican Republic, The United States and other countries had contributed almost \$1 million to the Children's Safe Water Alliance, including funds from 30 Matching Grants.*

## PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn



# Lincoln South Rotary

## The Sower Club

# ANNUAL NUT SALE



Here it is - your opportunity to purchase unique and delicious nuts, coffees and chocolates from  
Lincoln South Rotary



Sample Pkg

### Nuts

- Pecan Halves – 1 lb tub..... \$9.00
- Cashews – 12 oz. tub..... \$9.00
- Salted or Unsalted Almonds – 14 oz. pkg..... \$8.00
- Pistachios – 12 oz. tub..... \$8.00
- Deluxe Mixed Nuts – 1 lb tub..... \$8.00

### Snack Mixes

- Tailgate Mix – 1 lb tub..... \$6.00
- Sweet Cajun Heat – 1 lb tub ..... \$6.00
- Cross County Mix – 1 lb tub..... \$6.00

### Chocolate Covered Nuts

- Chocolate Covered Mixed Nuts – 12 oz. pkg .. \$8.00
- Chocolate Covered Cashews – 1 lb tub ..... \$9.00
- Chocolate Covered Peanuts – 1 lb tub ..... \$7.00
- Chocolate Covered Almonds – 14 oz. pkg ..... \$8.00
- Chocolate Covered Pecan Clusters – 1 lb tub. \$8.00

### Sweets

- Baker's Chocolate Asst. – 10 oz tub..... \$9.00
- Yogurt Covered Pretzels – 8 oz tub ..... \$5.00

### Rotary Roast Coffee

- Special Blend of Coffee, Ground or Bean,  
Regular or Decaf – 8 oz. pkg..... \$6.00

### Special Gift Set

- Special Blend of Regular Whole Bean Coffee  
and Baker's Chocloates ..... \$15.00



Sample Tub



Sample Coffee



Baker's

If there is something you are interested in – just ask – we will see if we can order it; it is possible that not all products will be available at all sale sites; but orders can be taken for any product at any time.

For information or to place an order, contact:

Brad Carter: 430-6223; bcarter@woodsbro.com

Dave Hilsabeck: 402-641-6721; dbhilsabeck@hotmail.com



All proceeds to community projects.

Pecan Halves 1lb	Chocolate Covered Mixed Nuts 12 oz
Cashews 12 oz	Cashews or Peanuts 1lb
Salted or Unsalted Almonds 14 oz	Chocolate Covered Almonds 14 oz
Pistachios 12 oz	Chocolate Covered Pecan Clusters 1lb
Mixed Nuts (No Peanuts) 1lb	Baker's Chocolates, Asst. 10 oz
Tailgate Mix 1 lb	Yogurt Covered Pretzels 8 oz
Sweet Cajun Heat 1 lb	Rotary Roast Coffee 8 oz. – Ground or
Cross County Mix 1 lb	Bean, Regular or Decaf

## Coffee & Baker's Chocolate Git Set

Rotarian: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Thank you for supporting  
Lincoln South Rotary  
and our Service Projects!

[illegible]