



The Sower

**Official Publication of
Lincoln South Rotary**

Club #21799 - Chartered April 30, 1984

www.LincolnSouthRotary.org



WEEK OF OCTOBER 30, 2009

PRESIDENT'S CORNER



A big **"THANK YOU"** to Bryan Block and Butherus-Maser-Love for hosting the Business Networking lunch last Friday. I am sorry I had to miss it, but I hear it was a big success!

November is Foundation Month so our programs will be focused around the many great programs that are a direct result of our Rotary International Foundation. Be sure to attend the next few

Fridays and get inspired by the work that is being done around the world as a result of our support to Foundation!

Tracey

Lincoln South Officers and Directors

President—
Tracey McLain 465-3814
tracey.l.mclain@rbcdain.com

President-elect/ International Service Director 402-228-8220
Tom Cardwell
tcardwel@southeast.edu

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Nicolette Klein 473-6422
nicki.klein@tieronebank.com

Past President—
Sandy Taylor 481-3982
Sandy.taylor@bryanlgh.org

Treasurer—
Corey Vandewege 466-0440
corey@dsisupply.com

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Bryan Block
Bryan@bmlfh.com

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czeutzius@unicogroup.com

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Brad Carter
bcarter@woodsbro.com

Service Projects—
Elise White 477-2233
elisemwwhite@mac.com

The Rotary Foundation— 434-8050
Joe Roberts
jroberts@midfin.com

CLUB SERVICE TEAMS

On Duty
Nicki Klein
Bryan Block



Scheduled for 11/6/09

Bob Vrana
Elise White
Bryan Block
Dave Hilsabeck
Samip Patel

Visiting Rotarians and Guests

*Guests—*Jane Chiu our Youth Exchange student from Taiwan

HAPPY DOLLARS (For Emergency Relief)

Nikki Iseman, Jessica Kolterman, Mary Simmons, Phil Madern, John Herdman, Craig Madison, Nicki Klein and Larry Jablonski .



2009/2010 Mottos & Slogans

*Rotary International— The Future of Rotary
is in Your Hands*

Future LSR Programs

- 11/6/09 Joe Roberts & TRF Friends- "Group Study Exchange"
- 11/13/09 Sheena Cheng, Inbound Ambassadorial Scholar from Hong Kong.
- 11/20/09 LSR board meeting- 10:45 at the Knolls
- 11/20/09 District Foundation Chair, Sharon Wherry, "The Rotary Foundation".
- 11/27/09 NO MEETING- HAPPY THANKSGIVING!

Events & Projects

- NOV Rotary Foundation Month
- 12/18/09 LSR Holiday Party at the home of Tracey and Ron McLain
- 4/23 to 4/24/10 District Conference- Omaha Old Market Embassy Suites

Rotary Nuts, Chocolate & Coffee—The inventory of nuts, coffee and chocolate have arrived. Brad Carter displayed a sales kit that is available for everyone to use which contains one of each item except coffee and a special gift pack of coffee beans and chocolate that is new this year.



You can take a sales kit to display items to purchasers or just order individual items from Brad. [See pages 7 & 8 for the flyer and order form.](#)

Notes & Announcements

International— There is still a need for the 2nd and 3rd host families for our Youth Exchange student from Taiwan. We would like to find a family in the Lincoln East High School area. Call Tom Cardwell if you can help. Remember the families do not have to be Rotarians.

Rotary Nuts & Coffee— Will be available at the next meeting.

Meals on Wheels— From reviewing the latest member attendance report it looks like some of you need a make up opportunity. Ardel has a great make up solution for you. It is to become a part of our Meals on Wheels delivery team. We currently have a few open slots and, if you act fast, you could become a part of this wonderful service activity. We deliver MOW every Tuesday between 10:30 and noon. We currently need volunteers for the second Tuesday of every other month (that is only 6 times a year) plus we need one volunteer for the 5th Tuesday of the month (that's only 4 times a year.) Don't hesitate to sign up because you are concerned about committing to always being available on your day. It is common for members of the team to have schedule conflicts and to trade times with other members. Please contact Ardel Harger at ardelh@hargercpa.com for more information or to sign on.

Dictionary Project—Thank you to the following LSR members who helped with the dictionary project:

Ardel Harger	Clay Ehlers	Nikki Iseman
Bernie Poppe	Dave Hilsabeck	Roger & Nancy Vicroy
Bob Obst	Dick Wampler	Samip Patel
Bob Vrana	Jenny Cardwell	Sandy Taylor
Brad Carter	Jim Fay	Scott Delisi
Bryan Block	Joe Roberts	Shahid Kamal
Carl Zeutzius	Joyce Michaelis	Short Heinrichs
Cathy Schultz	Judy Krasomil	Tracy McLain

Red Cross Collections—Thanks to the following volunteers who helped with the collections at the Iowa State game. A total of \$36,830 was collected which is \$7,000 less than last year.

Bob & DeEtta Vrana	Tom Cardwell
Phil Maddern	5 Georgians
Short Heinrichs	Dick Wampler
Dave Hilsabeck	Nikki Iseman
Joe & Sheryl Roberts	Del Phillips
Scott & Barb Delisi	Jane Chiu
Bernie Poppe	Brad & Linda Carter

Board Nominations—Nominations for new LSR Board members are due November 7th. [See page 4 for details.](#)

[See Page 6 for pictures from the going away party held for the group from the Republic of Georgia](#)

PROGRAM

2009-2010 Club Goals

1. *Club Strength– Leave the club better than when I took office.*
2. *Club Growth– Attain and maintain membership of 50.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Achieve 100% sustaining membership in the Rotary Foundation.*
6. *HAVE FUN!*

28 LSR members and one guest turned out Friday for Business networking day which was graciously hosted by Bryan Block at Butherus Maser and Love. Attendees were treated to a tour of the facility and an Italian buffet from Valentinos. Butherus, Maser & Love generously donated the space and the food for the meeting so \$275 collected for the day will be added to LSR fundraising proceeds to be used for club projects.

Bryan gave a short talk about the funeral industry and answered many questions. The most difficult part of the industry is scheduling. Funeral directors are on call 24/7 and they very rarely have more that 2 days notice that their services will be required. Pre planning arrangements have long been portrayed as taking advantage of customers when in reality when you think about it you are locking in a price for services to be received in the future which is a smart financial move.

Preplanning also avoids the many questions that come up later regarding wishes of the decedent such as memorials etc. He showed the group the normal size of cremated remains which fit in a box about the size of a shoe box. 20 years ago about 8% of the bodies

were cremated but now it is approx 1/3. Burial plots in Lincoln run about \$1,000. Green burials are becoming the new trend where everything is biodegradable. Also stacked burials in the ground are common. One of the more unusual things that he has seen is people who

bury the cremated remains of their pet with them which is more common than you would think.

At the end of the meeting there was a drawing for door prizes. Also in honor of our meeting Bryan carved a pumpkin with the Rotary International Seal!

THANK YOU to Bryan and Butherus Maser & Love for hosting LSR for a very successful Business Networking Day.



LINCOLN SOUTH BOARD NOMINATIONS

It is that time of year again when we nominate members of Lincoln South Rotary to serve on the Board of Directors. Briefly, the process is as follows:

Lincoln South Rotary Club Members are asked to nominate members to be put on an election slate for Board of Director to the Club. All members in good standing that are not already on the Board and who have had their New Member Sticker removed are eligible to be nominated (Transfer members are also eligible if they choose even if their stickers have not been removed).

All members are asked to nominate (it does not matter if you are a new member - if you have some people you want to nominate you should complete a nomination form).

The people with the most nominations are asked if they choose to run for election to the Board. A vote among those top nominations will then be conducted and we will elect 3 Board Members to serve a 2-year term (2010-2012).

Election of officer positions is done by the Board after the new Board members are selected.

The attached slate represents the members that are eligible based on their Member Status (not new members); those members that are not new members but are not eligible because they are already on the Board for 2010-2011 are not eligible and are shaded in grey.

Ballots are to be returned by November 7 to Past President Sandy Taylor - sandy.taylor@bryanlgh.org; 402-481-8892 (fax). *Please see page 5 for slate.*

**QUESTIONS?
COMMENTS?
ARTICLES?**

**Contact Newsletter
Editor**

Judy Krasomil
434-3909
judy.krasomil@nifa.org



Jane Chiu, our Youth Exchange student from Taiwan presented the club with a flag from the Rotary club in her home town. Jane will be making a presentation to the club on December 18th.

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

Tuesday Noon—Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn



Lincoln South Rotary

Nominations to the Board of Directors For the 2010-2012 Rotary Years



Members in shaded boxes will be on the Board for the 2010-2011 Rotary Years and are not eligible for nomination this year.

Members with terms expiring this year, past Board Members, and Past Presidents are eligible for nomination along with any other members listed. To be listed, members need to be in good standing, in active status, and their New Member Sticker removed (transferred members are also eligible if they choose before their sticker has not been removed).

Please nominate no more than 3:

n/e	Bryan Block, Board exp 6-30-11
	Jenny Cardwell
n/e	Tom Cardwell, Pres 2010-2011
	Brad Carter, Past President
	Scott Delisi, Past President
	Chris Dietz
	Clay Ehlers, Board exp 6-30-10
	Jim Fay
n/e	Patrick Grewe, Board exp 6-30-11
	Ardel Harger, Past President
	Dean Heermann, Past President
	Short Heinrichs
	John Herdman, Past President

	Dave Hilsabeck
	Nikki Isemann, Past President
	Shahid Kamal, Board exp 6-30-10
n/e	Nicolette "Nicki" Klein, Secretary
	Judy Krasomil
	Neal Lyons, Past Board Member
	Phil Maddern
	Craig Madson, President 2009-10
n/e	Tracey McLain, Pres 2009-2010
	Joyce Michaelis
	Dick Miller
	Lance Odom, Past President
n/e	Samip Patel, Board exp 6-30-11

	Jim Pattavina, Past President
	Bernie Poppe, Past President
	Joe Roberts, Past President
	Joyce Schmeeckle, Past President
	Mary Simmons
	Gene Swinton, Past President
	Sandy Taylor, Past President
n/e	Corey Vandewege, Treasurer
	Roger Vicroy
	Bob Vrana
	Dick Wampler
	Elise White, Board exp 6-30-10
	Carl Zeutzius, Past President

Nominations must be submitted by 1:00 PM on Friday, November 7, 2008. Submit ballots in person or by e-mail to:

Sandy Taylor
BryanLGH Health System
1600 South 48 Street
Lincoln NE 68508

sandy.taylor@bryanlgh.org
402-481-8892 (fax)
402-481-3982 (phone)

A going away party was held Monday October 26th for the Georgia visitors. Lincoln South Rotary club members were on hand as well as other hosts and guests. We enjoyed dance again and food—including some Georgian dishes.



Rotary is on the Web!

Rotary International— www.rotary.org

District 5650— www.rotarydistrict5650.org

Lincoln South Rotary— www.LincolnSouthRotary.org



Lincoln South Rotary

The Sower Club

ANNUAL NUT SALE



Here it is - your opportunity to purchase unique and delicious nuts, coffees and chocolates from Lincoln South Rotary



Sample Pkg

Nuts

- Pecan Halves – 1 lb tub..... \$9.00
- Cashews – 12 oz. tub..... \$9.00
- Salted or Unsalted Almonds – 14 oz. pkg..... \$8.00
- Pistachios – 12 oz. tub..... \$8.00
- Deluxe Mixed Nuts – 1 lb tub..... \$8.00

Snack Mixes

- Tailgate Mix – 1 lb tub..... \$6.00
- Sweet Cajun Heat – 1 lb tub \$6.00
- Cross County Mix – 1 lb tub..... \$6.00

Chocolate Covered Nuts

- Chocolate Covered Mixed Nuts – 12 oz. pkg .. \$8.00
- Chocolate Covered Cashews – 1 lb tub \$9.00
- Chocolate Covered Peanuts – 1 lb tub \$7.00
- Chocolate Covered Almonds – 14 oz. pkg \$8.00
- Chocolate Covered Pecan Clusters – 1 lb tub. \$8.00

Sweets

- Baker's Chocolate Asst. – 10 oz tub..... \$9.00
- Yogurt Covered Pretzels – 8 oz tub \$5.00

Rotary Roast Coffee

- Special Blend of Coffee, Ground or Bean,
Regular or Decaf – 8 oz. pkg..... \$6.00

Special Gift Set

- Special Blend of Regular Whole Bean Coffee
and Baker's Chocloates \$15.00



Sample Tub



Sample Coffee



Baker's

If there is something you are interested in – just ask – we will see if we can order it; it is possible that not all products will be available at all sale sites; but orders can be taken for any product at any time.

For information or to place an order, contact:

Brad Carter: 430-6223; bcarter@woodsbro.com

Dave Hilsabeck: 402-641-6721; dbhilsabeck@hotmail.com



Lincoln South Rotary Annual Nut Sales Order Form

All proceeds to community projects.

Rotarian: _____

Phone Number: _____

Thank you for supporting
Lincoln South Rotary
and our Service Projects!

Vegetarian: _____ Phone Number: _____					
<p style="text-align: center;">Thank you for supporting Lincoln South Rotary and our Service Projects!</p>					
Purchaser	Phone				
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